



## **British Powerlifting Executive Board Meeting**

**Sunday 17<sup>th</sup> September 2023**

**Present:** Robert Palmer, Bernie McGurk, Tony Cliffe, William Brown, Thomas Morgan, Kevin Jane, Scott Simon

6 board members were in attendance.

**Apologies:** No apologies were received.

1. Date of the next Board meeting: Sunday 10/12/23 at 10:00
2. EGM Report.: The meeting was discussed and there had been an information request from a member. Tom Morgan fulfilled the request.
3. Minutes of the last board meeting on 16/7/23. The minutes were accepted unanimously.
4. Matters arising: A brief discussion ensued regarding the need for both clarity of structure and formulation of an action plan heading into 2024's AGM.
5. Finance:
  - a. Tony Cliffe (TC) has now fully integrated 2023's finances into Xero accounting software. There are some small variables to confirm, however, the finances are in a very healthy place, and the outlook is optimistic.
  - b. Going forward TC will look to establish shadow Profit & Loss amounts for each stream within BP's accounts. TC will also be establishing championship budget sheets for future championships.
  - c. TC has elected to continue using PayPal for online payments as they provided a better rate per transaction than Stripe.
  - d. The FY22 audit of BP's accounts is set to begin in late September or early October.



- e. TC suggested a sub/deputy role in finance solely for organising international team hotel payments and competitor rebates, as this is a time-intensive task.
- f. A draft of an expense claim policy for international head coaches and refs has been received from Kim Cowel et al.

6. Organisation:

- a. Robert Palmer has been appointed as Performance Director.
- b. Craig Coggle has been appointed by Rob as deputy Performance Director.
- c. Paul Marsh has been appointed as Classic Open Head Coach.
- d. Scott Simon has been appointed as an Independent Director.
- e. Development Director - three applications were received
  - The candidates were discussed and the board will defer the appointment pending further clarity of the role and responsibilities.
- f. Competition Director - two applications were received from James Brincat-Smith and Sabrina Downes.
  - The candidates were discussed and the board voted unanimously to appoint James Brincat-Smith as Competition Director and Sabrina Downes as Deputy Competition Director.
- g. Communications Director - notes of interest were received, but no formal applications were forthcoming. The role and responsibilities will be posted on the website and those interested will be asked to submit formal applications by 01/10/23 for consideration.
- h. Second Independent Director - notes of interest were received
  - i. Finance Director - Tony Cliffe will be managing this role.
  - j. CEO role description to be updated by Tom Morgan. Scott Simon offered to send over a previous CEO role description as a baseline.

8. Performance:



- a. Rob has already reached out to international team coaches to investigate areas of improvement and offer support.
- b. Looking to ensure all international coaches are DBS-checked.
- c. Formalise the team coaching application process for all coaches attending internationals.
- d. Look to develop elite athlete performance criteria to allow up-and-coming talented lifters to be identified and potentially invested in.
- e. Make sure all coaches have completed the relevant ADEL course ahead of the IPF's future requirements.

9. Development:

- a. £6K allocated to development budget to end 2023. Voted to carry forward to 2024 development fund due to lack of development director appointment.

10. Sponsorship:

- a. SBD - pending discussions regarding clarity of kit sponsorship requirements, and the potential of smaller separate sponsorship funds to allow for more clarity and potential competition for sponsorship. We aim to largely continue as agreed.
- b. Eleiko - Q3 commission received.
- c. White Lights Media. Continuing as agreed.
- d. A7 - have contacted the board to discuss sponsorship for 2024.

11. Membership: Membership growing and currently at 5668 as of 17/09/23

12. Disciplinary

13. Anti-Doping:

- a. UKAD Assurance Framework - BP now satisfies all 24 requirements:
  - i. Phase 1 requires evidence of a Clean Sports Education Strategy and



Implementation Plan plus adoption of UKASD Anti-Doping Rules by July 1st

ii. Phase 2 requires the education of athletes and athlete support personnel.

iii. Phase 3 requires the Preparation of a Test Distribution Plan (TDP).

b. In the short term, UKAD wishes to explore a partnership with the IPF/CCES.

14. Communications and Media: Discussion regarding the need for a comms director followed, along with a potential strategy for handling international team coverage when not present.

15. Technical - No further updates to IPF technical rules.

16. Coaching - Points already covered in Rob Palmer's update

- a. Terms of Reference are required for coaches at internationals. Bernie McGurk has a draft in progress.
- b. 2024/2025 Will see coaches requiring ADEL and Coaching certificates to be listed on Goodlift.

17. Para Powerlifting:

- a. Contacted by British Weightlifting regarding their lifters competing in our bench championship and Team meeting held on 27/6/23.
- b. We have been invited to attend the online IPC Technical Officials' Course. Several referees have been accepted and passed their exams.

18. Home Country Reports:

- a. England - Submitted by Kevin Jane (attached)
- b. Wales - Submitted by Tom Morgan (attached)
- c. Scotland - Submitted by Bernie McGurk (attached)
- d. Northern Ireland - Not Received



- e. Isle Of Man - Submitted by Lisa Grant (attached)
  
- 19. British Championships 2023:
  - a. Junior Classic - Gymshark 26-30th April
  - b. Masters Classic - Belfast 3-4th June
  - c. Home Nations - NI to host. 4th November.
  
- 20. British Championships 2024:
  - a. British Equipped - YNE tbc
  
  - b. Open Classic - Initial meeting conducted with Ramsay Kirby, finances need clarity before a full agreement can be finalised.
  
  - c. Fred Mckenzie and Adam Reilly have offered to host the Bench Press championships. Considerations are needed to account for Para Powerlifting requirements.
  
  - d. Fred Mckenzie has offered to host the junior championships. Gymshark are also interested but no official confirmation has been received.
  
  - e. NIPF wish to host the British Masters' Classic in Belfast.
  
- 21. Internationals 2023:
  - a. European Classic Masters Championships, 28th February to 5th March – report
  - b. European Classic University Cup, 16th to 19th March, Albi, France – no team sent.
  - c. SBD Sheffield Championships, 25th March – report.
  - d. European Equipped Championships, 2nd to 7th May, Thisted, Denmark
  - e. World Classic and Equipped Bench Press, 20th to 28th May, Sun City
  - f. World Classic Championships & IPF Congress 10th to 17th June in Malta
  - g. SOI Games, 17th to 25th June in Berlin.
  - h. European Masters Equipped Championships, 5th to 9th July in Pilsen.
  - i. European Bench Press, 31st July to 6th August, Merignac, France
  - j. IBSA World Blind Sports Games, Birmingham, 18-27 th August
  - k. World Junior Championships, 24th August to 3rd September, Cluj-Napoca, Romania.
  - l. Western European Cup, 8th to 10th September, Reykjavik, Iceland.
  - m. World Masters Championships, 8th to 15th October, Mongolia.
  - n. European Junior Classic Championships, 10th to 15th October, Budapest.



- o. World University Cup, 29th October – 4th November, Slovenia.
- p. World Open, 13th to 19th November, Vilnius, Lithuania.
- q. European Open Classic Championships, 6th to 10th December, Tartu, Estonia.

22. Any Other Business.

- a. Will Brown requested sign-off to conduct a membership survey. The board unanimously agreed.