



SJnr/Jnr Head Coach Announcement

20th February 2025.

Dear Membership,

Following the resignation of Jason Coultman from the role of Head Coach of the SubJnr/Jnr team, I am pleased to announce that Mr Tom Morgan has been appointed as team Head coach, and as such will be stepping down from his current role as Board Consultant.

In-line with our appointments policy the review panel unanimously agreed that Tom should be given this appointment.



Tom has worked in high performance sports coaching and management since 2018, holding head coach roles for multiple international teams, and as an individual coach for elite athletes across a variety of sports and age groups. Under his leadership teams have seen record numbers of medal winning performances along with continued growth and development year on year. Tom brings experience managing, and coaching, large international teams as well as effectively coaching and developing youth athletes during their time in sport.

Alongside his coaching Tom is working on his PhD researching performance in Powerlifting, data from which should help guide athletes to achieving better performances within the sport. Tom also competes internationally for both Wales and Great Britain, where he has achieved two first place finishes as well as a best lifter award during his time in the sport. Tom's selfless attitude and clear passion to give back to the sport is evident in his approach to coaching, which has clearly served every team he's coached succeed.

Above and beyond his attributes as a classic team coach, Tom's passion for equipped lifting we feel also aligns with our need to help develop the Jnr Equipped team, who under the guidance of Kate Sweatman is already making a great impact on the international stage. We feel with his knowledge and passion for this side, it lends itself perfectly to help grow all our jnr teams moving forward.

British Powerlifting is a trading name of GB Powerlifting Federation Ltd

Limited by guarantee and Registered in England and Wales , No. 06625045

AFFILIATED TO: The International Powerlifting Federation & the European Powerlifting Federation

We wish you well Tom, and look forward to seeing where you take our great team in the coming years.

Tom will of course be looking to assemble a coaching team to accompany him to the seasons International events, and information on how to apply will be available in due course.

Before then, Toms first task is to create a team international selection procedure alongside our exec and Performance Director. We aim to have this published in good time before the upcoming British Championships to be held late next month in The Hangar, Wolverhampton.

A handwritten signature in black ink, appearing to read 'James Brincat-Smith', with a stylized flourish at the end.

James Brincat-Smith.

Chief Executive Officer

British Powerlifting is a trading name of GB Powerlifting Federation Ltd

Limited by guarantee and Registered in England and Wales , No. 06625045

AFFILIATED TO: The International Powerlifting Federation & the European Powerlifting Federation