

Top up Tuesday

November 2025 Week 4

Welcome to your weekly top up of newsbites from me, Charlie Marillier, British Powerlifting's CEO.

Here are some highlights of what we've been doing.

BRITISH OPEN CLASSIC: LATEST INFO

We are counting down the days until the SBD British Open Classic championships, starting on Friday Dec 5 at the NEC, Birmingham.

Last week, I highlighted the ways to gain access, as a coach, through the licence prior to the competition, and on the day. There will be more information released on that through the [Linktree](#) for the competition.

This week, the organiser James Brincat-Smith, will be releasing updates daily on elements such as where the performance hall is, where the athlete and coach's check-in desk will be, more details around coaching for each flight and more. So please do check out the [Linktree](#) daily for information, although I will also be providing as much as I can through this newsletter.

NEW LEAD COACH COURSE ENDORSED BY CIMSPA

The education team and I were delighted to receive endorsement from CIMSPA on the new Lead Coach Course.

This course, historically known as Level 2 in Coaching Powerlifting, will be provided through a blended means which includes webinars, practicals and digital tools to support students through the Lead Coach syllabus and provide opportunities to display knowledge and skills.

We will now be finalizing the delivery methods and tools of this course before releasing dates, but it is looking like early 2026!

I would like to thank Josh Inman for his excellent work in getting this finished and supplied to CIMSPA. There have been many people involved in this project since it began 3 years ago and I thank each of them also.

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STRATEGY DEVELOPMENT AND CONTINUED GOVERNANCE

We continue our work on developing a robust underpinning that British Powerlifting is built upon and this week it is in the form of our long-term strategy. Although British Powerlifting has an existing strategy that continues to 2026, solid frameworks take time to develop to ensure they incorporate all elements of the sport for, enjoyment and performance.

I have been working alongside other NGBs and CEO's to learn how other sports develop and apply their strategies and frameworks as well as understanding the challenges and pitfalls that can be faced.

I look forward to providing a clear vision of Powerlifting from 2026 and beyond.

HANDS ACROSS THE SEA

The inaugural [Hands Across The Sea](#) event took place this weekend with a resounding success from all involved, it has been reported to me. The event brought together military service personnel, veterans, Invictus and amputee athletes together to compete against Powerlifting America. The event celebrated unity, inclusivity, mental and physical strength.

Congratulations to Powerlifting American for their win and to all that took part.

There will be more information coming out in the coming weeks around the event, however, you can find information on their [Instagram page](#).

WHAT'S COMING UP:

- 2025 SBD British Open Classic, Dec 5-7 at the NEC
- European Sub-Junior and Junior Classic Powerlifting Championships November 29 – December 7 in Lithuania

I would like to wish all the athletes attending these competitions the best of luck.