

Age	Name	B/W	Squat			Bench Press			S/T	Dead Lift			Total	PN
	Women	47Kg												
U23	Sharn Rowlands	44.3	85	92.5	<u>95</u>	45	<u>52.5</u>	55	147.5	107.5	112.5	120	267.5	1
M2	Imelda Flanagan	42.3	67.5	<u>70</u>	72.5	37.5	<u>40</u>	42.5	110	105	<u>112.5</u>	115	222.5	2
		57Kg												
Snr	Faye Jordan	56.5	87.5	87.5	<u>87.5</u>	65	<u>67.5</u>	71 dr	155	130	<u>135</u>	145.5 dr	290	1
		63Kg												
Snr	Abi Graham	62.5	110	120	<u>125</u>	75	77.5	<u>80</u>	205	155	165	<u>167.5</u>	372.5	1
Snr	Nina Cambatta	62.5	105	112.5	<u>117.5</u>	60	<u>65</u>	67.5	182.5	145	<u>155</u>	162.5	337.5	2
Snr	Roxanne Richards	62.4	75	80	<u>87.5</u>	47.5	52.5	<u>55</u>	142.5	125	132.5	<u>145</u>	287.5	3
Snr	Anastasia Zinchenko	62.5	87.5	92.5	<u>95</u>	57.5	62.5	<u>65</u>	160	110	120	<u>127.5</u>	287.5	4
		72Kg												
Snr	Heidi Markely	70.7	87.5	95	<u>100</u>	57.5	<u>62.5</u>	65	162.5	120	<u>130</u>	137.5	292.5	1
M1	Wendy Williams	66.7	80	85	<u>90</u>	<u>40</u>	45	45	130	110	120	<u>125</u>	255	2
M1	Paula Gentle	65.3	70	80	<u>82.5</u>	42.5	<u>47.5</u>	50	130	110	115	<u>120</u>	250	3
		84+Kg												
Snr	Camille Holland	108.2	150	160	<u>170</u>	75	<u>80</u>	85	250	150	<u>160</u>	170	410	1
M2	Jackie Blasbery	88.6	110	130	<u>135</u>	65	75	<u>85</u>	220	140	150	<u>160</u>	380	2
M2	Jennifer Clare	116.1	90	90	<u>90</u>	<u>60</u>	65	65	150	90	100	<u>110</u>	260	3

Side Referee_ Peter Weiss (NAT)) Centre Referee_ John Bevan (CAT 2) Side Referee_ Dave Tucker (NAT)
 dr = Divisional Record Krishnaa Mahbubani (DIV)

Championship East Midlands Classic powerlifting champs **Venue** Letchworth **Date** 25-1-15 **B/W Class/s**

