



British Powerlifting is thrilled to announce a significant addition to our leadership team as Sabrina Downes steps into the role of Deputy Competition Director.

Sabrina's multifaceted background as both a seasoned competitor and competition promoter will undoubtedly elevate our ability to deliver top-tier competitions and enhance support for our athletes. Her infectious passion for the sport is palpable, and we eagerly anticipate collaborating with her to further advance British Powerlifting.

In her new capacity as Deputy Competition Director, Sabrina will be supporting the Competition Director in overseeing and orchestrating our diverse range of competitions and events. Her responsibilities will encompass ensuring the smooth execution of events, maintaining fairness and integrity, and providing support to our athletes and officials.

Sabrina's experience and understanding of the intricacies of powerlifting, combined with her exceptional organizational skills, positions her as the perfect fit for this role. Her drive to cultivate a welcoming and inclusive environment within the powerlifting community strongly aligns with British Powerlifting's core principles.