



Top 20 Male ranked by IPF points

Classic Powerlifting IPF Points

Name	Age Class	Weight	IPF	Division	Competition
1 Ade Omisakin	Open	83	119.37	NW	EPF Western European Championships
2 Jurins Kengamu	Open	83	117.22	GL	IPF World Classic Championships
3 Abdul Majeed Sulayman	Open	120	112.77	YNE	Arnold Classic UK
4 Christian Ayandokun	Open	93	112.68	EM	IPF World Classic Championships
5 Maxwell Gyamfi	Open	93	112.36	YNE	IPF World Classic Championships
6 Manson Adagu	U23	83	111.12	SW	IPF World Junior Classic Championships
7 Nathaniel Massiah	U23	93	110.73	GL	IPF World Junior Classic Championships
8 Nonso Chinye	U23	120	109.72	GL	IPF World Junior Classic Championships
9 Tony Cliffe	M1	120	109.24	NW	IPF World Classic Championships
10 William Pickering	Open	93	108.48	GL	Manchester Open 2024
11 Sanchez Dillon	Open	105	108.35	WM	Arnold Classic UK
12 Matthew Pond	U23	83	107.96	NW	Eleiko British Junior Classic Championships
13 Ben Pape	Open	105	107.87	EM	EPF European Open Classic Championships
14 Samuel Watt	M2	105	107.70	YNE	All England
15 Owen Hubbard	Open	83	107.56	WAL	EPF European Open Classic Championships
16 Saheed Agrebe	Open	83	106.89	SE	EPF Western European Championships
17 Adam Fulat	Open	93	106.33	GL	Arnold Classic UK
18 Nathan Gevao	Open	93	105.03	SW	EPF European Open Classic Championships
19 James Adcock	Open	93	104.96	SE	EPF Western European Championships
20 Joey Awala	U23	93	104.54	NM	Euro Muscle Show

Equipped Powerlifting IPF Points

Name	Age Class	Weight	IPF	Division	Competition
1 Ray Bowring	U23	120+	100.82	SM	Manchester Open 2024
2 Robert Palmer	M1	93	100.63	GL	Arnold Classic UK
3 Gregory Pearson	U18	83	99.22	YNE	Manchester Open 2024
4 Jack Johnson	Open	105	97.49	SM	Manchester Open 2024
5 Matthew Hallett	Open	93	91.13	SM	EPF European Equipped Championships
6 Hugo Duarte	Open	105	90.25	EM	Arnold Classic UK
7 Jordan Bollard	Open	120+	89.19	SM	EPF European Equipped Championships
8 Scott Simon	M2	120	85.02	SCO	EPF European Masters Equipped Championships
9 George Seeger	Open	105	83.01	NW	British Equipped Championships
10 Dean Bowring	M2	120+	82.28	SM	British Equipped Championships
11 Matt Watson	Open	105	81.85	SM	British Equipped Championships
12 Thomas Morgan	Open	93	81.18	WAL	Manchester Open 2024
13 Thomas Shaw	Open	105	80.67	NM	Manchester Open 2024
14 Jack Barber	Open	120	79.66	SM	EPF Western European Championships
15 Aftab Uddin	Open	66	79.62	GL	British Equipped Championships
16 Shaun Haynes	M2	83	78.86	NM	British Equipped Championships
17 James Taylor	Open	93	78.53	SM	All England
18 Felix Vallejo-Ruiz	Open	93	78.30	SCO	EPF Western European Championships
19 Bernard McGurk	M2	74	78.23	SCO	EPF European Masters Equipped Championships
20 Jasvinder Singh Cheema	M2	83	77.68	WM	British Equipped Championships

