

2026 Jr & S-Jr Selection

2026 Junior & Sub-Junior Carpino 3 Scores

Totals Required for Carpino 3			
Juniors			
Women		Men	
Class	Total (kg)	Class	Total (kg)
43	258.5	53	457.5
47	345	59	575
52	384	66	645
57	438.5	74	717.5
63	482	83	769
69	513.5	93	819
76	514	105	850.5
84	514	120	881
84+	514	120+	892.5

Totals Required for Carpino 3			
Sub-Juniors			
Women		Men	
Class	Total (kg)	Class	Total (kg)
43	218.5	53	443.5
47	278.5	59	505
52	345	66	585
57	369.5	74	638.5
63	393	83	695
69	419	93	714.5
76	421	105	747
84	424	120	736
84+	459	120+	671