

	U16	U18	U23
<b>-53kg</b>			
<b>SQUAT</b>	105 Ethan Moore 29/04/2023	135.5 Zaib Hossain 30/03/2025	162.5 Standard
<b>BENCH PRESS</b>	67.5 Ethan Moore 29/04/2023	85 Matthew Scanlan 11/12/2021	112.5 Leonard Lai 20/03/2024
<b>DEADLIFT</b>	150 Liam Welsh 19/05/2013	180 Faiyaz Moolji 02/11/2019	195 Leonard Lai 08/10/2024
<b>TOTAL</b>	310.5 Ethan Moore 29/04/2023	380.5 Tyler Bullock 30/03/2025	457.5 Leonard Lai 08/10/2024
<b>BENCH (A/C)</b>	67.5 Ethan Moore 29/04/2023	92.5 Adeel Imtiaz 22/05/2024	112.5 Leonard Lai 20/03/2024



## British Records - Male Classic

updated: 09/06/2026

	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
<b>-59kg</b>										
<b>SQUAT</b>	175 Alfie Bonsell 28/08/2023	200.5 Vincent Choi 15/07/2023	200.5 Vincent Choi 15/07/2023	200.5 Vincent Choi 15/07/2023	160 Standard	155 Henry Chay 20/10/2018	145 Henry Chay 28/06/2025	122.5 Barry Lilley 03/06/2023	87.5 Ted Brown 17/08/2013	60 Ted Brown 24/07/2021
<b>BENCH PRESS</b>	110 Ayaan Shahid 07/12/2024	115.5 Dakota Bessent 13/07/2025	130.5 Gian Patel 24/04/2026	140.5 Lahiru Suren 24/07/2025	117.5 Rajesh Babu 31/07/2021	107.5 Shaun Bateman 20/10/2018	105 John Maxwell 06/06/2026	81 Ted Brown 17/08/2013	81 Ted Brown 17/08/2013	65 Ted Brown 24/07/2021
<b>DEADLIFT</b>	197.5 Alfie Bonsell 28/08/2023	232.5 Jake Scott 28/08/2025	250 Ishtyaq Nabi 24/10/2021	262.5 Ishtyaq Nabi 04/12/2023	202.5 Rajesh Babu 31/07/2021	197.5 Henry Chay 20/10/2018	192.5 Henry Chay 18/06/2022	185.5 Ted Byrne 24/07/2021	135 Ted Brown 06/08/2012	100 Ted Brown 24/07/2021
<b>TOTAL</b>	477.5 Alfie Bonsell 28/08/2023	525.5 Alfie Bonsell 05/10/2024	546.5 Ishtyaq Nabi 24/10/2021	582.5 Ishtyaq Nabi 04/12/2023	450 Rajesh Babu 31/07/2021	442.5 Shaun Bateman 31/08/2019	415 John Maxwell 06/06/2026	365.5 Ted Byrne 24/07/2021	295 Ted Brown 20/05/2012	225 Ted Brown 24/07/2021
<b>BENCH (A/C)</b>	117.5 Ayaan Shahid 23/09/2025	130.5 Ayaan Shahid 23/09/2025	130.5 Gian Patel 24/04/2026	150 Ali Jawad 18/02/2018	135 Adam Alderman 25/06/2023	107.5 Shaun Bateman 20/10/2018	105 John Maxwell 06/06/2026	81 Ted Brown 17/08/2013	81 Ted Brown 17/08/2013	72.5 Ted Brown 23/02/2020

	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
<b>-66kg</b>										
<b>SQUAT</b>	206.5 Gregory Pearson 29/04/2023	228 Alfie Bonsell 28/11/2025	242.5 Benedict Grant 02/09/2024	252.5 Benedict Grant 15/03/2026	195 David Gray 03/10/2015	195 David Gray 03/10/2015	175 David Gray 05/10/2024	135 Michael James 26/10/2019	Standard	Standard
<b>BENCH PRESS</b>	122.5 Ayaan Shahid 13/07/2025	155 Dorje Weston 05/10/2024	160 David Thomas 29/08/2025	166 Joseph Diva 05/12/2025	137 David Gray 08/09/2016	137 David Gray 08/09/2016	123 David Gray 06/06/2026	90 Michael James 26/10/2019	Standard	Standard
<b>DEADLIFT</b>	237.5 Gregory Pearson 29/04/2023	255.5 Jake Scott 17/05/2026	284 Renzo Binas 20/03/2024	288.5 Kibria Ali 22/11/2024	253.5 Greig Murray 13/02/2024	253.5 Greig Murray 13/02/2024	235 David Gray 09/02/2026	183 Michael James 26/10/2019	Standard	Standard
<b>TOTAL</b>	564 Gregory Pearson 29/04/2023	600.5 Alfie Bonsell 28/11/2025	638.5 Benedict Grant 20/03/2024	653.5 Joseph Diva 05/12/2025	581 David Gray 03/10/2015	581 David Gray 03/10/2015	518 David Gray 06/06/2026	408 Michael James 26/10/2019	Standard	Standard
<b>BENCH (A/C)</b>	122.5 Ayaan Shahid 13/07/2025	155 Dorje Weston 05/10/2024	162.5 Pascal Skannavis 24/09/2025	182.5 Jason Irving 02/10/2011	145 Aaron Gideon 12/06/2022	137 David Gray 08/09/2016	123 David Gray 06/06/2026	107.5 David Pelta 18/05/2019	Standard	Standard

