

CHIEF EXECUTIVE'S REPORT FOR 2017

2017 was another successful year for British Powerlifting. Membership increased by around 25% to finish at just under 4000. Each year I think that these increases in membership numbers can't continue, but they do! A significant milestone is that we appointed our first independent director Julian Harris, who will add a new dimension in our thinking.

Our application for National Governing Body (NGB) recognition was resubmitted to Sport England under their new streamlined pre-application process. Unfortunately, we have struggled to get a meaningful response and had to resort to writing in Sport England's top management. This has resulted in yet more questions, which will be answered in due course and hopefully result in a positive result. We have also had dialogue with BUCS regarding recognition for powerlifting. However, they have told us that this is contingent on us gaining NGB recognition first.

140 national and regional tests were conducted in 2017, a significant increase over 2016. Out of these there were several adverse findings and two refusals, which have been processed by the Disciplinary Committee (DC) and the appropriate penalties imposed in accordance with the WADA Code. The cost of testing remains a major budget item, but this is money well spent to keep our sport clean. The DC has done their usual efficient job dealing with drug test failures and other matters. Regrettably, they have had to deal with other disciplinary matters concerning abusive postings on social media. This sort of behaviour is against our rules, but some members seem to think that they can say anything on-line with impunity.

Several coaching courses have been run successfully by Fred Mckenzie and Pete Sparks, aimed mostly at British Powerlifting members. They are also in the process of updating our course material, which may necessitate re-approval by PD Approval (formerly REPS). On the technical front, we continue to run many divisional referee courses around the country. However, we need more referees to commit to moving up through the ranks to get their international licences. Finding international referees able to officiate at internationals is an ongoing challenge; we are fined by the IPF/EPF if we fail to send a referee an international where we have more than four lifters.

In 2017 we ran two of our biggest ever British championships. The University Championships involved over 300 lifters and running two platforms, which was the first time we had tried this. This was very successful thanks to the assistance of Marc Giles, equipment and platform crew plus the usual intrepid team from the Farm Weightlifting Club at Moulton College. We ran the Junior championships in Motherwell with an unprecedented number of entries, which necessitated running late into the evening on all three days. However, it was a very successful event and for the first time we were very pleased to have the

inimitable Geno as the speaker, which definitely contributed to the great atmosphere.

The medals gained at internationals are shown in the appended table and there were many excellent performances. In the European Classic championship our juniors and sub-juniors did particularly well with a good haul of medal, including overall Golds. We continue to struggle on the equipped side at senior level although we do have some promising juniors and sub-juniors coming through.

The Strategic Plan has been updated and a key target is achieving a 5000 membership in the next five years. As ever, we need to strengthen our administration to develop the Federation more effectively. To support this, a proposal is being tabled for an expanded Board of Directors.

A number of Executive and Non-Executive Officers do a great deal of work for the Federation and the time and commitment required is not always recognised. Our Championships Secretary Fred Sterry and Membership Registrar Carol Parker spend countless hours dealing with the ever increasing number of championship entries and members, including queries of all descriptions. Our Head of Law and Legislation Mike Patterson has also spent considerable time making sure all our documents and procedures are in order and his advice on legal matters has been invaluable. Our Finance Director continues to do a “sterling” managing our financial affairs.

We also need to recognise the terrific work done by our Head Coaches and their teams, selecting and coaching our international teams around the World.

In conclusion, I would like to thank all Executive and Non-Executive Officers for their support and hard work in 2017. In particular, the help and advice from our Chairman Fred Sterry, whose wealth of experience is a great asset to the Board.

