

Top up Tuesday

December 2025 Week 3

Welcome to your weekly top up of newsbites from me, Charlie Marillier, British Powerlifting's CEO.

Here are some highlights of what we've been doing.

PARTNERS ENGAGEMENT

It has been a pleasure to have met with the various British Powerlifting partners in recent weeks. We have been working collaboratively to continue the partnerships into 2026 and enjoy the benefits these partnerships have brought us throughout 2025.

The team and I will continue meeting with the current partners, and exploring opportunities with new partners, throughout the next few weeks and look forward to celebrating the collaborations with you all in the new year.

The support from [SBD](#), [Avancus](#), [ESN](#), [Eleiko](#), [White Lights Media](#), [Kasamov Creative](#), [Pheonix Powerlifting](#) and [INT Strength](#) have supported the elevation of standards across British Powerlifting no least the enjoyment end which is the competitions.

We have been relishing in hearing how the partnerships have benefitted all parties involved and delighted to see the growth and engagement of British Powerlifting, which these partners have been a vital part of.

We would like to also invite bidding partners to engage with us, if you feel there is a collaboration worth exploring to support the growth and standard of British Powerlifting then please email the board at board@britishpowerlifting.org .

Top up Tuesday

BOARD ANNOUNCEMENT

I am delighted to announce the latest recruitment to the British Powerlifting Board of Directors, Development Director Luke Sweet.

Luke joins us from the UK Sports Institute where he is currently Deputy Head of Strength and Conditioning. He has played a central role in evolving the national strength and conditioning strategy over many years.

This work has supported a wide range of sports to strengthen their development structures, optimise how they use people and resources, and build practitioner capability.

Alongside this, he is Performance Support Lead for British Wheelchair Basketball, where he oversees a multidisciplinary team supporting both men's and women's squads, ensuring that day to day delivery connects to long term strategic goals.

Luke is looking to support British Powerlifting through:

- **Strategic growth and development:** experience of designing frameworks that turn vision into measurable results.
- **Stakeholder engagement and partnerships:** Proven ability to connect governing bodies, coaches, practitioners and athletes around shared development goals
- **Inclusion and accessibility:** Deep experience from Paralympic sport where equity, safeguarding and access are at the heart of development
- **Governance and accountability:** A track record of working with senior leaders and boards to manage risk, oversee national projects and demonstrate impact.

I will soon be releasing a full overview of our current board, including our Interim Chair Fraser Montgomery along with Competitions Director Char Macpherson, very soon.

Although these people have been in role for some time, some were before I took this position and some since, I have opted not to continue releasing changes to minimise any potential changes and instability that has been experienced throughout 2025.

I would like to thank your patience in awaiting information about the Board and who is on it, this has allowed us to work consistently and collectively and ensuring the systems that underpin our operations are working effectively and to allow some stability to be experienced in British Powerlifting again.

I would like to direct all our members to review our published [Board Minutes](#), though, as this does detail how we have been operating in the recent months and any actions we have been looking to take to further enhance the growth and development of this great organisation.

Top up Tuesday

BRITISH POWERLIFTING VACANCIES

As 2025 ends and we look forward to welcoming 2026, we would also like our members and interested parties to review the [vacancies](#) we have available within the organisation.

Available Positions (Volunteer / Leadership):

1. **Performance Director** – Strategic oversight of high-performance pathways and national team development.
2. **Athlete Commissioner** – Voice and representative for athlete interests at the executive level.
3. **Webmaster / Website Manager** – Manage and improve the federation's website presence.
4. **Policy Review Officer** – Review and refine organisational policies and governance documentation.
5. **Membership Registrar** – Oversee membership records and support database integrity.
6. **Medical Committee Member** – Contribute to health, safety, and medical guidance for members.
7. **Law and Legislation Committee Member** – Support legal and governance frameworks within the federation.
8. **Safeguarding Committee Member** – Help protect and promote welfare and safeguarding standards.
9. **Audit Committee Member** – Assist with financial oversight and accountability processes.
10. **Volunteers Manager** – Coordinate volunteer recruitment and support activity.

These positions range from board-level leadership to committee and operational support, all designed to strengthen British Powerlifting's community and governance while offering flexible, meaningful ways to contribute.

It is worth noting that many of these positions have had a range of applications already received, however, we would like to promote the opportunities to as many people as possible. It is only through the hard work and dedication of the volunteer community that British Powerlifting can operate and thrive as it does. So, we welcome you to apply to be part of that community.

Top up Tuesday

WHAT'S COMING UP:

- ⌚ Final Top up Tuesday of the year will be next week, Tuesday December 23.
 - I will include my 150 in post report along with snapshots of what we are hoping to announce in January
 - An interim report from Anti-Doping on work leading up to the Open Classic championships
 - A word on the success of the British Universities Powerlifting League
- ⌚ 2026 British Equipped Championships, 24-25 January in Chelmsford, Essex

Check out all [the upcoming competitions](#) from British Powerlifting

I would like to wish all the athletes preparing for the British Equipped a weight managed Christmas!