

-53kg	U16	U18	U23
SQUAT	105	135.5	162.5
	Ethan Moore 29/04/2023	Zaib Hossain 30/03/2025	Standard
BENCH PRESS	67.5	85	112.5
	Ethan Moore 29/04/2023	Matthew Scanlan 11/12/2021	Leonard Lai 20/03/2024
DEADLIFT	150	180	195
	Liam Welsh 19/05/2013	Faiyaz Moolji 02/11/2019	Leonard Lai 08/10/2024
TOTAL	310.5	380.5	457.5
	Ethan Moore 29/04/2023	Tyler Bullock 30/03/2025	Leonard Lai 08/10/2024
BENCH (A/C)	67.5	92.5	112.5
	Ethan Moore 29/04/2023	Adeel Imtiaz 22/05/2024	Leonard Lai 20/03/2024



British Records - Male Classic

updated: 03/11/2025

-59kg	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
SQUAT	175	200.5	200.5	200.5	160	155	145	122.5	87.5	60
	Alfie Bonsell 28/08/2023	Vincent Choi 15/07/2023	Vincent Choi 15/07/2023	Vincent Choi 15/07/2023	Standard	Henry Chay 20/10/2018	Henry Chay 28/06/2025	Barry Lilley 03/06/2023	Ted Brown 17/08/2013	Ted Brown 24/07/2021
BENCH PRESS	110	115.5	130	140.5	117.5	107.5	81.5	81	81	65
	Ayaan Shahid 07/12/2024	Dakota Bessent 13/07/2025	Leonard Lai 19/04/2025	Lahiru Suren 12/07/2025	Rajesh Babu 31/07/2021	Shaun Bateman 20/10/2018	Henry Chay 18/06/2022	Ted Brown 17/08/2013	Ted Brown 17/08/2013	Ted Brown 24/07/2021
DEADLIFT	197.5	232.5	250	262.5	202.5	197.5	192.5	185.5	135	100
	Alfie Bonsell 28/08/2023	Jake Scott 28/08/2025	Ishtyaq Nabi 24/10/2021	Ishtyaq Nabi 04/12/2023	Rajesh Babu 31/07/2021	Henry Chay 20/10/2018	Henry Chay 18/06/2022	Ted Byrne 24/07/2021	Ted Brown 06/08/2012	Ted Brown 24/07/2021
TOTAL	477.5	525.5	546.5	582.5	450	442.5	414	365.5	295	225
	Alfie Bonsell 28/08/2023	Alfie Bonsell 05/10/2024	Ishtyaq Nabi 24/10/2021	Ishtyaq Nabi 04/12/2023	Rajesh Babu 31/07/2021	Shaun Bateman 31/08/2019	Henry Chay 18/06/2022	Ted Byrne 24/07/2021	Ted Brown 20/05/2012	Ted Brown 24/07/2021
BENCH (A/C)	117.5	117.5	130	150	135	107.5	81.5	81	81	72.5
	Ayaan Shahid 23/09/2025	Ayaan Shahid 23/09/2025	Leonard Lai 19/04/2025	Ali Jawad 18/02/2018	Adam Alderman 25/06/2023	Shaun Bateman 20/10/2018	Henry Chay 18/06/2022	Ted Brown 17/08/2013	Ted Brown 17/08/2013	Ted Brown 23/02/2020

-66kg	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
SQUAT	206.5	226	242.5	242.5	195	195	175	135	Standard	Standard
	Gregory Pearson 29/04/2023	Dorje Weston 05/10/2024	Benedict Grant 02/09/2024	Benedict Grant 02/09/2024	David Gray 03/10/2015	David Gray 03/10/2015	David Gray 05/10/2024	Michael James 26/10/2019	Standard	Standard
BENCH PRESS	122.5	155	160	160.5	137	137	120	90	Standard	Standard
	Ayaan Shahid 13/07/2025	Dorje Weston 05/10/2024	David Thomas 29/08/2025	Joseph Diva 22/11/2024	David Gray 08/09/2016	David Gray 08/09/2016	David Gray 28/06/2025	Michael James 26/10/2019	Standard	Standard
DEADLIFT	237.5	247.5	284	288.5	253.5	253.5	227.5	183	Standard	Standard
	Gregory Pearson 29/04/2023	Alfie Bonsell 29/08/2025	Renzo Binas 20/03/2024	Kibria Ali 22/11/2024	Greig Murray 13/02/2024	Greig Murray 13/02/2024	David Gray 05/10/2024	Michael James 26/10/2019	Standard	Standard
TOTAL	564	597.5	638.5	651	581	581	517.5	408	Standard	Standard
	Gregory Pearson 29/04/2023	Alfie Bonsell 29/08/2025	Benedict Grant 20/03/2024	Kibria Ali 22/11/2024	David Gray 03/10/2015	David Gray 03/10/2015	David Gray 05/10/2024	Michael James 26/10/2019	Standard	Standard
BENCH (A/C)	122.5	155	162.5	182.5	145	137	120	107.5	Standard	Standard
	Ayaan Shahid 13/07/2025	Dorje Weston 05/10/2024	Pascal Skannavis 24/09/2025	Jason Irving 02/10/2011	Aaron Gideon 12/06/2022	David Gray 08/09/2016	David Gray 28/06/2025	David Pelta 18/05/2019	Standard	Standard

