

Weight	Name	Born	Division	Qualifying Total Achieved	Competition
Sub-Junior					
52kg					
1	Violet Clarke Waller	2007	Yorkshire and North East	32.50	YNEPF Novice
57kg					
1	Kayleigh Grimble	2005	South East	235.00	south east winter open
69kg					
1	Tillie Belmont	2006	South East	275.00	South eastern open championship
76.0 kg					
1	Katie Tatum	2006	South East	57.50	A.C.E Performance Christmas Championships
59kg					
1	Noah Williams	2005	South East	82.50	White lights media championship
66kg					
1	Gregory Pearson	2007	Yorkshire and North East	117.50	North West Guest Championships
93kg					
1	Mitchell Guppy	2005	Yorkshire and North East	512.50	2022 EPA YNE Sub Junior and Junior Championships
2	Oliver Philpot	2006	East Midlands	140.00	Greater London Championships
3	George Watson	2006	Yorkshire and North East	122.50	North West Guest Championships
4	Jake Tucker	2006	South East	115.00	South East open
120kg					
1	Brandon Lee	2005	East Midlands	132.50	East Midlands Equipped Powerlifting Championships, Letchworth
Junior					
57kg					

Weight	Name	Born	Division	Qualifying Total Achieved	Competition
1	Caitlin Marie Baxter	2001	Yorkshire and North East	100.00	European bench press championships
2	Amelia Fox	2002	Yorkshire and North East	55.00	YNEPF November Open 2022
63kg					
1	yasmin burt	2003	North Midlands	90.00	Commonwealth Bench Press Championships
2	Courtney Brown	2002	East Midlands	75.00	East Midlands Sub Junior & Junior Championships
3	Emily Cakebread	2000	South East	70.00	South East Classic 2022
69kg					
1	Bettina Hanlon	2000	North West	95.00	Commonwealth Powerlifting Championships
2	Catherine Clarke	2001	South West	80.00	South Midlands Barbell Division
3	Sharon Satish	2000	North Midlands	80.00	North midlands qualifying comp December 11th
84kg					
1	Melina Irawo	2000	Greater London - Inner & Outer Boroughs	115.00	Junior Euros 2023
2	lucy gill	2002	Greater London - Inner & Outer Boroughs	65.00	Greater London championships, p10
84+kg					
1	Emily Greaves	2001	Yorkshire and North East	82.50	YNE November Open 2022
59kg					
1	Matthew Scanlan	2003	Northern Ireland	90.00	NI Open
66kg					
1	Martin Nguyen	2001	South West	145.00	South west university championship
2	Alex Grant	2003	South West	102.50	North Midlands Benchpress
3	Dean Li	2004	Yorkshire and North East	97.50	Northern Unis 2023

Weight	Name	Born	Division	Qualifying Total Achieved	Competition
4	Jacob Taylor	2001	South West	92.50	SWPLA Bournemouth Barbell
74kg					
1	Ammar Nassier	2000	North West	477.50	North West Championships
2	James Anar	2003	Scotland	150.00	Scottish Junior Championships
3	Sam Whale	2001	South Midlands	146.00	Barbell divisional
4	James Martyn	2003	East Midlands	122.50	Anglian Open Bench Press
83kg					
1	Jack Taylor	2001	North Midlands	195.00	North Midlands Benchpress Qualifier
2	Thomas Field	2001	South Midlands	170.00	South Midlands University Championships
3	Matt Robertson	2001	South East	168.00	South East Bench Classic
4	Harry Smith	2004	South West	148.00	South West Uni Championship
5	Matthew Christford	2002	Wales	147.50	Autumn Cup 2022
6	Daniel Jones	2002	Wales	127.50	Progress Classic
7	Hayden Simmons	2002	South West	120.00	South West Uni Championship
93kg					
1	Theo Goff	2003	South West	672.50	South West University Championships
2	Jack Booker	2000	Yorkshire and North East	597.50	Junior YNEPL Ashington June 2022
3	Kian Doyle	2002	North Midlands	170.00	Commonwealth Classic Bench Press Championships 2022
4	Marcus Handley	2003	South East	140.00	South East Bench Press Championships
105kg					
1	Thomas MacAulay	2002	North West	180.00	North west Christmas Spectacular
2	Max Benford	2000	North Midlands	175.00	North Midlands New Year Bench
3	Max Wadsworth	2004	South East	157.50	European bench press championships 2022

