



## Top 20 Women ranked by IPF points

### Classic Powerlifting IPF Points

Name	Age Class	Weight Class	IPF	Division	Competition
1 Joy Nnamani	Senior	52	840.10	GL	IPF World Classic
2 Bobbie Butters	Senior	57	829.76	NW	IPF World Classic
3 Susanna Argyle	Senior	72	776.64	SM	BP British Classic
4 Temitope Nuga	Senior	84	773.14	GL	EPA Interdivisional
5 Leigh Wetheridge	Senior	84+	769.07	EM	BP British Classic
6 Mariella Fisher	U23	72	768.89	YNE	IPF World Classic
7 Sabrina Moore	Senior	63	766.53	WAL	IPF World Classic
8 Lucia Puricelli	Senior	63	764.67	WM	IPF World Classic
9 Ellie Steel	Senior	57	764.61	SM	BP British Classic
10 Eno Majomi	M1	72	764.49	GL	EPF European Masters Classic
11 Holly Bryans	Senior	72	763.87	NM	EPA Interdivisional
12 Amy Atkinson	Senior	72	751.19	SM	BP British Classic
13 Alice Francis-Freeman	U23	72	749.15	SCO	IPF University Powerlifting Cup
14 Abi Graham	M1	63	737.56	EM	BP British Classic
15 Sheri Miles	Senior	72	736.26	SE	EPA All England
16 Moya Williams	Senior	57	734.66	GL	EPA All England
17 Suzanne Daniel	U23	63	733.70	SE	IPF World Classic
18 Moa Wikner	Senior	63	732.79	GL	BP British Classic
19 Jodie Cook	Senior	57	732.76	WM	EPA All England
20 Makeda Vidal	Senior	57	730.16	GL	EPA All England

### Equipped Powerlifting IPF Points

Name	Age Class	Weight Class	IPF	Division	Competition
1 Ellie Steel	Senior	57	709.78	SM	EPF European Equipped
2 Emma Goodwin	Senior	52	648.26	SM	EPA Interdivisional
3 Holly Bryans	Senior	72	626.34	NM	British Equipped
4 Christie Civetta	Senior	84	615.52	EM	EPA All England
5 Kimberley Cowell	Senior	72	613.36	NW	EPF European Equipped
6 Elizabeth Mills	U23	72	600.79	SE	British Equipped
7 Sheri Miles	Senior	84	597.12	SE	EPF European Equipped
8 Jennifer Keane	M1	84	587.48	WM	British Equipped
9 Laura Berry	Senior	84+	585.59	YNE	British Equipped
10 Kate Sweatman	Senior	84+	581.01	WM	EPA Interdivisional
11 Lucy Hart	Senior	63	569.52	SM	EPA All England
12 Galit Goldshmid	M1	63	564.27	SM	EPF European Equipped Masters
13 Lauren Elder	Senior	63	561.60	NI	EPF European Equipped
14 Fay Jordan	Senior	63	559.89	EM	British Equipped
15 Rachel Steedman	Senior	72	554.43	SCO	British Equipped
16 Louise Edwards	M1	52	539.81	YNE	EPF European Equipped Masters
17 Ana Rojo-Echeburua	Senior	72	532.81	SE	EPA All England
18 Joanne Barnes	M1	72	528.01	YNE	EPF European Equipped Masters
19 Michelle Brand	M1	84+	525.23	SCO	SCO Scottish Masters
20 Catherine Gordon	M1	72	520.77	SCO	EPF European Equipped Masters

### Classic Bench IPF Points

Name	Age Class	Weight Class	IPF	Division	Competition
1 Ellie Steel	Senior	57	860.91	SM	IPF World Classic
2 Christina Appleby-Phillips	Senior	84	829.01	WAL	WAL Welsh Championships
3 Bobbie Butters	Senior	57	826.16	NW	BP British Classic
4 Alice Francis Freeman	U23	72	820.42	SCO	IPF World Classic
5 Elspeth McLeod	Senior	63	808.68	YNE	BP British Classic
6 Mariella Fisher	U23	72	780.05	YNE	IPF World Classic
7 Amy Atkinson	Senior	72	762.10	SM	BP British Classic
8 Joy Nnamani	Senior	52	760.76	GL	IPF World Classic
9 Sabrina Moore	Senior	63	756.58	WAL	IPF World Classic
10 Lucia Puricelli	Senior	63	755.11	WM	IPF World Classic
11 Eno Majomi	M1	72	752.53	GL	EPF European Masters Classic
12 Susanna Argyle	Senior	72	751.12	SM	IPF World Classic
13 Evita Otigbah	Senior	52	747.71	GL	BP British University
14 Ashley Lewis	U23	84	747.30	NM	EPF European Classic Bench
15 Sophia Ellis	U23	84	742.85	GL	EPF European Classic Bench
16 Ruth Grigg	Senior	57	736.57	YNE	BP British Classic
17 Abi Graham	M1	63	736.08	EM	BP British Classic
18 Holly Bryans	Senior	72	731.82	NM	EPA Interdivisional
19 Leigh Wetheridge	Senior	84+	731.40	EM	BP British Classic
20 Kerri Edwards	Senior	84	727.02	EM	BP British Classic

