

## 2025

Month	Start date	End date	Location	Region	Level	Tutor	Course details	How to book
JANUARY								
	11	12	<a href="#">Lincoln Lifting, 246 Newark Rd, Lincoln LN6 8RP</a>	NORTH MIDS	1	Charlie Marillier Josh Inman	This course will run over 2 days: Saturday and Sunday. This course is designed for non-powerlifting fitness professionals, new powerlifting coaches and those interested in their own powerlifting development. It will contain a mix of classroom, practical and reading based learning.	
FEBRUARY								
	22	23	<a href="#">Bannatyne Health Club and Spa, Eureka Leisure Park, Unit 2 Lower Terrace, Ashford, TN25 4BN</a>	SOUTH EAST	1	Charlie Marillier Craig Coggle	This course will run over 2 days: Saturday and Sunday. This course is designed for non-powerlifting fitness professionals, new powerlifting coaches and those interested in their own powerlifting development. It will contain a mix of classroom, practical and reading based learning.	
MARCH								
			*NEW DATE TO BE ANNOUNCED SOON*	WALES	1	Lawrence Farncombe	This course will run over 2 days: Saturday and Sunday. This course is designed for non-powerlifting fitness professionals, new powerlifting coaches and those interested in their own powerlifting development. It will contain a mix of classroom, practical and reading based learning.	
APRIL	12	13	<a href="#">MARRvelous Fitness 20 Muir Place New Houston Industrial Estate Livingston, West Lothian EH54 5BE</a>	SCOTLAND	1	Scott Simon	This course will run over 2 days: Saturday and Sunday. This course is designed for non-powerlifting fitness professionals, new powerlifting coaches and those interested in their own powerlifting development. It will contain a mix of classroom, practical and reading based learning.	
	12	13	<a href="#">Cardiff University Sports Training Village Cardiff University Off Excelsior Road, Cardiff, CF14 3AT</a>	WALES	1	Lawrence Farncombe	This course will run over 2 days: Saturday and Sunday. This course is designed for non-powerlifting fitness professionals, new powerlifting coaches and those interested in their own powerlifting development. It will contain a mix of classroom, practical and reading based learning.	
	7	May 24th	Spaces available for Scotland and Lincoln based 1 day practical only. The Swindon 1 day practical is fully booked.	Online and SOUTH WEST	2	Charlie Marillier Norman Cheung Jason Coulman Scott Simon	<b>Webinar dates:</b> April 7 6-8pm, 14 6-8pm May 12 6-8pm, 19 6-8pm <b>1 Day practical:</b> May 31 9am - 5pm in Swindon, Wiltshire May 31 9am - 5pm in Lincoln, North Mids June 7 9am - 5pm in Edinburgh, Scotland	

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MAY	10	11	<a href="#">Manor Gym, Pimlico, London SW1V 1PX</a>	GREATER LONDON	1	Jason Coulman Norman Cheung	This course will run over 2 days: Saturday and Sunday. This course is designed for non-powerlifting fitness professionals, new powerlifting coaches and those interested in their own powerlifting development. It will contain a mix of classroom, practical and reading based learning.

JUNE	14	15	<a href="#">Swindon Barbell, Wiltshire, SN154DL</a>	SOUTH WEST	1	Charlie Marilier Kelly Phasey	This course will run over 2 days: Saturday and Sunday. This course is designed for non-powerlifting fitness professionals, new powerlifting coaches and those interested in their own powerlifting development. It will contain a mix of classroom, practical and reading based learning.
	21	22	<a href="#">Taylors Strength, Basement, The Ternary, 26-33 Old Haymarket, Liverpool, L1 6ER</a>	NORTH WEST	1	Josh Inman Craig Coggle	This course will run over 2 days: Saturday and Sunday. This course is designed for non-powerlifting fitness professionals, new powerlifting coaches and those interested in their own powerlifting development. It will contain a mix of classroom, practical and reading based learning.

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JULY							

AUGUST	9	10	<a href="#">Strength Academy Wales Pembrokeshire Sports Village, Haverfordwest, SA61 2NX</a>	WALES	1	Lawrence Farncombe	This course will run over 2 days: Saturday and Sunday. This course is designed for non-powerlifting fitness professionals, new powerlifting coaches and those interested in their own powerlifting development. It will contain a mix of classroom, practical and reading based learning.

SEPTEMBER	13	14	<a href="#">Lincoln Lifting, 246 Newark Rd, Lincoln LN6 8RP</a>	NORTH MIDS	1	Josh Inman	This course will run over 2 days: Saturday and Sunday. This course is designed for non-powerlifting fitness professionals, new powerlifting coaches and those interested in their own powerlifting development. It will contain a mix of classroom, practical and reading based learning.

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[SEE OUR LINKTREE TO APPLY](#)



OCTOBER							
NOVEMBER							
DECEMBER							

More dates will be posted as soon as they are available. If you are looking to organise a date or group for a course please contact either:

Charlie Marillier [charlie.marillier@britishpowerlifting.org](mailto:charlie.marillier@britishpowerlifting.org)