Weight	Name	Born	Division	Qualifying Total Achieved	Competition
4	Matthew Long	2002	Wales	125.00	WPA Winter Cup 2023
120kg					
1	Marcus Thornton	2004	East Midlands	172.50	East Midlands Bench Press
2	Antony Weston	2001	North Midlands	167.50	North Midlands bench press
120+kg					
1	Max Tymczyszyn	2000	North West	607.50	Northwest Powerlifting Winter open 2023
Master 1					
52kg					
1	Katy Clarke	1983	Yorkshire and North East	62.50	All England
57kg					
1	Emma Stott	1974	North Midlands	67.50	Commonwealth Benchpress Championships
69kg					
1	Faye Jordan	1982	East Midlands	105.00	East Mids Championships
2	Sinead Hines	1978	North West	90.00	Christmas Spectacular
76.0 kg					
1	Delyth Jones	1982	Wales	75.00	Ipf Commonwealth championships
84kg					
1	Lucy Hyde	1979	South East	87.50	European Championships
2	Kelly Fysh	1981	Greater London - Inner & Outer Boroughs	67.50	London divisional Julian Massey Bench Press
84+kg					
1	Jacqueline Gough	1977	North Midlands	122.50	North Midlands Autumn Bench and Uni Overspill Competition
2	Joanne Parkin	1975	Scotland	100.00	World Masters Classic Powerlifting Championships
3	Amanda Bradbury	1982	East Midlands	77.50	English Bench Press Championships

Weight	Name	Born	Division	Qualifying Total Achieved	Competition
4	Hellen Frost	1974	South East	75.00	English inter divisional championships
5	Caroline Buckle	1979	Yorkshire and North East	70.00	YNE winter open
66kg					
1	Aaron Gideon	1980	South East	145.00	All England Bench Press
83kg					
1	A Cudd	1978	Greater London - Inner & Outer Boroughs	135.00	Crystal Palace
2	Ben Richens	1981	South West	130.00	London Julian Massey bench comp
93kg					
1	Barrie Tavener	1974	East Midlands	172.50	East Midlands Bench Press
2	David Litchfield	1975	Scotland	170.00	Commonwealth Games, Auckland, New Zealand
3	Dan Amey	1978	East Midlands	160.00	North Midlands last chance qualifier
4	Drew Blackman	1978	South East	150.00	SE Bench
105kg					
1	Nathan Oxford	1983	North Midlands	170.00	English Bench Press 2022
2	Wayne Tutty	1981	South West	160.00	The Powerbuilding Sumer CLassic
120kg					
1	David Coyle	1976	Yorkshire and North East	170.00	Riccal
2	Ryan Dixon	1980	South East	170.00	South East Summer Divisional
3	Carl Sheppard	1981	West Midlands	160.00	North Midlands benchpress
120+kg					
1	Daniel Kohut	1983	North Midlands	192.50	EPA English Bench
2	martin mcgimpsey	1980	North West	185.00	British masters
Master 2					

Weight	Name	Born	Division	Qualifying Total Achieved	Competition
57kg					
1	Maggie McCormick	1973	Northern Ireland	60.00	NIPF Christmas Classic
2	Penny Walker	1964	Yorkshire and North East	50.00	Disabled championship at Hirst welfare
3	Joanne Holden	1966	Yorkshire and North East	45.00	YNE November open
63kg					
1	Moira Pritchard	1967	North West	75.00	NW masters & bench press
2	Rachel Spragg	1970	South East	65.00	Commonwealth bench championships 2022
3	Rita Shergold	1965	South Midlands	65.00	Barbell Division
69kg					
1	Lincoln Rose	1970	South East	87.50	English Bench Championships
2	Maureen Gordon	1964	Scotland	75.00	European Masters Bench Press
3	WENDIE KIRKLAND	1972	North Midlands	70.00	4 Counties championships
4	Caroline (Kelly) Clark	1964	Yorkshire and North East	50.00	YNE Bench
76.0 kg					
1	Lisa Liddy	1971	Yorkshire and North East	80.00	YNE November Open
84kg					
1	Angela Lauder	1970	Scotland	70.00	Scottish Powerlifting Western Districts
2	Karen McKendry	1973	East Midlands	70.00	East Midlands Best Press
84+kg					
1	Joanne Laird	1972	Yorkshire and North East	100.00	Commonwealth Championships NZ
2	Lisa Pilkington	1972	North West	85.00	North West Champs
3	Elaine Jackson	1969	Greater London - Inner & Outer Boroughs	82.50	Commonwealth championships 2022