-74kg	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
SQUAT	213	227.5	270.5	281.5	267.5	217.5	192.5	155	140	Standard
	Gregory Pearson 23/07/2023	Yaw Parbey 24/03/2024	Matthew Pond 28/03/2025	Dylan Nelson 13/08/2023	David White 08/06/2024	Phillip Richard 02/03/2023	Nigel Gillis 25/07/2021	Ernie Parkes 11/03/2020	Ernie Parkes 08/03/2022	Standard
BENCH PRESS	133.5	148	185.5	190	165	140	130	120	87.5	Standard
	Gregory Pearson 23/07/2023	James Kenneth Anar 24/10/2021	Matthew Pond 28/03/2025	Owen Hubbard 18/02/2017	Paul Cooper 03/10/2015	Phillip Richard 18/06/2022	Cliff Haynes 25/07/2021	Alex Lee 01/02/2013	Ernie Parkes 08/03/2022	Standard
DEADLIFT	253.5	277.5	308.5	308.5	282.5	240.5	235.5	227.5	210	Standard
	Gregory Pearson 23/07/2023	Yaw Parbey 24/03/2024	Renzo Binas 28/03/2025	Renzo Binas 28/03/2025	Chris Wong 01/11/2025	Bernie McGurk 20/10/2018	David Marginson 24/05/2025	Ernie Parkes 06/06/2018	Ernie Parkes 08/03/2022	Standard
TOTAL	600	630	726	726	670	582.5	526	462.5	437.5	Standard
	Gregory Pearson 23/07/2023	Yaw Parbey 24/03/2024	Matthew Pond 28/03/2025	Matthew Pond 28/03/2025	Chris Wong 01/11/2025	Phillip Richard 02/03/2023	Steve Walker 11/03/2017	Ernie Parkes 06/06/2018	Ernie Parkes 08/03/2022	Standard
BENCH (A/C)	135	150	185.5	190	165	140	135.5	120	87.5	Standard
	Dash Granite 16/02/2025	Billy Papakostas 08/12/2024	Matthew Pond 28/03/2025	Owen Hubbard 18/02/2017	Paul Cooper 03/10/2015	Phillip Richard 18/06/2022	Cliff Haynes 23/02/2020	Alex Lee 01/02/2013	Ernie Parkes 08/03/2022	Standard

-83kg	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
SQUAT	232.5	250.5	291.5	317.5	241	227.5	203	173	90	Standard
	Jeremy Lin 30/03/2025	Yaw Parbey 30/03/2025	Matthew Pond 21/03/2024	Jurins Kengamu 14/08/2025	David Heath 09/06/2024	Phil Richard 01/05/2022	John Laird 28/06/2025	Mick Amey 26/10/2019	Dessie Scott 03/06/2023	Standard
BENCH PRESS	145	196	206	218.5	170	146	130.5	105	65	Standard
	Kirill Sakharov 25/11/2017	Henri Goddard 02/09/2025	Matthew Pond 21/03/2024	Owen Hubbard 06/12/2019	Danny Potter 28/05/2022	Phil Richard 01/05/2022	John Laird 28/06/2025	Alan Twigg 02/06/2019	Dessie Scott 11/12/2021	Standard
DEADLIFT	270	302.5	337.5	363	305	305	245	232.5	130	Standard
	Jeremy Lin 13/07/2025	Dominic Grey 05/09/2024	Manson Adagu 06/09/2024	Ade Omisakin 13/09/2024	Robert Rodney 20/01/2019	Robert Rodney 20/01/2019	Grant Sugarman 13/02/2023	Ernie Parkes 19/03/2016	Dessie Scott 11/12/2021	Standard
TOTAL	640	741	810	872.5	665	665	563.5	495	275	Standard
	Jeremy Lin 13/07/2025	Henri Goddard 02/09/2025	Manson Adagu 02/09/2025	Jurins Kengamu 14/08/2025	Robert Rodney 20/01/2019	Robert Rodney 20/01/2019	John Laird 28/06/2025	Ernie Parkes 19/03/2016	Dessie Scott 11/12/2021	Standard
BENCH (A/C)	147.5	196	206	220	176	176	154	126	65	Standard
	Hari Tampin 05/04/2025	Henri Goddard 02/09/2025	Matthew Pond 21/03/2024	Owen Hubbard 02/12/2022	Barrie Tavener 16/02/2025	Barrie Tavener 16/02/2025	Philip Stringer 03/03/2012	Alexander Lee 06/09/2014	Dessie Scott 11/12/2021	Standard

