



| <b>-63kg</b>       | <b>U18</b>    | <b>U23</b>    | <b>open</b>   | <b>M1</b>     | <b>M2</b>     | <b>M3</b>     | <b>M4</b>     | <b>M5</b>     |
|--------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| <b>SQUAT</b>       | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard |
| <b>BENCH PRESS</b> | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard |
| <b>DEADLIFT</b>    | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard |
| <b>TOTAL</b>       | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard |
| <b>BENCH (A/C)</b> | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard |

| <b>-72kg</b>       | <b>U18</b>    | <b>U23</b>    | <b>open</b>   | <b>M1</b>     | <b>M2</b>     | <b>M3</b>     | <b>M4</b>     | <b>M5</b>     |
|--------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| <b>SQUAT</b>       | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard |
| <b>BENCH PRESS</b> | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard |
| <b>DEADLIFT</b>    | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard |
| <b>TOTAL</b>       | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard |
| <b>BENCH (A/C)</b> | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard |

| <b>-84kg</b>       | <b>U18</b>    | <b>U23</b>    | <b>open</b>   | <b>M1</b>     | <b>M2</b>     | <b>M3</b>     | <b>M4</b>     | <b>M5</b>     |
|--------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| <b>SQUAT</b>       | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard |
| <b>BENCH PRESS</b> | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard |
| <b>DEADLIFT</b>    | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard |
| <b>TOTAL</b>       | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard |
| <b>BENCH (A/C)</b> | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard |

| <b>84kg+</b>       | <b>U18</b>    | <b>U23</b>    | <b>open</b>   | <b>M1</b>     | <b>M2</b>     | <b>M3</b>     | <b>M4</b>     | <b>M5</b>     |
|--------------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| <b>SQUAT</b>       | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard |
| <b>BENCH PRESS</b> | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard |
| <b>DEADLIFT</b>    | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard |
| <b>TOTAL</b>       | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard |
| <b>BENCH (A/C)</b> | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard | 0<br>Standard |

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