



Top 20 Women ranked by Wilks

Classic Powerlifting Wilks

	Name	Age Class	Weight Class	Wilks	Division	Competition
1	Joy Nnamani	Senior	57	521.73	GL	CPF Championships
2	Ellie Steel	Senior	57	472.59	SM	British Women's Classic
3	Sabrina Moore	Senior	63	450.22	GBR	EPF Classic Denmark
4	Leigh Wetheridge	U23	84+	445.52	GBR	Arnold Classic Europe
5	Susanna Argile	Senior	72	444.98	SM	British Women's Classic
6	Hannah Beaven	Senior	47	444.53	SCO	Four Nations
7	Bobbie Butters	U23	63	444.09	NW	British Junior Classic
8	Danielle Malcolm	Senior	52	443.05	SW	British Women's Classic
9	Abi Graham	Senior	63	442.45	EM	British Master Classic Qual
10	Emma Goodwin	Senior	52	439.32	SM	IPF World Classic
11	Catherine Smith	U23	57	437.28	SM	British Junior Classic
12	Louise Murray	Senior	57	436.93	SCO	Scottish Classic
13	Sheri Miles	Senior	72	436.02	SE	British Women's Classic
14	Emily Lloyd Whittington	U23	63	434.31	NW	British Junior Classic
15	Mariella Fisher	U18	72	433.75	NW	British Junior Classic
16	Eno Majomi	M1	72	433.51	GL	British Master Classic Qual
17	Chrystal Williams	U23	84	431.67	NW	British Junior Classic
18	Jodie Cook	Senior	57	430.40	GBR	EPF Western European
19	Elsbeth McLeod	U23	57	428.79	YNE	British Junior Classic
20	Hannah Chan	U23	57	427.65	GL	British Junior Classic

Equipped Powerlifting Wilks

	Name	Age Class	Weight Class	Wilks	Division	Competition
1	Ellie Steel	Senior	57	588.83	SM	EPF Equipped
2	Rosimery Lima	M1	63	513.59	SW	EPF Equipped
3	Charlie Shotton-Gale	Senior	84	494.77	GBR	IPF World Open
4	Christie Civetta	Senior	72	466.75	GBR	IPF World Open
5	Louise Edwards	Senior	52	455.97	WM	British Equipped
6	Jennifer Keane	M1	84	455.01	WM	EPF Equipped
7	Sarah Stanhope	Senior	63	452.59	NM	EPF Western European
8	Laura Berry	Senior	84+	444.04	YNE	EPF Equipped
9	Amy Spencer	Senior	72	433.92	SW	EPF Western European
10	Faye Jordan	Senior	63	418.93	ENG	Four Nations
11	Shelley Tipling	Senior	63	413.97	SCO	Four Nations
12	Bianca-Jade Pennington	U23	63	409.97	GBR	British Equipped
13	Stephanie Pike	Senior	72	409.32	ENG	Four Nations
14	Michelle Franklin	M2	57	402.89	NM	IPF World Masters
15	Lucy Cohen	Senior	84	398.62	WAL	Four Nations
16	Jackie Blasbery	M2	84	397.06	EM	British Equipped
17	Alice Francis-Freeman	U18	63	397.04	SCO	EPF Equipped
18	Catherine Burroughs	M1	84	395.83	EM	IPF World Masters
19	Jennifer Hunter	M2	52	392.69	EM	IPF World Masters
20	Susan Hollands	M3	84+	389.23	GBR	IPF World Masters

