



Top 20 Women ranked by Wilks

Classic Powerlifting Wilks

Name	Age Class	Weight Class	Wilks	Division	Competition	
1	Joy Nnamani	Senior	52	521.52	GL	IPF World Classic
2	Sabrina Moore	Senior	63	450.23	GBR	EPF Classic Denmark
3	Ellie Steel	Senior	57	449.49	GBR	EPF Classic Denmark
4	Emma Goodwin	Senior	52	439.32	GBR	IPF World Classic
5	Abi Graham	Senior	63	439.30	GBR	IPF World Classic
6	Louise Murray	Senior	57	436.93	SCO	Scottish Classic
7	Hannah Beaven	Senior	47	432.08	SCO	Scottish Classic
8	Sheri Miles	Senior	72	431.17	SE	IPF World Classic
9	Chrystal Williams	U23	84	428.70	GBR	IPF World Classic
10	Leigh Wetheridge	U23	84+	425.33	GBR	IPF World Classic
11	Hannah Chan	U23	57	425.08	GL	IPF World Classic
12	Stephanie Pike	Senior	63	423.00	ENG	All England
13	Hollie Johnson	Senior	63	422.30	NEWC	British Uni
14	Catherine Smith	U23	57	421.81	GBR	British Equipped
15	Deirdre Fenlon	Senior	84	421.71	ENG	All England
16	Louise Richardson	M1	72	421.22	SE	IPF World Classic
17	Camille Holland	Senior	84+	420.52	GBR	IPF World Classic
18	Hannah Philp	Senior	63	420.07	ENG	All England
19	Tanya Bull	Senior	72	414.68	WAL	Welsh Championships
20	Rebecca Heath	M1	47	413.03	GL	IPF World Classic

Equipped Powerlifting Wilks

Name	Age Class	Weight Class	Wilks	Division	Competition	
1	Ellie Steel	Senior	57	588.83	SM	European Equipped
2	Rosimery Lima	M1	63	513.59	SW	European Equipped
3	Charlie Shotton-Gale	Senior	84	491.04	GBR	British Equipped
4	Christie Civetta	Senior	72	466.27	GBR	British Equipped
5	Louise Edwards	Senior	52	455.97	GBR	British Equipped
6	Jennifer Keane	M1	84	455.01	WM	European Equipped
7	Laura Berry	Senior	84+	444.04	GBR	European Equipped
8	Sarah Stanhope	Senior	63	432.87	GBR	European Equipped
9	Amy Spencer	Senior	72	418.04	GBR	British Equipped
10	Faye Jordan	Senior	63	415.79	GBR	British Equipped
11	Bianca-Jade Pennington	U23	63	409.97	GBR	British Equipped
12	Jackie Blasbery	M2	84	397.06	EM	British Equipped
13	Alice Francis-Freeman	U18	63	397.04	GBR	European Equipped
14	Shelley Tipling	Senior	72	387.99	SCO	Scottish Seniors
15	Joanne Barnes	M1	72	387.26	GBR	British Equipped
16	Yasmina Couty	Senior	63	386.03	GBR	British Equipped
17	Jennifer Hunter	M2	52	378.34	EM	European Masters
18	Tiffany Wood	Senior	63	375.92	GBR	British Equipped
19	Wendie Kirkland	M1	72	375.11	NM	British Equipped
20	Susan Hollands	M3	84+	370.08	GBR	British Equipped

Classic Bench Only Wilks

Name	Age Class	Weight Class	Wilks	Division	Competition	
1	Natalie Blake	Senior	57	120.36	ENG	English Bench
2	Louise Murray	Senior	57	106.05	SCO	British Bench Press
3	Clare Patterson	Senior	72	101.18	ENG	English Bench
4	Hollie Johnson	Senior	63	97.78	YNE	IPF World Classic Bench
5	Julie Rider	Senior	84+	94.37	SE	British Bench Press
6	Danielle Malcom	Senior	52	93.78	SW	British Bench Press
7	Gemma Marshall	Senior	63	91.73	ENG	English Bench
8	Ruta Lendraitiene	Senior	72	91.22	YNE	British Bench Press
9	Laura Berry	Senior	84+	89.49	YNE	British Bench Press
10	Catherine Graham	Senior	57	87.88	ENG	English Bench
11	Louise Norden	Senior	63	87.62	SW	British Bench Press
12	Jasmine Lake	Senior	47	87.08	ENG	English Bench
13	Camille Holland	Senior	84+	86.67	EM	British Bench Press
14	Christie Civetta	Senior	72	82.96	ENG	English Bench
15	Eno Majomi	M1	72	81.91	GL	British Bench Press
16	Rachel Hughes	U23	72	81.70	ENG	English Bench
17	Jenny Hunter	Senior	52	81.03	EM	British Bench Press
18	Charlie Chester	U23	84+	80.55	SW	British Bench Press
19	Kimberley Cowell	Senior	72	78.08	ENG	English Bench
20	Emma Stott	M1	63	76.66	ENG	English Bench

