

2025

Month	Start date	End date	Location	Region	Level	Tutor	Course details	How to book
JANUARY								USE OUR LINKTREE TO APPLY
	11	12	Lincoln Lifting, 246 Newark Rd, Lincoln LN6 8RP	NORTH MIDS	1	Charlie Marillier Josh Inman	This course will run over 2 days: Saturday and Sunday. This course is designed for non-powerlifting fitness professionals, new powerlifting coaches and those interested in their own powerlifting development. It will contain a mix of classroom, practical and reading based learning.	
FEBRUARY								
	22	23	Bannatyne Health Club and Spa, Eureka Leisure Park, Unit 2 Lower Terrace, Ashford, TN25 4BN	SOUTH EAST	1	Charlie Marillier Craig Coggle	This course will run over 2 days: Saturday and Sunday. This course is designed for non-powerlifting fitness professionals, new powerlifting coaches and those interested in their own powerlifting development. It will contain a mix of classroom, practical and reading based learning.	
MARCH								
			NEW DATE TO BE ANNOUNCED SOON	WALES	1	Lawrence Farncombe	This course will run over 2 days: Saturday and Sunday. This course is designed for non-powerlifting fitness professionals, new powerlifting coaches and those interested in their own powerlifting development. It will contain a mix of classroom, practical and reading based learning.	
APRIL	12	13	MARRvelous Fitness 20 Muir Place New Houston Industrial Estate Livingston, West Lothian EH54 5BF	SCOTLAND	1	Scott Simon	This course will run over 2 days: Saturday and Sunday. This course is designed for non-powerlifting fitness professionals, new powerlifting coaches and those interested in their own powerlifting development. It will contain a mix of classroom, practical and reading based learning.	
	12	13	Cardiff University Sports Training Village Cardiff University Off Excelsior Road, Cardiff, CF14 3AT	WALES	1	Lawrence Farncombe	This course will run over 2 days: Saturday and Sunday. This course is designed for non-powerlifting fitness professionals, new powerlifting coaches and those interested in their own powerlifting development. It will contain a mix of classroom, practical and reading based learning.	
	7	May 24th	Spaces available for Scotland and Lincoln based 1 day practical only. The Swindon 1 day practical is fully booked.	Online and SOUTH WEST	2	Charlie Marillier Norman Cheung Jason Coulman Scott Simon	Webinar dates: April 7 6-8pm , 14 6-8pm May 12 6-8pm , 19 6-8pm 1 Day practical: May 31 9am - 5pm in Swindon, Wiltshire. May 31 9am - 5pm in Lincoln, North Mids June 7 9am - 5pm in Edinburgh, Scotland	

MAY	10	11	Manor Gym , Pimlico, London SW1V 1PX	GREATER LONDON	1	Jason Coulman Norman Cheung	This course will run over 2 days: Saturday and Sunday. This course is designed for non-powerlifting fitness professionals, new powerlifting coaches and those interested in their own powerlifting development. It will contain a mix of classroom, practical and reading based learning.

JUNE	14	15	Swindon Barbell, Wiltshire, SN154DL	SOUTH WEST	1	Charlie Marillier Kelly Phasey	This course will run over 2 days: Saturday and Sunday. This course is designed for non-powerlifting fitness professionals, new powerlifting coaches and those interested in their own powerlifting development. It will contain a mix of classroom, practical and reading based learning.
	21	22	Taylors Strength, Basement, The Ternary, 26-33 Old Haymarket, Liverpool, L1 6ER	NORTH WEST	1	Josn Inman Craig Coggle	This course will run over 2 days: Saturday and Sunday. This course is designed for non-powerlifting fitness professionals, new powerlifting coaches and those interested in their own powerlifting development. It will contain a mix of classroom, practical and reading based learning.

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JULY							

AUGUST	9	10	Strength Academy Wales Pembrokeshire Sports Village, Haverfordwest, SA61 2NX	WALES	1	Lawrence Farncombe	This course will run over 2 days: Saturday and Sunday. This course is designed for non-powerlifting fitness professionals, new powerlifting coaches and those interested in their own powerlifting development. It will contain a mix of classroom, practical and reading based learning.

SEPTEMBER	13	14	Lincoln Lifting, 246 Newark Rd, Lincoln LN6 8RP	NORTH MIDS	1	Josh Inman	This course will run over 2 days: Saturday and Sunday. This course is designed for non-powerlifting fitness professionals, new powerlifting coaches and those interested in their own powerlifting development. It will contain a mix of classroom, practical and reading based learning.

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[SEE OUR LINKTREE TO APPLY](#)

OCTOBER							
NOVEMBER							
DECEMBER							



More dates will be posted as soon as they are available. If you are looking to organise a date or group for a course please contact either:

Charlie Marillier charlie.marillier@britishpowerlifting.org