



2025 Western European Championships (Classic), Selection

The primary goal of the 2025 Western European Classic team is to provide an opportunity to develop international experience and create a pathway to Senior international teams. Aligning with British Powerlifting's Performance vision, the Western European Championships Team will be the development team. This means our primary selection will begin with those *who have not represented British Powerlifting at an international Open Classic competition*.

Our secondary goal is to provide an opportunity for coaches to gain valuable international experience with a 50:50 in the coaching staff between female and male coaches.

Our last goal is to promote longevity within the sport. With a deep pool of talent there are lifters who may be on the cusp of making it to the international team but move on before fulfilling their potential. We see this competition as a way of instilling belief in themselves to pursue their goals for a longer duration.

With these goals in mind our selection criteria is set out to reflect this and fill the team roster of 6 male and 6 female lifters.

Procedure

- Primary Selection
 1. The top six lifters based on GL points [*who have not represented British Powerlifting at an international Open Classic competition*] will receive an invite.
 2. To be eligible **a lifter must** have competed at one of the following*;
 - a. 2024 British Open Classic Championships
 - b. 2025 British SubJnr/ Jnr Classic Championships
 - c. 2025 British Masters Classic Championships
 - d. 2025 BUCS
 - e. 2024 Home Nations
 - f. 2025 Marion Hammang Memorial Cup

*These competitions will be updated for 2026

- Secondary Selection Criteria
 1. Weight classes are capped at **2 lifters** per weight class as per the international competition rules
 2. The decision on which classes will be taken will be based on GL