Classic Bench Only Wilks

	Name	Age Class	Weight Class	Wilks	Division	Competition
1	Natalie Blake	Senior	57	120.36	NM	EPA English Bench
2	Louise Murray	Senior	57	106.04	SCO	British Bench Press
3	Clare Patterson	Senior	72	101.18	NW	EPA English Bench
4	Hollie Johnson	Senior	63	97.78	YNE	IPF World Classic Bench
5	Gemma Marshall	Senior	63	95.07	EM	CPF Championships
6	Julie Rider	Senior	84+	94.36	SE	British Bench Press
7	Catherine Graham	Senior	57	93.80	GL	CPF Championships
8	Danielle Malcom	Senior	52	93.78	SW	British Bench Press
9	Louise Norden	Senior	63	91.75	SW	EPF Classic Bench
10	Ruta Lendraitiene	Senior	72	91.22	YNE	British Bench Press
11	Laura Berry	Senior	84+	89.49	YNE	British Bench Press
12	Rowan Hendry-Horne	Senior	72	89.14	SCO	CPF Championships
13	Jasmine Lake	Senior	47	87.07	ENG	EPA English Bench
14	Camille Holland	Senior	84+	86.66	EM	British Bench Press
15	Eno Majomi	M1	72	85.66	GL	EPF Classic Bench
16	Rachel Hughes	U23	72	84.69	YNE	CPF Championships
17	Christie Civetta	Senior	72	82.96	SW	EPA English Bench
18	Jenny Hunter	Senior	52	81.03	EM	British Bench Press
19	Charlie Chester	U23	84+	80.55	SW	British Bench Press
20	Kim Cowell	Senior	72	78.08	NW	EPA English Bench

Equipped Bench Only Wilks

	Name	Age Class	Weight Class	Wilks	Division	Competition
1	Ellie Steel	Senior	57	163.35	SM	IPF World Equipped Bench
2	Laura Berry	Senior	84+	136.57	GBR	EPF Equipped Bench
3	Jo Whiteley	M1	84+	117.43	GBR	EPF Equipped Bench
4	Sarah Bouskill	Senior	84+	111.30	GBR	EPF Equipped Bench
5	Kim Cowell	Senior	72	110.32	NW	IPF World Equipped Bench
6	Ruta Lendraitiene	Senior	72	108.79	YNE	British Bench Press
7	Wendie Kirkland	M1	72	106.02	NM	EPA English Bench
8	Faye Jordan	Senior	63	104.44	EM	British Bench Press
9	Orla Kaye	Senior	84	96.99	GL	IPF World Equipped Bench
10	Jackie Blasbery	M2	84	95.92	EM	British Bench Press
11	Rebecca Williams	M1	84	94.44	NM	EPA English Bench
12	Sarah Stanhope	Senior	63	91.29	NM	EPA English Bench
13	Jenny Hunter	M2	52	90.92	EM	British Bench Press
14	Louise Edwards	Senior	52	90.92	WM	British Bench Press
15	Michelle Franklin	M2	63	90.22	GBR	EPF Equipped Bench
16	Jacqueline Gough	M1	84+	89.15	NM	EPA English Bench
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47kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Hannah Beaven	Senior	325	444.53	SCO	Four Nations
2	Rebecca Heath	M1	307.5	414.89	GL	Arnold Classic Europe
3	Leoni Tatman	Senior	297.5	412.25	SW	British Women's Classic
4	Emma Rafferty	Senior	285	391.92	ENG	EPA All England
5	Sabrina Shah	U23	285	391.14	GBR	IPF World Classic
6	Emily Przeslak	Senior	280	380.35	GL	CPF Championships
7	Shanon Tong	Senior	262.5	360.65	GBR	British Uni
8	Marina Cornwall	M3	238	336.65	ENG	CPF Championships
9	Sarah Patterson	Senior	237.5	327.35	NI	NI Raw Power June
10	Arisera Tongchaitanawutti	Senior	230	313.15	GBR	World University Cup
11	June Stamp	M1	225	307.28	GL	British Master Classic Qual
12	Imelda Flanagan	M2	222.5	322.84	EM	British Masters Classic
13	Jasmin Lake	Senior	207.5	288.42	GL	British Women's Classic
14	Vidya Ramesh	Senior	180	244.89	GBR	British Uni
15	Diane Hexhall	M2	170	232.53	NM	British Masters Classic
16	Holly Hathrell	Senior	160	217.17	GBR	British Uni
17	Chloe Dickinson	Senior	127.5	177.44	NW	British Uni
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Equipped Powerlifting Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Louise Edwards	Senior	322.5	434.33	WM	EPF Equipped
2	Marina Cornwall	M3	240	339.22	GBR	British Equipped
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Classic Bench Only Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Jasmine Lake	Senior	62.5	87.07	ENG	EPA English Bench
2	Marina Cornwall	M3	47.5	66.63	ENG	CPF Championships
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Equipped Bench Only Total