-93kg	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
SQUAT	237.5 Adam Gault 30/03/2025	270 Jack Hopkins 04/12/2021	303.5 Joey Awala 28/03/2025	314 Jason Wu 12/07/2025	275 Hendrick Famutimi 15/02/2025	253 Thomas Celestin 28/06/2025	250 Andy Bonner 16/08/2015	200 Kevin Jane 18/06/2022	Standard	Standard
BENCH PRESS	155 Adam Gault 30/03/2025	190 Luke Tolman 25/11/2017	216 Jack Taylor 04/04/2022	217.5 Maxwell Gyamfi 20/06/2024	190.5 Sheridan Wray 21/10/2018	161 Jaswinder Singh 27/10/2019	153 Gordon Scott 12/06/2022	120.5 Andy Bonner 28/06/2025	Standard	Standard
DEADLIFT	267.5 Adam Gault 30/03/2025	310 Jack Hopkins 28/09/2021	362.5 Emmanuel Olatunji 28/03/2025	363 Jonathan Lewis 26/07/2025	328.5 Hendrick Famutimi 15/02/2025	310 Robert Rodney 08/03/2018	301 Robert Rodney 22/06/2024	238 Andy Bonner 28/06/2025	Standard	Standard
TOTAL	660 Adam Gault 30/03/2025	752.5 Jack Hopkins 04/12/2021	845.5 Nathaniel Massiah 06/09/2024	878.5 Christian Ayandokun 24/11/2024	773.5 Hendrick Famutimi 15/02/2025	703 Robert Rodney 16/06/2017	668.5 Andy Bonner 16/08/2015	552.5 Kevin Jane 25/07/2021	Standard	Standard
BENCH (A/C)	155 Adam Gault 30/03/2025	190 Luke Tolman 25/11/2017	217.5 Jack Taylor 03/08/2022	220 Jack Taylor 16/02/2025	205 Andrew Rigby 15/05/2018	205 Andrew Rigby 15/05/2018	190.5 Andrew Rigby 19/02/2022	141 Ash Sinclair 25/03/2023	Standard	Standard

-105kg	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
SQUAT	212.5 Jenson Corey 30/03/2025	275.5 Nonso Chinye 30/04/2023	322.5 Nathaniel Massiah 04/09/2025	345.5 Joshua Greenfield 01/09/2019	330.5 Samuel Watt 29/06/2025	330.5 Samuel Watt 29/06/2025	217.5 Steven Cumming 08/06/2024	190 John Gavin Walker 21/08/2011	Standard	Standard
BENCH PRESS	140 Edward Crossley 13/10/2018	197.5 Theo Bennett 07/10/2024	221.5 Tim Li 20/04/2025	221.5 Tim Li 20/04/2025	215 Anthony McLeggan 04/11/2023	195 Samuel Watt 13/03/2022	165 Steven Cumming 08/06/2024	116 John Gavin Walker 21/08/2011	Standard	Standard
DEADLIFT	240 Jenson Corey 30/03/2025	343 Nonso Chinye 30/04/2023	366.5 Nathaniel Massiah 28/03/2025	400 Sanchez Dillon 21/06/2024	367.5 Samuel Watt 13/03/2022	367.5 Samuel Watt 13/03/2022	265 Steven Cumming 08/06/2024	231 John Gavin Walker 21/08/2011	Standard	Standard
TOTAL	587.5 Jenson Corey 30/03/2025	778.5 Nonso Chinye 30/04/2023	895 Nathaniel Massiah 04/09/2025	900 Abdul Majeed Sulayman 25/03/2023	887.5 Samuel Watt 13/03/2022	887.5 Samuel Watt 13/03/2022	647.5 Steven Cumming 08/06/2024	537 John Gavin Walker 21/08/2011	Standard	Standard
BENCH (A/C)	140 Edward Crossley 13/10/2018	197.5 Theo Bennett 07/10/2024	222.5 Tim Li 19/05/2025	230 Mihails Monastirkis 10/08/2019	225 Andrew Rigby 06/10/2013	225 Andrew Rigby 06/10/2013	208 Andrew Rigby 31/07/2023	162.5 Tom Collins 24/01/2016	Standard	Standard

