



updated: 04/01/2019

Top 20 Women ranked by Wilks

Classic Powerlifting Wilks

Name	Age Class	Weight Class	Wilks	Division	Competition	
1	Joy Nnamani	Senior	52	537.72	GBR	IPF World Classic
2	Bobbie Butters	Senior	57	501.25	GBR	EPF Classic
3	Lucia Puricelli	Senior	63	476.29	GBR	EPF Classic
4	Susanna Argile	Senior	72	465.09	GBR	EPF Classic
5	Leigh Wetheridge	Senior	84+	454.78	GBR	EPF Classic
6	Emma Goodwin	Senior	52	450.46	GBR	IPF World Classic
7	Catherine Smith	U23	57	450.20	WM	EPF Classic
8	Chrystal Williams	U23	84	449.84	GBR	BP British Uni Women
9	Abi Graham	M1	63	448.43	GBR	IPF World Classic
10	Jodie Cook	Senior	57	447.55	WM	BP British Womens Classic
11	Moya Williams	Senior	57	446.48	ENG	Home Nations
12	Eno Majomi	M1	72	446.32	GBR	BP British Masters Classic
13	Hannah Beaven	Senior	47	445.90	SCO	Scottish Classic
14	Tasmin Campbell	Senior	72	445.34	SCO	Home Nations
15	Moa Wikner	U23	63	445.17	GL	BP British Junior Classic
16	Mariella Fisher	U18	72	443.35	NW	BP British Junior Classic
17	Hannah Chan	Senior	57	439.86	GL	BP British Womens Classic
18	Rima Baki	M1	63	438.71	GBR	EPF Western European
19	Rebecca Heath	M1	47	438.44	GL	EPA Inter-Regional
20	Suzanne Daniel	U23	63	438.09	SE	BP British Junior Classic

Equipped Powerlifting Wilks

Name	Age Class	Weight Class	Wilks	Division	Competition	
1	Ellie Steel	Senior	57	608.05	SM	EPF Western European
2	Emma Goodwin	Senior	52	520.83	SM	IPF World Open
3	Sarah Stanhope	Senior	63	473.88	NM	EPF Western European
4	Christie Civetta	Senior	72	469.28	EM	EPF European Equipped
5	Jennifer Keane	M1	84	467.72	WM	BP British Equipped
6	Louise Edwards	M1	52	456.99	YNE	EPF Euro Equipped Masters
7	Laura Berry	Senior	84+	450.25	YNE	BP British Equipped
8	Lauren Elder	Senior	72	446.27	NI	NI Open
9	Amy Spencer	Senior	72	442.52	SW	BP British Equipped
10	Stephanie Pike	Senior	63	436.00	NM	BP British Equipped
11	Shelley Passmore	Senior	63	435.92	SCO	SCO Scottish Senior
12	Faye Jordan	Senior	63	432.12	EM	Home Nations
13	Lucy Hart	Senior	63	428.40	SM	EPA Inter-Regional
14	Michelle Franklin	M2	57	414.54	NM	EPF Euro Equipped Masters
15	Jennifer Hunter	M3	52	412.12	GBR	EPF Euro Equipped Masters
16	Katy Matheson	Senior	72	408.25	SCO	Home Nations
17	Kelly Phasey	M1	84+	405.36	WM	EPF Euro Equipped Masters
18	Jennifer Hunter	M3	57	403.11	GBR	IPF World Masters
19	Joanne Barnes	M1	72	400.73	YNE	BP British Equipped
20	Linzi Waite	Senior	52	400.52	GBR	EPF Western European

