

Top up Tuesday

February 2026 Week 1

Welcome to your weekly top up of newsbites from me, Charlie Marillier, British Powerlifting's CEO.

IPF RULES CONSULTATION: OPEN FORUM

I would like to thank all the members who attended this forum last week. It was a very positive, engaging and informative forum where people were able to provide their opinion, be heard, feed into the IPF consultation through knowledge and experience.

Our Chief technical Officer will now send this information off to the IPF to include into their consultation.

SBD SHEFFIELD

What an event it was on Saturday with some of the world's best Powerlifters descending on Sheffield to watch them compete against each other and break world records.

There was a wonderful array of lifters and spectators from die hard fans to the young girls and boys in awe of such feats of strength.

You [can find more](#) information about the fantastic show and achievements from so many of the lifters along with the development of the next event, being held in November this year.

It was magical to see two of our top lifters, Jurins Kengamu and Ziana Azariah, in the event and congratulations to the [winners Tiffany Chapon and Austin Perkins](#).

Top up Tuesday

ENGLISH POWERLIFTING CHAMPIONSHIPS DATES RELEASED

For those who lift within England, the English National championships dates have been released. You can find more information on their [Instagram page](#).

If you're aiming to compete, make sure you're aware of the following deadlines:

Championship/ Category	Entries/No minations Open	Last Date to Qualify	Entries/No minations Close	Announce ment/Pay ment	Reserve Pool Selection	Competition Dates
Open Classic Selection Process	2 February 2026	1 March 2026		8 March 2026	16 March – 5 April 2026	
Open Equipped	2 February 2026	5 April 2026	12 April 2026			9–10 May 2026
Masters Classic & Equipped	2 February 2026	29 March 2026	5 April 2026			2–3 May 2026
Sub-Junior and Junior Classic and Equipped	2 February 2026	29 March 2026	5 April 2026			2–3 May 2026

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EQUIPPED POWERLIFTING OPEN FORUM

This is a reminder for the next open forum: Equipped Powerlifting focused.

If you would like to be involved in helping develop the future of Equipped Powerlifting please join us on:

 **Wednesday 25 February**

 **7:00–8:00pm**

 [Zoom Video Call](#)

The session will be attended by:

- **Interim-Chair, Fraser Montgomery, British Powerlifting**
- **CEO, Charlie Marillier, British Powerlifting**
- **Other members of the British Powerlifting Board and Sub Committee lead**

This forum is an opportunity for members to raise questions, concerns, opinions, and ideas to enhance the engagement, experience and enjoyment of Equipped Powerlifting in Britain.

Can't attend?

Members who are unable to join the forum can still contribute by:

- **Emailing their thoughts directly to me at** charlie.marillier@britishpowerlifting.org

A reminder on professionalism

Please note that this consultation process is managed entirely by volunteers at both IPF and federation level. Any feedback should be well considered, concise, constructive, and respectful, and free from abusive or inappropriate language.

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COMPETITION FEEDBACK

British Powerlifting has begun its membership consultation through the IPF Open Forum and we continue to look for your feedback through our [Post competition participants feedback](#).

This is to help us understand what you have enjoyed and what could be improved with regards to our competitions. This form is set to close on Friday Feb 20 to give us time to analyse the results before opening it up again after the British Bench champs at the end of the month.

The form covers 10 areas of a competition, and each section has around 4-5 questions. The form is largely set to 'does not require an answer' so if you don't have an opinion or feedback on an area, you can skip it. By doing this, we hope that people will feedback to us valuable information that was important to their enjoyment of the competition without it being a burden on their day.

Please share it out to as many people you feel would be able to help us develop our competitions, this could include lifters, coaches, spectators, volunteers etc.

WHAT'S COMING UP:

- ⌚ European Masters Classic Championships, 7-15 February in Oulu, Finland.
- ⌚ European University Cup Classic Powerlifting, 17 - 20 February in Merignac, France
- ⌚ British Classic Bench Press Champs, Feb 28 – March 1 in Maidstone, Kent.

Check out all [the upcoming competitions](#) from British Powerlifting and you can find all the [International Competitions from the IPF Calendar](#).

I would like to wish all the athletes preparing for these upcoming competitions good luck.