Richard Parker

2017 INTERNATIONAL MEDAL TABLE

CHAMPIONSHIP	LIFTER	CAT	SQUAT	BENCH	DEADLIFT	TOTAL
Euro Jun & S-Jun	Jack Johnson	120kg	Bronze	Silver	Gold	Silver
Euro Seniors GBR Women's Team 3rd	Louise Edwards	47kg	Bronze	Bronze	Bronze	Bronze
	Ellie Steel	57kg	Bronze	Gold		Silver
Euro Classic Sen GBR Women's Team 2nd	Michael Pennington	105kg		Silver		
	Tony Cliffe	120kg	Silver	Gold	Silver	Gold
	Rebecca Heath	47kg		Bronze		
	Emma Goodwin	52kg			Silver	
	Joy Nnamani	57kg	Silver		Gold	Gold
	Sabrina Moore	63kg			Bronze	Bronze
	Camille Holland	84+kg	Silver	Bronze	Bronze	Bronze
Euro Classic Jun GBR Team 1st	Tom Chang	66kg			Silver	
	Jack Suljevic	74kg	Bronze		Bronze	
	Salman Khan	83kg			Silver	Silver
	Josh Edwards	105kg			Silver	
	Mark MacQueen	120kg	Gold	Gold	Gold	Gold
	Luke Richardson	120+kg	Gold	Bronze	Gold	Gold
GBR Team 1st	Hannah Chan	57kg	Bronze			Bronze
	Elsbeth McLeod	57kg			Bronze	
	Crystal Williams	84kg	Gold	Silver	Gold	Gold
	Charlie Chester	84+kg	Gold	Silver	Silver	Silver
Euro Classic Sub-Jun GBR Men's Team 3rd	Edwin Lord	105kg	Bronze	Bronze	Bronze	Bronze
	Bradley May	120kg	Silver	Silver	Silver	Silver
Euro Classic M1 BenchPress M2 M4 Sub-Junior M1	Wylie Bethany	52kg	Silver	Bronze	Silver	Silver
	Deanna Dawkins	84kg	Silver	Silver	Silver	Silver
	Sheridan Wray	93kg		Gold		
	Andy Rigby	93kg		Gold		
	Tom Collins	105kg		Silver		
	Mariah Connor-Brown	84kg			Silver	
Euro Bench Press J M1 M2 M4 M1 GBR Women's Team 1st GBR Women's Team 3 rd M2	Eno Majomi	72kg			Silver	
	Jackie Gough	84+kg			Silver	
	Graham Mellor	120+kg			Gold	
	Martin Green	105kg			Gold	
	Glyn Belsher	93kg			Bronze	
	Lee Alexander	83kg			Bronze	
	Wendie Kirkland	72kg			Silver	
	Rebecca Williams	84kg			Bronze	
	Jo Whiteley	84+kg			Gold	
Michelle Franklin	63kg			Silver		
Euro Masters M1 GBR Men's Team 3rd GBR Women's Team 1st GBR Women's Team 2 nd M2	Phil Richard	74kg	Gold	Gold	Gold	Gold
	Robert Love	93kg	Silver		Bronze	
	Michelle Brand	84kg	Gold	Gold	Bronze	Gold
	Catherine Burroughs	84+kg	Gold	Gold	Gold	Gold
	Jenny Hunter	52kg	Silver	Silver	Silver	Silver
	Melissa Wall	72kg			Bronze	
	Jacqui Blasbery	84kg	Silver	Gold	Gold	Gold
	Helen Toms	84+kg	Gold	Gold	Gold	Gold
Stan Macrow	74kg	Gold	Gold	Gold	Gold	

GBR Team 1st M4	M3	Marina Cornwall	47kg	Gold	Gold	Gold	Gold	
		Peter Barrett	66kg	Gold	Gold	Gold	Gold	
		Desi Scott	74kg	Silver	Silver	Silver	Silver	
		Mick Ellender	93kg	Silver	Silver	Silver	Silver	
Western Cup	Euro	Sarah Stanhope	63kg	Silver		Bronze	Bronze	
		Civetta Christie	72kg	Bronze		Silver	Bronze	
WEC Classic		Chris Wong	74kg	Gold	Bronze	Gold	Silver	
		Mark Hodgett	83kg	Bronze	Bronze	Gold	Bronze	
		Charlie Wade	105kg	Silver	Gold	Bronze	Silver	
		Robert Rees	120kg	Bronze	Bronze	Gold	Silver	
		Jodie Cook	57kg	Bronze	Silver	Gold	Silver	
		Hollie Johnson	63kg			Bronze		
		Tasmin Campbell	72kg		Silver	Gold	Silver	
		Christina Appelby-Phillips	84kg	Silver	Gold	Silver	Silver	
		Chelsea Logue	84kg	Bronze	Silver	Bronze	Bronze	
Commonwealth Championships Equipped Classic Open	M1							
		Akin Yavuz	66kg	Gold	Gold	Gold	Gold	
		Melissa Wall	72kg	Gold	Gold	Gold	Gold	
		Michael Morris	66kg	Gold	Silver	Gold	Gold	
		Emmanuel Franklin	74kg		Gold		Bronze	
		Jurins Kengamu	83kg	Gold	Bronze	Gold	Gold	
		Owen Lockwood	83kg	Silver		Silver	Silver	
		James Blundell	93kg	Gold	Silver	Silver	Gold	
		Peter Davison	93kg	Bronze			Bronze	
		Wesley McGuinness	93kg		Silver	Bronze		
		Thomas Brannick	105kg	Gold	Gold	Silver	Gold	
		John Smith	105kg	Bronze	Silver			
		Baruch Sekenosky	120kg	Gold	Gold	Gold	Gold	
		Wesley Hall	120+kg	Gold	Gold	Gold	Gold	
		Emma Rafferty	47kg	Silver	Silver	Silver	Silver	
		Emily Przeslak	47kg	Bronze	Bronze	Gold	Bronze	
		Louise Sinniah-Barr	52kg		Bronze			
		Joy Nnamani	57kg	Gold	Gold	Gold WR	Gold	
		Amy Dickson	57kg	Bronze	Bronze	Silver	Silver	
		Catherine Graham	57kg		Silver	Bronze	Bronze	
		Leigh-Ann Mcquillan	63kg	Bronze		Silver	Bronze	
		Rowan Hendry-Horne	72kg	Gold	Gold	Bronze	Gold	
		Alex Kapka	72kg	Bronze	Bronze	Gold	Bronze	
		Deidre Fenlon	84kg	Gold		Gold	Gold	
		Hannah Topp	84kg	Bronze				
		Sarah Hammerton	84+kg	Bronze	Bronze		Bronze	
	Commonwealth Sub Junior		Kai Gajewiak	59kg	Gold	Gold	Bronze	Gold
			Anthony Ramsbottom	74kg	Gold	Gold	Silver	Gold
			Will Skinner	74kg	Silver	Silver	Gold	Silver

