

-53kg	U16	U18	U23
SQUAT	105 Ethan Moore 29/04/2023	135.5 Zaib Hossain 30/03/2025	162.5 Standard
BENCH PRESS	67.5 Ethan Moore 29/04/2023	85 Matthew Scanlan 11/12/2021	112.5 Leonard Lai 20/03/2024
DEADLIFT	150 Liam Welsh 19/05/2013	180 Faiyaz Moolji 02/11/2019	195 Leonard Lai 08/10/2024
TOTAL	310.5 Ethan Moore 29/04/2023	380.5 Tyler Bullock 30/03/2025	457.5 Leonard Lai 08/10/2024
BENCH (A/C)	67.5 Ethan Moore 29/04/2023	92.5 Adeel Imtiaz 22/05/2024	112.5 Leonard Lai 20/03/2024



British Records - Male Classic

updated: 23/03/2026

-59kg	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
SQUAT	175 Alfie Bonsell 28/08/2023	200.5 Vincent Choi 15/07/2023	200.5 Vincent Choi 15/07/2023	200.5 Vincent Choi 15/07/2023	160 Standard	155 Henry Chay 20/10/2018	145 Henry Chay 28/06/2025	122.5 Barry Lilley 03/06/2023	87.5 Ted Brown 17/08/2013	60 Ted Brown 24/07/2021
BENCH PRESS	110 Ayaan Shahid 07/12/2024	115.5 Dakota Bessent 13/07/2025	130 Leonard Lai 19/04/2025	140.5 Lahiru Suren 12/07/2025	117.5 Rajesh Babu 31/07/2021	107.5 Shaun Bateman 20/10/2018	81.5 Henry Chay 18/06/2022	81 Ted Brown 17/08/2013	81 Ted Brown 17/08/2013	65 Ted Brown 24/07/2021
DEADLIFT	197.5 Alfie Bonsell 28/08/2023	232.5 Jake Scott 28/08/2025	250 Ishtyaq Nabi 24/10/2021	262.5 Ishtyaq Nabi 04/12/2023	202.5 Rajesh Babu 31/07/2021	197.5 Henry Chay 20/10/2018	192.5 Henry Chay 18/06/2022	185.5 Ted Byrne 24/07/2021	135 Ted Brown 06/08/2012	100 Ted Brown 24/07/2021
TOTAL	477.5 Alfie Bonsell 28/08/2023	525.5 Alfie Bonsell 05/10/2024	546.5 Ishtyaq Nabi 24/10/2021	582.5 Ishtyaq Nabi 04/12/2023	450 Rajesh Babu 31/07/2021	442.5 Shaun Bateman 31/08/2019	414 Henry Chay 18/06/2022	365.5 Ted Byrne 24/07/2021	295 Ted Brown 20/05/2012	225 Ted Brown 24/07/2021
BENCH (A/C)	117.5 Ayaan Shahid 23/09/2025	117.5 Ayaan Shahid 23/09/2025	130 Leonard Lai 19/04/2025	150 Ali Jawad 18/02/2018	135 Adam Alderman 25/06/2023	107.5 Shaun Bateman 20/10/2018	81.5 Henry Chay 18/06/2022	81 Ted Brown 17/08/2013	81 Ted Brown 17/08/2013	72.5 Ted Brown 23/02/2020

-66kg	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
SQUAT	206.5 Gregory Pearson 29/04/2023	228 Alfie Bonsell 28/11/2025	242.5 Benedict Grant 02/09/2024	252.5 Benedict Grant 15/03/2026	195 David Gray 03/10/2015	195 David Gray 03/10/2015	175 David Gray 05/10/2024	135 Michael James 26/10/2019	Standard	Standard
BENCH PRESS	122.5 Ayaan Shahid 13/07/2025	155 Dorje Weston 05/10/2024	160 David Thomas 29/08/2025	166 Joseph Diva 05/12/2025	137 David Gray 08/09/2016	137 David Gray 08/09/2016	120 David Gray 28/06/2025	90 Michael James 26/10/2019	Standard	Standard
DEADLIFT	237.5 Gregory Pearson 29/04/2023	247.5 Alfie Bonsell 29/08/2025	284 Renzo Binas 20/03/2024	288.5 Kibria Ali 22/11/2024	253.5 Greig Murray 13/02/2024	253.5 Greig Murray 13/02/2024	235 David Gray 09/02/2026	183 Michael James 26/10/2019	Standard	Standard
TOTAL	564 Gregory Pearson 29/04/2023	600.5 Alfie Bonsell 28/11/2025	638.5 Benedict Grant 20/03/2024	653.5 Joseph Diva 05/12/2025	581 David Gray 03/10/2015	581 David Gray 03/10/2015	517.5 David Gray 05/10/2024	408 Michael James 26/10/2019	Standard	Standard
BENCH (A/C)	122.5 Ayaan Shahid 13/07/2025	155 Dorje Weston 05/10/2024	162.5 Pascal Skannavis 24/09/2025	182.5 Jason Irving 02/10/2011	145 Aaron Gideon 12/06/2022	137 David Gray 08/09/2016	120 David Gray 28/06/2025	107.5 David Pelta 18/05/2019	Standard	Standard