Equipped Bench Only Wilks

Name	Age Class	Weight Class	Wilks	Division	Competition	
1	Ellie Steel	Senior	140	163.35	SM	IPF World Equipped Bench Press
2	Laura Berry	Senior	152.5	129.05	YNE	IPF World Equipped Bench Press
3	Kimberley Cowell	Senior	112.5	110.32	NW	IPF World Equipped Bench Press
4	Ruta Lendraitiene	Senior	110	108.79	YNE	British Bench Press
5	Wendie Kirkland	M1	107.5	106.02	ENG	English Bench
6	Faye Jordan	Senior	95	104.44	EM	British Bench Press
7	Jo Whiteley	M1	125	101.75	NW	IPF World Equipped Bench Press
8	Orla Kaye	Senior	107.5	97.00	GBR	IPF World Equipped Bench Press
9	Sarah Bouskill	Senior	120	96.95	ENG	English Bench
10	Jackie Blasbery	M2	107.5	95.92	EM	British Bench Press
11	Bekki Williams	M1	100	94.44	ENG	English Bench
12	Sarah Stanhope	Senior	85	91.29	ENG	English Bench
13	Jenny Hunter	M2	72.5	90.92	EM	British Bench Press
14	Louise Edwards	Senior	72.5	90.92	WM	British Bench Press
15	Rebecca Williams	M1	92.5	89.55	NM	British Bench Press
16	Jaqueline Gough	M1	115	89.15	ENG	English Bench
17	Michelle Franklin	M2	75	85.05	NM	English Bench
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47kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Hannah Beaven	Senior	313	432.08	SCO	Scottish Classic
2	Rebecca Heath	Senior	305	413.03	GL	IPF World Classic
3	Emma Rafferty	Senior	285	391.93	ENG	All England
4	Sabrina Shah	U23	285	391.13	GBR	IPF World Classic
5	Shanon Tong	Senior	262.5	360.65	QMUL	British Uni
6	Emily Przeslak	Senior	250	340.38	ENG	All England
7	Marina Cornwall	M3	237.5	331.74	GBR	IPF World Classic
8	Sarah Patterson	Senior	237.5	327.35	NI	NI Raw Power
9	Arisera Tongchaitanawutti	Senior	230	313.15	GBR	World University Cup
10	Imelda Flanagan	M2	222.5	322.85	EM	British Masters Classic
11	June Stamp	M1	210	285.52	GBR	IPF World Classic
12	Vidya Ramesh	Senior	180	244.89	CAMB	British Uni
13	Diane Hexhall	M2	170	232.53	NM	British Masters Classic
14	Holly Hathrell	Senior	160	217.17	OXF	British Uni
15	Chloe Dickinson	Senior	127.5	177.44	YORK	British Uni
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Equipped Powerlifting Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Louise Edwards	Senior	322.5	434.34	WM	European Equipped
2	Marina Cornwall	M3	240	338.95	GBR	British Equipped
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Classic Bench Only Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Jasmine Lake	Senior	62.5	87.08	ENG	English Bench
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Equipped Bench Only Total