	Bradley May	120kg	Gold	Gold	Gold	Gold	
	Emily Killick	72kg	Gold	Gold	Gold	Gold	
Commonwealth Junior	Nat Wiesendanger Shaw	66kg	Silver	Bronze	Gold	Gold	
	Elliot Stone	66kg	Gold	Gold	Bronze	Silver	
	That Thammathataree	74kg	Gold	Gold	Gold	Gold	
	Tim Rew	74kg		Bronze	Silver	Silver	
	Mark Harvey	74kg	Silver	Silver		Bronze	
	Scott Webb	83kg	Gold	Silver	Gold	Gold	
	Christopher Franklin	83kg	Silver	Bronze	Silver	Silver	
	Sam Mitchell	83kg	Bronze			Bronze	
	Eoghan Moriarty	93kg	Silver	Bronze	Gold	Silver	
	Benjamin Wharton	105kg	Gold	Silver	Silver	Silver	
	Luke Powlson	105kg	Bronze	Bronze		Bronze	
	Mark MacQueen	120kg	Gold	Gold	Gold	Gold	
	Frankie Parke	120kg	Silver	Silver	Silver	Silver	
	Shane Flowers	120+kg	Gold	Gold	Gold	Gold	
	Ann-Tiarna Pearce	52kg	Gold	Gold	Gold	Gold	
	Elizabeth Pipe	57kg	Silver	Silver	Silver	Silver	
	Emily Whittington	63kg	Gold	Gold	Gold	Gold	
	Kara Swankie	72kg	Gold	Gold	Gold	Gold	
	Commonwealth M1	George Millar	83kg	Bronze	Bronze	Gold	Bronze
		Daniel Byrne	105kg		Silver		
Catriona Duncan		52kg	Gold	Gold	Gold	Gold	
Rachel Smith		52kg	Silver	Bronze	Silver	Silver	
Anneli Ritari-Stewart		57kg		Silver	Bronze	Bronze	
Beverley Rodgers		63kg	Silver	Gold	Silver	Silver	
Suzanne Walker		63kg			Bronze		
Judith Davison		72kg			Bronze		
Kyla Mulholland		84kg	Gold	Gold	Gold	Gold	
Suzy Taljard		84kg	Silver	Bronze	Silver	Silver	
Jacqui Pope		84kg		Silver		Bronze	
Sarah Marsden		84+kg	Gold	Gold	Gold	Gold	
Joanna Jack		84+kg	Silver	Silver	Silver	Silver	
Commonwealth M2	Samantha Devlin	57kg	Gold	Gold	Gold	Gold	
	Lynda Banks	72kg	Gold	Gold	Gold	Gold	
	Lucile Rowan	72kg	Silver		Silver	Bronze	
	Libby Blair	84+kg	Gold	Silver	Gold	Gold	
Commonwealth M3	Marina Cornwall	47kg	Gold	Gold	Gold	Gold	
	Cathy Macasian	72kg	Gold	Gold	Gold	Gold	
Commonwealth Classic Bench Press Sub-Junior M1	Emmanuel Franklin	74kg		Gold			
	Kris Boyce	74kg		Silver			
	James Ingram	83kg		Bronze			
	John Smith	105kg		Gold			
	Kai Gajewiak	59kg		Gold			
	Gordon Kay	83kg		Gold			
	David Litchfield	93kg		Gold			
Commonwealth SO	Daniel McGauley	59kg	Gold	Gold	Gold	Gold	
	David Martin	105kg		Gold	Gold		
World Senior	Ellie Steel	57kg		Bronze			

