

British Powerlifting

2026 Classic Open National Team Selection Criteria

Effective for the 2026 IPF Classic Open World Championships and the 2026 European Classic Open Powerlifting Championships

Objective

Our mission is to field the most competitive teams possible for the **IPF Classic Open World Championships** and the **European Classic Open Powerlifting Championships**.

We will continue to leverage the European Championships as a developmental platform, providing valuable international experience to lifters aspiring to compete on the world stage.

Selection Process Overview

1. **Worlds Team Selection:** Determined first.
 2. **Euros Team Selection:** Determined second, after Worlds invitations are resolved.
 3. **Other Events:** International or invitational teams will be selected after Worlds and Euros teams are finalized.
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Team Selection Details

Worlds Team Priority and Eligibility

- Lifters who **qualify for Worlds** will have the **first right of refusal**.

When the national team selects **multiple lifters in the same weight class for Worlds**, additional Euros team selections will aim to **fill other weight classes** where possible.

Selection Rationale

The **2025 British Open Championships** will serve as the primary selection meet. This ensures:

- Lifters compete head-to-head under identical conditions.
 - Development of ascending lifters is prioritized.
 - The prestige of Nationals is upheld, reinforcing fairness and competitive integrity.
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2026 Classic Open World Championships Team Selection

Primary Selection

- The **National Champion** from the **2025 SBD British Open Championships** in each weight class will receive the **first invitation to Worlds**, provided they meet or exceed the **Worlds Carpino 3 Total**.

Secondary Selection

- Lifters granted **dispensation** will be eligible and compared directly to the totals from the British Open.
- Any lifter (including dispensation holders) achieving a **Worlds Carpino 3 Total** will enter the **alternate pool** and be ranked **regardless of weight class**.
- Teams may not necessarily have a representative in every weight class; selection will focus on building the most competitive team.

Totals Required for a Worlds Carpino 3 Score			
WOMEN		MEN	
CLASS	TOTAL (KG)	CLASS	TOTAL (KG)
47	405	59	594
52	444.5	66	695
57	486	74	768
63	534	83	816
69	550	93	884.5
76	581	105	914
84	560	120	931
84+	680	120+	980

Tertiary Selection

- Lifters from other 2025 international competitions achieving a **Worlds Carpino 5 Total** will enter the **extended alternate pool** and may be considered if primary and secondary lifters are unavailable.

Totals Required for a Worlds Carpino 5 Score			
WOMEN		MEN	
CLASS	TOTAL (KG)	CLASS	TOTAL (KG)
47	388	59	567
52	430	66	670
57	468	74	747
63	499	83	793
69	536	93	861
76	547	105	883
84	539	120	911
84+	649	120+	941

2026 European Classic Open Championships Team Selection

Primary Selection

- The **National Champion** from the **2025 SBD British Open Championships** in each weight class will receive the **first invitation to Euros**, provided they meet or exceed the **Euros Carpino 3 Total**.

Secondary Selection

- Lifters granted **dispensation** (who have not accepted a Worlds invite) and any lifter achieving a **Euros Carpino 3 Total** will enter the **alternate pool** and be ranked regardless of weight class.

Totals Required for a Euros Carpino 3 Score

WOMEN		MEN	
CLASS	TOTAL (KG)	CLASS	TOTAL (KG)
47	325	59	531
52	414	66	633
57	449	74	715
63	483	83	776
69	528	93	819
76	539	105	872
84	535	120	905
84+	582.5	120+	942

Tertiary Selection

- Lifters already competing at Worlds, lifters from the 2025 British Open, and lifters from other 2025 international competitions who achieve a **Euros Carpino 5 Total** will enter the **extended alternate pool** for Euros consideration.

Totals Required for a Euros Carpino 5 Score

WOMEN		MEN	
CLASS	TOTAL (KG)	CLASS	TOTAL (KG)
47	310	59	509
52	388	66	605
57	432	74	677
63	467.5	83	765
69	507.5	93	793
76	522	105	842.5
84	512	120	884
84+	512.5	120+	885

Tiebreaker Rules

- **Same total, same weight class:** Lighter body weight receives priority.
- **Same total, same weight class, same body weight:** British Open total receives priority if both totals were achieved at different competitions. Otherwise, it's the lifter who achieved the total first (earlier competition) receives priority.

Additional Requirements

- All selected lifters must be in **good standing with British Powerlifting** and **not serving any period of ineligibility**.
- **Selection criteria may be revised for 2027** based on federation needs and international competitive standards.