



# British University Records

updated: 18/04/2019

Women	47	52	57	63	72	84	84+
<b>SQUAT</b>	125 Sabrina Shah 13/04/2019	137.5 Evita Otigbah 13/04/2019	130 Amy Viner 13/04/2019	145 Victoria Hammond 14/04/2019	170 Sophie Culshaw 14/04/2019	190 Chrystal Williams 01/04/2018	170 Melissa Bird 14/04/2019
<b>BENCH PRESS</b>	74 Sabrina Shah 13/04/2019	85.5 Evita Otigbah 13/04/2019	75 Rachel Mawer 13/04/2019	87.5 Hollie Johnson 25/03/2017	105 Alice Francis-Freeman 13/04/2019	110.5 Stephanie Carrillo-Chavez 01/04/2018	85 Melissa Bird 14/04/2019
<b>DEADLIFT</b>	145 Yasmin Bappoo 13/04/2019	145 Evita Otigbah 13/04/2019	175 Amy Viner 13/04/2019	187.5 Stephanie Pike 25/03/2017	185 Eve Fordyce 31/03/2018	210 Chrystal Williams 01/04/2018	166 Melissa Bird 14/04/2019
<b>TOTAL</b>	326.5 Sabrina Shah 13/04/2019	368 Evita Otigbah 13/04/2019	372.5 Amy Viner 13/04/2019	387.5 Hollie Johnson 25/03/2017	422.5 Sophie Culshaw 14/04/2019	500 Chrystal Williams 01/04/2018	421 Melissa Bird 14/04/2019