### Equipped Bench IPF Points

Name	Age Class	Weight Class	IPF	Division	Competition
1 Ellie Steel	Senior	57	769.88	SM	EPF European Equipped
2 Laura Berry	Senior	84+	679.69	YNE	EPF European Equipped
3 Kimberley Cowell	Senior	72	649.98	NW	IPF Equipped Bench Press
4 Faye Jordan	Senior	63	628.62	EM	IPF Equipped Bench Press
5 Christie Civetta	Senior	84	606.02	EM	EPA All England
6 Kate Sweatman	Senior	84+	603.66	WM	EPA Interdivisional
7 Helen Hughes	M1	57	599.60	GBR	IPF Equipped Bench Press
8 Sarah Bouskill	M1	84+	594.25	NM	British Equipped Bench
9 Holly Bryans	Senior	72	588.48	NM	British Equipped
10 Rachel Steedman	Senior	72	586.60	SCO	British Equipped
11 Michelle Brand	M1	84+	580.48	SCO	SCO Scottish Masters
12 Wendie Kirkland	M1	72	578.96	NM	British Equipped Bench
13 Sheri Miles	Senior	84	573.68	SE	EPF European Equipped
14 Galit Goldshmid	M1	63	567.95	SM	EPA English Bench Press
15 Kelly Phasey	M1	84+	567.32	WM	British Equipped
16 Elizabeth Mills	U23	72	564.64	SE	British Equipped
17 Amanda Hughes	M1	52	558.93	SM	IPF Equipped Bench Press
18 Emma Goodwin	Senior	52	555.18	SM	EPA Interdivisional
19 Jacqueline Blasbery	M2	84	554.30	EM	IPF Equipped Bench Press
20 Joanne Barnes	M1	72	546.34	YNE	EPF European Equipped Masters

## 47kg Class Top 20 Women ranked by total

### Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Danielle Malcolm	Senior	337	685.79	SW	BP British Classic
2	Sabrina Shah	U23	326.5	661.09	GL	BP British University
3	Rebecca Heath	M1	324	655.63	GL	BP British Classic
4	Yasmin Bappoo	U23	312.5	634.56	WM	BP British University
5	Lenka Pilnikova	Senior	310.5	626.95	NW	EPA All England
6	Alexandra Hunter	Senior	270	538.38	YNE	BP British Classic
7	Eron Taylor	U23	265	531.30	EM	BP British University
8	Tzvetelina Tzonova	Senior	265	528.08	SM	BP British University
9	June Stamp	M2	260	520.26	GL	EPF European Masters Classic
10	Mehpare Atay (Moon)	Senior	250	493.48	SM	BP British Classic
11	Cheryl Hendry	Senior	237.5	470.01	SCO	SCO Scottish Classic
12	Gigi Nicolson	U23	237.5	467.94	NM	IPF University Powerlifting Cup
13	Michelle Ryder	M1	230	465.72	GL	EPA All England
14	Natasha Maskell	U23	227.5	452.17	YNE	BP British University
15	Tamsin Gamble	U23	227.5	449.20	NM	IPF University Powerlifting Cup
16	Imelda Flanagan	M2	222.5	468.39	EM	EPA All England
17	Nicole Lim	U23	222.5	434.98	GL	BP British University
18	Selina Lee	U23	215	428.75	NW	BP British University
19	Nicole Ng	U23	215	421.34	GL	BP British University
20	Noor Mubarak	U23	192.5	371.18	SW	BP British University

### Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition
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### Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Danielle Malcolm	Senior	76	700.69	SW	BP British Classic
2	Sabrina Shah	U23	74	682.42	GL	BP British University
3	Lenka Pilnikova	Senior	72.5	670.42	NW	EPA All England
4	Rebecca Heath	M1	70	648.99	GL	IPF World Classic
5	Alexandra Hunter	Senior	60	564.84	YNE	BP British Classic
6	Yasmin Bappoo	U23	55	524.55	WM	BP British University
7	Natasha Maskell	U23	50	486.14	YNE	BP British University
8	Eron Taylor	U23	50	482.99	EM	BP British University
9	Cheryl Hendry	Senior	50	482.54	SCO	SCO Scottish Classic
10	June Stamp	M2	50	480.80	GBR	IPF World Classic
11	Tzvetelina Tzonova	Senior	50	480.80	SM	BP British University
12	Gigi Nicolson	U23	47.5	459.73	NM	IPF University Powerlifting Cup
13	Michelle Ryder	M1	45	449.06	GL	EPA All England
14	Tamsin Gamble	U23	45	440.99	NM	IPF University Powerlifting Cup
15	Mehpare Atay (Moon)	Senior	45	437.37	SM	BP British Classic
16	Imelda Flanagan	M2	40	418.31	EM	EPA All England
17	Selina Lee	U23	40	403.49	NW	BP British University
18	Nicole Ng	U23	40	398.23	GL	BP British University
19	Nicole Lim	U23	40	396.22	GL	BP British University
20	Evita Widjaja	U23	35	356.49	EM	BP British University

### Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition
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## 52kg Class Top 20 Women ranked by total

### Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Joy Nnamani	Senior	432.5	840.10	GL	IPF World Classic
2	Evita Otigbah	Senior	368	712.59	GL	BP British University
3	Emma Goodwin	Senior	367.5	707.64	SM	BP British Classic
4	Catherine Smith	Senior	365	703.34	WM	BP British Classic
5	Erin Aldcroft	U23	347.5	670.68	YNE	IPF World Classic
6	Catherine Shamel	M1	337.5	646.73	WM	IPF World Classic
7	Tiarna Pearce	U23	332.5	633.89	GL	EPA All England
8	Leoni Tatman	Senior	322.5	616.93	SW	BP British Classic
9	Justine Lee	Senior	320	617.13	YNE	BP British Classic
10	Adele Tickle	Senior	315	604.89	NW	BP British Classic
11	Alex Bates	Senior	312.5	595.35	EM	EPA All England
12	Danielle Firth	Senior	312.5	595.35	NW	BP British Classic
13	Sofia Rufus	M1	305	581.35	SW	BP British Classic
14	Natalie Banks	Senior	300	574.18	NW	EPA All England
15	Charlotte Goss	Senior	300	573.57	SE	BP British Classic
16	Hannah Munday	Senior	297.5	569.66	SM	BP British Classic
17	Amrita Panesar	U23	292.5	581.86	EM	BP British University
18	Arlene Middler	M1	288.5	551.79	SCO	SCO Scottish Masters
19	Tania Robins	Senior	287.5	551.48	NW	EPA All England
20	Arisera Tongchaitanawutti	Senior	285	543.47	GL	BP British Classic

### Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Emma Goodwin	Senior	442.5	648.26	SM	EPA Interdivisional
2	Louise Edwards	M1	355	539.81	YNE	EPF European Equipped Masters
3	Amanda Hughes	M1	337.5	519.95	SM	EPF European Equipped Masters
4	Romina Basting	Senior	337.5	516.09	EM	EPA All England
5	Michelle Franklin	M2	332.5	512.12	NM	British Equipped
6	Linzi Waite	Senior	322.5	499.77	NM	British Equipped
7	Jenny Hunter	M3	320	495.01	EM	British Equipped
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### Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Joy Nnamani	Senior	87.5	760.76	GL	IPF World Classic
2	Evita Otigbah	Senior	85.5	747.71	GL	BP British University
3	Erin Aldcroft	U23	80	703.56	YNE	IPF World Classic
4	Leoni Tatman	Senior	75	661.18	SW	BP British Classic
5	Catherine Shamel	M1	70	620.70	WM	IPF World Classic
6	Alex Bates	Senior	70	620.19	EM	EPA All England
7	Jenny Hunter	M3	68	603.74	EM	IPF Classic Bench Press
8	Vicky Mirceta	Senior	67.5	606.81	NW	EPA English Bench Press
9	Emma Goodwin	Senior	67.5	600.74	SM	BP British Classic
10	Arlene Middler	M1	66	592.67	SCO	SCO Scottish Masters
11	Amanda Holloway	M1	65	578.91	GBR	BP British Classic Bench
12	Amrita Panesar	U23	62.5	575.81	GL	EPF European Classic Bench
13	Jenna Brown	Senior	62.5	568.29	NM	BP British Classic
14	Amanda Hughes	M1	62.5	563.79	SM	BP British Classic Bench
15	Natalie Banks	Senior	62.5	563.56	NW	EPA All England
16	Jazmine Franks	Senior	62.5	559.03	NW	BP British Classic Bench
17	Jamie Lei Fuller	U18	60.5	544.42	SW	EPA All England
18	Tal Rosenbaum	U23	60	554.23	SE	IPF University Powerlifting Cup
19	Ishka Trace-Kleeberg	U23	60	551.25	SE	EPA English Bench Press
20	Amanda Winter	M1	60	550.78	SW	EPA All England

### Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Amanda Hughes	M1	82.5	558.93	SM	IPF Equipped Bench Press
2	Emma Goodwin	Senior	82.5	555.18	SM	EPA Interdivisional
3	Romina Basting	Senior	77.5	531.77	EM	EPA All England
4	Linzi Waite	Senior	75	523.61	NM	British Equipped
5	Jennifer Hunter	M3	75	522.38	EM	IPF Equipped Bench Press
6	Louise Edwards	M1	67.5	493.06	YNE	British Equipped
7	Michelle Franklin	M2	67.5	492.29	NM	British Equipped
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## 57kg Class Top 20 Women ranked by total

### Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Joy Nnamani	Senior	453	831.85	GL	Reykjavik International Games
2	Bobbie Butters	Senior	450	829.76	NW	IPF World Classic
3	Ellie Steel	Senior	416	764.61	SM	BP British Classic
4	Moya Williams	Senior	401	734.66	GL	EPA All England
5	Jodie Cook	Senior	400	732.76	WM	EPA All England
6	Makeda Vidal	Senior	395	730.16	GL	EPA All England
7	Amy Viner	U23	385	705.84	NM	IPF University Powerlifting Cup
8	Catherine Smith	Senior	382.5	719.52	WM	EPA All England
9	Amelia Crook	Senior	380	704.03	WAL	WAL Welsh Championships
10	Sonia Fierro	Senior	370	678.90	GL	EPA All England
11	Abigail Stacey	Senior	357.5	661.20	SW	BP British Classic
12	Stacie Jones	U23	357.5	652.01	YNE	EPA All England
13	Ruth Grigg	Senior	355	655.74	YNE	BP British Classic
14	Rachel Mawer	U23	352.5	642.80	SCO	IPF University Powerlifting Cup
15	Claire Burns	Senior	350	639.51	NM	EPA All England
16	Heather Christie	U23	347.5	657.26	SW	BP British University
17	Sabrina Rew	U23	347.5	636.49	SW	EPA All England
18	Helen Hughes	M1	347.5	636.19	GL	IPF World Classic
19	Donna Bradbury	M1	345	637.63	NW	EPA All England
20	Emily Dodd	Senior	345	629.97	SE	BP British Classic

### Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Ellie Steel	Senior	520	709.78	SM	EPF European Equipped
2	Michelle Franklin	M2	350	513.61	NM	EPF European Equipped Masters
3	Catriona Duncan	M1	322.5	491.65	SCO	SCO Scottish Masters
4	Felicity Sadler	Senior	302.5	461.19	EM	British Equipped
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### Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Ellie Steel	Senior	105	860.91	SM	IPF World Classic
2	Bobbie Butters	Senior	100	826.16	NW	BP British Classic
3	Joy Nnamani	Senior	90	746.67	GL	Reykjavik International Games
4	Ruth Grigg	Senior	87.5	736.57	YNE	BP British Classic
5	Helen Hughes	M1	85	714.74	SM	IPF Classic Bench Press
6	Jodie Cook	Senior	85	709.85	WM	EPA All England
7	Amelia Crook	Senior	80	680.49	NW	BP British Classic
8	Emily Dodd	Senior	80	672.61	SE	IPF Classic Bench Press
9	Abigail Stacey	Senior	75	641.00	SW	BP British Classic
10	Kristina March	Senior	75	639.57	SE	BP British Classic
11	Rachel Mawer	U23	75	636.75	GBR	SCO Scottish University
12	Claire Burns	Senior	75	635.37	NM	EPA All England
13	Sabrina Rew	U23	72.5	617.68	SW	EPA All England
14	Stacie Jones	U23	72.5	615.03	YNE	EPA All England
15	Sheina Kaye	Senior	70	606.16	NW	BP British Classic
16	Emma Ludlow	Senior	70	601.22	GL	EPA English Bench Press
17	Joely Hawke	U23	70	599.91	GL	EPA All England
18	Moya Williams	Senior	70	596.07	GL	EPA All England
19	Elaine Collins	Senior	70	595.44	SE	BP British Classic Bench
20	Hannah Hickinbotham	U23	70	595.23	WM	BP British University

### Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Ellie Steel	Senior	145.0	769.88	SM	EPF European Equipped
2	Helen Hughes	M1	97.5	599.60	GBR	IPF Equipped Bench Press
3	Michelle Franklin	M2	72.5	495.33	NM	EPF European Equipped Masters
4	Catriona Duncan	M1	70	495.10	SCO	SCO Scottish Masters
5	Felicity Sadler	Senior	67.5	479.13	EM	British Equipped
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## 63kg Class Top 20 Women ranked by total

### Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Sabrina Moore	Senior	437.5	766.53	WAL	IPF World Classic
2	Lucia Puricelli	Senior	437.5	764.67	WM	IPF World Classic
3	Abi Graham	M1	423	737.56	EM	BP British Classic
4	Suzanne Daniel	U23	421	733.70	SE	IPF World Classic
5	Moa Wikner	Senior	420	732.79	GL	BP British Classic
6	Grace Stilgoe	Senior	405	708.26	GL	EPA All England
7	Elsbeth McLeod	Senior	400	716.40	YNE	BP British Classic
8	Makeda Vidal	Senior	400	714.55	GL	BP British Classic
9	Rima Baki	M1	397.5	690.98	GL	BP British Classic
10	Hannah Yardy	Senior	395	689.78	SW	BP British Classic
11	Jordan Wemyss	U23	390	681.90	SCO	SCO Scottish Classic
12	Karenjeet Kaur Bains	U23	387.5	674.75	WM	IPF World Classic
13	Victoria Hammond	Senior	387.5	673.32	WM	IPF University Powerlifting Cup
14	Lucy Robinson	U18	385	678.93	YNE	IPF World Classic
15	Karen Lai	Senior	382.5	667.39	GL	EPA All England
16	Madelaine Daniel	U23	382.5	666.86	SE	BP British University
17	Stephanie Pike	Senior	380	673.73	YNE	EPA All England
18	Lauren-May Drake	Senior	380	664.48	NW	BP British Classic
19	Karolina Jarosinska	Senior	372.5	649.98	SCO	SCO Scottish Classic
20	Rianna Graham	Senior	372.5	647.35	SW	IPF University Powerlifting Cup

### Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Lucy Hart	Senior	412.5	569.52	SM	EPA All England
2	Lauren Elder	Senior	412.5	561.60	NI	EPF European Equipped
3	Fay Jordan	Senior	410	559.89	EM	British Equipped
4	Galit Goldshmid	M1	407.5	564.27	SM	EPF European Equipped Masters
5	Amelia Maycock	U23	372.5	520.29	NM	British Equipped
6	Ana Rojo-Echeburua	Senior	372.5	515.99	SE	British Equipped
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### Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Ellie Steel	Senior	100.5	817.66	SM	BP British Classic Bench
2	Elsbeth McLeod	Senior	100	808.68	YNE	BP British Classic
3	Sabrina Moore	Senior	95	756.58	WAL	IPF World Classic
4	Lucia Puricelli	Senior	95	755.11	WM	IPF World Classic
5	Abi Graham	M1	92.5	736.08	EM	BP British Classic
6	Karen Lai	Senior	90	719.87	GL	EPA All England
7	Moa Wikner	Senior	90	719.40	GL	EPA All England
8	Hollie Johnson	Senior	87.5	703.11	YNE	BP British Classic Bench
9	Suzanne Daniel	U23	87.5	699.75	SE	IPF World Classic
10	Rima Baki	M1	87.5	699.09	GL	BP British Classic
11	Galit Goldshmid	M1	85	685.61	SM	EPA English Bench Press
12	Jordan Wemyss	U23	85	684.51	SCO	SCO Scottish Classic
13	Kelly Bardwell	Senior	82.5	669.37	EM	BP British Classic
14	Grace Stilgoe	Senior	82.5	665.95	GL	EPA All England
15	Hannah Yardy	Senior	82.5	665.53	SW	BP British Classic
16	Rianna Graham	Senior	82.5	664.28	SW	BP British University
17	Beverley Rodgers	M1	82.5	663.86	SM	EPF European Masters Classic
18	Karolina Jarosinska	Senior	80	647.83	SCO	SCO Scottish Classic
19	Karenjeet Bains	U23	80	647.01	WM	EPA All England
20	Madelaine Daniel	U23	80	647.01	SE	BP British University

### Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Faye Jordan	Senior	115	628.62	EM	IPF Equipped Bench Press
2	Galit Goldshmid	M1	97.5	567.95	SM	EPA English Bench Press
3	Lucy Hart	Senior	85	528.31	SM	EPA All England
4	Lauren Elder	Senior	80	503.20	NI	NI Bench Press
5	Amelia Maycock	U23	77.5	495.90	NM	IPF World Juniors & Sub-Juniors
6	Ana Rojo-Echeburua	Senior	72.5	476.68	SE	British Equipped
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## 72kg Class Top 20 Women ranked by total

### Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Susanna Argyle	Senior	474.5	776.64	SM	BP British Classic
2	Holly Bryans	Senior	467.5	763.87	NM	EPA Interdivisional
3	Eno Majomi	M1	465	764.49	GL	EPF European Masters Classic
4	Mariella Fisher	U23	460	768.89	YNE	IPF World Classic
5	Alice Francis-Freeman	U23	455	749.15	SCO	IPF University Powerlifting Cup
6	Amy Atkinson	Senior	450	751.19	SM	BP British Classic
7	Sheri Miles	Senior	450	736.26	SE	EPA All England
8	Emily Greenway	Senior	435	713.84	SW	BP British Classic
9	Sophia Ellis	U23	432.5	708.79	GL	EPA All England
10	Sophie Culshaw	Senior	430	706.02	EM	EPA All England
11	Rosie Howard	Senior	425.5	696.77	YNE	EPA All England
12	Rachel Bradish	Senior	415	684.27	YNE	EPA All England
13	Grace Stillgoe	Senior	412.5	709.67	GL	EPA Interdivisional
14	Florence Walton	Senior	412.5	681.00	SE	EPA All England
15	Emily Williams	Senior	405	663.77	GL	BP British Classic
16	Gen Collins	Senior	402.5	687.98	NW	EPA Interdivisional
17	Indiana Montague	Senior	400	675.05	SW	BP British Classic
18	Rebecca Stace	Senior	400	669.36	SCO	IPF University Powerlifting Cup
19	Katy Jaques	Senior	400	667.18	NW	BP British Classic
20	Vikki Eades	Senior	400	652.64	WAL	WAL Welsh Championships

### Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Holly Bryans	Senior	500	626.34	NM	British Equipped
2	Kimberley Cowell	Senior	482.5	613.36	NW	EPF European Equipped
3	Elizabeth Mills	U23	477	600.79	SE	British Equipped
4	Rachel Steedman	Senior	432.5	554.43	SCO	British Equipped
5	Joanne Barnes	M1	407.5	528.01	YNE	EPF European Equipped Masters
6	Ana Rojo-Echeburua	Senior	405	532.81	SE	EPA All England
7	Catherine Gordon	M1	395	520.77	SCO	EPF European Equipped Masters
8	Wendy Kirkland	M1	395	519.18	NM	EPA Interdivisional
9	Joy Mineo	M2	375	502.18	NM	EPF European Equipped Masters
10	Hannah-Louise Graham	U23	367.5	485.96	NM	IPF World Juniors & Sub-Juniors
11	Maureen Gordon	M2	355.5	476.46	SCO	SCO Scottish Masters
12	Kelly Clark	M2	295	414.16	GBR	British Equipped
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### Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Alice Francis Freeman	U23	110	820.42	SCO	IPF World Classic
2	Mariella Fisher	U23	102.5	780.05	YNE	IPF World Classic
3	Amy Atkinson	Senior	100	762.10	SM	BP British Classic
4	Eno Majomi	M1	100	752.53	GL	EPF European Masters Classic
5	Susanna Argyle	Senior	100	751.12	SM	IPF World Classic
6	Sophia Ellis	U23	97.5	733.94	GL	EPA All England
7	Holly Bryans	Senior	97.5	731.82	NM	EPA Interdivisional
8	Ashley Lewis	U23	92.5	704.25	NM	BP British University
9	Ruta Lendraitiene	M1	92.5	701.81	YNE	IPF Classic Bench Press
10	Natalie Cameron	Senior	92.5	699.60	GL	IPF Classic Bench Press
11	Sheri Miles	Senior	92.5	699.60	SE	BP British Classic
12	Holly OShea	U23	90	686.95	NM	EPA English Bench Press
13	Gen Collins	Senior	87.5	689.51	NW	EPA Interdivisional
14	Hollie Johnson	Senior	87.5	677.10	YNE	EPF European Classic Bench
15	Florence Walton	Senior	87.5	670.20	SE	EPA All England
16	Rachel Bradish	Senior	87.5	664.97	YNE	EPA English Bench Press
17	Zoe Clark	Senior	87.5	664.29	SM	EPA English Bench Press
18	Sophie Culshaw	Senior	85	650.02	EM	EPA All England
19	Beatrice Fishwick	U23	82.5	659.53	EM	IPF University Powerlifting Cup
20	Grace Stillgoe	Senior	82.5	657.18	GL	EPA Interdivisional

### Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Kimberley Cowell	Senior	130	649.98	NW	IPF Equipped Bench Press
2	Holly Bryans	Senior	112.5	588.48	NM	British Equipped
3	Rachel Steedman	Senior	112.5	586.60	SCO	British Equipped
4	Wendie Kirkland	M1	110	578.96	NM	British Equipped Bench
5	Elizabeth Mills	U23	105.5	564.64	SE	British Equipped
6	Fay Jordan	Senior	102.5	579.75	EM	British Equipped Bench
7	Joanne Barnes	M1	100	546.34	YNE	EPF European Equipped Masters
8	Catherine Gordon	M1	90	519.63	SCO	EPF European Equipped Masters
9	Maureen Gordon	M2	88	510.35	SCO	SCO Scottish Masters
10	Ana Rojo-Echeburua	Senior	87.5	512.82	SE	EPA All England
11	Joy Mineo	M2	77.5	480.95	NM	EPF European Equipped Masters
12	Hannah-Louise Graham	U23	72.5	458.59	NM	IPF World Juniors & Sub-Juniors
13	Kelly Clark	M2	70	453.24	GBR	British Equipped
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## 84kg Class Top 20 Women ranked by total

### Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Temitope Nuga	Senior	502.5	773.14	GL	EPA Interdivisional
2	Hira Tierney	Senior	470	719.20	SW	BP British Classic
3	Wendy Macfarlane	Senior	457.5	698.47	SCO	SCO Scottish Classic
4	Christina Appleby-Phillips	Senior	450	697.04	WAL	WAL Welsh Championships
5	Takara Hawthorne-Smith	Senior	447.5	686.78	WM	BP British Classic
6	Claire Tocher	Senior	437.5	672.92	SCO	SCO Scottish Classic
7	Vanassa Macdonald	Senior	435	675.00	SCO	SCO Scottish Classic
8	Nicola Stimpson	Senior	435	665.75	SM	EPA All England
9	Chloe Whyllie	Senior	427.5	659.33	GL	BP British Classic
10	Robynne Smith	Senior	421	649.38	SCO	SCO Scottish Classic
11	Jenni Sherwood	M1	417.5	641.91	NM	IPF World Classic
12	Ruby Hrynyszak	Senior	410	632.21	NM	EPA Interdivisional
13	Bronwyn Adlington	U23	407.5	631.26	SCO	IPF University Powerlifting Cup
14	Emily Greenway	Senior	405	654.41	SW	EPA Interdivisional
15	Lizzie Mills	U23	405	640.40	SE	EPA Interdivisional
16	Kerri Edwards	Senior	400	614.47	EM	BP British Classic
17	Natasha Brooks	Senior	397.5	620.34	EM	BP British Classic
18	Paola Rocuzzo	M1	395	605.97	GL	IPF World Classic
19	Samantha Edgar	U23	392.5	606.04	SCO	SCO Scottish Juniors
20	Drew Fackrell	U23	392.5	603.35	SW	EPA All England

### Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Christie Civetta	Senior	527.5	615.52	EM	EPA All England
2	Jennifer Keane	M1	497.5	587.48	WM	British Equipped
3	Sheri Miles	Senior	487.5	597.12	SE	EPF European Equipped
4	Dawn Morrell	M2	325	423.38	SW	British Equipped
5	Melissa Wall	M2	315	422.91	SCO	British Equipped
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### Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Christina Appleby-Phillips	Senior	117.5	829.01	WAL	WAL Welsh Championships
2	Kerri Edwards	Senior	102.5	727.02	EM	BP British Classic
3	Ashley Lewis	U23	100	747.30	NM	EPF European Classic Bench
4	Sophia Ellis	U23	100	742.85	GL	EPF European Classic Bench
5	Claire Tocher	Senior	100	721.27	SCO	BP British Classic Bench
6	Bronwyn Adlington	U23	97.5	700.29	SCO	IPF University Powerlifting Cup
7	Natalie Cameron	Senior	95	705.87	GL	EPF European Classic Bench
8	Amelia Allen	M1	95	698.29	SW	EPA English Bench Press
9	Temitope Nuga	Senior	95	687.85	GL	BP British Classic
10	Robynne Smith	Senior	95	681.91	SCO	SCO Scottish Classic
11	Wendy Macfarlane	Senior	92.5	660.68	SCO	SCO Scottish Classic
12	Ruby Hrynyszak	Senior	90	649.68	NM	EPA Interdivisional
13	Lucy Hyde	M1	90	649.14	SE	BP British Classic
14	Sara Ward	Senior	87.5	635.85	SCO	SCO Scottish Classic
15	Takara Hawthorne-Smith	Senior	87.5	631.62	WM	BP British Classic
16	Rachel Steedman	Senior	85	644.43	GBR	SCO Scottish University
17	Hira Tierney	Senior	85	614.46	SW	BP British Classic
18	Jacqueline Blasbery	M2	85	613.22	EM	EPF European Masters Classic
19	Emily Greenway	Senior	82.5	625.13	SW	EPA Interdivisional
20	Georgina Hazell	M2	82.5	601.78	EM	EPA All England

### Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Christie Civetta	Senior	130	606.021	EM	EPA All England
2	Sheri Miles	Senior	112.5	573.681	SE	EPF European Equipped
3	Jacqueline Blasbery	M2	112.5	554.298	EM	IPF Equipped Bench Press
4	Jennifer Keane	M1	107.5	544.267	WM	EPF European Equipped Masters
5	Amy Crossland	Senior	92.5	501.16	NM	EPA English Bench Press
6	Melissa Wall	M2	75	458.72	SCO	British Equipped
7	Dawn Morrell	M2	75	450.92	SW	British Equipped
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## 84kg+ Class Top 20 Women ranked by total

### Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Leigh Wetheridge	Senior	565	769.07	EM	BP British Classic
2	Camille Holland	Senior	548.5	701.71	EM	BP British Classic
3	Jo Whiteley	M1	490	636.61	NM	IPF World Classic
4	Charlie Chester	U23	485	661.93	SW	EPA All England
5	Katrina Sweatman	Senior	475	630.82	WM	BP British Classic
6	Tracy O'Callaghan	M1	462.5	664.41	WAL	EPF European Masters Classic
7	Helen Ferguson-Ford	Senior	462.5	596.79	SCO	SCO Scottish Classic
8	Steevi Pugh	Senior	442.5	627.54	NM	BP British Classic
9	Rebecca Coggle	Senior	440	574.37	SE	BP British Classic
10	Scarlet Sotiris	Senior	435	633.86	SM	BP British Classic
11	Melissa Bird	U23	430	614.39	WAL	IPF World Classic
12	Libby Blair	M2	430	579.59	NI	IPF World Classic
13	Leah Moir	Senior	427.5	581.93	SCO	SCO Scottish Classic
14	Ella Gibbs	U23	425	597.27	SCO	SCO Scottish Juniors
15	Nicola Stimpson	Senior	417.5	628.94	SM	EPA Interdivisional
16	Kelly Phasey	M1	413.5	540.41	WM	EPA Interdivisional
17	Betty Gray	M2	413	581.56	SE	EPF European Masters Classic
18	Siobhan Taylor	M1	400	574.41	EM	EPA All England
19	Jelena Aleksic	Senior	400	523.89	EM	BP British Classic
20	Kimberley Kirkham	Senior	397.5	553.45	EM	EPA All England

### Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Kate Sweatman	Senior	582.5	581.01	WM	EPA Interdivisional
2	Laura Berry	Senior	522.5	585.59	YNE	British Equipped
3	Kelly Phasey	M1	482.5	497.93	WM	British Equipped
4	Michelle Brand	M1	437.5	525.23	SCO	SCO Scottish Masters
5	Jacqueline Blasbery	M2	420	500.83	EM	EPF European Equipped Masters
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### Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Camille Holland	Senior	120	721.19	EM	IPF Classic Bench Press
2	Leigh Wetheridge	Senior	115	731.40	EM	BP British Classic
3	Charlie Chester	U23	107.5	687.63	SW	EPA All England
4	Leah Moir	Senior	105	669.15	SCO	SCO Scottish Classic
5	Rebecca Coggle	Senior	105	640.41	SE	EPA Interdivisional
6	Sarah Bouskill	M1	103.5	652.44	NM	EPA English Bench Press
7	Kelly Phasey	M1	101	622.84	WM	EPA Interdivisional
8	Jo Whiteley	M1	100	619.08	NM	IPF World Classic
9	Jacqueline Gough	M1	97.5	586.50	NM	EPA English Bench Press
10	Kyla Mulholland	M1	95	645.45	NI	NI Bench Press
11	Ella Gibbs	U23	95	630.17	SCO	SCO Scottish Juniors
12	Katrina Sweatman	Senior	95	603.24	WM	BP British Classic Bench
13	Tracy O'Callaghan	M1	90	613.59	WAL	EPF European Masters Classic
14	Lisa Pilkington	M1	90	596.52	NW	BP British Classic Bench
15	Helen Ferguson-Ford	Senior	90	560.89	SCO	SCO Scottish Classic
16	Scarlett Sotiris	Senior	87.5	603.16	SM	BP British Classic Bench
17	Melissa Bird	U23	85	580.37	WAL	IPF World Classic
18	Sam Foulds	Senior	82.5	550.17	SM	BP British Classic
19	Libby Blair	M2	82.5	538.83	NI	IPF World Classic
20	Lenise Bruce	M1	82.5	525.03	SCO	SCO Scottish Masters

### Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Laura Berry	Senior	167.5	679.69	YNE	EPF European Equipped
2	Kate Sweatman	Senior	160	603.66	WM	EPA Interdivisional
3	Sarah Bouskill	M1	147.5	594.25	NM	British Equipped Bench
4	Kelly Phasey	M1	145	567.32	WM	British Equipped
5	Jacqueline Gough	M1	140	540.57	NM	British Equipped Bench
6	Michelle Brand	M1	122.5	580.48	SCO	SCO Scottish Masters
7	Kelly Layden-Farrer	M1	120	524.92	NM	EPA English Bench Press
8	Jackie Blasbery	M2	87.5	472.24	EM	British Equipped
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