	Name	Age Class	Total	Wilks	Division	Competition
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52kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Joy Nnamani	Senior	415	520.45	GL	British Women's Classic
2	Emma Goodwin	Senior	350	439.32	SM	IPF World Classic
3	Danielle Malcol	Senior	347.5	443.05	SW	British Women's Classic
4	Janine Martin	Senior	325	422.29	NI	British Women's Classic
5	Louise Sinniah-Burr	Senior	315	399.80	ENG	EPA All England
6	Anastasia Dharma	Senior	302.5	382.21	GL	British Women's Classic
7	Tiarna-Ann Pearce	U23	297.5	371.70	ENG	CPF Championships
8	Sofia Rufus	M1	290	365.32	SW	British Master Classic Qual
9	Catriona Duncan	M1	287.5	366.55	SCO	Scottish Classic
10	Krishnaa Mahbubani	Senior	280	352.62	EM	British Uni
11	Linda Kaminski	M3	277.5	359.86	GBR	IPF World Classic
12	Isabella Gottlieb	Senior	277.5	352.10	GBR	British Uni
13	Jennifer Hunter	M2	277.5	347.65	EM	IPF World Classic
14	Tanito Femi-idowu	Senior	277.5	346.20	GBR	British Uni
15	Maris Vasenius	U23	275	348.51	SCO	British Junior Classic
16	Ruthana Christofides	Senior	272.5	349.01	GL	EPA All England
17	Jen Bowker	Senior	272.5	346.90	SCO	Scottish Classic
18	Damini Makwana	U23	272.5	340.72	GL	British Junior Classic
19	Bianca Mourik	U23	262.5	335.69	SCO	Scottish Uni
20	Angelina Lane	M1	262.5	334.68	Wa	British Master Classic Qual

Equipped Powerlifting Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Louise Edwards	Senior	362.5	455.97	WM	British Equipped
2	Jennifer Hunter	M2	315	392.69	EM	IPF World Masters
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Classic Bench Only Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Danielle Malcom	Senior	75	93.78	SW	British Bench Press
2	Jenny Hunter	Senior	65	81.03	EM	British Bench Press
3	Georgia Blakeman	U18	58	73.28	EM	British Bench Press
4	Maria Andrews	Senior	57.5	71.68	NW	British Bench Press
5	Linzi Waite	Senior	52.5	66.14	ENG	CPF Championships
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Equipped Bench Only Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Jenny Hunter	M2	72.5	90.92	EM	British Bench Press
2	Louise Edwards	Senior	72.5	90.92	WM	British Bench Press
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57kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Joy Nnamani	Senior	440.0	521.73	GL	CPF Championships
2	Ellie Steel	Senior	402.5	472.59	SM	British Women's Classic
3	Louise Murray	Senior	375.5	436.93	SCO	Scottish Classic
4	Jodie Cook	Senior	370.5	430.40	GBR	EPF Western European
5	Catherine Smith	U23	368	437.28	SM	British Junior Classic
6	Elsbeth McLeod	U23	368	428.79	YNE	British Junior Classic
7	Hannah Chan	U23	366	427.65	GL	British Junior Classic
8	Lucia Puricelli	Senior	357.5	415.99	WM	British Women's Classic
9	Amy Dickson	Senior	355	416.82	NI	CPF Championships
10	Sophie Walker	Senior	347.5	413.80	SW	British Women's Classic
11	Helen Hughes	M1	347.5	412.92	SM	British Women's Classic
12	Catherine Graham	Senior	342.5	406.12	GL	CPF Championships
13	Jane Girdlestone	M1	335	412.35	NW	IPF World Classic
14	Moya Williams	U23	333	396.25	GL	British Junior Classic
15	Elizabeth Pipe	U23	332.5	387.97	SE	British Junior Classic
16	Alice Hogg	U23	325	378.17	SCO	Scottish Seniors
17	Emily Dodd	U23	322.5	380.52	SE	British Junior Classic
18	Katharine Teggarty	Senior	315	375.90	NI	NI Raw Power June
19	Chloe Simpson	Senior	312.5	372.92	NI	NI Raw Power June
20	Suzana Sorokova	Senior	312.5	367.18	GL	British Women's Classic