World Jun & Sub-Jun	No team sent					
World Classic Sub-Junior	Edwin Lord	105kg			Gold	
	Bradley May	120+kg	Gold	Gold	Gold	Gold
World Classic Junior	Joshua Greenfield	105kg	Bronze			
	Mark MacQueen	120kg	Silver		Gold	Gold
	Luke Richardson	120+kg	Gold	Silver	Silver	Silver
	Hannah Chan	57kg	Bronze			
	Crystal Williams	84kg	Silver	Silver	Silver	Silver
	Leigh Wetheridge	84+kg	Bronze	Silver	Gold	Silver
	Charlie Chester	84+kg		Bronze	Bronze	
World Classic Senior	Owen Hubbard	74kg		Gold		
	Stephen Manuel	105kg	Silver	Bronze	Gold	Silver
	Tony Cliffe	120kg	Bronze	Silver		Silver
	Joy Nnamani	52kg	Bronze		Silver	Bronze
World Classic M1	Greig Murray	66kg			Silver	Bronze
	David O'Brien	83kg	Bronze			
	June Stamp	47kg	Bronze	Bronze		Bronze
	Sofia Rufus	52kg	Bronze			
	Jane Girdlestone	57kg	Bronze			
	Beverley Rodgers	63kg		Gold		
	Louise Richardson	72kg	Gold	Gold	Bronze	Gold
	Jenni Sherwood	84kg			Silver	
	Kelly Phasey	84+kg		Bronze		
	Andy Rodney	120+kg	Silver	Silver	Silver	Silver
	Jenny Hunter	52kg		Silver	Bronze	
	Lynda Banks	63kg			Bronze	
	Jacqui Blasbery	84kg	Silver	Gold	Gold	Gold
	Ernie Parkes	83kg	Gold		Gold	Gold
	Marina Cornwall	47kg	Gold	Gold	Gold	Gold
World Classic M2	Linda Kaminski	52kg	Silver	Silver	Silver	Silver
	Clive Lingard	93kg	Silver	Silver	Bronze	Bronze
World Bench Press Junior M1	Ellie Steel	57kg		Bronze		
	Graham Mellor	120+kg		Silver		
	Wendie Kirkland	72kg		Bronze		
	Rebecca Williams	84kg		Bronze		
	Jo Whiteley	84+kg		Bronze		
	Gary Prater	74kg		Silver		
World Bench Press Junior M2	Martin Flett	105kg		Silver		
World Masters M1	Phil Richard	74kg	Gold	Gold		Gold
	Russell Kirby	105kg	Gold			Silver
	Stan Macrow	74kg			Bronze	
	Kevin Jane	93kg	Gold	Silver	Gold	Gold
	Peter Barrett	66kg	Gold	Gold	Gold	Gold
	Mick Ellender	93kg		Silver	Silver	Silver
	Joanne Barnes	72kg	Bronze	Bronze	Bronze	Bronze
	Jenny Hunter	52kg	Bronze	Silver	Gold	Silver
	Michelle Franklin	57kg	Silver	Bronze	Bronze	
	Jacqui Blasbery	84+kg	Silver	Silver	Gold	Gold
World Masters M2	Susan Hollands	84+kg	Gold	Silver	Gold	Gold
World Classic Bench SJ Junior M1	Hollie Johnson	63kg		Silver		
	Diell Zejnullahu	105kg		Gold		
	Anujan Srikantha	74kg		Bronze		
	Jackie Gough	84+kg		Bronze		
	Callum Crozier	105kg		Gold		

M2	Andy Rigby	93kg		Silver		
World University Cup UCL Men's Team 2 nd QMUL Men's Team 3rd	Miah Mohab - QMUL	59kg	Bronze	Bronze	Silver	Silver
	JJ Ng - UCL	59kg	Silver			Bronze
	Anil Lad - UCL	74kg	Bronze			
	Aaron Wade - UCL				Silver	
	Donald Man - QMUL	120kg	Bronze	Bronze	Bronze	Bronze
	Arisera Tongchaitanawutti - UCL	47kg	Silver	Silver	Bronze	Silver
	Dominique Harris - UCL	57kg	Silver	Silver	Gold	Silver
	Suzanne Goulder - CAM	63kg	Gold	Silver	Gold	Gold
	Sarah French - UCL	63kg	Silver			Bronze
	Nina Lepaus - ABDN	72kg			Silver	Bronze
	Molly Tweedle - ABDN	72kg	Silver			
	Eve Fordyce - ABDN	84kg		Silver	Silver	

BL = Best Lifter

WR = World Record