Age	Name	B/W	Squat			Bench Press			S/T	Dead Lift			Total	PN
	Men	66Kg												
Snr	Sean Maloney	65.9	130	<u>137.5</u>	140	90	95	<u>100</u>	237.5	170	<u>180</u>	190	417.5	1
subjnr	Benjamin Sugarman	63.6	<u>130</u>			60	<u>65</u>	67.5	195	<u>60</u>			255	2
		74Kg												
Snr	Dominic Crane	72.5	175	<u>185</u>	195	110	120	<u>125</u>	310	200	<u>210</u>	220	520	1
Jnr	Declan Challoner	73.2	120	<u>130</u>	135	97.5	<u>100</u>	105	230	185	195	<u>202.5</u>	437.5	2
M1	David Braithwaite	71.2	135	135	<u>150</u>	95	105	<u>107.5</u>	257.5	165	<u>177.5</u>	182.5	435	3
M3	Makhan Mann	72	80	90	<u>100</u>	60	<u>70</u>	75	170	<u>110</u>	120		280	4
		83Kg												
Snr	Lee Ditchman	82.6	180	190	<u>190</u>	140	145	<u>145</u>	335	200	220	<u>235</u>	570	1
Snr	Derek Hussey	82	180	195	<u>207.5</u>	115	<u>127.5</u>	135	335	200	215	<u>225</u>	560	2
M2	Grant Sugarman	81.4	175	175	<u>185</u>	115	<u>120</u>	125	305	230	<u>Dr M2</u> <u>242.5</u>	247.5	547.5	3
Snr	Christopher McKenzie	83	<u>200</u>	210	210	115	115	<u>115</u>	315	<u>220</u>	230	230	535	4
Snr	Alexander Leeder	82.6	160	165	<u>170</u>	110	115	<u>117.5</u>	287.5	215	<u>225</u>	230	512.5	5
Snr	Thomas Wilson	80.7	137.5	157.5	<u>170</u>	97.5	110	<u>117.5</u>	287.5	190	210	<u>220</u>	507.5	6
Snr	Lorenas Mikalayunas	82.6	157.5	170	<u>177.5</u>	<u>125</u>	135	135	302.5	195	<u>205</u>	215	507.5	7
U23	Brandon Hawksley	78.6	175	<u>182.5</u>	190	82.5	<u>90</u>	95	272.5	195	<u>205</u>	215	477.5	8
Snr	Thomas Watts	80.4	135	<u>140</u>	150	125	132.5	<u>137.5</u>	277.5	165	<u>182.5</u>	190	460	9
Snr	Stephen Knowles	81.5	120	120	<u>132.5</u>	120	<u>130</u>	137.5	262.5	170	180	<u>195</u>	457.5	10
M1	Toby Sharp	81	145	<u>155</u>	165	85	90	<u>92.5</u>	247.5	185	195	<u>200</u>	447.5	11
Snr	Ali Wilson	78.8	120	<u>130</u>	140	<u>100</u>	110	110	230	<u>180</u>	190		410	12
M3	Dalwara Singh	75.1	90	<u>100</u>		80	<u>80</u>	90	180	130	<u>140</u>		320	13

Side Referee_ Peter Weiss (NAT) Centre Referee_ John Bevan (Cat 2) Side Referee_ Dave Tucker(NAT)
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Championship East Midlands Classic powerlifting champs

Venue Letchworth

Date 25-1-15

B/W Class/s

Age	Name	B/W	Squat			Bench Press			S/T	Dead Lift			Total	PN
	Men	93Kg												
Snr	Falai Baldeh	89.1	165	175	185	125	135	140	320	240	255	262.5	582.5	1
Snr	James Halford	92.3	180	190	195	140	145	150	325	200	220	230	545	2
Snr	Laine Norton	88.3	170	180	185	100	110	115	280	215	225	240	505	3
M3	Tony Wightman	89.5	140	145		90	95	95	235	170	177.5		412.5	4
Jnr	Nathaniel Jordan	86.4	110	115	120	75	80	85	205	160	170	175	380	5
Snr	James Lee (Guest)	83.5	160	170	180	145	155	165	345	160	180	200	545	Guest
		105K												
Snr	Edgaras Kreipavicius	99.3	230	242.5	252.5	145	152.5	157.5	400	250	265	287.5	665	1
Snr	James Copping	104.3	195	212.5	227.5	137.5	145	147.5	365	240	255	270	620	2
U23	Danny Willgos	97.3	180	190	200	125	132.5	135	322.5	210	220	220	542.5	3
Jnr	James Klueter	102.8	185	200	207.5	110	117.5	117.5	310	200	225	225	510	4
Snr	Nuno Lima	100.7	155	155	165	85	92.5	100	247.5	180	192.5	200	440	5
		120Kg												
M1	Andy Hutchings	119	240	255	265	162.5	172.5	177.5	432.5	260	277.5	287.5	720	1
M2	Andrew Rodney	120	240			170	180		420	280	302.5		700	2
Snr	Tom Weavers	119.8	200	210	220	150	160	162.5	370	240	250	260	620	3
M2	Ian Finch	108.8	170	180	185	105	112.5	112.5	285	200	210		495	4
M4	Chris Gladding	118	150	157.5	165	115	120	127.5	292.5	150	160		452.5	5
M1	Anthony Donnelly	117.4	145	155	165	85	95	100	250	150	165	175	425	6
		120+Kg												
Snr	Chris Hartwig	125.7	240	240	265	170	180	180	410	280	300	300	690	1
M2	Tony Bond	127.7	227.5	235	235	120	130	135	365	190	200		555	2

Side Referee_ Peter Weiss (NAT)

Centre Referee_ Kevin Jane (IPF CAT1)

Side Referee_ Krishnaa Mahbubani (DIV)