Equipped Powerlifting Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Ellie Steel	Senior	505	588.83	SM	EPF Equipped
2	Michelle Franklin	M2	345	402.89	NM	IPF World Masters
3	Bianca-Jade Pennington	U23	345	400.94	GBR	EPF Equipped
4	Alison Drysdale	Senior	265	314.00	NI	Four Nations
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Classic Bench Only Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Natalie Blake	Senior	100	120.36	NM	EPA English Bench
2	Louise Murray	Senior	90	106.04	SCO	British Bench Press
3	Catherine Graham	Senior	80	93.80	GL	CPF Championships
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Equipped Bench Only Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Ellie Steel	Senior	140.0	163.35	SM	IPF World Equipped Bench
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63kg Class Top 20 Women ranked by total

Classic Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Sabrina Moore	Senior	417.5	450.22	GBR	EPF Classic Denmark
2	Abi Graham	Senior	410	442.45	EM	British Master Classic Qual
3	Bobbie Butters	U23	407.5	444.09	NW	British Junior Classic
4	Emily Lloyd Whittington	U23	400	434.31	NW	British Junior Classic
5	Hollie Johnson	Senior	387.5	422.29	YNE	British Uni
6	Stephanie Pike	Senior	385	422.99	YNE	EPA All England
7	Hannah Philp	Senior	385	420.09	NW	EPA All England
8	Moa Wikner	U23	365	400.76	GL	British Junior Classic
9	Karen Lai	U23	365	394.85	GL	British Junior Classic
10	Rima Baki	Senior	362.5	393.83	GL	British Women's Classic
11	Maariyah Tahir	Senior	362.5	391.19	WM	British Women's Classic
12	Hannah Yardy	Senior	357.5	386.74	WAL	Welsh Championships
13	Beverley Rodgers	M1	350.5	376.42	SM	EPA All England
14	Grace Stilgoe	Senior	350	384.78	GL	British Women's Classic
15	Gemma Marshall	Senior	350	380.96	EM	British Women's Classic
16	Khrys Kyriacou	M2	350	377.48	SE	IPF World Classic
17	Lucy Robinson	U16	348	390.00	YNE	British Junior Classic
18	Carley Lawes	Senior	342.5	394.99	SW	British Women's Classic
19	Jordan Wemyss	U23	342.5	374.65	SCO	British Junior Classic
20	Rowan Hendry-Horne	Senior	342.5	370.06	SCO	Scottish Classic

