

SCOTTISH DISTRICT CHAMPIONSHIPS

3rd March 2013

Palace of Arts, Glasgow

NAME	Club				Wt.		Squat		Bench Press			Sub	Deadlift			Total	Pos	Wilks	Score
57kg																			
Louise Murray	Palace of Arts	S	UE	West	55.30	115.0	125.0	-130.0	70.0	75.0	-77.5	200.0	130.0	140.0	145.0	345.0	1	1.1883	409.95
72kg																			
Jo Kane	Unattached	S	UE	West	67.90	95.0	105.0	115.0	60.0	67.5	-72.5	182.5	155.0	-165.0	-165.0	337.5	1	1.0163	343.01
84kg																			
Apple Doepener	Unattached	S	UE	West	78.00	80.0	100.0	110.0	50.0	55.0	-60.0	165.0	120.0	130.0	140.0	305.0	1	0.9283	283.14
84+kg																			
Geraldine Fitzimmons	Palace of Arts	M1	EQ	West	89.40	120.0	122.0	125.0	45.0	55.0	60.0	185.0	120.0	125.0	-132.5	310.0	1	0.8665	268.61
74kg																			
Michael Mullholland	Greenock Barbell	U18	UE	West	69.50	120.0	132.5	137.5	95.0	102.5	-105.0	240.0	155.0	162.5	-165.0	402.5	1	0.7535	303.29
Thomas Mceachan	Unattached	S	UE	West	69.80	-80.0	80.0	-100.0	60.0	-75.0	-75.0	140.0	140.0	160.0	170.0	310.0	2	0.7510	232.82
83kg																			
Gary McConnachie	Greenock Barbell	U23	UE	West	80.40	160.0	185.0	-192.5	105.0	-117.5	117.5	302.5	220.0	261.0		563.5	1	0.6806	383.50
William Murray	Venice Gym	S	UE	West	77.70	172.5	180.0	-185.0	120.0	125.0	-130.0	305.0	185.0	195.0	200.0	505.0	2	0.6957	351.32
Kenny Picken	Unattached	S	UE	West	79.10	140.0	-160.0	160.0	90.0	100.0	110.0	270.0	190.0	210.0	230.0	500.0	3	0.6876	343.82
Andy Clegg	Strathclyde Uni	M1	UE	West	77.10	140.0	152.5	160.0	110.0	115.0	-120.0	275.0	175.0	185.0	195.0	470.0	4	0.6993	328.65
John Joe Gallagher	Unattached	S	UE	West	82.10	130.0	140.0	150.0	92.5	97.5	-105.0	247.5	165.0	175.0	185.0	432.5	5	0.6719	290.58
Courage Osa-Nappier	Unattached	S	UE	West	81.10	-130.0	-130.0	-130.0	100.0	112.5	120.0	-10.0	175.0	185.0	-195.0	.0		0.6769	0.00
Bill McFadyen	Unattached	M4	EQ	West	77.20				130.0	135.0	-140.0				.0		0.6987	0.00	
Paul Buchan	Broch Iron Gym	S	UE	East	81.60	160.0	-180.0	-180.0	110.0	117.5	-120.0	277.5	190.0	205.0	-215.0	482.5	1	0.6744	325.38
Gary McCormack	Unattached	U20	UE	East	75.80	120.0	135.0	140.0	80.0	-97.5	-97.5	220.0	160.0	172.5	177.5	397.5	2	0.7074	281.17
93kg																			
Robert Love	Kilmarnock	S	UE	West	92.80	245.0	260.0	270.0	140.0	150.0	155.0	425.0	250.0	267.5	280.0	705.0	1	0.6288	443.33
Willie Lincoln	Kilmarnock	M3	UE	West	84.50	155.0	165.0	180.0	110.0	117.5	120.0	300.0	140.0	160.0	180.0	480.0	2	0.6606	317.07
Aidan Donnelly	Unattached	S	UE	East	93.00	200.0	-210.0	210.0	120.0	127.5	-132.5	337.5	195.0	205.0	212.5	550.0	1	0.6282	345.50
Steven Morrison	Gullane Gym	M1	UE	East	83.60	150.0	165.0	-170.0	100.0	105.0	-107.5	270.0	110.0	150.0	-180.0	420.0	2	0.6647	279.16
105kg																			
Lukasz Dylenski	Unattached	U18	UE	East	97.90	130.0	-140.0	150.0	60.0	70.0	-80.0	220.0	130.0	150.0	160.0	380.0	1	0.6139	233.29
120+kg																			
Darren Leggatt	Unattached	S	UE	West	120.30	210.0	230.0	250.0	140.0	150.0	-160.0	400.0	200.0	215.0	232.5	632.5	1	0.5746	405.51

Referees

Campbell Higgins
NationalAlex Mathieson
CAT 1Michelle Brand
Divisional

Loaders

Arthur Cowley Stevie Cummings