	Name	Age Class	Total	Wilks	Division	Competition
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52kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Joy Nnamani	Senior	412.5	521.52	GL	IPF World Classic
2	Emma Goodwin	Senior	350	439.32	GBR	IPF World Classic
3	Louise Sinniah-Burr	Senior	315	399.80	ENG	All England
4	Janine Martin	Senior	312.5	405.75	NI	NIPF Raw Power
5	Catriona Duncan	M1	287.5	366.55	SCO	Scottish Classic
6	Sofia Rufus	M1	287.5	361.79	SW	IPF World Classic
7	Krishnaa Mahbubani	Senior	280	352.60	CAMB	British Uni
8	Linda Kaminski	M3	277.5	359.86	GBR	IPF World Classic
9	Isabella Gottlieb	Senior	277.5	352.09	KCL	British Uni
10	Jennifer Hunter	M2	277.5	347.65	GBR	IPF World Classic
11	Tanito Femi-idowu	Senior	277.5	346.21	BANG	British Uni
12	Ruthana Christofides	Senior	272.5	349.02	ENG	All England
13	Jen Bowker	Senior	272.5	346.90	SCO	Scottish Classic
14	Tiarne Pearce	U23	265	335.83	ENG	All England
15	Bianca Mourik	U23	262.5	335.69	GBR	Scottish Uni
16	Chantal Pearson	Senior	260	331.24	ENG	All England
17	Jenny Hunter	M2	260	327.03	EM	British Masters Classic
18	Karina Chan	Senior	260	325.78	BATH	British Uni
19	Bethany Wylie	u18	255	331.60	GBR	EPF Classic Denmark
20	Suzanne Richards	M1	255	322.19	EM	British Masters Classic

Equipped Powerlifting Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Louise Edwards	Senior	362.5	455.97	GBR	British Equipped
2	Jennifer Hunter	M2	302.5	378.34	EM	European Masters
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Classic Bench Only Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Danielle Malcom	Senior	75	93.78	SW	British Bench Press
2	Jenny Hunter	Senior	65	81.03	EM	British Bench Press
3	Georgia Blakeman	U18	58	73.28	EM	British Bench Press
4	Maria Andrews	Senior	57.5	71.68	NW	British Bench Press
5	Linzi Waite	Senior	52.5	65.94	ENG	English Bench
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Equipped Bench Only Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Jenny Hunter	M2	72.5	90.92	EM	British Bench Press
2	Louise Edwards	Senior	72.5	90.92	WM	British Bench Press
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57kg Class Top 20 Women ranked by total

Classic Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Joy Nnamani	Senior	415.5	490.20	GL	Reykjavik International Games
2	Ellie Steel	Senior	385	449.49	GBR	EPF Classic Denmark
3	Louise Murray	Senior	375.5	436.93	SCO	Scottish Classic
4	Hannah Chan	U23	365	425.08	GL	IPF World Classic
5	Catherine Smith	U23	360	421.81	GBR	British Equipped
6	Helen Hughes	M1	345	412.86	SM	All England
7	Elsbeth Mcleod	Senior	342.5	397.61	YORK	British Uni
8	Jane Girdlestone	M1	335	412.35	NW	IPF World Classic
9	Alice Hogg	U23	325	378.17	SCO	Scottish Seniors
10	Catherine Graham	Senior	322.5	386.23	ENG	All England
11	Katharine Teggarty	Senior	315	375.89	NI	NI Raw Power
12	Chloe Simpson	Senior	312.5	372.91	NI	NI Raw Power
13	Jasmine Franks	Senior	305	358.86	ENG	All England
14	Claire Thomson	Senior	302.5	360.99	SCO	Scottish Classic
15	Elizabeth Pipe	U23	300	355.47	ENG	All England
16	Lucy Robinson	U18	300	349.56	GBR	IPF World Classic
17	Noreen McDermott	Senior	297.5	349.06	NI	NI Raw Power
18	Anneli Rita-Stewart	M1	292.5	342.72	SC	British Masters Classic
19	Michelle Franklin	M2	287.5	338.79	GBR	IPF World Classic
20	Soomin Jun	U23	287.5	337.18	NOTT	British Uni

Equipped Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Ellie Steel	Senior	505	588.83	SM	European Equipped
2	Bianca-Jade Pennington	U23	345	400.94	GBR	European Equipped
3	Michelle Franklin	M2	310	365.00	GBR	British Equipped
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Classic Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Natalie Blake	Senior	100	120.36	ENG	English Bench
2	Louise Murray	Senior	90	106.05	SCO	British Bench Press
3	Catherine Graham	Senior	75	87.88	ENG	English Bench
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Equipped Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Ellie Steel	Senior	140	163.35	SM	IPF World Equipped Bench
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63kg Class Top 20 Women ranked by total