Weight	Name	Born	Division	Qualifying Total Achieved	Competition
4	Senga Dent	1972	Scotland	75.00	Scottish masters
5	Karen Mouch	1969	South East	67.50	South East Summer Divisional 2022
83kg					
1	Stuart Peskett	1966	South East	135.00	Commonwealth Bench Press Championships 2022
93kg					
1	Jim Wands	1971	Scotland	128.00	Scottish Masters Championship
120kg					
1	Sean Gaffney	1971	Yorkshire and North East	182.00	YNE Championships
2	Darren Ball	1970	South East	170.00	South East Open
Master 3					
76.0 kg					
1	Janice Hawes	1957	East Midlands	55.00	British Classic Bench Press
74kg					
1	Andy Want	1962	Greater London - Inner & Outer Boroughs	102.50	Julian-Massey-Bench-Press-Championships.
83kg					
1	Ray Jeffery	1960	East Midlands	500.00	East Midlands Masters championship
2	Stephen Vineburg	1956	Greater London - Inner & Outer Boroughs	92.50	British Masters Championships 2022
93kg					
1	K Barrs	1962	North Midlands	130.00	Nm qualifier Loughborough
2	Ricky Ransome	1958	South West	112.50	Progress classic 2022
105kg					
1	Paul Griffiths	1963	Yorkshire and North East	442.50	YNE Masters

Weight	Name	Born	Division	Qualifying Total Achieved	Competition
2	Andy Rigby	1962	North West	201.00	European Bench Press
3	Wade Lowther	1962	North Midlands	112.50	North West Guest Champs
120kg					
1	Stewart Cowan	1963	East Midlands	160.00	North midlands bench
Master 4					
52kg					
1	Judith McGauley	1948	East Midlands	35.00	Kazakhstan
84+kg					
1	Barbara Leach	1952	North West	64.00	NW Bench Championships
93kg					
1	Michael Ellender	1945	South East	107.50	World master classic bench press comp.
2	Barbara Leach	1952	North West	64.00	NW Bench Championships
105kg					
1	Terence Joseph Leach	1952	North West	105.50	NW Bench Championships
Senior					
52kg					
1	Niamh Mallen	1999	West Midlands	70.00	Super Training Summer Showdown 2022
2	Clare Dane	1987	Greater London - Inner & Outer Boroughs	57.50	English bench press
57kg					
1	Ruth Grigg	1987	Yorkshire and North East	102.50	British Championships
2	Sheina Kaye	1997	North West	87.50	NW Christmas Spectacular
3	Justine Lee	1995	Yorkshire and North East	77.50	2022 All England Championships

Weight	Name	Born	Division	Qualifying Total Achieved	Competition
4	Amelia Hoggard-Leathers	1991	Yorkshire and North East	67.50	YNE Winter Open
5	Rachael Pawson	1998	West Midlands	65.00	2022 WM development comp
63kg					
1	Suki Moss	1999	East Midlands	80.00	North Midland Uni Qualifier
2	Debbie Bell	1993	Yorkshire and North East	70.00	All Englands 2022
3	Sarah Smart	1998	North Midlands	70.00	North Midlands
4	Natalie Matthews	2000	West Midlands	67.50	World Bench Press Championships
69kg					
1	Charlotte Macpherson	1995	East Midlands	97.50	commonwealth
2	Karen Lai	1994	Greater London - Inner & Outer Boroughs	97.50	IPF Commonwealth Championships
3	Dana Suitor	1996	Northern Ireland	82.50	Home Nations
4	Gemma Gibson	1984	Yorkshire and North East	82.50	All England
5	Kirsty Roberts	1991	East Midlands	80.00	The farm powerlifting weekend
76.0 kg					
1	Natasha Eaton	1992	Wales	90.00	Welsh championships
2	Hollie Johnson	1991	Yorkshire and North East	80.00	YNE open
3	Grace De La Haye	1998	North Midlands	77.50	North Midlands Autumn Bench and Uni Overspill Competition
4	Nicola Edkins	1985	South East	75.00	South East Bench Press
84kg					
1	Lucy Robinson	1995	Yorkshire and North East	90.00	YNEPF Winter Open
2	Amy McCarthy	1995	North Midlands	82.50	Supertraining Winter Classic
3	Rachael Anderson	1993	East Midlands	80.00	East midlands equipped (lifting raw)