-120kg	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
SQUAT	240 Niniola Olagundoye 13/07/2025	313 Nonso Chinye 12/10/2023	367.5 Joshua Ngoka 05/09/2025	367.5 Joshua Ngoka 05/09/2025	355 Tony Cliffe 10/02/2024	312.5 Scott Simon 05/07/2025	234 Nigel Haigh 05/06/2019	167.5 Chris Gladding 10/02/2013	Standard	Standard
BENCH PRESS	147.5 Niniola Olagundoye 13/07/2025	192.5 Nonso Chinye 12/10/2023	217.5 Kieran Gray 10/06/2019	247.5 Tony Cliffe 23/11/2024	218 Tony Cliffe 23/11/2024	218 Scott Simon 13/02/2025	155 Mike Claydon 07/07/2012	130 Chris Gladding 05/06/2015	Standard	Standard
DEADLIFT	260 Connor O'Donnell 02/11/2019	363 Nonso Chinye 12/10/2023	400 Nonso Chinye 22/03/2025	400 Nonso Chinye 22/03/2025	355 Tony Cliffe 23/11/2024	320 Colin Wright 11/03/2017	262.5 Steven Lambert 29/05/2022	195.5 Trevor Walker 27/05/2018	Standard	Standard
TOTAL	625 Connor O'Donnell 02/11/2019	868.5 Nonso Chinye 12/10/2023	965 Nonso Chinye 22/03/2025	965 Nonso Chinye 22/03/2025	952.5 Tony Cliffe 23/11/2024	822.5 Scott Simon 05/07/2025	610 Mike Claydon 07/07/2012	485 Chris Gladding 10/02/2013	Standard	Standard
BENCH (A/C)	150 Craig Williams 17/09/2011	192.5 Nonso Chinye 12/10/2023	217.5 Kieran Gray 10/06/2019	247.5 Tony Cliffe 23/11/2024	247.5 Tony Cliffe 23/11/2024	222.5 Andrew Rigby 09/03/2013	208.5 Andrew Rigby 04/10/2024	155 Tom Collins 16/05/2018	95 Chris Gladding 13/06/2021	Standard

120kg+	U16	U18	U23	open	M1	M2	M3	M4	M5	M6
SQUAT	240 Ray Bowring 25/11/2018	325 Gerard Murphy 05/09/2025	403 Luke Richardson 28/11/2018	405 Ajay Sharma 15/06/2025	295 Paul Walker 19/06/2022	275 Andy Rodney 16/06/2017	247.5 Nigel Haigh 12/03/2020	172.5 Standard	Standard	Standard
BENCH PRESS	152.5 Harry Newby 07/12/2024	185 Joshua Ngoka 12/10/2023	238 Nathan Britton 28/03/2025	242.5 Tony Cliffe 19/01/2020	230 Chris Baker 21/10/2018	195 Michael Adams 20/03/2016	160 Frank O'Donnell 25/07/2021	117.5 Standard	Standard	Standard
DEADLIFT	222.5 Tom Whinnie 14/05/2022	331.5 Gerard Murphy 05/09/2025	385 Luke Richardson 28/11/2018	385 Luke Richardson 28/11/2018	315 Dean Bowring 25/02/2023	291.5 Ricky Mullan 08/06/2024	280 Frank O'Donnell 25/07/2021	200 Trevor Walker 30/05/2022	Standard	Standard
TOTAL	590 Ray Bowring 25/11/2018	839 Gerard Murphy 05/09/2025	1010.5 Luke Richardson 28/11/2018	1010.5 Luke Richardson 28/11/2018	792.5 Chris Baker 10/12/2017	722.5 Andy Rodney 20/06/2016	650 Frank O'Donnell 25/07/2021	435 Trevor Walker 30/05/2022	Standard	Standard
BENCH (A/C)	152.5 Harry Newby 07/12/2024	185 Joshua Ngoka 12/10/2023	242.5 Nathan Britton 19/05/2025	242.5 Tony Cliffe 19/01/2020	237.5 Paul Merricks 03/06/2017	208 Paul Merricks 05/04/2025	160 Frank O'Donnell 25/07/2021	117.5 Standard	Standard	Standard

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