Classic Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Sabrina Moore	Senior	417.5	450.23	GBR	EPF Classic Denmark
2	Abi Graham	Senior	405	439.30	GBR	IPF World Classic
3	Hollie Johnson	Senior	387.5	422.30	NEWC	British Uni
4	Stephanie Pike	Senior	385	423.00	ENG	All England
5	Hannah Philp	Senior	385	420.07	ENG	All England
6	Emily Lloyd Whittington	U23	367.5	402.49	ENG	All England
7	Hannah Yardy	Senior	357.5	386.74	WAL	Welsh Championships
8	Beverley Rodgers	M1	350.5	376.44	ENG	All England
9	Khrys Kyriacou	M2	350	377.48	SE	IPF World Classic
10	Moa Wikner	U23	345	383.16	ENG	All England
11	Elsbeth McLeod	U23	342.5	397.37	GBR	IPF World Classic
12	Rowan Hendry-Horne	Senior	342.5	370.06	SCO	Scottish Classic
13	Clair Sear	Senior	337.5	369.63	OXF	British Uni
14	Suzanne Goulder	Senior	337.5	368.49	GBR	World University Cup
15	Molly Harkins	U23	337.5	367.35	GBR	Scottish Uni
16	Molly Gray	U23	332.5	378.07	GBR	Scottish Uni
17	Gemma Surtees	Senior	330	355.71	ENG	All England
18	Pelin Baykal	M1	327.5	361.85	GL	British Masters Classic
19	Donna Bradbury	M1	322.5	360.01	NW	All England
20	Alex Close	Senior	320	356.30	GBR	Scottish Uni

Equipped Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Rosimery Lima	M1	472.5	513.59	SW	European Equipped
2	Sarah Stanhope	Senior	400	432.87	GBR	European Equipped
3	Faye Jordan	Senior	377.5	415.79	GBR	British Equipped
4	Alice Francis-Freeman	U18	365	397.04	GBR	European Equipped
5	Yasmina Couty	Senior	357.5	386.03	GBR	British Equipped
6	Bianca-Jade Pennington	U23	355	409.97	GBR	British Equipped
7	Tiffany Wood	Senior	347.5	375.92	GBR	British Equipped
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Classic Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Hollie Johnson	Senior	90	97.78	YNE	IPF World Classic Bench
2	Gemma Marshall	Senior	85	91.73	ENG	English Bench
3	Louise Norden	Senior	80	87.62	SW	British Bench Press
4	Emma Stott	M1	70	76.66	ENG	English Bench
5	Donna Bradbury	M1	62.5	69.06	ENG	English Bench
6	Karen McLennan	Senior	52.5	58.01	YNE	British Bench Press
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Equipped Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Faye Jordan	Senior	95	104.44	EM	British Bench Press
2	Sarah Stanhope	Senior	85	91.29	ENG	English Bench
3	Michelle Franklin	M2	75	85.05	NM	English Bench
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72kg Class Top 20 Women ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Sheri Miles	Senior	435	431.17	SE	IPF World Classic
2	Louise Richardson	M1	425	421.22	SE	IPF World Classic
3	Tanya Bull	Senior	422.5	414.68	WAL	Welsh Championships
4	Susanna Argile	Senior	410	402.42	SURR	British Uni
5	Sophie Culshaw	U23	392.5	400.59	CAMB	British Uni
6	Eno Majomi	M1	390	398.03	GL	British Masters Classic
7	Florence Walton	Senior	390	389.14	ENG	All England
8	Alexandra Jackson	Senior	378	372.07	LINC	British Uni
9	Nina Cambatta	Senior	377.5	382.07	ENG	All England
10	Sophie Barringer	Senior	377.5	378.56	SCO	Scottish Classic
11	Rachael Bradish	Senior	375	375.30	ENG	All England
12	Kara Swankie	U23	375	367.72	SCO	Scottish Classic
13	Rachel Hughes	U23	373.5	378.62	HULL	British Uni
14	Amelia Crook	Senior	367.5	376.69	WAL	Welsh Championships
15	Emily Williams	Senior	362.5	362.61	ENG	All England
16	Rosie Howard	Senior	362.5	356.12	RDG	British Uni
17	Lucie Sukova	M1	360	369.40	ENG	All England
18	Natalie O'Shea	Senior	360	352.69	WAL	Welsh Championships
19	Khrys Kyriacou	M2	357.5	357.79	SE	British Masters Classic
20	Maggie Richmond	U23	355	370.33	GBR	Scottish Uni

