

## **PROCEDURE FOR VOTING BY PROXY AT GBPF 2023 AGM**

In accordance with Articles 115 to 123 inclusive, the following rules apply for voting by proxy at a General Meeting:

1. Proxy must state the name and address of the Member appointing the Proxy, identify the Member appointed to be the Member's proxy and the General Meeting in relation to which that person is appointed.
2. A Proxy must also be signed by or on behalf of the Member appointing the Proxy or is authenticated in such manner as the members of the Board may from time to time determine.
3. A Proxy notice may specify how the Proxy appointed under it is to vote (or that the Proxy is to abstain from voting) on one or more resolution.
4. Unless a Proxy notice indicates otherwise, it must be treated as:
  - 4.1. allowing the person appointed under it as a Proxy discretion as to how to vote on any ancillary or procedural resolutions put to the meetings; and
  - 4.2. appointing that person as a Proxy in relation to any adjournment of the General Meeting to which it relates as well as the General Meeting itself.
5. An appointment under a Proxy notice may be revoked by delivering to British Powerlifting a notice in writing given by or on behalf of the person by whom or on whose behalf the Proxy notice was given.
6. A notice revoking a Proxy appointment only takes effect if it is delivered before the start of a meeting or adjourned meeting to which it relates.
7. If a Proxy notice is not executed by the person appointing the Proxy, it must be accompanied by written evidence of the authority of the person who executed it to execute it on the appointer's behalf.
8. Completed and signed Proxy Forms must be sent to the Chief Executive Officer [richard.parker@britishpowerlifting.org](mailto:richard.parker@britishpowerlifting.org) by end Wednesday 19<sup>th</sup> April 2023.
9. Note that only the form on page 2 can be used to appoint a Proxy and must be submitted by the person appointing the Proxy. Submissions by third parties will not be accepted.
10. All forms must be completed by the member concerned themselves and signed with a handwritten signature. Incorrectly submitted proxy forms will be rejected without notification.
11. Members must be over the age of 18 to apply to vote by proxy.

## FORM OF PROXY NOTICE



### MEMBER DETAILS (the "Member")

NAME		MEMBERSHIP NUMBER	GB23
ADDRESS			

### PROXY DETAILS (the "Proxy")

NAME		MEMBERSHIP NUMBER	GB23
ADDRESS			

I, the Member, hereby appoint the Proxy to attend, speak and vote on my behalf at the Annual General Meeting of GB Powerlifting Federation Limited on 23<sup>rd</sup> April 2023 save as outlined in the box below, I grant the Proxy the right to act on my behalf to the fullest extent possible.

RESTRICTIONS ON / SPECIFIC DIRECTIONS TO THE PROXY

Signature (Member)..... Date: .....

Print Name: .....