



Northern and Southern Qualifier Entry Process

British Powerlifting are pleased to announce some more detail on how athletes can enter the Northern and Southern Qualifying Championships, with each weight class winner to be granted a spot in the 2025 SBD British Open at Fitfest later this year.

This year sees the Southern Qualifier being hosted by Dean Bowring and his team in Fareham, with only a couple of weeks later Jason Moore and his team taking on the baton in Newark on Trent.

With 128 places available per competition (8 per weight class) pre-entry is now live and will close 12 weeks out from each competition. Once entries close the top 8 for each class will be sent payment details which must be paid within 72hrs of receipt (£50 Entry plus £20 Doping fee). Those who do not make the cut for the Championships will be placed on a reserve list (to be published once pre-entry closes), failure to make payment by those selected will result in withdrawal from the championships, and a reserve lifter being granted their spot. Should a weight class not be filled the remaining spaces will be distributed between other weight classes with the most applicants (to a max of 14 per weight class)

All pre-entries have minimum Qualifying standard of 70GL, entries can be made, and a list of pre-entries will be published so athletes know where they are placed.

Pre-Entry forms can be found [here](#) on our linktree.

A handwritten signature in black ink, appearing to read "James Brincat-Smith". The signature is fluid and cursive, with the first name being the most prominent.

James Brincat-Smith.

Chief Executive Officer

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