Equipped Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Ellie Steel	Senior	490	563.57	SM	Arnold Classic Europe
2	Rosimery Lima	M1	472.5	513.59	SW	EPF Equipped
3	Sarah Stanhope	Senior	417.5	452.59	NM	EPF Western European
4	Faye Jordan	Senior	382.5	418.93	ENG	Four Nations
5	Shelley Tipling	Senior	377.5	413.97	SCO	Four Nations
6	Alice Francis-Freeman	U18	365	397.04	SCO	EPF Equipped
7	Yasmina Couty	Senior	357.5	386.03	SM	British Equipped
8	Bianca-Jade Pennington	U23	355	409.97	GBR	British Equipped
9	Tiffany Wood	Senior	347.5	375.92	GBR	British Equipped
10	Leigh-Ann McQuillan	Senior	317.5	353.98	NI	Four Nations
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Classic Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Hollie Johnson	Senior	90	97.78	YNE	IPF World Classic Bench
2	Gemma Marshall	Senior	85	95.07	EM	CPF Championships
3	Louise Norden	Senior	85	91.75	SW	EPF Classic Bench
4	Emma Stott	M1	70	76.67	NW	EPA English Bench
5	Donna Bradbury	M1	62.5	69.06	NW	EPA English Bench
6	Karen McLennan	Senior	52.5	58.01	YNE	British Bench Press
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Equipped Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Faye Jordan	Senior	95	104.44	EM	British Bench Press
2	Sarah Stanhope	Senior	85	91.29	NM	EPA English Bench
3	Michelle Franklin	M2	80	90.22	GBR	EPF Equipped Bench
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72kg Class Top 20 Women ranked by total

Classic Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Susanna Argile	Senior	452.5	444.98	SM	British Women's Classic
2	Eno Majomi	M1	442.5	433.51	GL	British Master Classic Qual
3	Sheri Miles	Senior	440	436.02	SE	British Women's Classic
4	Tasmin Campbell	Senior	428.5	424.67	SCO	EPF Western European
5	Louise Richardson	M1	425	421.24	SE	IPF World Classic
6	Tanya Bull	Senior	422.5	414.69	WAL	Welsh Championships
7	Holly Bryans	U23	413	408.08	NM	British Junior Classic
8	Mariella Fisher	U18	412.5	433.75	NW	British Junior Classic
9	Alice Francis-Freeman	U18	402.5	400.82	SCO	British Junior Classic
10	Rachel Hughes	U23	402.5	398.47	YNE	British Junior Classic
11	Abigail McLean	U23	395	387.70	NI	British Junior Classic
12	Sophie Culshaw	U23	392.5	400.59	GBR	British Uni
13	Lydia Charles	U23	392.5	388.20	GL	British Junior Classic
14	Kara Swankie	U23	392.5	387.82	SCO	British Junior Classic
15	Ruta Lendraitiene	Senior	392.5	387.34	YNE	EPF Western European
16	Florence Walton	Senior	390	389.14	SE	EPA All England
17	Kim Cowell	Senior	390	381.72	NW	British Women's Classic
18	Sophie Barringer	Senior	387.5	379.98	SCO	Four Nations
19	Emily Greenway	U23	385	382.26	SW	British Junior Classic
20	Emma Taylor	M1	382.5	382.42	YNE	British Master Classic Qual