-74kg	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
SQUAT	213 Gregory Pearson 23/07/2023	227.5 Yaw Parbey 24/03/2024	270.5 Matthew Pond 28/03/2025	281.5 Dylan Nelson 13/08/2023	272.5 Sam Dew 16/03/2026	217.5 Phillip Richard 02/03/2023	192.5 Nigel Gillis 25/07/2021	166 David Marginson 08/02/2026	140 Ernie Parkes 08/03/2022	Standard
BENCH PRESS	133.5 Gregory Pearson 23/07/2023	148 James Kenneth Anar 24/10/2021	185.5 Matthew Pond 28/03/2025	190 Owen Hubbard 18/02/2017	175 Sam Dew 16/03/2026	140 Phillip Richard 18/06/2022	130 Cliff Haynes 25/07/2021	120 Alex Lee 01/02/2013	87.5 Ernie Parkes 08/03/2022	Standard
DEADLIFT	253.5 Gregory Pearson 23/07/2023	277.5 Yaw Parbey 24/03/2024	308.5 Renzo Binas 28/03/2025	308.5 Renzo Binas 28/03/2025	282.5 Chris Wong 01/11/2025	240.5 Bernie McGurk 20/10/2018	235.5 David Marginson 24/05/2025	228 David Marginson 08/02/2026	210 Ernie Parkes 08/03/2022	Standard
TOTAL	600 Gregory Pearson 23/07/2023	630 Yaw Parbey 24/03/2024	726 Matthew Pond 28/03/2025	726 Matthew Pond 28/03/2025	695 Sam Dew 16/03/2026	582.5 Phillip Richard 02/03/2023	526 Steve Walker 11/03/2017	504 David Marginson 08/02/2026	437.5 Ernie Parkes 08/03/2022	Standard
BENCH (A/C)	135 Dash Granite 16/02/2025	153 Dash Granite 28/02/2026	185.5 Matthew Pond 28/03/2025	190.5 Scott Walton 28/02/2026	175 Sam Dew 16/03/2026	140 Phillip Richard 18/06/2022	135.5 Cliff Haynes 23/02/2020	120 Alex Lee 01/02/2013	87.5 Ernie Parkes 08/03/2022	Standard

-83kg	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
SQUAT	232.5 Jeremy Lin 30/03/2025	255 Henri Goddard 30/11/2025	292.5 Manson Adagu 04/12/2025	322.5 Jurins Kengamu 31/01/2026	241 David Heath 09/06/2024	227.5 Phil Richard 01/05/2022	203 John Laird 28/06/2025	173 Mick Amey 26/10/2019	90 Dessie Scott 03/06/2023	Standard
BENCH PRESS	145 Kirill Sakharov 25/11/2017	196.5 Henri Goddard 30/11/2025	206 Matthew Pond 21/03/2024	218.5 Owen Hubbard 06/12/2019	170 Danny Potter 28/05/2022	146 Phil Richard 01/05/2022	130.5 John Laird 28/06/2025	105 Alan Twigg 02/06/2019	65 Dessie Scott 11/12/2021	Standard
DEADLIFT	270 Jeremy Lin 13/07/2025	315.5 Henri Goddard 30/11/2025	337.5 Manson Adagu 06/09/2024	363 Ade Omisakin 13/09/2024	305 Robert Rodney 20/01/2019	305 Robert Rodney 20/01/2019	247.5 Grant Sugarman 09/02/2026	232.5 Ernie Parkes 19/03/2016	130 Dessie Scott 11/12/2021	Standard
TOTAL	640 Jeremy Lin 13/07/2025	767 Henri Goddard 30/11/2025	817.5 Manson Adagu 04/12/2025	872.5 Jurins Kengamu 14/08/2025	665 Robert Rodney 20/01/2019	665 Robert Rodney 20/01/2019	563.5 John Laird 28/06/2025	495 Ernie Parkes 19/03/2016	275 Dessie Scott 11/12/2021	Standard
BENCH (A/C)	147.5 Hari Tampin 05/04/2025	196.5 Henri Goddard 30/11/2025	206 Matthew Pond 21/03/2024	220 Owen Hubbard 02/12/2022	176 Barrie Tavener 16/02/2025	176 Barrie Tavener 16/02/2025	154 Philip Stringer 03/03/2012	126 Alexander Lee 06/09/2014	65 Dessie Scott 11/12/2021	Standard