	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
<b>-74kg</b>										
<b>SQUAT</b>	213 Gregory Pearson 23/07/2023	252.5 Zhaime Miller 16/05/2026	273 Matthew Pond 15/05/2026	281.5 Dylan Nelson 13/08/2023	272.5 Sam Dew 16/03/2026	217.5 Phillip Richard 02/03/2023	192.5 Nigel Gillis 25/07/2021	166 David Marginson 08/02/2026	140 Ernie Parkes 08/03/2022	Standard
<b>BENCH PRESS</b>	133.5 Gregory Pearson 23/07/2023	171 Zhaime Miller 16/05/2026	190.5 Matthew Pond 15/05/2026	190.5 Matthew Pond 15/05/2026	175 Sam Dew 16/03/2026	140 Phillip Richard 18/06/2022	131 Ray Robinson 06/06/2026	120 Alex Lee 01/02/2013	87.5 Ernie Parkes 08/03/2022	Standard
<b>DEADLIFT</b>	253.5 Gregory Pearson 23/07/2023	277.5 Yaw Parbey 24/03/2024	308.5 Renzo Binas 28/03/2025	308.5 Renzo Binas 28/03/2025	282.5 Chris Wong 01/11/2025	243 Bernie McGurk 06/06/2026	235.5 David Marginson 24/05/2025	228 David Marginson 08/02/2026	210 Ernie Parkes 08/03/2022	Standard
<b>TOTAL</b>	600 Gregory Pearson 23/07/2023	683.5 Zhaime Miller 16/05/2026	726 Matthew Pond 28/03/2025	726 Matthew Pond 28/03/2025	695 Sam Dew 16/03/2026	582.5 Phillip Richard 02/03/2023	526 Steve Walker 11/03/2017	504 David Marginson 08/02/2026	437.5 Ernie Parkes 08/03/2022	Standard
<b>BENCH (A/C)</b>	135 Dash Granite 16/02/2025	171 Zhaime Miller 16/05/2026	190.5 Matthew Pond 15/05/2026	190.5 Scott Walton 28/02/2026	175 Sam Dew 16/03/2026	140 Phillip Richard 18/06/2022	135.5 Cliff Haynes 23/02/2020	120 Alex Lee 01/02/2013	87.5 Ernie Parkes 08/03/2022	Standard

	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
<b>-83kg</b>										
<b>SQUAT</b>	232.5 Jeremy Lin 30/03/2025	255 Henri Goddard 30/11/2025	292.5 Manson Adagu 04/12/2025	322.5 Jurins Kengamu 31/01/2026	241 David Heath 09/06/2024	227.5 Phil Richard 01/05/2022	203 John Laird 28/06/2025	173 Mick Amey 26/10/2019	90 Dessie Scott 03/06/2023	Standard
<b>BENCH PRESS</b>	145 Kirill Sakharov 25/11/2017	196.5 Henri Goddard 30/11/2025	206 Matthew Pond 21/03/2024	218.5 Owen Hubbard 06/12/2019	170 Danny Potter 28/05/2022	146.5 Jim Rossborough 06/06/2026	132.5 Stuart Peskett 06/06/2026	112.5 David Marginson 02/05/2026	65 Dessie Scott 11/12/2021	Standard
<b>DEADLIFT</b>	270 Jeremy Lin 13/07/2025	315.5 Henri Goddard 30/11/2025	337.5 Manson Adagu 06/09/2024	363 Ade Omisakin 13/09/2024	305 Robert Rodney 20/01/2019	305 Robert Rodney 20/01/2019	247.5 Grant Sugarman 09/02/2026	232.5 Ernie Parkes 19/03/2016	130 Dessie Scott 11/12/2021	Standard
<b>TOTAL</b>	640 Jeremy Lin 13/07/2025	767 Henri Goddard 30/11/2025	817.5 Manson Adagu 04/12/2025	872.5 Jurins Kengamu 14/08/2025	665 Robert Rodney 20/01/2019	665 Robert Rodney 20/01/2019	563.5 John Laird 28/06/2025	505 David Marginson 02/05/2026	275 Dessie Scott 11/12/2021	Standard
<b>BENCH (A/C)</b>	147.5 Hari Tampin 05/04/2025	196.5 Henri Goddard 30/11/2025	206 Matthew Pond 21/03/2024	220 Owen Hubbard 02/12/2022	176 Barrie Tavener 16/02/2025	176 Barrie Tavener 16/02/2025	154 Phillip Stringer 03/03/2012	126 Alexander Lee 06/09/2014	65 Dessie Scott 11/12/2021	Standard

