



## BRITISH POWERLIFTING BOARD MEETING SUNDAY 21/07/2024

### AGENDA

Present:

Apologies:

1. Date of next Board meeting – 20<sup>th</sup> October 2024 1000hrs
2. Minutes of meeting 10/4/2024 - previously accepted and published on the website
3. Matters arising
4. Finance:
  - i) Latest quarter report.
5. Organisation
  - a. HN's Bernie McGurk Resignation, we thank Bernie for his time and efforts and welcome Claire Tocher as Director for Scotland.
  - b. Adam Thomas appointed as Director for Wales.
  - c. Tom Morgan (outgoing CEO) appointed Board advisor in a non executive capacity. (Term agreed 2yrs)
  - d. Mick and Charlotte Ellender stepped down from Masters Equipped team, JBS to take over as interim head coach, role to be advertised post Worlds.
  - e. Sam Cook appointed Club Secretary (2 applicants, Sam appointed second applicant as below)
  - f. Teresa Chapman appointed International Team administrator (to work with Will Brown)
  - g. Caroline Buckle appointed Safeguarding officer (Board consulted and voted)
  - h. Josh Roberts appointed Law and Legislation Committee Chair (board approved)
  - i. Ricky Ransome – Law and Legislation committee member (CEO appointment)
  - j. Sabrina Moore appointed Competition Director (board vote online and approved)
  - k. Resignation of Kim Cowell from L&L and DC, we thank Kim for the great work she has done for the federation and continues to do and wish her well.
  - l. Appointment of Abdul Butt to the position of (interim) Communications Director (online board vote and approved)

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- m. Resignation of Rob Palmer form position of Performance Director, given Robs new position with Spanish Rugby he feels he can not give the time that is required for the federation and his own expectations for the role. Thank you for your work Rob and good luck. In the interim Scott Simon to step in whilst appointment is made.
- n. Athletes commission review – Addition of team representatives and HN representatives for “on the ground” feedback to the Athlete Commission chair.
- o. Policy review officer vacancy advertised – 2 candidates to be reviewed.

6. Performance:

- a. Update from Scott Simon, interim Perf Director.
- b. Discussion of applicants for the role for interview/appointment



7. Sponsorship - update from Ben Davis

8. Membership:

| <b>Membership type</b> | <b>Number of Members<br/>Current</b> | <b>2023 Numbers</b> |
|------------------------|--------------------------------------|---------------------|
| Non Lifter             | 232                                  | 55                  |
| Special Olympian       | 10                                   | 8                   |
| Sub Jnr                | 592                                  | 616                 |
| Jnr                    | 2018                                 | 2137                |
| Senior                 | 3049                                 | 3276                |
| <b>Total Members</b>   | <b>5991</b>                          | <b>6092</b>         |

9. Safeguarding:

- a. Whistleblower policy up and running, 3 submissions, all dealt with and noted.
- b. Talks to become an umbrella organization for free DBS going well, details TBC.

10. Athletes' Commission – report.

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#### 11. Disciplinary –

Nothing of note, two appeals put forward. One complaint upheld at appeal the other overturned. Thank you to the Appeal panels on these occasions.

#### 12. Anti-Doping –

- a. Present at all National Championships, require invoices from IPF in this regard as estimates seem lower than number of tests so far this year. Local level testing also in place with NW and NM requests being fulfilled.
- b. With Regional testing available recommendations on cash prizes being awarded to tested events only, and for regional members only.

#### 13. Communications and Media:

- a. Work coming on well with Lukas and Liv. Abdul now in place for Communications is helping, but could be helped by teams sending information in rather than expecting things to happen from a hard working volunteer base.
- b. Contract for 2025 required for artwork etc.

#### 14. Technical –

- a. New Ref exam format working really well, regions becoming more engaged in this.
- b. Body covering rule is being trialled at local and national level to be more inclusive and allow people to wear knee sleeves over their body coverings. Advice has been given to referees and we intend to take to the IPF in due course to seek an amendment to the ruling.

#### 15. Coaching:

- a. Coaching/education strat plan in the making.
- b. CIMSPA framework in final staged for recognition.
- c. Level 2 Course approved by the IPF for our members international qualification.
- d. 2025 Coaches Register to be renewed annually.
- e. 2025 Coach licence to be brought in for all coaches at National level.

#### 16. New initiatives:

- a. Talks with AOC (Association of Collages) to look to bring on regional hubs for grass root lifters 16-18yr College Students. Long-term looking to a BUCS style arrangement incorporating LTAD.
- b. BPxBWL para bench collab was a great success, next event booked in for 2<sup>nd</sup> November 2024
- c. 2025 Hands across the Sea. Military invitational – Talks with Military ongoing.

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17. Home Country Reports:

- a. England - Received
- b. Wales - Required
- c. Scotland-Received
- d. NI – Required

18. British championships

- a. BUCS – 450 entries, Very well organised and impressive athlete participation and behaviour this year. BUCS is certainly becoming an appreciated championship.
- b. British Masters – 187 entries, work from NIPF is as ever astounding and thank you
- c. British Open November, WLM to cover this.
- d. New 2025 Open Qualification format as described on CEO report
- e. New QT's for 2025 proposal from Craig Wilkins to be approved
- f. 2025 bids required, discussions of interest already in place for BUCS, Bench, Equipped, and Masters.

19. International championships 2024.

- a. European Masters Equipped – Report submitted.
- b. European Open Equipped – report req from Classic
- c. World Classic/Equipped Bench – report req from Classic (Equipped Submitted)
- d. World Classic Open – report req
- e. Euro Muscle show – report req

20. Internationals Championships 2024

- a. European Bench Press Championships 5<sup>th</sup> – 11<sup>th</sup> August – Turkey.
- b. World Classic Equipped Sub-Jnr & Jnr championships 28<sup>th</sup> August – 8<sup>th</sup> September – Malta.
- c. Western Europeans 13<sup>th</sup>-15<sup>th</sup> Sept - Malta.
- d. World Classic Equipped Championships , 4<sup>th</sup>-13<sup>th</sup> October - Sun City.
- e. Girl Power 19<sup>th</sup> October – France.
- f. World Equipped Open 11<sup>th</sup>-16<sup>th</sup> November – Iceland.

21. A.O.B.

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