Classic Bench Only Wilks

Name	Age Class	Weight Class	Wilks	Division	Competition	
1	Angelique Borsboom	M1	63	110.07	SM	BP British Classic Bench
2	Stephanie Carrillo-Chavez	U23	84	109.26	YNE	IPF Classic Bench Press
3	Ellie Steel	Senior	63	105.99	SM	EPA English Bench Press
4	Christina Appleby-Phillips	Senior	84	103.14	WAL	IPF Classic Bench Press
5	Sabrina Moore	Senior	63	97.33	WAL	IPF Classic Bench Press
6	Helen Hughes	M1	57	95.33	GBR	IPF Classic Bench Press
7	Emma Rafferty	Senior	52	94.35	GL	IPF Classic Bench Press
8	Eno Majomi	M1	72	94.27	GL	EPF Euro Classic Bench
9	Camille Holland	Senior	84+	92.98	EM	IPF Classic Bench Press
10	Beverley Rodgers	M1	72	92.68	SM	IPF Classic Bench Press
11	Rachel Hughes	Senior	72	92.30	YNE	BP British Classic Bench
12	Catherine Graham	Senior	57	90.97	GBR	EPF Euro Classic Bench
13	Galit Goldshmid	M1	63	89.08	GBR	EPF Euro Classic Bench
14	Sheri Miles	Senior	72	88.50	SE	BP British Classic Bench
15	Emily Norley	U23	57	87.29	SE	IPF Classic Bench Press
16	Amy Dickson	Senior	57	87.03	NI	NI Bench Press
17	Jasmine Lake	Senior	47	86.36	GBR	EPF Euro Classic Bench
18	Rowan Hendry-Horne	Senior	72	86.05	SCO	BP British Classic Bench
19	Faye Jordan	Senior	63	85.85	EM	EPA English Bench Press
20	Claire Tocher	Senior	84	82.58	SCO	SCO Scottish Bench Press

Equipped Bench Only Wilks

Name	Age Class	Weight Class	Wilks	Division	Competition	
1	Ellie Steel	Senior	63	141.32	SM	EPA English Bench Press
2	Jo Whiteley	M1	84+	125.90	NW	IPF Bench Championships
3	Clare Patterson	Senior	72	122.23	NW	BP British Equipped Bench
4	Beverley Rodgers	M1	63	121.11	SM	BP British Equipped Bench
5	Sarah Bouskill	Senior	84+	120.42	NM	EPA English Bench Press
6	Kimberley Cowell	Senior	72	117.82	GBR	EPF European Bench Press
7	Jacqueline Gough	M1	84+	117.25	NM	IPF Bench Championships
8	Shelley Passmore	Senior	63	114.54	GBR	EPF European Bench Press
9	Faye Jordan	Senior	63	114.36	EM	EPF European Bench Press
10	Alana Pash	Senior	72	107.79	GBR	EPF European Bench Press
11	Kelly Phasey	M1	84+	106.66	WM	EPF European Bench Press
12	Michelle Brand	M1	84	102.71	SCO	EPF European Bench Press
13	Wendie Kirkland	M1	72	101.18	NM	EPA English Bench Press
14	Kyla Mulholland	M1	84+	100.38	NI	NI Bench Press
15	Rebecca Williams	M1	84	93.02	NM	EPA English Bench Press
16	Michelle Franklin	M2	57	91.25	NM	IPF Bench Championships
17	Orla Mahon	Senior	84	89.83	GL	BP British Equipped Bench
18	Linzi Waite	Senior	52	88.71	NM	EPA English Bench Press
19	Lucy Hart	U23	63	85.20	SM	EPA English Bench Press
20	Catriona Duncan	M1	52	84.78	GBR	EPF European Bench Press

47kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Hannah Beaven	Senior	327.5	445.90	SCO	Scottish Classic
2	Rebecca Heath	M1	325	438.44	GL	EPA Inter-Regional
3	Danielle Malcolm	Senior	320	432.15	SW	IPF World Classic
4	Sabrina Shah	U23	315.5	429.56	GL	BP British Junior Classic
5	Cherry Yeung	U23	275	402.84	NW	BP British Uni Women
6	Lourizza Ball	Senior	267.5	365.33	SW	BP British Womens Classic
7	Sarah Patterson	Senior	250	344.58	NI	NI Open
8	June Stamp	M1	250	341.43	GBR	BP British Masters Classic
9	Marina Cornwall	M3	245	342.10	GBR	EPF Masters Classic
10	Chloe Dickinson	U23	237.5	321.38	YNE	BP British Junior Classic
11	Imelda Flanagan	M2	225	324.53	EM	EPA All England
12	Jasmine Lake	Senior	210	288.12	GL	BP British Womens Classic
13	Michelle Ryder	M1	210	287.68	GBR	BP British Masters Classic
14	Lisa Casey	Senior	207.5	279.92	NI	NI Classic
15	Nicole Lim	Senior	200	279.48	GBR	BP British Uni Women
16	Alice Walters	U23	150	202.98	SE	BP British Junior Classic
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Equipped Powerlifting Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Marina Cornwall	M3	230	323.27	GBR	EPF Equipped Masters
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Classic Bench Only Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Jasmine Lake	Senior	62.5	86.36	GBR	EPF Euro Classic Bench
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Equipped Bench Only Total

	Name	Age Class	Total	Wilks	Division	Competition
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52kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Joy Nnamani	Senior	430.5	537.72	GL	IPF World Classic
2	Emma Goodwin	Senior	360	450.46	SM	IPF World Classic
3	Hannah Beavan	Senior	332.5	427.79	SCO	Home Nations
4	Erin Aldcroft	U23	327.5	423.28	YNE	BP British Junior Classic
5	Louise Burr	M1	320	400.71	GBR	BP British Masters Classic
6	Tiarna Pearce	U23	320	400.11	GBR	EPF Classic
7	Evita Otigbah	Senior	317.5	411.29	GBR	BP British Uni Women
8	Emma Rafferty	Senior	317.5	396.40	GL	BP British Womens Classic
9	Catherine Shamel	M1	315	396.22	GBR	BP British Masters Classic
10	Agata Dowding	Senior	312.5	392.49	SW	BP British Womens Classic
11	Maris Vasenius	U23	308	390.33	SCO	BP British Junior Classic
12	Megan Cotcher	U23	307.5	383.34	NW	BP British Junior Classic
13	Danielle Firth	Senior	300	380.76	NW	BP British Womens Classic
14	Justine Lee	U23	297.5	381.02	YNE	BP British Junior Classic
15	Sofia Rufus	M1	292.5	369.85	SW	EPA All England
16	Shannon Tong	U23	292.5	368.47	GL	BP British Junior Classic
17	Yasmin Bappoo	U23	290	384.08	WM	BP British Junior Classic
18	Jasmine Franks	Senior	290	363.96	NW	EPA All England
19	Natalie Banks	Senior	287.5	361.63	NW	EPA All England
20	Lydia Forrest	U23	280	350.62	SE	BP British Junior Classic

