



British University Records

updated: 28/04/2026

Male	59	66	74	83	93	105	120	120+
SQUAT	193.5 Kurt Alibusa 24/04/2026	232.5 Joshua Parker 24/04/2026	260 Brandon Teh 18/07/2025	280.5 Manson Adagu 02/11/2023	293.5 Euan Macrae 01/02/2025	305.5 Daniel Rajis 20/04/2025	341 Joshua Ngoka 20/04/2025	340 Joshua Ngoka 28/04/2024
BENCH PRESS	130.5 Gian Patel 24/04/2026	157 Pascal Skannavis 26/04/2024	181 Nathan Bennett 24/04/2026	193 Harrison Sparks 03/04/2022	216 Jack Taylor 04/04/2022	221.5 Tim Li 20/04/2025	196 Idris Taylor 26/04/2026	218.5 David Oyadah 26/04/2026
DEADLIFT	220 Christopher Rattray 24/03/2018	262.5 Joshua Cheung 27/01/2024	305.5 Ping Hao Ng 24/04/2026	317.5 Chinedum Okolo 25/07/2024	345 Adedapo Ojewale 04/04/2022	345 Jamie Jonathan Foord 03/11/2023	361 Joshua Ngoka 20/04/2025	340 Joshua Ngoka 28/04/2024
TOTAL	526 Kurt Alibusa 24/04/2026	607.5 Joshua Parker 24/04/2026	710.5 Ping Hao Ng 24/04/2026	758 Manson Adagu 02/11/2023	790 Adedapo Ojewale 04/04/2022	828 Jamie Jonathan Foord 03/11/2023	897.5 Joshua Ngoka 20/04/2025	882.5 Joshua Ngoka 28/04/2024