

## British Classic Qualifying Totals 2025

### Classic Women

B/W	U18	U23	Open	M1	M2	M3	M4	Uni
43	140	220	*Please refer to the Open qualifying procedure					
47	157.5	242.5		217.5	185	75	75	225
52	175	270		242.5	207.5	75	75	250
57	180	292.5		247.5	210	75	75	272.5
63	207.5	340		287.5	245	75	75	315
69	215	350		295	252.5	75	75	325
76	225	367.5		312.5	265	75	75	350
84	242.5	375		335	285	75	75	347.5
84+	247.5	385		342.5	290	75	75	357.5

### Classic Women Bench Press

B/W	U18	U23	Open	M1	M2	M3	M4
43	27.5	40					
47	30	42.5	50	42.5	40	25	25
52	32.5	47.5	57.5	47.5	42.5	25	25
57	35	50	62.5	50	45	25	25
63	37.5	52.5	65	52.5	47.5	25	25
69	40	57.5	67.5	57.5	50	25	25
76	42.5	62.5	70	62.5	52.5	25	25
84	45	65	80	67.5	60	25	25
84+	47.5	67.5	82.5	70	62.5	25	25

### Classic Men

B/W	U18	U23	Open	M1	M2	M3	M4	Uni
53	272.5	397.5	*Please refer to the Open qualifying procedure					
59	350	452.5		405	347.5	75	75	420
66	382.5	500		447.5	385	75	75	462.5
74	425	555		485	417.5	75	75	515
83	485	630		555	475	75	75	582.5
93	505	657.5		577.5	495	75	75	610
105	522.5	680		595	512.5	75	75	630
120	527.5	685		617.5	525	75	75	635
120+	542.5	705		632.5	545	75	75	652.5

### Classic Men Bench Press

B/W	U18	U23	Open	M1	M2	M3	M4
53	70	77.5					
59	77.5	85	107.5	100	85	25	25
66	87.5	92.5	122.5	110	97.5	25	25
74	92.5	102.5	135	120	105	25	25
83	102.5	110	145	130	115	25	25
93	107.5	120	155	137.5	120	25	25
105	115	125	162.5	147.5	127.5	25	25
120	120	127.5	167.5	150	130	25	25
120+	122.5	135	175	157.5	135	25	25

## British Equipped Qualifying Totals 2025

### Equipped Women

B/W	U18	U23	Open	M1	M2	M3	M4
43	122.5	220					
47	130	242.5	262.5	212.5	185	75	75
52	140	270	292.5	235	207.5	75	75
57	150	277.5	297.5	240	210	75	75
63	162.5	322.5	347.5	280	245	75	75
69	172.5	332.5	360	287.5	252.5	75	75
76	182.5	350	380	302.5	265	75	75
84	225	375	402.5	325	285	75	75
84+	242.5	385	415	332.5	290	75	75

### Equipped Women Bench Press

B/W	U18	U23	Open	M1	M2	M3	M4
43	37.5	47.5					
47	40	50	60	50	45	25	25
52	42.5	55	65	55	47.5	25	25
57	45	57.5	70	60	52.5	25	25
63	47.5	62.5	75	62.5	55	25	25
69	50	65	77.5	65	57.5	25	25
76	55	70	82.5	70	62.5	25	25
84	60	75	90	77.5	67.5	25	25
84+	62.5	77.5	95	80	70	25	25

### Equipped Men

B/W	U18	U23	Open	M1	M2	M3	M4
53	272.5	397.5					
59	325	440	485	410	372.5	75	75
66	355	487.5	545	460	417.5	75	75
74	385	527.5	592.5	502.5	455	75	75
83	440	600	640	540	492.5	75	75
93	457.5	625	660	575	522.5	75	75
105	475	647.5	680	605	550	75	75
120	490	667.5	700	627.5	570	75	75
120+	502.5	687.5	725	642.5	582.5	75	75

### Equipped Men Bench Press

B/W	U18	U23	Open	M1	M2	M3	M4
53	80	87.5					
59	87.5	97.5	125	112.5	97.5	25	25
66	100	107.5	140	127.5	110	25	25
74	107.5	117.5	152.5	137.5	120	25	25
83	117.5	127.5	165	150	130	25	25
93	125	135	175	157.5	137.5	25	25
105	130	142.5	185	167.5	145	25	25
120	135	147.5	192.5	172.5	150	25	25
120+	140	140	197.5	177.5	152.5	25	25