

**GBPF British Bench Press Championships**  
**11th February 2012**

Name	Lot no	M/F	Weight	Age	Division	BWT	Bench press attempts				Overall place	Mstrs-jnrs place
			Class	Class			1st	2nd	3rd	Best		
Ainsworth, Megan	3	F	43.0	Junior	EM	38.6	50	55	60	60		1
Blake, Natalie	4	F	52.0	Open	EM	51	90	/	/	90	1	
Freemantle, Jordana	5	F	72.0	Open	WM	69.1	87.5	90	/	90	1	
Maton, Jean	7	F	84.0	M1	SM	84	105	-112.5	-115	105	1	1
Taylor, Bronwyn	6	F	84.0	U16	Scotland	72.7	62.5	67.5	-75	67.5	2	1
Alderman, Adam	10	M	59.0	Open	EM	47.75	130	135	-140	135	1	
Brown, David	8	M	59.0	M3	EM	57.85	85	90	92.5	92.5	2	1
Brown, Ted	9	M	59.0	M5	SM	58.3	70	75	80	80	3	1
Irving, Jason	13	M	66.0	Open	WM	62.95	160	170	-180	170	1	
Gideon, Aaron	14	M	66.0	Open	GL	63.2	152.5	170	-172.5	170	2	
Prater, Gary	11	M	66.0	M1	SW	65.75	130	-137.5	-137.5	130	3	1
Mirza, Zia	12	M	66.0	M2	WM	63.9	100	105	/	105	4	1
Name	Lot no	M/F	Weight	Age	Division	BWT	Bench press attempts				Overall place	Mstrs-jnrs place
			Class	Class			1st	2nd	3rd	Best		
Macrow, Stan	19	M	74.0	M3	WM	72.3	130	-135	-135	130	1	1
Meachen, Lee	18	M	74.0	M1	EM	74	-177.5	/	/	0		
Barrs, Kevin	20	M	83.0	M2	NM							
Singh, Jaswinder	24	M	83.0	Open	WM	77.5	-187.5	-187.5	187.5	187.5	1	
Lohan, Aaron	26	M	83.0	Open	NW	81.9	170	177.5	-190	177.5	2	
Whitaker, Andrew	25	M	83.0	Open	NW	82.2	155	162.5	-167.5	162.5	3	
Lee, Alex	22	M	83.0	M3	YNE	78.05	150	155	160	160	4	1
McFadyen, William	23	M	83.0	M4	Scotland	77	135	-140	-140	135	5	1
Williams, David	21	M	83.0	M2	SW	81.55	-155	-165	-165	0	6	1
Name	Lot no	M/F	Weight	Age	Division	BWT	Bench press attempts				Overall place	Mstrs-jnrs place
			Class	Class			1st	2nd	3rd	Best		
Jeffries, James	30	M	93.0	M1	EM	92.9	242.5	-300	-300	242.5	1	1
Kinghorn, Ian	32	M	93.0	M2	EM	92.9	192.5	205	-215	205	2	1
Balderston, Richard	36	M	93.0	U20	NM	90	-190	-190	190	190	3	1
Wray, Sheridan	35	M	93.0	Open	YNE	91.7	170	180	-195	180	4	
Cooper, Chris	31	M	93.0	M2	YNE	91.4	155	162.5	165	165	5	2
Wray, Paul	33	M	93.0	M3	YNE	89.8	-130	-130	130	130	6	1
Wells, Ian	34	M	93.0	Open	EM	92.7	-220	-220	-220	0		
Singh, Pinda	42	M	105.0	Open	EM	105	240	-270	-270	240	1	
Flett, Martin	40	M	105.0	M2	Scotland	104.9	190	197.5	-202.5	197.5	2	1
Hammond, Paul	37	M	105.0	M1	NM	103.4	175	182.5	-190	182.5	3	1
Collins, Tom	41	M	105.0	M3	YNE	103.4	170	180	-190	180	4	1
Murphy, Allan	38	M	105.0	M2	Scotland	102.7	-145	150	-160	150	5	2
Kerridge, Paul	39	M	105.0	M3	EM	93.2	-130	130	-150	130	6	2
Pulling, Rob	43	M	105.0	Open	WM	/	/	/	/	/	/	/
Name	Lot no	M/F	Weight	Age	Division	BWT	Bench press attempts				Overall place	Mstrs-jnrs place
			Class	Class			1st	2nd	3rd	Best		
Cliffe, Tony	54	M	120.0	Open	EM	120	270	277.5	282.5	282.5	1	
Pennington, Michael	56	M	120.0	Open	NM	118.7	245	270	-278	270	2	
Banks, Ben	55	M	120.0	Open	GL	117.2	230	240	-250	240	3	
deMeis, Marco	51	M	120.0	M2	SM	110.85	205	212.5	-232.5	212.5	4	1
Cowan, Stewart	48	M	120.0	M1	EM	108.4	202.5	207.5	-212.5	207.5	5	1
Middleton, Mario	49	M	120.0	M1	YNE	119.5	-180	180	/	180	6	2
Massey, Julian	50	M	120.0	M2	GL	115.8	177.5	-187.5	-187.5	177.5	7	2
Brooks, David	52	M	120.0	M3	SM	114.65	140	-170	170	170	8	1
Baxter, Bob	53	M	120.0	M3	EM	105.2	122.5	132.5	143	143	9	2
Nash, Adam	61	M	121.0	Open	SW	159.3	280	302.5	-307.5	302.5	1	
Bowring, Dean	60	M	121.0	Open	SM	133.3	260	-300	-305	260	2	
Mellor, Graham	62	M	121.0	U18	NM	182	190	210	-220	210	3	1
Booth, Richard	59	M	121.0	Open	NW	147.5	-195	195	-205	195	4	
Sadler, Bob	58	M	121.0	M2	Wales	129.5	150	165	180	180	5	1
Williams, Craig	57	M	121.0	U16	SM	127.5	-160	165	-170	165	6	1