-93kg	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
<b>SQUAT</b>	262.5 Adam Gault 01/12/2025	270 Jack Hopkins 04/12/2021	303 James Adcock 14/05/2022	315 Christian Ayandokun 19/03/2026	275 Hendrick Famutimi 15/02/2025	255 Thomas Celestin 06/06/2026	250 Andy Bonner 16/08/2015	200 Kevin Jane 18/06/2022	Standard	Standard
<b>BENCH PRESS</b>	170 Adam Gault 01/12/2025	190 Luke Tolman 25/11/2017	216 Jack Taylor 04/04/2022	218 Harrison Sparks 06/12/2025	190.5 Sheridan Wray 21/10/2018	167.5 David Litchfield 06/06/2026	153 Gordon Scott 12/06/2022	120.5 Andy Bonner 28/06/2025	Standard	Standard
<b>DEADLIFT</b>	275 Adam Gault 01/12/2025	310 Jack Hopkins 28/09/2021	368 Emmanuel Olatunji 15/05/2026	368 Emmanuel Olatunji 15/05/2026	328.5 Hendrick Famutimi 15/02/2025	310.5 Thomas Celestin 06/06/2026	301 Robert Rodney 22/06/2024	238 Andy Bonner 28/06/2025	Standard	Standard
<b>TOTAL</b>	707.5 Adam Gault 01/12/2025	752.5 Jack Hopkins 04/12/2021	845.5 Nathaniel Massiah 06/09/2024	882.5 Christian Ayandokun 19/03/2026	773.5 Hendrick Famutimi 15/02/2025	703 Robert Rodney 16/06/2017	668.5 Andy Bonner 16/08/2015	552.5 Kevin Jane 25/07/2021	Standard	Standard
<b>BENCH (A/C)</b>	170 Adam Gault 01/12/2025	190 Luke Tolman 25/11/2017	217.5 Jack Taylor 03/08/2022	220 Jack Taylor 16/02/2025	205 Andrew Rigby 15/05/2018	205 Andrew Rigby 15/05/2018	190.5 Andrew Rigby 19/02/2022	141 Ash Sinclair 25/03/2023	Standard	Standard

-105kg	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
<b>SQUAT</b>	212.5 Jenson Corey 30/03/2025	270 Kirill Sakharov 01/12/2019	331 Peter Mendy 15/05/2026	345.5 Joshua Greenfield 01/09/2019	330.5 Samuel Watt 29/06/2025	330.5 Samuel Watt 29/06/2025	217.5 Steven Cumming 08/06/2024	190 John Gavin Walker 21/08/2011	Standard	Standard
<b>BENCH PRESS</b>	140 Edward Crossley 13/10/2018	197.5 Theo Bennett 07/10/2024	235.5 Tim Li 15/05/2026	235.5 Tim Li 15/05/2026	215 Anthony McLeggan 04/11/2023	195 Samuel Watt 13/03/2022	165 Steven Cumming 08/06/2024	116 John Gavin Walker 21/08/2011	Standard	Standard
<b>DEADLIFT</b>	240 Jenson Corey 30/03/2025	315.5 Charles Mbangsi 16/05/2026	375 Nathaniel Massiah 06/12/2025	400 Sanchez Dillon 21/06/2024	367.5 Samuel Watt 13/03/2022	367.5 Samuel Watt 13/03/2022	265 Steven Cumming 08/06/2024	231 John Gavin Walker 21/08/2011	Standard	Standard
<b>TOTAL</b>	587.5 Jenson Corey 30/03/2025	740.5 Kirill Sakharov 01/12/2019	915 Nathaniel Massiah 06/12/2025	915 Nathaniel Massiah 06/12/2025	887.5 Samuel Watt 13/03/2022	887.5 Samuel Watt 13/03/2022	647.5 Steven Cumming 08/06/2024	537 John Gavin Walker 21/08/2011	Standard	Standard
<b>BENCH (A/C)</b>	140 Edward Crossley 13/10/2018	197.5 Theo Bennett 07/10/2024	235.5 Tim Li 15/05/2026	235.5 Tim Li 15/05/2026	225 Andrew Rigby 06/10/2013	225 Andrew Rigby 06/10/2013	208 Andrew Rigby 31/07/2023	162.5 Tom Collins 24/01/2016	Standard	Standard

