



On the 11th Hour of the 11th Day of the 11th Month, I on behalf of British powerlifting would like to pay tribute and thank all our Armed Forces Membership and families as we join in solemn tribute to our Armed Forces.

We thank each and every one of our military members for their service, past and present. Those with us today, and those who gave their life. We also give a special thanks to those who still suffer from the terrors of conflict, be it physically or mentally, your service is valued and recognised. We thank the families of our military personnel for their never waiving support.

"They shall not grow old, as we who are left grow old

Age shall not weary them, nor the years condemn.

At the going down of the sun and in the morning,

We will remember them."

James Brincat-Smith.

Chief Executive Officer

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