-93kg	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
SQUAT	262.5 Adam Gault 01/12/2025	270 Jack Hopkins 04/12/2021	307.5 Joey Awala 05/12/2025	315 Christian Ayandokun 19/03/2026	275 Hendrick Famutimi 15/02/2025	253 Thomas Celestin 28/06/2025	250 Andy Bonner 16/08/2015	200 Kevin Jane 18/06/2022	Standard	Standard
BENCH PRESS	170 Adam Gault 01/12/2025	190 Luke Tolman 25/11/2017	216 Jack Taylor 04/04/2022	218 Harrison Sparks 06/12/2025	190.5 Sheridan Wray 21/10/2018	161.5 David Litchfield 21/03/2026	153 Gordon Scott 12/06/2022	120.5 Andy Bonner 28/06/2025	Standard	Standard
DEADLIFT	275 Adam Gault 01/12/2025	310 Jack Hopkins 28/09/2021	362.5 Emmanuel Olatunji 28/03/2025	367.5 Jonathan Lewis 19/03/2026	328.5 Hendrick Famutimi 15/02/2025	310 Robert Rodney 08/03/2018	301 Robert Rodney 22/06/2024	238 Andy Bonner 28/06/2025	Standard	Standard
TOTAL	707.5 Adam Gault 01/12/2025	752.5 Jack Hopkins 04/12/2021	845.5 Nathaniel Massiah 06/09/2024	882.5 Christian Ayandokun 19/03/2026	773.5 Hendrick Famutimi 15/02/2025	703 Robert Rodney 16/06/2017	668.5 Andy Bonner 16/08/2015	552.5 Kevin Jane 25/07/2021	Standard	Standard
BENCH (A/C)	170 Adam Gault 01/12/2025	190 Luke Tolman 25/11/2017	217.5 Jack Taylor 03/08/2022	220 Jack Taylor 16/02/2025	205 Andrew Rigby 15/05/2018	205 Andrew Rigby 15/05/2018	190.5 Andrew Rigby 19/02/2022	141 Ash Sinclair 25/03/2023	Standard	Standard

-105kg	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
SQUAT	212.5 Jenson Corey 30/03/2025	275.5 Nonso Chinye 30/04/2023	327.5 Nathaniel Massiah 06/12/2025	345.5 Joshua Greenfield 01/09/2019	330.5 Samuel Watt 29/06/2025	330.5 Samuel Watt 29/06/2025	217.5 Steven Cumming 08/06/2024	190 John Gavin Walker 21/08/2011	Standard	Standard
BENCH PRESS	140 Edward Crossley 13/10/2018	197.5 Theo Bennett 07/10/2024	221.5 Tim Li 20/04/2025	221.5 Tim Li 20/04/2025	215 Anthony McLeggan 04/11/2023	195 Samuel Watt 13/03/2022	165 Steven Cumming 08/06/2024	116 John Gavin Walker 21/08/2011	Standard	Standard
DEADLIFT	240 Jenson Corey 30/03/2025	343 Nonso Chinye 30/04/2023	375 Nathaniel Massiah 06/12/2025	400 Sanchez Dillon 21/06/2024	367.5 Samuel Watt 13/03/2022	367.5 Samuel Watt 13/03/2022	265 Steven Cumming 08/06/2024	231 John Gavin Walker 21/08/2011	Standard	Standard
TOTAL	587.5 Jenson Corey 30/03/2025	778.5 Nonso Chinye 30/04/2023	915 Nathaniel Massiah 06/12/2025	915 Nathaniel Massiah 06/12/2025	887.5 Samuel Watt 13/03/2022	887.5 Samuel Watt 13/03/2022	647.5 Steven Cumming 08/06/2024	537 John Gavin Walker 21/08/2011	Standard	Standard
BENCH (A/C)	140 Edward Crossley 13/10/2018	197.5 Theo Bennett 07/10/2024	222.5 Tim Li 19/05/2025	230 Mihails Monastirkis 10/08/2019	225 Andrew Rigby 06/10/2013	225 Andrew Rigby 06/10/2013	208 Andrew Rigby 31/07/2023	162.5 Tom Collins 24/01/2016	Standard	Standard

