

Medical Committee Report to British Powerlifting. Feb 2020

The Medical Committee was established in June '19, with the primary role of assessing TUE (Therapeutic Use Exemption) applications; secondarily to advise on medical issues related to powerlifting. We hope to provide good service and help lifters enjoy powerlifting and navigate the TUE process. We are guided by UK Anti-Doping (UKAD) and World Anti-Doping Agency (WADA).

Our members have widely differing expertise, and we are particularly fortunate to have Alex Kolliari, PhD student working on a WADA project, Hugo Leung, Lead Pharmacist in the NHS, and Tom Slater, a Cardiologist.

We'd very much like to hear from any colleagues with specific expertise or experience in the care and treatment of athletes, and clinical, sports and exercise medicine. We would like to hear from psychiatrists and psychologists.

Compliance with the regulations is simply good clinical medicine. We have registered British Powerlifting with ADeL, the WADA Anti-Doping eLearning Platform. ADeL offers courses for athletes, coaches, doctors, administrators and anyone interested in learning more about anti-doping and protecting the values of clean sport.

We welcome feedback and suggestions on how to improve our service, so please don't hesitate to get in touch.

Chris Gilbert. Chair

<https://www.wada-ama.org/en/what-we-do/education-prevention/anti-doping-e-learning-adel>

