

Championship East Mids Unequipped powerlifting champs **Venue** Letchworth **Date** 10-2-13 **B/W Class/s**

Age	Name	B/W	Sqaut			Bench Press			S/T	Dead Lift			Total	PN	
	Women														
		43Kg													
U20	Sharn Rowlands	42.7	85	<u>90</u>	95	40	47.5	<u>50</u>	140	100	110	<u>115</u>	255	1	
		47Kg													
M2	Imelda Flanagan	42	67.5	70	<u>72.5</u>	37.5	<u>40</u>	42.5	112.5	105	110	<u>112.5</u>	225	1	
		52Kg													
M2	Jenny Hunter	52	70	80	<u>85</u>	60	65	<u>70</u>	155	120	130	<u>135</u>	290	1	
		63Kg													
Snr	Faye Jordan	60.2	65	70	<u>72.5</u>	60	62.5	<u>62.5</u>	135	100	120	<u>125</u>	260	1	
Snr	Gemma Burley	58.2	65	70	<u>72.5</u>	45	<u>52.5</u>	55	125	75	85	<u>92.5</u>	217.5	2	
		84Kg													
M2	Jackie Blasbery	83.4	112.5	122.5	<u>132.5</u>	72.5	80	<u>85</u>	217.5	152.5	162.5	<u>167.5</u>	385	1	
M2	Jean Maton	83.8	105	115	<u>120</u>	75	<u>80</u>	85	200	140	<u>150</u>	155	350		G
	men														
		59Kg													
M3	David Brown	57.6	80	85	<u>87.5</u>	70	72.5	<u>75</u>	162.5	120	<u>125</u>	————	287.5	1	
		66Kg													
Snr	Sean Maloney	65.4	140	145	<u>147.5</u>	90	<u>92.5</u>	95	240	170	180	<u>185</u>	425	1	
U23	Jonny Pardy	63.5	112.5	122.5	<u>125</u>	82.5	<u>87.5</u>	92.5	212.5	147.5	155	<u>162.5</u>	375	1	
		74Kg													
M2	Allen Ottolangui	73.9	165	<u>180</u>	190	100	<u>105</u>	110	285	<u>190</u>	200	————	475	1	
M2	Steve Walker	73.5	<u>150</u>			125	<u>135</u>	140	285	<u>170</u>			455		G

Side Referee_ j Bevan_ _

Centre Referee_ _ K Jane

Side Referee_ _ _ _ J Rice

G= Guest Lifter

Age	Name	B/W	Squat			Bench Press			S/T	Dead Lift			Total	PN	
	Men	83Kg													
Snr	Henry Cook	79.7	150	<u>157.5</u>	165	120	125	<u>130</u>	287.5	187.5	<u>197.5</u>	205	485	1	
Snr	Bryce Tudball	82.7	140	160	<u>167.5</u>	90	<u>100</u>	105	267.5	180	200	<u>212.5</u>	480	2	
Snr	Dominic Crane	79.7	150	165	<u>180</u>	95	<u>102.5</u>	110	282.5	170	<u>185</u>	200	467.5	3	
Snr	Tom Sherwin	78.9	125	140	<u>142.5</u>	75	<u>85</u>	87.5	227.5	155	170	<u>180</u>	407.5	4	
U23	Tom Rowell	83	160	170	<u>177.5</u>	90	<u>97.5</u>	102.5	275	200	210	<u>220</u>	495	1	
U23	Alexander Leeder	79.3	135	150	<u>155</u>	95	100	<u>100</u>	255	<u>190</u>	210	210	445	2	
M2	Robbie Williams	77.8	130	145	<u>160</u>	95	100	<u>110</u>	270	170	180	<u>205</u>	475		G
		93Kg													
Snr	Matt Lines	86.9	150	155	<u>160</u>	100	105	<u>110</u>	270	190	195	<u>200</u>	470	1	
Snr	David Watkins	91.8	190	210	<u>217.5</u>	100	<u>110</u>	115	327.5	250	272.5	<u>280</u>	607.5		G
Snr	Ivan Otim	89.9	160	170	<u>170</u>	110	<u>110</u>	112.5	280	220	245	<u>252.5</u>	532.5		G
		105K													
Snr	Edgaras Kreipavicius	103.4	220	<u>235</u>	250	145	<u>152.5</u>		387.5	240	<u>260</u>	280	647.5	1	
M1	Stuart Gates	102.9	200	210	<u>220</u>	130	140	<u>147.5</u>	367.5	230	240	<u>250</u>	617.5	1	
U23	Christopher Ryan	98.9	160	170	<u>170</u>	<u>95</u>	100	100	255	180	195	<u>202.5</u>	457.5	1	G
		120K													
Snr	Tony Cliffe	120	275	290	<u>305</u>	190	202.5	<u>215</u>	520	320	335	<u>348br</u>	868	1	
Snr	Andy Huchtings	112	215	215	<u>215</u>	147.5	152.5	<u>157.5</u>	372.5	255	265	<u>272.5</u>	645	2	
M1	Andy Rodney	115.8	225	250	<u>260</u>	155	165	<u>167.5</u>	427.5	<u>260</u>	280		687.5	1	
M1	Philip Malin	111.1	170	<u>180</u>	190	125	135	<u>142.5</u>	322.5	210	<u>220</u>	230	542.5	2	
M4	Chris Gladding	116.3	152.5	160	<u>167.5</u>	115	120	<u>125</u>	292.5	172.5	182.5	<u>192.5</u>	485br	1	
Snr	Kacper Jaworski	109.1	215	<u>225</u>	235	145	145	<u>155</u>	380	240	260	<u>270</u>	650		G
		120+													
Snr	Ricky Nicholls	164.2	205	215	<u>225</u>	160	160	<u>165</u>	390	235	235	<u>245</u>	635	1	
U23	Adam Thompson	125.5	180	<u>187.5</u>	195	125	130	<u>135</u>	322.5	185	195	<u>202.5</u>	525	1	
U23	Thomas Marshall	140.2	190	200	<u>210</u>	110	<u>120</u>	125	330	220	230	<u>240</u>	570	1	

Side Referee __ J Hunter

Centre Referee __ _ K jane

Side Referee __ _ P Weiss

G= Guest lifter