Equipped Powerlifting Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Christie Civetta	Senior	477.5	466.27	GBR	British Equipped
2	Amy Spencer	Senior	420	418.04	GBR	British Equipped
3	Joanne Barnes	M1	392.5	387.26	GBR	British Equipped
4	Shelley Tipling	Senior	390	387.99	SCO	Scottish Seniors
5	Wendie Kirkland	M1	380	375.11	NM	British Equipped
6	Shasha Bowers	Senior	335	329.74	GBR	British Equipped
7	Melissa Wall	M2	295	295.65	SCO	European Masters
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Classic Bench Only Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Clare Patterson	Senior	102.5	101.18	ENG	English Bench
2	Ruta Lendraitiene	Senior	92.5	91.22	YNE	British Bench Press
3	Christie Civetta	Senior	85	82.96	ENG	English Bench
4	Rachel Hughes	U23	83	81.70	ENG	English Bench
5	Eno Majomi	M1	80	81.91	GL	British Bench Press
6	Kimberley Cowell	Senior	80	78.08	ENG	English Bench
7	Moa Wikner	U23	72.5	73.99	ENG	English Bench
8	Wendie Kirkland	M1	72.5	71.50	ENG	English Bench
9	Megan Davies	U23	70	71.52	SW	British Bench Press
10	Jeni Aulman	M1	70	69.43	WM	British Bench Press
11	Joanna O'Brien	M1	50	49.36	ENG	English Bench
12	Angela Houldershaw	M2	50	49.17	ENG	English Bench
13	Julie Briggs	M2	45	44.90	SE	British Bench Press
14	Judith McGauley	M3	37.5	40.23	ENG	English Bench
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Equipped Bench Only Total

	Name	Age Class	Total	Wilks	Division	Competition
1	Kimberley Cowell	Senior	112.5	110.32	NW	IPF World Equipped Bench
2	Ruta Lendraitiene	Senior	110	108.79	YNE	British Bench Press
3	Wendie Kirkland	M1	107.5	106.02	ENG	English Bench
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84kg Class Top 20 Women ranked by total

Classic Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Chrystal Williams	U23	477.5	428.70	GBR	IPF World Classic
2	Deirdre Fenlon	Senior	468	421.71	ENG	All England
3	Wendy Macfarlane	Senior	435	390.99	SCO	Scottish Classic
4	Charlotte Shotton-Gale	Senior	430	383.43	GBR	EPF Classic Denmark
5	Chelsey Logue	Senior	427.5	383.08	ENG	All England
6	Christina Appleby	Senior	425	391.08	WAL	Welsh Championships
7	Hira Teirney	Senior	420	384.30	ENG	All England
8	Natasha Tranter	U23	415	378.27	GBR	IPF World Classic
9	Claire Tocher	Senior	412.5	385.56	SCO	Scottish Classic
10	Rachel Ibifubar Atemie	Senior	410	381.18	UCL	British Uni
11	Jenni Sherwood	M1	392.5	353.92	WM	British Masters Classic
12	Joanne Lwanga	U23	390	365.98	ENG	All England
13	Paola Rocuzzo	M1	387.5	349.41	GL	British Masters Classic
14	Katherine Hodgett	Senior	380	348.42	ENG	All England
15	Jackie Blasbery	M2	377.5	338.35	GBR	IPF World Classic
16	Sandra Dailidyte	Senior	370	344.25	SCO	Scottish Classic
17	Hannah Topp	Senior	367.5	330.93	ENG	All England
18	Catherine Burroughs	M1	367.5	329.50	EM	British Masters Classic
19	Eve Fordyce	Senior	362.5	353.65	GBR	World University Cup
20	Scarlett Portues	Senior	357.5	339.98	ENG	All England