Weight	Name	Born	Division	Qualifying Total Achieved	Competition
84+kg					
1	Camille Holland	1988	East Midlands	132.50	East Midlands Bench Press Championships
2	Victoria Cavalier-Hirth	1991	South Midlands	130.50	Inter regionals
3	Jamiella Bruzulier	1984	Yorkshire and North East	97.50	2022 All England Bench Press Championships
4	Laura Etfar	1999	Yorkshire and North East	82.50	YNE Winter Open
59kg					
1	BEN DAVID HAMPSON	1989	East Midlands	117.50	Budapest
2	Kieran Huxtable	1996	East Midlands	107.50	The Farm Powerlifting Weekend
3	Daniel McGauley SO	1990	East Midlands	77.50	Commonwealth
66kg					
1	Aiden David	1997	North Midlands	122.50	Nm next year bench press
74kg					
1	Lee Harris	1998	West Midlands	185.00	2022 British Men's Classic Championships
2	Andrew Ward	1988	West Midlands	170.00	World Bench Press Championships, Kazakhstan
3	Bailey Hobson	1993	Yorkshire and North East	155.00	NW Christmas Spectacular
4	Lindi Ceribashi	1995	North West	140.00	British Classic Bench Press Championship
83kg					
1	Anujan Srikantha	1996	Greater London - Inner & Outer Boroughs	655.00	White light Media championships
2	Jaideep Wasu	1994	Greater London - Inner & Outer Boroughs	162.50	Commonwealths
3	Joshua Woods	1996	South East	162.50	South East Bench Press

Weight	Name	Born	Division	Qualifying Total Achieved	Competition
4	Max Pattinaja	1999	South East	145.00	South East Bench Press
93kg					
1	Ryan Duffield	1997	Yorkshire and North East	767.50	YNEPF
2	Harrison Sparks	1998	East Midlands	695.00	A7 Fit expo
3	DOMINIC ONIMOWO	1992	East Midlands	607.50	Anglia Open 2022
4	Grzegorz Sitarz	1988	South East	175.00	South East bench press
105kg					
1	Max Rodriguez-Thorp	1999	Greater London - Inner & Outer Boroughs	185.00	Greater London December 2022 Divisional
2	Ashley Watson	1993	East Midlands	180.00	Anglian Bench
3	Shahkam Shakeri	1995	North West	165.00	NW Xmas Spectacular
4	Jack Johnson	1998	South Midlands	162.50	Barbell division qualifier
120kg					
1	moses onyegbule	1989	West Midlands	212.50	All Englands 2022
2	Trevor Jordan	1992	Northern Ireland	207.50	CHRISTMAS CLASSIC
3	Troy Atkin	1992	South Midlands	190.00	English Bench Press Championships 2022
4	Francis William Sanders	1991	Wales	177.50	Commonwealth Powerlifting Championships
5	Mathieu Brignall	1992	Yorkshire and North East	175.00	North mids autumn bench - guest
6	Ciaran Conroy	1988	Northern Ireland	170.00	Northern Ireland Bench Press Championships
120+kg					
1	Ross SHAHIN-AJERLO	1985	North West	207.50	English Bench 2021
2	Ben Gibson	1997	Yorkshire and North East	200.00	YNE Winter open
3	Ryan Phillips-Martin	1992	West Midlands	180.00	North Midlands Benchpress Qualifier

Weight	Name	Born	Division	Qualifying Total Achieved	Competition
4	Toby Caswell	1990	South East	180.00	English bench championship