

YNEPF Seniors

Venue Ashington

Date 6.4.13

Lifter	Club	Lot No	Wt. Class	Body Weight	Eq U	Pin	Squat			Benchpress			Sub Total	Deadlift			Total	Pos	Wilks	Rec
							1	2	3	1	2	3		1	2	3				
Louise Edwards	Steelmen	3	52	57.4	E	10	125	130	130	130	60	65	67.5	197.5	135	140	142.5	350	1	
Louise Withington	S'land	9	72	65.95	U	11	112.5	117.5	122.4	122.4	60	65	67.5	170	137.5	142.5	145	337.5	1	
Jenna Sadler	Absolute	13	72	71.5	U	15	100	105	107.5	107.5	60	65	67.5	172.5	150	160	165	322.5	2	
Victoria Embleton	P+W	14	84	74.35	E	8	150	160	160	160	57.5	62.5	65	225	150	160	162.5	385	1	
James Withington	S'land	10	66	65.7	-															
Paul Cooper	Steelmen	4	74	73.8	U	15	167.5	195	200	200	147.5	155	155	350	260	270	280	632.5	1	
Joseph Potts	P+W	15	74	73.05	U	15	100	110	115	115	85	87.5	90	222.5	140	140	145	347.5	2	
Dave O'Brian	Spartan	12	83	81.9	u	14	165	165	175	175	120	130	135	310	200	210	215	525	1	
Kit Burgoyne	Unatt	5	83																	
Ryan Strang	P+W	16	83	81.3	U		150	160	170	170	100	110	115	285	180	190	-	475	2	
Jamie Whitehill	P+W	17	83		U	21	100	110	117.5	117.5	80	87.5	92.5	205	180	190	190	395	3	
Graham Dryburgh	P+W	18	83	82.0	U	19	130	140	150	150	100	105	110	255	180	190	205	445	3	
Alan Riseborough	Durham	2	93	92.25	U	15	217.5	225	225	225	120	125	125	345	237.5	242.5	242.5	592.5	1	
Paul Bennett	G'head	1	105	103.15	E	21	215	225	227.5	227.5	140	145	150	395	240	250	260	637.5	1	
Scott Chafer	Durham	8	105	100.5	U	16	150	160	165	165	100	105	110	290	180	190	192.5	462.5	2	

Side Referee

Centre Referee

Side Referee

Name (PRINT) JAMES DUFF

Signature 

CAT DIV

Name (PRINT) M HUNNAM

Signature 

CAT 10F I

Name (PRINT) C. COOPER

Signature 

CAT DIV

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							1	2	3	1	2	3		1	2	3						
Andrew Rutland	Unatt	6	120	110.8	U	17	225	200	225	165	170	180	180	200	200	220	230	610	2			
Steve Gott	G/Head	7	120	113.4	E	16	245	275	285	75	/	/	/	75	/	/	/					
Andy Thompson	G/Head	11	120	118.00	E	19	275	290	—	185	205	215	185	475	280	290	305	765	1			
SHAWN KELLY	G/Head	0	120	128.6	E		240	250	255	180	150	150	150	405	255	270	275	682.5	1	G		

Name (PRINT) J. DUFF Side Referee
 Signature _____
 CAT _____ DIV _____

Name (PRINT) M. HANNAH Centre Referee
 Signature M. Hannah
 CAT _____ DIV _____

Name (PRINT) C. COOPER Side Referee
 Signature _____
 CAT _____ DIV _____