Equipped Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Christie Civetta	Senior	477.5	466.75	GBR	IPF World Open
2	Amy Spencer	Senior	440	433.92	SW	EPF Western European
3	Joanne Barnes	M1	395	389.10	GBR	IPF World Masters
4	Shelley Tipling	Senior	390	387.99	SCO	Scottish Seniors
5	Stephanie Pike	Senior	382.5	409.32	ENG	Four Nations
6	Wendie Kirkland	M1	380	375.11	NM	British Equipped
7	Shasha Bowers	Senior	335	329.74	GBR	British Equipped
8	Melissa Wall	M2	295	295.65	SCO	EPF Masters
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Classic Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Clare Patterson	Senior	102.5	101.18	NW	EPA English Bench
2	Ruta Lendraitiene	Senior	92.5	91.22	YNE	British Bench Press
3	Rowan Hendry-Horne	Senior	90	89.14	SCO	CPF Championships
4	Eno Majomi	M1	87.5	85.66	GL	EPF Classic Bench
5	Rachel Hughes	U23	85	84.69	YNE	CPF Championships
6	Christie Civetta	Senior	85	82.96	SW	EPA English Bench
7	Kim Cowell	Senior	80	78.08	NW	EPA English Bench
8	Moa Wikner	U23	72.5	74.00	GL	EPA English Bench
9	Wendie Kirkland	M1	72.5	71.50	NM	EPA English Bench
10	Megan Davies	U23	70	71.52	SW	British Bench Press
11	Jeni Aulman	M1	70	69.43	WM	British Bench Press
12	Siona Garden	M1	57.5	58.16	SCO	CPF Championships
13	Joanna O'Brien	M1	50	49.36	ENG	EPA English Bench
14	Angela Houldershaw	M2	50	49.17	NM	EPA English Bench
15	Julie Briggs	M2	45	44.90	SE	British Bench Press
16	Judith McGauley	M3	37.5	40.23	NM	EPA English Bench
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Equipped Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Kim Cowell	Senior	112.5	110.32	NW	IPF World Equipped Bench
2	Ruta Lendraitiene	Senior	110	108.79	YNE	British Bench Press
3	Wendie Kirkland	M1	107.5	106.02	NM	EPA English Bench
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84kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Chrystal Williams	U23	477.5	428.71	NW	IPF World Classic
2	Deirdre Fenlon	Senior	468	421.72	WM	EPA All England
3	Takara Hawthorne-Smith	Senior	457.5	413.05	WM	British Women's Classic
4	Christina Appleby-Phillips	Senior	438.5	400.65	WAL	EPF Western European
5	Wendy Macfarlane	Senior	435	390.99	SCO	Scottish Classic
6	Charlie Shotton-Gale	Senior	435	388.84	SW	British Women's Classic
7	Natasha Tranter	U23	427.5	390.09	WM	British Junior Classic
8	Chelsey Logue	Senior	427.5	383.06	NW	EPA All England
9	Hira Teirney	Senior	422.5	385.00	SW	British Women's Classic
10	Alexandra Jackson	U23	420	382.46	NM	British Junior Classic
11	Claire Tocher	Senior	412.5	385.57	SCO	Scottish Classic
12	Jennifer Sherwood	M1	412.5	373.63	WM	British Master Classic Qual
13	Rachel Ibifubar Atemie	Senior	410	381.19	GBR	British Uni
14	Danielle Ellington	U18	410	371.86	EM	British Junior Classic
15	Hannah Topp	Senior	405	366.72	YNE	CPF Championships
16	Joanne Lwanga	U23	390	365.97	ENG	EPA All England
17	Paola Rocuzzo	M1	387.5	349.40	GL	British Masters Classic
18	Lorna Durant	Senior	385	344.56	SW	British Women's Classic
19	Katherine Hodgett	Senior	380	348.43	GL	EPA All England
20	Kyla Mulholland	M1	380	338.86	NI	British Master Classic Qual

Equipped Powerlifting Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Charlie Shotton-Gale	Senior	552.5	494.77	GBR	IPF World Open
2	Jennifer Keane	M1	502.5	455.01	WM	EPF Equipped
3	Jackie Blasbery	M2	445	397.06	EM	British Equipped
4	Catherine Burroughs	M1	442.5	395.83	EM	IPF World Masters
5	Michelle Brand	M1	415	370.96	GBR	IPF World Masters
6	Lucy Cohen	Senior	412.5	398.62	WAL	Four Nations
7	Claire Tocher	Senior	410	373.86	SCO	Four Nations
8	Natasha Tranter	U23	402.5	362.93	WM	British Equipped
9	Helen Toms	M2	390	348.19	GBR	British Equipped
10	Stephanie Fleming	Senior	365	348.74	WAL	Four Nations
11	Lottie Hall	Senior	307.5	292.32	ENG	Four Nations
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Classic Bench Only Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Jackie Blasbery	M2	85	75.84	EM	British Bench Press
2	Katherine Hodgett	Senior	82.5	75.38	GL	EPA English Bench
3	Amy Crossland	Senior	67.5	62.29	ENG	EPA English Bench
4	Mariah Conner-Brown	U18	67.5	60.19	GBR	EPF Classic Bench
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Equipped Bench Only Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Orla Kaye	Senior	107.5	96.9931	GL	IPF World Equipped Bench
2	Jackie Blasbery	M2	107.5	95.9192	EM	British Bench Press
3	Rebecca Williams	M1	100.0	94.4401	NM	EPA English Bench
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84kg+ Class Top 20 Women ranked by total

