



We are delighted to announce that our membership has now exceeded 5000 for the first time ever! This is a tremendous achievement and further cements our position as the UK's number one powerlifting organisation. All credit must go to English divisions and the other Home Nations for generating the competition opportunities necessary to increase participation and hence membership.

When we started we had significantly less than 1000 members and this has increased steadily year on year except during COVID, of course.

The challenge now is to continue this growth and for this we need a stable organisation. There will be changes of directors, of course, but this must be managed in a structured way so that there are smooth handovers. We cannot afford to have unplanned changes, which would inevitably cause considerable disruption to our operation.

We look forward to your continued support.

Thank You,

Your British Powerlifting Board

