

Greater London Powerlifting Championships, 23rd November 2013, Bethnal Green Weightlifting Club

	E	B/W	Squat	Bench	Deadlift	Total	Place
Ladies							
63kg Class							
Pelin Baykal	N	57.6	100	60	137.5	297.5	1
Rebecca Lynn-Nicholson	N	58	102.5	52.5	120	275	2
72kg Class							
Laura Porter	N	71.4	92.5	47.5	110	250	1
84kg Class							
Rachel Williams	N	82.2	120	57.5	132.5	310	1
84+kg Class							
Anna McNab	N	105.1	150	75	170	395	1
Men							
66kg Class							
Daniel Thomas	N	65.1	135	143	200	478	1
Ferhat Tomay	N	65.5	105	90	170	365	2
Peter Toth	N	62.7	120	100	140	360	3
74kg Class							
Michael Hayes	N	73.6	180	130	230	540	1
Zloch Andrii	N	70.4	150	80	215	445	2
Serkan Erdem	N	70.0	140	100	175	415	3
Abu Choudhury	N	70.5	120	145	150	415	4
Jack Pearson	N	71.1	130	67.5	150	347.5	5
John Seamons	N	68.4	77.5	55	102.5	235	6
83kg Class							
Diego Martinez	N	82.9	210	130	240	580	1
Paul Marsh	N	79.7	182.5	122.5	240	545	2
Daniel Ben Chorin	N	80.7	190	117.5	220	527.5	3
Leo Double	N	82.3	180	120	225	525	4
Ed Karim	N	81.4	175	145	180	500	5
James Blanchard	N	81.5	185	120	180	485	6
Joao Curro	N	81.2	170	117.5	190	477.5	7
James McDonald	N	77.7	140	95	190	425	8
Ricky Maton	N	80.2	130	85	190	405	9
Feyzi Nazim	N	79.8	130	82.5	180	392.5	10
Oliver Lotter	N	80.1	0	95	190	0	
93kg Class							
Ron Karim	N	90.0	222.5	145	240	607.5	1
Reece Smith	N	92.4	200	137.5	240	577.5	2
Tim Wheeler	N	92.5	207.5	107.5	250	565	3
Alexander Pierides	N	89.5	195	135	225	555	4
Ivan Otim	N	91.5	180	115	250	545	5
Fred Jones	N	87.5	190	125	230	545	6
Paul Lewandowski	N	84.8	190	125	222.5	537.5	7
Stefan Osman	N	86.8	185	120	225	530	8
Didier Kan	N	87.0	190	120	212.5	522.5	9
Brian Ling	N	92.1	180	110	195	485	10
Dave Moore	N	91.0	140	115	222.5	477.5	11
Erik Mata	N	86.2	170	110	192.5	472.5	12
Mohamed Khalfey	N	83.9	167.5	100	175	442.5	13
Ken Osunde	N	89.4	140	87.5	185	412.5	14
105kg Class							
Rob Rees	N	103.7	245	172.5	290	707.5	1
Thomas Celestine	N	103.0	240	120	305	665	2
Ryan Faldo	N	101.7	227.5	145	240	612.5	3
Barry Gordge	N	102.9	220	145	235	600	4
James Bartle	N	100.2	195	140	237.5	572.5	5
Tim Barrett	N	104.5	220	132.5	220	572.5	6
Ben Cagan	N	94.0	190	125	220	535	7
120kg Class							
Peter Spence	N	106	160	92.5	240	492.5	1
120+kg Class							
Paul Doherty	N	126.4	260	180	282.5	722.5	1