Classic Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Leigh Wetheridge	U23	542.5	445.52	GBR	Arnold Classic Europe
2	Camille Holland	Senior	533	424.54	EM	British Women's Classic
3	Charlie Chester	U23	480	391.75	SW	British Junior Classic
4	Tracey O'Callaghan	Senior	457.5	383.62	WAL	British Master Classic Qual
5	Jo Whiteley	M1	442.5	355.98	NW	British Master Classic Qual
6	Caoimhe Valley	Senior	442.5	347.77	WM	British Women's Classic
7	Kelly Phasey	M1	437.5	348.98	WM	British Master Classic Qual
8	Sarah Marsden	M1	435	354.73	EM	British Master Classic Qual
9	Heather Clarke	Senior	430	359.31	EM	British Women's Classic
10	Hira Teirney	Senior	422.5	375.44	WAL	Welsh Championships
11	Simone Kupisz	Senior	422.5	370.89	SCO	Scottish Classic
12	Eva-Maria Bronin	Senior	417.5	343.81	GL	British Women's Classic
13	Lucy Jackson	U23	417.5	343.48	NW	British Junior Classic
14	Alexandra Foden	Senior	410	342.75	NM	EPA All England
15	Betty Gray	M2	407.5	332.93	SE	IPF World Classic
16	Leah Moir	Senior	405	330.61	SCO	Scottish Classic
17	Laura Loft	Senior	402.5	351.33	YNE	EPA All England
18	Libby Blair	M2	402.5	324.00	NI	British Master Classic Qual
19	Scarlett Sotiris	Senior	397.5	343.47	SM	British Women's Classic
20	Kyla Mulholland	M1	392.5	333.99	NI	British Masters Classic

Equipped Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Laura Berry	Senior	520	444.04	YNE	EPF Equipped
2	Jackie Blasbery	M2	452.5	392.68	EM	IPF World Masters
3	Susan Hollands	M3	442.5	389.23	GBR	IPF World Masters
4	Catherine Burroughs	M1	407.5	361.77	EM	EPF Masters
5	Michelle Brand	M1	400	355.86	GBR	British Equipped
6	Scarlett Sotiris	Senior	397.5	347.85	SM	British Equipped
7	Helen Toms	M2	392.5	342.03	GBR	EPF Masters
8	Libby Blair	Senior	375	303.08	NI	Four Nations
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Classic Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Julie Rider	Senior	112.5	94.36	SE	British Bench Press
2	Camille Holland	Senior	107.5	86.66	EM	British Bench Press
3	Laura Berry	Senior	105	89.49	YNE	British Bench Press
4	Charlie Chester	U23	97.5	80.55	SW	British Bench Press
5	Sylvia Osei-Tutu	Senior	90	73.84	GL	British Bench Press
6	Jacqueline Gough	M1	90	69.52	NM	EPF Classic Bench
7	Jo Whiteley	M1	75	61.79	NW	British Bench Press
8	Nicola Maycock	M1	50	44.18	ENG	EPA English Bench
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Equipped Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Laura Berry	Senior	162.5	136.57	GBR	EPF Equipped Bench
2	Jo Whiteley	M1	145	117.43	GBR	EPF Equipped Bench
3	Sarah Bouskill	Senior	137.5	111.30	GBR	EPF Equipped Bench
4	Jacqueline Gough	M1	115	89.15	NM	EPA English Bench
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