Equipped Powerlifting Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Emma Goodwin	Senior	415	520.83	SM	IPF World Open
2	Louise Edwards	M1	362.5	456.99	YNE	EPF Euro Equipped Masters
3	Jennifer Hunter	M3	330	412.12	GBR	EPF Euro Equipped Masters
4	Linzi Waite	Senior	315	400.52	GBR	EPF Western European
5	Catriona Duncan	M1	305	384.33	GBR	EPF Euro Equipped Masters
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Classic Bench Only Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Emma Rafferty	Senior	75	94.35	GL	IPF Classic Bench Press
2	Amanda Hughes	Senior	60	76.15	SM	EPA English Bench Press
3	Chantal Pearson	Senior	60	74.80	GBR	BP British Classic Bench
4	Lydia Forrest	U23	50	62.70	SE	EPA English Bench Press
5	Amrita Paneasr	U23	47.5	63.10	GBR	EPA English Bench Press
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Equipped Bench Only Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Linzi Waite	Senior	70	88.71	NM	EPA English Bench Press
2	Catriona Duncan	M1	67.5	84.78	GBR	EPF European Bench Press
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57kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Joy Nnamani	Senior	440.0	516.62	GL	EPF Classic
2	Bobbie Butters	Senior	427.5	501.25	NW	EPF Classic
3	Lucia Puricelli	Senior	407.5	474.95	WM	IPF World Classic
4	Jodie Cook	Senior	382.5	447.55	WM	BP British Womens Classic
5	Moya Williams	Senior	380	446.48	GL	Home Nations
6	Hannah Chan	Senior	377.5	439.86	GL	BP British Womens Classic
7	Catherine Smith	U23	375	445.60	WM	BP British Junior Classic
8	Elsbeth Macleod	U23	375	436.65	YNE	EPF Classic
9	Amy Dickson	Senior	360	422.99	NI	NI Ulster Open
10	Emily Norley	U23	345	400.89	SE	EPA All England
11	Helen Hughes	M1	341	405.77	GBR	BP British Masters Classic
12	Esther Rimmer	Senior	335	401.48	NW	EPA All England
13	Suzana Sorokova	Senior	332.5	396.22	GL	EPA All England
14	Jess Hopton	Senior	330	390.74	GBR	BP British Uni Women
15	Maria De Pedro	Senior	330	382.93	SW	BP British Womens Classic
16	Rachel Mawer	U23	325.5	381.92	SCO	SCO Scottish Juniors
17	Shannon Smith	U16	325.5	379.27	SW	BP British Junior Classic
18	Ellie Howitt	Senior	325	389.22	EM	EPA Inter-Regional
19	Kristina March	Senior	317.5	375.15	SE	BP British Womens Classic
20	Sheina Kaye	U23	315	376.44	NW	BP British Junior Classic

Equipped Powerlifting Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Ellie Steel	Senior	523.5	608.05	SM	EPF Western European
2	Emma Goodwin	Senior	395	491.69	SM	Home Nations
3	Michelle Franklin	M2	350	414.54	NM	EPF Euro Equipped Masters
4	Jennifer Hunter	M3	332.5	403.11	GBR	IPF World Masters
5	Catriona Duncan	M1	307.5	381.07	SCO	SCO Scottish Senior
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Classic Bench Only Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Helen Hughes	M1	80	95.33	GBR	IPF Classic Bench Press
2	Catherine Graham	Senior	77.5	90.97	GBR	EPF Euro Classic Bench
3	Emily Norley	U23	75	87.29	SE	IPF Classic Bench Press
4	Amy Dickson	Senior	75	87.03	NI	NI Bench Press
5	Amy Richardson	Senior	65	75.43	SM	BP British Classic Bench
6	Amanda Hughes	Senior	57.5	68.81	SM	BP British Classic Bench
7	Jaimee-Lee Bowles	U18	57.5	66.81	SCO	SCO Scottish Bench Press
8	Laura Swandel	Senior	47.5	58.09	NI	NI Bench Press
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Equipped Bench Only Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Michelle Franklin	M2	77.5	91.25	NM	IPF Bench Championships
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63kg Class Top 20 Women ranked by total

Classic Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Lucia Puricelli	Senior	425	476.29	WM	EPF Classic
2	Abi Graham	M1	410	448.43	EM	IPF World Classic
3	Moa Wikner	U23	409	445.17	GL	BP British Junior Classic
4	Rima Baki	M1	405	438.71	GL	EPF Western European
5	Emily Lloyd-Whittington	U23	404	435.98	WAL	Home Nations
6	Suzanne Daniel	U23	401.5	438.09	SE	BP British Junior Classic
7	Stephanie Pike	Senior	385	414.97	YNE	BP British Womens Classic
8	Grace Stilgoe	Senior	382.5	414.29	GL	EPA All England
9	Lucy Robinson	U18	381	418.33	GBR	EPF Classic
10	April Howe	Senior	377.5	416.06	NW	BP British Womens Classic
11	Makeda Vidal	U23	375	423.02	GL	BP British Junior Classic
12	Hollie Johnson	Senior	372.5	403.95	YNE	BP British Womens Classic
13	Victoria Hammond	U23	372.5	403.46	NM	BP British Junior Classic
14	Claire Sear	Senior	370	401.24	SM	BP British Womens Classic
15	Karenjeet Kaur Bains	U23	365	399.26	WM	BP British Junior Classic
16	Hannah Yardy	Senior	362.5	390.72	SW	BP British Womens Classic
17	Sophie Thomas	Senior	360	389.44	GL	EPA All England
18	Debbie Gathercole	Senior	357.5	401.17	YNE	EPA All England
19	Kate Matthew	Senior	357.5	389.60	WAL	Home Nations
20	Molly Tweedle	U23	357.5	388.64	SCO	SCO Scottish Juniors

