

# 2025 Open Selection

## 2025 Classic Open Team Selection Policy

11th November 2024

### Goal

Our objective is to field the most competitive teams at IPF Open Classic Worlds & the European Open Classic Championships.

### Procedure

The Classic Open National Team to compete at the IPF Classic Open World Championships will be determined first and the Classic Open National Team to compete at the European Open Classic Championships will be determined second. The team for any other international or invitational events will be determined after these teams are established.

Lifters who qualify for IPF Classic Open World Championships get the first right of refusal to compete at the World Championships. Should they decline their slot, we will move on to the highest ranked alternate according to our selection criteria.

When the national team carries two lifters in the same weight class, we will continue moving down the alternate list to find a viable candidate for another weight class.

**Rationale:** National Championships are essential in determining our National Teams. If the British Open Championships is our premier event, we want our best lifters competing.



@gbpowerfed



@gbpowerfed



@gbpowerfed

To field our strongest team, lifters deserve the opportunity to compete head-to-head under identical circumstances (date/time, venue, referees, scale). Ascending lifters want to compete against the best and when our best lifters are allowed to skip our National Championships, it blunts development of our next tier athletes. Moreover, it devalues our nationals sending a bad message to all our lifters.

All our athletes should be afforded the same competitive opportunities while being held to the same standards.

## 2025 Classic Open National Team Selection Criteria

### Primary Selection

Totals from the 2024 British Open Championships will be considered. The national champion in each weight class will get the first invite to the British Classic Open National Team if they achieve a minimum Carpino Score of three (3).

The Carpino Score is a ranking system based on the average of where the lifter's total would hypothetically place them at the respective world championships.

British Powerlifting will use a Carpino Score average of three (3) from the last three IPF Classic Open World Championships 2022-2024.

For the 2025 Classic Open National Team only, the lifters that have applied for and received dispensation will be included in the primary selection and their totals will be considered directly against the totals achieved at the British Open Championships.

(E.g. - Lifter A with dispensation granted has a nominated total of 500kg, Lifter B competing at the British Open Championships would need to out-total Lifter A to be considered above them in the rankings.)



The rationale and justification for this is because Lifter A applied for and received dispensation before these team selection criteria were written. Beginning with the 2026 Classic Open National Team, any lifters with dispensation will be included in the secondary selection.

## Secondary Selection

All other lifters (including any international competitions between 1 January 2024 and 23 March 2025) will be put in the alternate pool and ranked based on a three-year Carpino Score of three (3) considering the last three IPF Classic Open World Championships 2022-2024.

Further, the alternate pool is ranked according to Carpino Score and is not contingent upon weight class. (E.g. - The teams may not necessarily have a representative in each weight class, with the aim of taking the most competitive team possible.)

## Requirements for Primary & Secondary Selection

<b>Totals Required for Carpino 3</b>			
<b>WOMEN</b>		<b>MEN</b>	
<b>CLASS</b>	<b>TOTAL(kg)</b>	<b>CLASS</b>	<b>TOTAL(kg)</b>
<b>47</b>	390	<b>59</b>	576
<b>52</b>	434.5	<b>66</b>	695
<b>57</b>	477	<b>74</b>	766
<b>63</b>	521	<b>83</b>	795
<b>69</b>	531	<b>93</b>	878
<b>76</b>	565	<b>105</b>	902
<b>84</b>	550	<b>120</b>	911.5
<b>84+</b>	663.5	<b>120+</b>	958.5

## Tertiary Selection

All other lifters (including any international competitions between 1 January 2024 and 23 March 2025) will be put in the alternate pool and ranked based on achieving a total that must be a minimum of 80% of their weight class's IPF world record as of 31 December 2024. World records will not be updated until 2026 national team selection.

Rankings are initially done via Carpio Score. If two lifters achieve the same Carpio Score, preference is given to the lifter with the higher % of the world record total in their respective weight class.

## Requirements for Tertiary Selection

Requirements for Tertiary Selection					
WOMEN			MEN		
CLASS	World Record	80% of WR	CLASS	World Record	80% of WR
47	433.5	347	59	669.5	536
52	481	385	66	710.5	568.5
57	519.5	416	74	836	669
63	557.5	46	83	861	689
69	600	480	93	895	716
76	613	490.5	105	940.5	752.5
84	647	518	120	978.5	783
84+	731	585	120+	1152.5	922

## 2025 European Classic Open National Team Selection Criteria

### Primary Selection

Totals from the 2024 British Open Championships will be considered. The national champion in each weight class will get the first invite to the British Classic Open National Team if they achieve a minimum Carpino Score of three (3).

The Carpino Score is a ranking system based on the average of where the lifter's total would hypothetically place them at the respective world championships.

British Powerlifting will use a Carpino Score average of three (3) from the last three IPF Classic Open World Championships.

For the 2025 European Classic Open National Team only, the lifters that have applied for and received dispensation will be included in the primary selection and their totals will be considered directly against the totals achieved at the British Open Championships. (E.g. - Lifter A with dispensation granted has a nominated total of 500kg, Lifter B competing at the British Open Championships would need to out-total Lifter A to be considered above them in the rankings.)

The rationale and justification for this is because Lifter A applied for and received dispensation before these team selection criteria were written. Beginning with the 2026 European Classic Open National Team, any lifters with dispensation will be included in the secondary selection.



## Secondary Selection

All other lifters (including any international competitions between 1 January 2024 and 31 December 2024) will be put in the alternate pool and ranked based on a three-year Carpino Score of three (3) considering IPF Classic Open Worlds 2022-2024.

Further, the alternate pool is ranked according to Carpino Score and is not contingent upon weight class. (E.g. - The teams may not necessarily have a representative in each weight class, with the aim of taking the most competitive team possible.)

## Requirements for Primary & Secondary Selection

Totals Required for Carpino 3			
WOMEN		MEN	
CLASS	TOTAL(kg)	CLASS	TOTAL(kg)
47	390	59	576
52	434.5	66	695
57	477	74	766
63	521	83	795
69	531	93	878
76	565	105	902
84	550	120	911.5
84+	663.5	120+	958.5



@gbpowerfed



@gbpowerfed



@gbpowerfed

## Tertiary Selection

All other lifters (including any international competitions between 1 January 2024 and 31 December 2024) will be put in the alternate pool and ranked based on achieving a total that must be a minimum of 80% of their weight class's IPF world record as of 31 December 2024. World records will not be updated until 2026 national team selection.

Rankings are initially done via Carpio Score. If two lifters achieve the same Carpio Score, preference is given to the lifter with the higher % of the world record total in their respective weight class.

## Requirements for Tertiary Selection

Requirements for Tertiary Selection					
WOMEN			MEN		
CLASS	World Record	80% of WR	CLASS	World Record	80% of WR
47	433.5	347	59	669.5	536
52	481	385	66	710.5	568.5
57	519.5	416	74	836	669
63	557.5	446	83	861	689
69	600	480	93	895	716
76	613	490.5	105	940.5	752.5
84	647	518	120	978.5	783
84+	731	585	120+	1152.5	922

## Tiebreakers

If two lifters post the same total in the same weight class, the one with the lighter body weight will receive the first invite. If two lifters post the same total in the same weight class at the same body weight, the lifter who achieved the total first will get the first invite.

*\*All prospective national team members must be in good standing with the federation and not serving any periods of ineligibility.*

*\*\*The National Team Selection Criteria may be revised for 2026.*

James Brincat-Smith  
CEO



@gbpowerfed



@gbpowerfed



@gbpowerfed