-120kg	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
<b>SQUAT</b>	240 Niniola Olagundoye 13/07/2025	300 Finn O'Farrell 08/09/2024	368 Joshua Ngoka 06/12/2025	368 Joshua Ngoka 06/12/2025	355 Tony Cliffe 10/02/2024	312.5 Scott Simon 05/07/2025	234 Nigel Haigh 05/06/2019	167.5 Chris Gladding 10/02/2013	Standard	Standard
<b>BENCH PRESS</b>	147.5 Niniola Olagundoye 13/07/2025	185 Jack Johnson 07/03/2016	217.5 Kieran Gray 10/06/2019	247.5 Tony Cliffe 23/11/2024	215 Tony Cliffe 10/06/2019	218 Scott Simon 13/02/2025	155 Mike Claydon 07/07/2012	130 Chris Gladding 05/06/2015	Standard	Standard
<b>DEADLIFT</b>	260 Connor O'Donnell 02/11/2019	300 Ajay Mulhern 30/11/2024	380 Joshua Ngoka 28/03/2025	395.5 Inderraj Dhillon 08/12/2023	355 Tony Cliffe 23/11/2024	320 Colin Wright 11/03/2017	262.5 Steven Lambert 29/05/2022	195.5 Trevor Walker 27/05/2018	Standard	Standard
<b>TOTAL</b>	625 Connor O'Donnell 02/11/2019	767.5 Finn O'Farrell 07/10/2024	965.5 Joshua Ngoka 06/12/2025	965.5 Joshua Ngoka 06/12/2025	952.5 Tony Cliffe 23/11/2024	822.5 Scott Simon 05/07/2025	610 Mike Claydon 07/07/2012	485 Chris Gladding 10/02/2013	Standard	Standard
<b>BENCH (A/C)</b>	150 Craig Williams 17/09/2011	185 Jack Johnson 07/03/2016	217.5 Kieran Gray 10/06/2019	247.5 Tony Cliffe 23/11/2024	247.5 Tony Cliffe 23/11/2024	222.5 Andrew Rigby 09/03/2013	208.5 Andrew Rigby 04/10/2024	155 Tom Collins 16/05/2018	95 Chris Gladding 13/06/2021	Standard

120kg+	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
<b>SQUAT</b>	240 Ray Bowring 25/11/2018	325 Gerard Murphy 05/09/2025	403 Luke Richardson 28/11/2018	420 Ajay Sharma 22/03/2026	380 Aaron Thompson 10/05/2026	275 Andy Rodney 16/06/2017	247.5 Nigel Haigh 12/03/2020	172.5 Standard	Standard	Standard
<b>BENCH PRESS</b>	152.5 Harry Newby 07/12/2024	190.5 Harry Newby 16/05/2026	245 Nathan Britton 07/12/2025	250.5 Ben Gibson 07/12/2025	230 Chris Baker 21/10/2018	195 Michael Adams 20/03/2016	160 Frank O'Donnell 25/07/2021	117.5 Standard	Standard	Standard
<b>DEADLIFT</b>	222.5 Tom Whinnie 14/05/2022	331.5 Gerard Murphy 05/09/2025	385 Luke Richardson 28/11/2018	385 Luke Richardson 28/11/2018	335 Aaron Thompson 10/05/2026	291.5 Ricky Mullan 08/06/2024	280 Frank O'Donnell 25/07/2021	200 Trevor Walker 30/05/2022	Standard	Standard
<b>TOTAL</b>	590 Ray Bowring 25/11/2018	839 Gerard Murphy 05/09/2025	1010.5 Luke Richardson 28/11/2018	1032.5 Ajay Sharma 22/03/2026	935 Aaron Thompson 10/05/2026	722.5 Andy Rodney 20/06/2016	650 Frank O'Donnell 25/07/2021	435 Trevor Walker 30/05/2022	Standard	Standard
<b>BENCH (A/C)</b>	152.5 Harry Newby 07/12/2024	197.5 Harry Newby 27/05/2026	245 Nathan Britton 07/12/2025	253 Tony Cliffe 28/02/2026	253 Tony Cliffe 28/02/2026	208 Paul Merricks 05/04/2025	160 Frank O'Donnell 25/07/2021	117.5 Standard	Standard	Standard

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