Equipped Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Charlie Shotton-Gale	Senior	550	491.04	GBR	British Equipped
2	Jennifer Keane	M1	502.5	455.01	WM	European Equipped
3	Jackie Blasbery	M2	445	397.06	EM	British Equipped
4	Michelle Brand	M1	412.5	368.61	GBR	European Masters
5	Natasha Tranter	U23	402.5	362.93	GBR	British Equipped
6	Catherine Burroughs	M1	395	353.51	GBR	British Equipped
7	Helen Toms	M2	390	348.19	GBR	British Equipped
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Classic Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Jackie Blasbery	M2	85	75.85	EM	British Bench Press
2	Katherine Hodgett	Senior	82.5	75.38	ENG	English Bench
3	Amy Crossland	Senior	67.5	62.30	ENG	English Bench
4	Mariah Connor	U18	52.5	46.85	NM	British Bench Press
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Equipped Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Orla Kaye	Senior	107.5	97.00	GBR	IPF World Equipped Bench
2	Jackie Blasbery	M2	107.5	95.92	EM	British Bench Press
3	Bekki Williams	M1	100	94.44	ENG	English Bench
4	Rebecca Williams	M1	92.5	89.55	NM	British Bench Press
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84kg+ Class Top 20 Women ranked by total

Classic Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Camille Holland	Senior	525	420.52	GBR	IPF World Classic
2	Leigh Wetheridge	U23	517.5	425.33	GBR	IPF World Classic
3	Charlie Chester	U23	460	379.68	GBR	IPF World Classic
4	Sarah Marsden	M1	428	348.69	ENG	All England
5	Hira Tierney	Senior	422.5	375.43	WAL	Welsh Championships
6	Simone Kupisz	Senior	422.5	370.89	SCO	Scottish Classic
7	Kelly Phasey	M1	421	337.35	WM	British Masters Classic
8	Alexandra Foden	Senior	410	342.76	ENG	All England
9	Betty Gray	M2	407.5	332.93	SE	IPF World Classic
10	Leah Moir	Senior	405	330.61	SCO	Scottish Classic
11	Laura Loft	Senior	402.5	351.34	ENG	All England
12	Kyla Mulholand	M1	392.5	333.98	NI	British Masters Classic
13	Libby Blair	M2	382.5	309.86	NI	NI Raw Power
14	Steevi Pugh	Senior	372.5	315.62	ENG	All England
15	Rachael Moir	Senior	370	312.82	SCO	Scottish Classic
16	Elizabeth Blair	M2	365	294.45	NI	British Masters Classic
17	Stephanie Foster	Senior	360	312.91	BANG	British Uni
18	Donna Cassley	Senior	357.5	298.44	NI	NI Raw Power
19	Joanna Jack	M1	357.5	294.55	SCO	Scottish Classic
20	Sarah Hammerton	Senior	355	305.77	SCO	Scottish Classic

Equipped Powerlifting Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Laura Berry	Senior	520	444.04	GBR	European Equipped
2	Susan Hollands	M3	420	370.08	GBR	British Equipped
3	Catherine Burroughs	M1	407.5	361.77	GBR	European Masters
4	Michelle Brand	M1	400	355.86	GBR	British Equipped
5	Scarlett Sotiris	Senior	397.5	347.85	SE	British Equipped
6	Helen Toms	M2	392.5	342.03	GBR	European Masters
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Classic Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Julie Rider	Senior	112.5	94.37	SE	British Bench Press
2	Camille Holland	Senior	107.5	86.67	EM	British Bench Press
3	Laura Berry	Senior	105	89.49	YNE	British Bench Press
4	Charlie Chester	U23	97.5	80.55	SW	British Bench Press
5	Sylvia Osei-Tutu	Senior	90	73.84	GL	British Bench Press
6	Jacqueline Gough	M1	87.5	67.81	ENG	English Bench
7	Jo Whiteley	M1	75	61.79	NW	British Bench Press
8	Nicola Maycock	M1	50	44.18	ENG	English Bench
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Equipped Bench Only Total

Name	Age Class	Total	Wilks	Division	Competition	
1	Laura Berry	Senior	152.5	129.05	YNE	IPF World Equipped Bench
2	Jo Whiteley	M1	125	101.75	NW	IPF World Equipped Bench
3	Sarah Bouskill	Senior	120	96.95	ENG	English Bench
4	Jaqueline Gough	M1	115	89.15	ENG	English Bench
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