Equipped Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Ellie Steel	Senior	515	591.12	SM	BP British Equipped
2	Sarah Stanhope	Senior	435	473.88	NM	EPF Western European
3	Stephanie Pike	Senior	405	436.00	NM	BP British Equipped
4	Shelley Passmore	Senior	400	435.92	SCO	SCO Scottish Senior
5	Faye Jordan	Senior	397.5	432.12	EM	Home Nations
6	Lucy Hart	Senior	385	428.40	SM	EPA Inter-Regional
7	Eliza Lauchlas Evans	Senior	342.5	371.42	WAL	Home Nations
8	Amelia Maycock	U18	335	376.02	NM	EPF European Equipped
9	Emily-Jane Sheppard	U23	322.5	349.39	GBR	EPF European Equipped
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Classic Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Angeliqne Borsboom	M1	100	110.07	SM	BP British Classic Bench
2	Ellie Steel	Senior	97.5	105.99	SM	EPA English Bench Press
3	Sabrina Moore	Senior	90	97.33	WAL	IPF Classic Bench Press
4	Galit Goldshmid	M1	80	89.08	GBR	EPF Euro Classic Bench
5	Faye Jordan	Senior	75	85.85	EM	EPA English Bench Press
6	Suzanne Goulder	U23	75	80.60	EM	IPF Classic Bench Press
7	Claire Liley	Senior	72.5	78.91	GBR	BP British Classic Bench
8	Amina Bux	Senior	67.5	73.74	GBR	EPA English Bench Press
9	Hayley Gamblin	Senior	67.5	73.74	GBR	BP British Classic Bench
10	Lucy Hart	U23	62.5	69.32	GBR	EPF Euro Classic Bench
11	Georgina Mann	Senior	62.5	67.69	GBR	BP British Classic Bench
12	Stephanie Duff	Senior	62.5	67.20	SM	BP British Classic Bench
13	Claire Conway	M1	60	65.55	NI	NI Bench Press
14	Geraldine Goligher	M1	60	64.59	NI	NI Bench Press
15	Rachael Camp	Senior	55	61.08	SE	EPA English Bench Press
16	Judith McGauley	M4	40	45.31	GBR	IPF Classic Bench Press
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Equipped Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Ellie Steel	Senior	130	141.32	SM	EPA English Bench Press
2	Beverley Rodgers	M1	112.5	121.11	SM	BP British Equipped Bench
3	Shelley Passmore	Senior	105	114.54	GBR	EPF European Bench Press
4	Faye Jordan	Senior	105	114.36	EM	EPF European Bench Press
5	Alana Pash	Senior	95	103.53	GBR	EPA English Bench Press
6	Lucy Hart	U23	77.5	85.20	SM	EPA English Bench Press
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72kg Class Top 20 Women ranked by total

