

**Championship** East Mids powerlifting champs **Venue** Letchworth **Date** 2-12-12 **B/W Class/s**

Age	Name	B/W	Sqaut			Bench Press			S/T	Dead Lift			Total	PN
	<b>Women</b>													
		<b>47Kg</b>												
M2	Imelda Flanagan	41.7	65	67.5	<u>70</u>	35	37.5	<u>40</u>	110	102.5	107.5	<u>112.5</u>	222.5	1
		<b>57Kg</b>												
M2	Jenny Hunter	52.9	120	130	<u>135</u>	75	<u>80</u>	<del>85</del>	215	152.5	<del>165</del>	<u>165</u>	380	1
		<b>84Kg</b>												
M1	Jackie Blasbery	81.9	140	150	<u>160</u>	<u>97.5</u>	-----	-----	257.5	165	175	<u>185</u>	442.5	1
		<b>84+K</b>												
Snr	Thalia Koumbis	84.9	60	<del>65</del>	<u>70</u>	40	45	<u>47.5</u>	117.5	100	110	<u>120</u>	237.5	1
	<b>men</b>													
		<b>66Kg</b>												
Snr	Andrew Kearton	64	140	150	<u>160</u>	70	<u>80</u>	<del>90</del>	240	160	170	<u>177.5</u>	417.5	1
Snr	Sean Maloney	65.1	140	<u>145</u>	<del>150</del>	<u>92.5</u>	<del>95</del>	<del>95</del>	237.5	175	<del>180</del>	<u>180</u>	417.5	2
		<b>74Kg</b>												
U20	Benjamin Cattermole	67.5	145	<u>152.5</u>	157.5	<u>95</u>	<del>100</del>	<del>100</del>	247.5	<u>160</u>	-----	-----	407.5	1
		<b>83Kg</b>												
U23	Tom Rowell	82.8	155	165	<u>172.5</u>	90	<u>97.5</u>	<del>102.5</del>	270	215	<u>225</u>	<del>232.5</del>	495	1
Snr	Rory Power	79	<del>150</del>	155	<u>165</u>	115	122.5	<u>125</u>	290	180	190	<u>200</u>	490	2
M1	David Potticary	75	140	150	<u>160</u>	110	<u>120</u>	<del>130</del>	280	170	<del>180</del>	<u>190</u>	470	3
M3	Mick Amey	81.1	<u>140</u>	<del>150</del>	<del>160</del>	100	<u>105</u>	<del>107.5</del>	245	<u>220</u>	<del>230</del>	-----	465	4
Snr	Matt Lines	82.4	<del>160</del>	<u>160</u>	<del>165</del>	<u>102.5</u>	<del>110</del>	<del>110</del>	262.5	175	<u>200</u>	<del>205</del>	462.5	5
Snr	Paul Everson	80.1	140	150	<u>155</u>	90	100	<u>107.5</u>	262.5	170	180	<u>190</u>	452.5	6
M3	Tony Wightman	82.6	135	<del>140</del>	<u>140</u>	85	90	<u>92.5</u>	232.5	175	<u>182.5</u>	<del>185</del>	415	7

Side Referee\_\_D Tucker \_\_

Centre Referee\_\_ I Kinghorn\_

Side Referee\_\_ J Bevan\_\_

**G= Guest Lifter**

Age	Name	B/W	Squat			Bench Press			S/T	Dead Lift			Total	PN	
	<b>Men</b>	<b>93Kg</b>													
M3	Kevin Jane	93	250	270	<u>280</u>	155	165	<u>172.5</u>	452.5	265	277.5	<u>285</u> br	737.5	1	
Snr	Matt Fleet	91.9	200	<u>220</u>	<del>225</del>	140	147.5	<u>152.5</u>	372.5	260	270	<u>280</u>	652.5	2	
Snr	James Copping	92	180	192.5	<u>205</u>	125	<u>132.5</u>	<del>137.5</del>	337.5	240	<u>255</u>	<del>262.5</del>	592.5	3	
U23	Mark Golding	85.4	180	200	<u>210</u>	115	125	<u>130</u>	340	200	220	<u>240</u>	580	4	
Snr	Dan Amey	86.4	125	<del>135</del>	<u>140</u>	125	<u>135</u>	<del>140</del>	275	180	<u>200</u>	<del>202.5</del>	475	5	
Snr	Stefan Nolan	88.6	170	<del>180</del>	<u>180</u>	<u>80</u>	<del>85</del>	<del>87.5</del>	260	<del>200</del>	200	<u>210</u>	470	6	
Snr	Thomas Hudson	89.3	120	137.5	<u>145</u>	105	110	<u>115</u>	260	<u>155</u>	<del>170</del>	<del>170</del>	415	7	
Snr	Rob Palmer	88.5	<del>320</del>	320	<u>340</u>	<del>235</del>	240	<u>245</u>	585	280	<del>295</del>	<u>295</u>	880		G
Snr	Wesley Chambers	89	80	<del>92.5</del>	<u>105</u>	75	85	<u>95</u>	200	140	160	<u>195</u>	395		G
		<b>105K</b>													
Snr	Jack Cook	100	260	272.5	<u>280</u>	165	175	<u>180</u>	460	270	<u>280</u>	<del>290</del>	740	1	
M1	Stuart Gates	100.3	200	210	<u>220</u>	130	140	<u>145</u>	365	230	<u>240</u>	<del>255</del>	605	2	
M3	Dave Battisson	96.6	175	<u>185</u>	-----	130	<u>137.5</u>	<del>145</del>	322.5	<u>215</u>	<del>225</del>	-----	537.5	3	
Snr	Colin Miller	96.8	<del>175</del>	175	<u>190</u>	<del>125</del>	125	<u>130</u>	320	190	<u>215</u>	<del>220</del>	535	4	
Snr	Jake O'Neill	103.4	270	<u>290</u>	300	180	195	<u>200</u>	490	<u>260</u>	<del>270</del>	<del>270</del>	750		G
		<b>120k</b>													
M1	Andy Rodney	114.8	220	245	<u>255</u>	160	<u>170</u>	<del>172.5</del>	425	<u>280</u>	<del>290</del>	-----	705	1	
Snr	Tom Weavers	118.5	190	202.5	<u>207.5</u>	130	<del>140</del>	<u>140</u>	347.5	220	232.5	<u>242.5</u>	590	2	
Snr	Kacper Jaworski	106	200	215	<u>220</u>	130	140	<u>150</u>	370	220	240	<u>260</u>	630		G
M2	Ian Sullivan	115.5	<del>160</del>	<u>160</u>	<del>165</del>	<del>160</del>	<u>160</u>	<del>170</del>	320	150	160	<u>170</u>	490		G
		<b>120+</b>													

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