-120kg	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
SQUAT	240 Niniola Olagundoye 13/07/2025	313 Nonso Chinye 12/10/2023	368 Joshua Ngoka 06/12/2025	368 Joshua Ngoka 06/12/2025	355 Tony Cliffe 10/02/2024	312.5 Scott Simon 05/07/2025	234 Nigel Haigh 05/06/2019	167.5 Chris Gladding 10/02/2013	Standard	Standard
BENCH PRESS	147.5 Niniola Olagundoye 13/07/2025	192.5 Nonso Chinye 12/10/2023	217.5 Kieran Gray 10/06/2019	247.5 Tony Cliffe 23/11/2024	247.5 Tony Cliffe 23/11/2024	218 Scott Simon 13/02/2025	155 Mike Claydon 07/07/2012	130 Chris Gladding 05/06/2015	Standard	Standard
DEADLIFT	260 Connor O'Donnell 02/11/2019	363 Nonso Chinye 12/10/2023	408.5 Nonso Chinye 06/12/2025	408.5 Nonso Chinye 06/12/2025	355 Tony Cliffe 23/11/2024	320 Colin Wright 11/03/2017	262.5 Steven Lambert 29/05/2022	195.5 Trevor Walker 27/05/2018	Standard	Standard
TOTAL	625 Connor O'Donnell 02/11/2019	868.5 Nonso Chinye 12/10/2023	966 Nonso Chinye 06/12/2025	966 Nonso Chinye 06/12/2025	952.5 Tony Cliffe 23/11/2024	822.5 Scott Simon 05/07/2025	610 Mike Claydon 07/07/2012	485 Chris Gladding 10/02/2013	Standard	Standard
BENCH (A/C)	150 Craig Williams 17/09/2011	192.5 Nonso Chinye 12/10/2023	217.5 Kieran Gray 10/06/2019	247.5 Tony Cliffe 23/11/2024	247.5 Tony Cliffe 23/11/2024	222.5 Andrew Rigby 09/03/2013	208.5 Andrew Rigby 04/10/2024	155 Tom Collins 16/05/2018	95 Chris Gladding 13/06/2021	Standard

120kg+	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
SQUAT	240 Ray Bowring 25/11/2018	325 Gerard Murphy 05/09/2025	403 Luke Richardson 28/11/2018	420 Ajay Sharma 22/03/2026	350 Aaron Thompson 12/07/2025	275 Andy Rodney 16/06/2017	247.5 Nigel Haigh 12/03/2020	172.5 Standard	Standard	Standard
BENCH PRESS	152.5 Harry Newby 07/12/2024	185 Joshua Ngoka 12/10/2023	245 Nathan Britton 07/12/2025	250.5 Ben Gibson 07/12/2025	230 Chris Baker 21/10/2018	195 Michael Adams 20/03/2016	160 Frank O'Donnell 25/07/2021	117.5 Standard	Standard	Standard
DEADLIFT	222.5 Tom Whinnie 14/05/2022	331.5 Gerard Murphy 05/09/2025	385 Luke Richardson 28/11/2018	385 Luke Richardson 28/11/2018	332.5 Ross Shahin-Ajerlo 07/12/2025	291.5 Ricky Mullan 08/06/2024	280 Frank O'Donnell 25/07/2021	200 Trevor Walker 30/05/2022	Standard	Standard
TOTAL	590 Ray Bowring 25/11/2018	839 Gerard Murphy 05/09/2025	1010.5 Luke Richardson 28/11/2018	1032.5 Ajay Sharma 22/03/2026	885 Aaron Thompson 12/07/2025	722.5 Andy Rodney 20/06/2016	650 Frank O'Donnell 25/07/2021	435 Trevor Walker 30/05/2022	Standard	Standard
BENCH (A/C)	152.5 Harry Newby 07/12/2024	186 Harry Newby 28/02/2026	245 Nathan Britton 07/12/2025	253 Tony Cliffe 28/02/2026	253 Tony Cliffe 28/02/2026	208 Paul Merricks 05/04/2025	160 Frank O'Donnell 25/07/2021	117.5 Standard	Standard	Standard

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