Classic Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Susanna Argile	Senior	467.5	465.09	SM	EPF Classic
2	Tasmin Campbell	Senior	455	445.34	SCO	Home Nations
3	Eno Majomi	M1	453	446.32	GL	BP British Masters Classic
4	Mariella Fisher	U18	443	443.35	NW	BP British Junior Classic
5	Sheri Miles	Senior	437.5	430.63	SE	EPA All England
6	Holly Bryans	Senior	433	428.21	GBR	EPF Western European
7	Alice Francis-Freeman	U23	417.5	417.00	SCO	SCO Scottish Universities
8	Sophie Culshaw	Senior	412.5	416.84	GBR	BP British Uni Women
9	Rachel Bradish	Senior	412.5	407.78	YNE	EPA All England
10	Emily Greenway	Senior	407.5	403.03	SW	EPA All England
11	Robynne Smith	Senior	407.5	400.73	YNE	BP British Womens Classic
12	Katy Matheson	Senior	407.5	399.59	SCO	Scottish Classic
13	Abigail McLean	U23	405	396.84	GBR	IPF World Classic
14	Elizabeth Mills	U23	400	397.16	SE	EPA All England
15	Lydia Charles	U23	400	397.16	GL	BP British Junior Classic
16	Kimberley Cowell	Senior	400	391.50	NW	BP British Womens Classic
17	Rowena Roos	Senior	397.5	407.43	SM	EPA All England
18	Rima Baki	Senior	395	421.19	GL	EPA Inter-Regional
19	Florence Walton	Senior	395	394.92	SE	BP British Womens Classic
20	Emily Williams	Senior	395	388.80	GL	EPA All England

Equipped Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Christie Civetta	Senior	480	469.28	EM	EPF European Equipped
2	Amy Spencer	Senior	450	442.52	SW	BP British Equipped
3	Lauren Elder	Senior	420	446.27	NI	NI Open
4	Katy Matheson	Senior	417.5	408.25	SCO	Home Nations
5	Joanne Barnes	M1	407.5	400.73	YNE	BP British Equipped
6	Rachael Steedman	Senior	402.5	396.94	SCO	SCO Scottish Masters
7	Catherine Gordon	M1	390	387.23	SCO	SCO Scottish Masters
8	Wendie Kirkland	M1	382.5	376.86	NM	BP British Equipped
9	Vikki Eades	Senior	377.5	369.14	WAL	Home Nations
10	Faye Jordan	Senior	375	394.99	EM	EPA Inter-Regional
11	Hannah-Louise Graham	U23	357.5	349.19	EM	EPF European Equipped
12	Jo Beck	M2	345	340.59	GBR	EPF Euro Equipped Masters
13	Carrie Shearer	Senior	337.5	359.88	WAL	Home Nations
14	Melissa Wall	M2	312.5	306.44	SCO	BP British Equipped
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Classic Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Eno Majomi	M1	95	94.27	GL	EPF Euro Classic Bench
2	Rachel Hughes	Senior	92.5	92.30	YNE	BP British Classic Bench
3	Beverley Rodgers	M1	90	92.68	SM	IPF Classic Bench Press
4	Sheri Miles	Senior	90	88.50	SE	BP British Classic Bench
5	Rowan Hendry-Horne	Senior	87.5	86.05	SCO	BP British Classic Bench
6	Zoe Clark	U23	80	79.94	GBR	IPF Classic Bench Press
7	Sophie Hardy	Senior	77.5	78.93	NM	EPA English Bench Press
8	Elizabeth Mills	U23	75	74.58	SE	IPF Classic Bench Press
9	Wendie Kirkland	M1	75	74.04	NM	EPA English Bench Press
10	Bea Wright	Senior	72.5	71.03	SW	BP British Classic Bench
11	Ana Rojo	Senior	70	72.94	SE	BP British Classic Bench
12	Dana Sutor	U23	70	70.92	NI	NI Bench Press
13	Aileen Muldoon	M1	67.5	67.90	NI	NI Bench Press
14	Kim Wilson	Senior	62.5	66.72	SCO	SCO Scottish Bench Press
15	Denise Galbraith	Senior	62.5	62.80	NI	NI Bench Press
16	Nicola Elding	M2	55	56.37	GBR	EPA English Bench Press
17	Kelly Clark	M2	52.5	52.97	YNE	EPA English Bench Press
18	Rebecca Carberry	Senior	50	51.58	NI	NI Bench Press
19	Julie Briggs	M2	50	49.31	SE	BP British Classic Bench
20	Julie Rose	M2	50	48.98	GBR	EPA English Bench Press

Equipped Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Clare Patterson	Senior	125	122.23	NW	BP British Equipped Bench
2	Kimberley Cowell	Senior	120	117.82	GBR	EPF European Bench Press
3	Alana Pash	Senior	102.5	107.79	GBR	EPF European Bench Press
4	Wendie Kirkland	M1	102.5	101.18	NM	EPA English Bench Press
5	Jo Beck	M2	72.5	71.01	GBR	EPF European Bench Press
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84kg Class Top 20 Women ranked by total

Classic Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Chrystal Williams	U23	500	449.84	NW	BP British Uni Women
2	Takara Hawthorne-Smith	Senior	477.5	431.41	WM	IPF World Classic
3	Deirdre Fenlon	Senior	468	419.61	WM	BP British Womens Classic
4	Hira Teirney	Senior	458.5	411.17	SW	EPF Western European
5	Temitope Nuga	Senior	450	407.60	GL	EPA All England
6	Wendy Macfarlane	Senior	447.5	400.50	SCO	Scottish Classic
7	Sheri Miles	Senior	442.5	429.53	SE	Home Nations
8	Elfie Higson	Senior	440	398.28	NW	BP British Womens Classic
9	Chloe Whyllie	Senior	440	393.54	GL	EPA All England
10	Vanassa George-Macdonald	Senior	435.5	393.70	SCO	Scottish Classic
11	Alice Francis Freeman	U23	432.5	415.74	SCO	Home Nations
12	Stephanie Carrillo-Chaves	U23	432.5	401.50	YNE	BP British Junior Classic
13	Claire Tocher	Senior	430	395.40	SCO	Scottish Classic
14	Danielle Ellington	U18	428.5	386.27	GBR	IPF World Classic
15	Natasha Tranter	U23	425	385.21	WM	BP British Womens Classic
16	Jennifer Sherwood	M1	420	378.95	GBR	BP British Masters Classic
17	Laura Loft	Senior	420	378.23	YNE	BP British Womens Classic
18	Alexandra Jackson	Senior	415	383.26	GBR	BP British Uni Women
19	Deanna Dawkins	Senior	407.5	372.35	GBR	BP British Uni Women
20	Emma Sullivan	Senior	402.5	360.89	NW	BP British Womens Classic

Equipped Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Jennifer Keane	M1	500	467.72	WM	BP British Equipped
2	Christie Civetta	Senior	500	452.45	EM	IPF World Open
3	Jacqueline Blasbery	M2	445	397.46	EM	EPF Euro Equipped Masters
4	Charlie Shotton-Gale	Senior	440	392.83	SW	BP British Equipped
5	Catherine Burroughs	M1	437.5	392.12	GBR	EPF Euro Equipped Masters
6	Claire Reid	Senior	425	378.99	NI	Home Nations
7	Melissa Wall	M2	310	296.90	GBR	EPF Euro Equipped Masters
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Classic Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Stephanie Carrillo-Chavez	U23	120	109.26	YNE	IPF Classic Bench Press
2	Christina Appleby-Phillips	Senior	112.5	103.14	WAL	IPF Classic Bench Press
3	Eno Majomi	Senior	92.5	89.79	GL	BP British Classic Bench
4	Claire Tocher	Senior	90	82.58	SCO	SCO Scottish Bench Press
5	Natalie Huggins	Senior	85	76.07	SCO	SCO Scottish Bench Press
6	Lindsey Woodcock	M1	72.5	65.17	GBR	BP British Classic Bench
7	Jacqui Pope	M1	72.5	64.73	NI	NI Bench Press
8	Mariah Connor-Brown	U18	72.5	64.69	GBR	EPA English Bench Press
9	Amy Crossland	Senior	70	63.07	GBR	EPF Euro Classic Bench
10	Claire Reid	Senior	67.5	60.63	NI	NI Bench Press
11	Rebecca Lutton	Senior	67.5	60.56	NI	NI Bench Press
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Equipped Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Michelle Brand	M1	115.0	102.709	SCO	EPF European Bench Press
2	Rebecca Williams	M1	100.5	93.0193	NM	EPA English Bench Press
3	Orla Mahon	Senior	100.0	89.8278	GL	BP British Equipped Bench
4	Melissa Wall	M2	75.0	71.2505	GBR	EPF European Bench Press
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84kg+ Class Top 20 Women ranked by total

Classic Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Leigh Wetheridge	Senior	560.5	454.78	EM	EPF Classic
2	Camille Holland	Senior	535.5	421.50	EM	EPF Classic
3	Charlie Chester	U23	500.5	404.86	SW	EPA All England
4	Lucy Jackson	Senior	477.5	392.38	NW	BP British Womens Classic
5	Jo Whiteley	M1	470	374.00	NW	IPF World Classic
6	Tracy O'Callaghan	M1	465	390.55	GBR	BP British Masters Classic
7	Heather Clarke	Senior	445	373.14	EM	BP British Womens Classic
8	Scarlett Sotiris	Senior	440	376.14	SM	EPA All England
9	Alexandra Foden	Senior	437.5	357.55	NW	EPA All England
10	Betty Gray	M2	435	362.49	SE	BP British Masters Classic
11	Katrina Sweatman	Senior	435	353.99	WM	EPA All England
12	Libby Blair	M2	435	349.17	NI	BP British Masters Classic
13	Leah Moir	Senior	432.5	349.91	SCO	Scottish Classic
14	Steevi Pugh	Senior	427.5	355.16	NW	EPA All England
15	Mary McCance	Senior	420	359.57	NW	EPA All England
16	Lauren Rooney Crowe	Senior	420	333.72	NI	NI Open
17	Mariemy Montero	Senior	402.5	327.87	YNE	EPA All England
18	Sam Foulds	Senior	402.5	324.64	SM	BP British Womens Classic
19	Lynsey Christie	M1	400	345.31	SCO	SCO Scottish Masters
20	Ramandeep Dehel	U23	397.5	328.75	GL	BP British Junior Classic

Equipped Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Laura Berry	Senior	533.5	450.25	YNE	BP British Equipped
2	Kelly Phasey	M1	510	405.36	WM	EPF EuroEquipped Masters
3	Jacqueline Blasbery	M2	452.5	394.67	EM	IPF World Masters
4	Sue Hollands	M3	427.5	376.90	YNE	BP British Equipped
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Classic Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Camille Holland	Senior	117.5	92.98	EM	IPF Classic Bench Press
2	Kelly Phasey	M1	103	81.89	WM	EPA English Bench Press
3	Jacqueline Gough	M1	102.5	78.79	NM	EPA English Bench Press
4	Charlie Chester	U23	97.5	79.49	SW	BP British Classic Bench
5	Sarah Bouskill	Senior	95	76.27	NM	EPA English Bench Press
6	Katrina Sweatman	Senior	90	73.00	WM	EPA English Bench Press
7	Sarah Marsden	M1	85	69.88	EM	BP British Classic Bench
8	Lisa Bell	M1	77.5	60.38	NI	NI Bench Press
9	Scarlett Sotiris	Senior	75	64.54	SM	BP British Classic Bench
10	Teneka Walford	U23	70	60.40	SE	BP British Classic Bench
11	Stacey O'Hagan	Senior	57.5	50.24	NI	NI Bench Press
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Equipped Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Jo Whiteley	M1	157.5	125.90	NW	IPF Bench Championships
2	Jacqueline Gough	M1	152.5	117.25	NM	IPF Bench Championships
3	Sarah Bouskill	Senior	150	120.42	NM	EPA English Bench Press
4	Kelly Phasey	M1	135	106.66	WM	EPF European Bench Press
5	Kyla Mulholland	M1	115	100.38	NI	NI Bench Press
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