Classic Bench IPF Points

Name	Age Class	Weight	IPF	Division	Competition
1 Matthew Pond	U23	83	103.79	NW	Eleiko British Junior Classic Championships
2 Tony Cliffe	M1	120	103.60	NW	IPF World Classic Championships
3 Maxwell Gyamfi	Open	93	103.35	YNE	IPF World Classic Championships
4 Owen Hubbard	Open	83	100.72	WAL	EPF European Open Classic Championships
5 Jack Taylor	U23	93	100.22	NM	Euro Muscle Show
6 Ashley Liston	Open	105	99.96	WM	EPF European Bench Press Championships
7 Lucas Stolle	Open	83	98.87	WM	British Classic Bench Press Championships
8 Anujan Srikantha	Open	83	98.62	GL	British Classic Bench Press Championships
9 Christian Ayandokun	Open	93	97.41	EM	IPF World Classic Championships
10 Ade Omisakin	Open	83	96.84	NW	EPF Western European Championships
11 Harrison Sparks	Open	93	96.38	NM	British Classic Bench Press Championships
12 Cejai Lindsay	Open	105	96.31	GL	EPF Western European Championships
13 Abdul Sulayman	Open	120	96.00	YNE	Arnold Classic UK
14 Scott Simon	M2	120	94.26	SCO	EPF European Bench Press Championships
15 Jack Hopkins	U23	105	93.65	SW	IPF World Junior Classic Championships
16 Tom Field	U23	83	93.62	SM	EPF European Bench Press Championships
17 Olayemi AJose-Adeogun	Open	105	93.61	GL	All England
18 Andrew Ward	Open	74	93.46	WM	IPF World Bench Press Championships
19 Anthony McLeggan	M1	105	93.24	NI	NI Bench Press Championships
20 Jurins Kengamu	Open	83	93.13	GL	IPF World Classic Championships

Equipped Bench IPF Points

Name	Age Class	Weight	IPF	Division	Competition
1 Keelum Walton	Open	120+	98.89	SM	Arnold Classic UK
2 Michael Gibson	Open	105	88.57	NI	NI Bench Press Championships
3 Andy Champ	M1	105	88.45	EM	EPF European Bench Press Championships
4 Robert Palmer	M1	93	86.77	GL	Arnold Classic UK
5 Matthew Hallett	Open	93	86.61	SM	EPF European Equipped Championships
6 Ray Bowring	U23	120+	84.18	SM	Manchester Open 2024
7 Alex Fodor	Open	74	84.07	NM	IPF World Bench Press Championships
8 Scott Simon	M2	120	81.91	SCO	EPF European Bench Press Championships
9 Adam McAlpine	Junior	93	80.96	NI	NI Bench Press Championships
10 Gregory Pearson	U18	83	80.52	YNE	Manchester Open 2024
11 Max Wadsworth	U23	93	79.79	EM	British Equipped Bench Press Championships
12 Jordan Bollard	Open	120+	79.35	SM	EPF European Equipped Championships
13 Joe Shaw	Open	120	78.97	NM	English Bench Press
14 Jack Johnson	Open	105	75.89	SM	British Equipped Championships
15 Darren Ball	M2	120+	74.32	SE	EPF European Bench Press Championships
16 James Taylor	Open	93	73.81	SM	All England
17 Hugo Duarte	Open	105	72.00	EM	EPF European Equipped Championships
18 Matt Watson	Open	105	71.80	SM	British Equipped Championships
19 Andy Rigby	M3	105	70.72	NW	IPF World Bench Press Championships
20 Rhys Davies	U23	120+	69.06	WAL	EPF European Bench Press Championships

59kg Class Top 20 Male ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Ishtyaq Nabi	Open	582.5	96.52	EM	IPF World Classic Championships
2	Lahiru Suren	Open	522.5	87.26	EM	All England
3	Alfie Bonsell	U18	512.5	85.11	NM	IPF World Junior Classic Championships
4	Gibson Goze	Open	495	81.91	GL	All England
5	Mike Baloro	Open	487.5	81.11	GL	Manchester Open 2024
6	Bailey James	U23	475	79.47	GL	Eleiko British Junior Classic Championships
7	Charlie Woods	U23	467.5	78.29	SE	Eleiko British Junior Classic Championships
8	Matt Chan	Open	465	77.33	SW	IPF FISU University Championships
9	William Walker	U23	455	75.57	SCO	BUCS British University Championships
10	Josh Loke	U18	440	73.28	NM	Eleiko British Sub Junior Classic Championships
11	Leonard Lai	U23	430	75.22	GL	BUCS British University Championships
12	Dakota Bessent	U16	430	71.61	SW	All England
13	Sagnik Chatterjee	U18	427.5	70.74	GL	Eleiko British Sub Junior Classic Championships
14	Shaun Bateman	M2	417.5	69.46	SW	All England
15	Sawyer Preston	U18	412.5	68.38	EM	Eleiko British Sub Junior Classic Championships
16	Yashnit Arora	U23	410	69.31	SE	BUCS British University Championships
17	Jake Scott	U16	400	66.49	SE	Eleiko British Sub Junior Classic Championships
18	Henry Chay	M3	392.5	65.43	NW	British Masters Classic Championships
19	Jack Collins	U16	375	62.68	NW	Eleiko British Sub Junior Classic Championships
20	Aaryan Shah	U18	362.5	60.26	GL	Eleiko British Sub Junior Classic Championships

Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Daniel McGauley SO	Open	330	49.23	EM	British Equipped Championships
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Ishtyaq Nabi	Open	140	84.60	EM	IPF World Classic Championships
2	Lahiru Ranathungage	Open	135	82.16	EM	EPF European Bench Press Championships
3	Adam Alderman	M1	132.5	82.82	EM	British Classic Bench Press Championships
4	Lahiru Suren	Open	130	79.19	EM	All England
5	Ben David Hampson	Open	117.5	71.51	EM	British Classic Bench Press Championships
6	Kieran Huxtable	Open	115	69.92	NM	British Classic Bench Press Championships
7	Bailey James	U23	115	69.86	GL	EPF European Bench Press Championships
8	Charlie Woods	U23	112.5	68.47	SE	British Classic Bench Press Championships
9	Alfie Bonsell	U18	112.5	68.14	NM	Eleiko British Sub Junior Classic Championships
10	Gibson Goze	Open	110	66.37	GL	All England
11	Leonard Lai	U23	107.5	68.74	GL	BUCS British University Championships
12	William Walker	U23	107.5	65.11	SCO	BUCS British University Championships
13	Dakota Bessent	U16	102.5	62.26	SW	All England
14	Shaun Bateman	M2	100	60.69	SW	All England
15	Matt Chan	Open	97.5	59.14	SW	IPF FISU University Championships
16	Sawyer Preston	U18	97.5	58.94	EM	Eleiko British Sub Junior Classic Championships
17	Daniel Lynch	U18	95	58.79	NI	NI Bench Press Championships
18	Yashnit Arora	U23	95	58.61	SE	BUCS British University Championships
19	Mike Baloro	Open	95	57.65	GL	Manchester Open 2024
20	Sagnik Chatterjee	U18	92.5	55.82	GL	Eleiko British Sub Junior Classic Championships

Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Daniel McGauley (SOI)	Open	95	48.79	EM	EPF European Bench Press Championships
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66kg Class Top 20 Male ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Benedict Grant	U23	638.5	99.93	SW	Eleiko British Junior Classic Championships
2	Joshua Cheung	U23	621	96.96	SCO	Eleiko British Junior Classic Championships
3	Joseph Diva	Open	620	97.04	GL	IPF World Classic Championships
4	Renzo Binas	U23	596.5	92.98	SW	Eleiko British Junior Classic Championships
5	Phenyo Botlhoko	Open	587.5	91.88	NW	Manchester Open 2024
6	Aftab Uddin	Open	587.5	91.66	GL	Manchester Open 2024
7	Dorje Weston	U18	580.5	91.00	WM	Eleiko British Sub Junior Classic Championships
8	Javin Jeetoo	U23	560	87.93	SW	Eleiko British Junior Classic Championships
9	John Anderson	U23	557.5	86.91	YNE	Eleiko British Junior Classic Championships
10	Faiad Sharif	U23	552.5	86.90	SW	BUCS British University Championships
11	Santosh Guru	U23	552.5	86.47	EM	BUCS British University Championships
12	Paul Mavromoustakis	U23	550	86.08	NM	BUCS British University Championships
13	Pascal Skannavis	U23	544.5	85.57	YNE	BUCS British University Championships
14	Greig Murray	M2	541	84.51	SCO	EPF European Masters Classic Championships
15	Sirjan Rana	U23	537.5	84.33	NM	BUCS British University Championships
16	Gaston Nassief	U23	530	82.82	NM	BUCS British University Championships
17	Edward Butcher	U18	527.5	82.96	YNE	IPF World Junior Classic Championships
18	Lawrence White	Open	525	82.30	EM	All England
19	Aqeel Rehman	U23	522.5	81.45	WAL	BUCS British University Championships
20	Tom Dalziel	U23	520	81.58	SCO	Scottish Junior Championships

Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Aftab Uddin	Open	592.5	79.62	GL	British Equipped Championships
2	William Murray	M1	565	76.17	SCO	British Equipped Championships
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Edward Kimber	U23	160.0	90.98	SW	IPF World Bench Press Championships
2	Pascal Skannavis	U23	157.0	89.80	YNE	BUCS British University Championships
3	Joseph Diva	Open	155	88.28	GL	IPF World Classic Championships
4	Martin Nguyen	U23	155	87.99	SW	British Classic Bench Press Championships
5	Dorje Weston	U18	150	85.15	WM	IPF World Junior Classic Championships
6	Daniel Casper Thomas	Open	147.5	83.80	GL	British Classic Bench Press Championships
7	Joshua Cheung	U23	146	82.95	SCO	Eleiko British Junior Classic Championships
8	Javin Jeetoo	U23	145	82.86	SW	Eleiko British Junior Classic Championships
9	Juan Paolo Del Rosario	Open	142.5	81.37	SM	British Classic Bench Press Championships
10	Benedict Grant	U23	142.5	81.03	SW	IPF World Junior Classic Championships
11	Gaston Nassief	U23	135	76.76	NM	BUCS British University Championships
12	Samuel Yirgalam	U23	132.5	75.59	SM	BUCS British University Championships
13	Tom Dalziel	U23	130	74.23	SCO	Scottish Junior Championships
14	Aftab Uddin	Open	127.5	72.38	GL	Manchester Open 2024
15	Faiad Sharif	U23	125	71.56	SW	BUCS British University Championships
16	Roderick Ramsey	M1	125	71.37	SM	English Bench Press
17	Dean Li	U23	125	71.02	YNE	BUCS British University Championships
18	Dominic Lygdopoulos	U23	122.5	69.77	SE	BUCS British University Championships
19	Phenyo Botlhoko	Open	122.5	69.71	NW	Manchester Open 2024
20	Simon Voakes	M1	122.5	69.71	SM	British Masters Classic Championships

Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	William Murray	M1	142.5	62.42	SCO	British Equipped Championships
2	Aftab Uddin	Open	130	56.67	GL	British Equipped Championships
3	Nathan Williams	U23	120	53.52	WAL	IPF World Bench Press Championships
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74kg Class Top 20 Male ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Sam Dew	Open	710	104.46	SW	All England
2	Brandon Teh	Open	688.5	102.68	EM	BUCS British University Championships
3	Ivan Dela Cruz	U23	670	98.36	WM	Eleiko British Junior Classic Championships
4	Nathan McDowell	U23	668.5	98.28	EM	Eleiko British Junior Classic Championships
5	Tofe Ayooluwatofunmi Apama	U23	665	97.70	NW	Eleiko British Junior Classic Championships
6	David White	M1	662.5	97.74	SM	British Masters Classic Championships
7	Euan Curran	U23	660	96.89	SCO	Eleiko British Junior Classic Championships
8	Shanu Padala	U23	655	97.12	YNE	Eleiko British Junior Classic Championships
9	Minh Triet (Justin) Iturregui Luu	U23	655	96.43	GL	Eleiko British Junior Classic Championships
10	Ryan Yarnell	U23	652.5	96.34	EM	Eleiko British Junior Classic Championships
11	Ping Hao Ng	U23	652.5	96.27	SW	BUCS British University Championships
12	Oliver Perkins	U23	650	96.17	SE	Manchester Open 2024
13	Ethan Satish	U23	645	95.16	GL	All England
14	Lucas Silva	U23	645	94.83	SW	BUCS British University Championships
15	Ingram Tan	U23	642.5	94.79	SCO	Scottish Junior Championships
16	Justin Iturregui Luu	U23	642.5	94.39	GL	Manchester Open 2024
17	Alex Roberts	U23	642.5	94.33	SCO	Scottish Junior Championships
18	Jayesh Utchanah	U23	637.5	94.05	NM	BUCS British University Championships
19	Raghul Parthipan	Open	637.5	93.99	EM	All England
20	Rorry Ramsay	Open	635	94.36	SCO	Scottish Classic Championships

Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Bernard McGurk	M2	627.5	78.23	SCO	EPF European Masters Equipped Championships
2	Tom Senior	U23	615	76.65	NW	IPF World Junior Equipped Championships
3	Nash Hunter	M1	570	71.01	SM	All England
4	Kevin Fletcher	M1	545	68.01	NM	EPF European Masters Equipped Championships
5	Allen Ottolangui	M3	530	65.85	EM	British Equipped Championships
6	Eden Scantlebury-Watson	U18	490	60.87	YNE	EPF European Equipped Championships
7	Stan Macrow	M4	410	54.39	WM	British Equipped Championships
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Andrew Ward	Open	175	93.46	WM	IPF World Bench Press Championships
2	Sam Dew	Open	172.5	92.19	SW	All England
3	Scott Walton	U23	167.5	89.49	NM	IPF World Bench Press Championships
4	Edward Kimber	U23	165.5	90.78	SCO	Scottish University Championships
5	Ammar Nassier	Open	165	88.18	NW	British Classic Bench Press Championships
6	Joshua Yang	U23	162.5	86.85	GL	BUCS British University Championships
7	KiHo Lee	Open	162.5	86.79	NW	Manchester Open 2024
8	Daniel Mills	Open	160	85.64	NM	Manchester Open 2024
9	Tofe Ayooluwatofunmi Apama	U23	160	85.39	NW	Eleiko British Junior Classic Championships
10	Dan Mills	Open	157.5	85.10	NM	British Classic Bench Press Championships
11	Minh Triet (Justin) Iturregui Luu	U23	157.5	84.24	GL	Eleiko British Junior Classic Championships
12	Samuel Kaye	U23	155	84.57	GL	Eleiko British Junior Classic Championships
13	Brandon Teh	Open	155	84.00	EM	BUCS British University Championships
14	Joe Kelsey	U23	155	82.66	YNE	Eleiko British Junior Classic Championships
15	Shanu Padala	U23	150	80.81	YNE	Eleiko British Junior Classic Championships
16	Joseph Kelsey	U23	150	80.21	YNE	IPF FISU University Championships
17	Simon Zhu	U23	150	80.17	GL	Manchester Open 2024
18	Nathan McDowell	U23	150	80.11	EM	Eleiko British Junior Classic Championships
19	Justin Iturregui Luu	U23	150	80.05	GL	Manchester Open 2024
20	Lucas Silva	U23	147.5	78.77	SW	BUCS British University Championships

Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Alex Fodor	Open	215	84.07	NM	IPF World Bench Press Championships
2	Tom Senior	U23	150	58.86	NW	IPF World Junior Equipped Championships
3	Bernard McGurk	M2	135	52.99	SCO	EPF European Masters Equipped Championships
4	Nash Hunter	M1	127.5	50.58	SM	EPF European Bench Press Championships
5	Kevin Fletcher	M1	127.5	50.18	NM	British Equipped Championships
6	Allen Ottolangui	M3	120	46.89	EM	British Equipped Championships
7	Eden Scantlebury-Watson	U18	107.5	42.67	NW	Manchester Open 2024
8	Stan Macrow	M4	85	36.37	WM	British Equipped Championships
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83kg Class Top 20 Male ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Ade Omisakin	Open	861	119.37	NW	EPF Western European Championships
2	Jurins Kengamu	Open	845	117.22	GL	IPF World Classic Championships
3	Manson Adagu	U23	802.5	111.12	SW	IPF World Junior Classic Championships
4	Matthew Pond	U23	777.5	107.96	NW	Eleiko British Junior Classic Championships
5	Owen Hubbard	Open	775	107.56	WAL	EPF European Open Classic Championships
6	Saheed Agrebe	Open	770.5	106.89	SE	EPF Western European Championships
7	Peter Young	U23	750	104.14	SCO	Scottish Junior Championships
8	Joey Awala	U23	745	103.38	NM	Eleiko British Junior Classic Championships
9	Antoine Darmon	Open	740	102.69	GL	All England
10	Lucas Stolle	Open	727.5	102.02	WM	BUCS British University Championships
11	Hao Zhi Guo (Max Guo)	Open	725	100.70	YNE	IPF FISU University Championships
12	Lucas Williams	U23	720	99.67	WAL	Eleiko British Junior Classic Championships
13	Chinedum Okolo	U23	717.5	99.64	EM	IPF FISU University Championships
14	Luke Paranal	Open	712.5	98.75	EM	All England
15	Dominic Grey	U18	690	97.91	SE	IPF World Junior Classic Championships
16	Joel-bless Wilson	U23	685	94.94	WM	Eleiko British Junior Classic Championships
17	Jayesh Utchanah	U23	680	95.48	NM	Manchester Open 2024
18	Jamie Ruffle	U23	680	94.94	SW	Manchester Open 2024
19	Christopher Teague	Open	680	94.19	WM	Manchester Open 2024
20	Oluwatobiloba Falase	U23	680	94.19	GL	BUCS British University Championships

Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Gregory Pearson	U18	840	99.22	YNE	Manchester Open 2024
2	Shaun Haynes	M2	680	78.86	NM	British Equipped Championships
3	Jasvinder Singh Cheema	M2	665	77.68	WM	British Equipped Championships
4	Oskar Wencel	U18	635	73.65	WM	EPF European Equipped Championships
5	Grant Sugarman	M3	570	66.80	EM	EPF European Masters Equipped Championships
6	Doug D'Gama	M3	567.5	65.67	EM	British Equipped Championships
7	Jim Wands	M2	557.5	64.75	SCO	British Equipped Championships
8	Bolla Mahima-Singh	M4	410	47.93	NM	EPF European Masters Equipped Championships
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Matthew Pond	U23	206	103.79	NW	Eleiko British Junior Classic Championships
2	Owen Hubbard	Open	200	100.72	WAL	EPF European Open Classic Championships
3	Lucas Stolle	Open	195	98.87	WM	British Classic Bench Press Championships
4	Anujan Srikantha	Open	195	98.62	GL	British Classic Bench Press Championships
5	Ade Omisakin	Open	192.5	96.84	NW	EPF Western European Championships
6	Tom Field	U23	185	93.62	SM	EPF European Bench Press Championships
7	Jurins Kengamu	Open	185	93.13	GL	IPF World Classic Championships
8	Manson Adagu	U23	185	92.95	SW	IPF World Junior Classic Championships
9	Christopher Teague	Open	182.5	91.73	WM	Manchester Open 2024
10	Sunil Chahal	Open	175	89.41	WM	British Classic Bench Press Championships
11	Barrie Tavener	M2	175	88.20	EM	IPF World Bench Press Championships
12	Hao Zhi Guo (Max Guo)	Open	172.5	86.95	YNE	IPF FISU University Championships
13	Fred Martin	U23	170	85.76	NM	EPF European Bench Press Championships
14	Peter Young	U23	168	84.65	SCO	Scottish Junior Championships
15	Jaideep Wasu	Open	167.5	84.95	GL	IPF World Bench Press Championships
16	Josh Woods	Open	167.5	84.50	SE	British Classic Bench Press Championships
17	Antoine Darmon	Open	167.5	84.34	GL	All England
18	Joey Awala	U23	167.5	84.34	NM	Eleiko British Junior Classic Championships
19	Adam Essex	Open	165	83.98	NM	BUCS British University Championships
20	Danny Potter	M1	165	83.08	NW	English Bench Press

Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Gregory Pearson	U18	220	80.52	YNE	Manchester Open 2024
2	Alex Fodor	Open	195	74.09	NM	Arnold Classic UK
3	Jasvinder Singh Cheema	M2	190	68.59	WM	British Equipped Championships
4	Shaun Haynes	M2	187.5	67.09	NM	British Equipped Championships
5	Jim Wands	M2	152.5	54.66	SCO	British Equipped Championships
6	Oskar Wencel	U18	145	51.89	WM	EPF European Equipped Championships
7	Doug D'Gama	M3	132.5	47.28	EM	British Equipped Championships
8	Grant Sugarman	M3	127.5	46.21	EM	EPF European Masters Equipped Championships
9	Bolla Mahima-Singh	M4	80	28.91	NM	EPF European Masters Equipped Championships
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93kg Class Top 20 Male ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Christian Ayandokun	Open	860	112.68	EM	IPF World Classic Championships
2	Maxwell Gyamfi	Open	857.5	112.36	YNE	IPF World Classic Championships
3	Nathaniel Massiah	U23	845.5	110.73	GL	IPF World Junior Classic Championships
4	William Pickering	Open	827.5	108.48	GL	Manchester Open 2024
5	Adam Fulat	Open	812.5	106.33	GL	Arnold Classic UK
6	Nathan Gevao	Open	802.5	105.03	SW	EPF European Open Classic Championships
7	James Adcock	Open	800	104.96	SE	EPF Western European Championships
8	Joey Awala	U23	797.5	104.54	NM	Euro Muscle Show
9	Jonathan Lewis	U23	793	104.00	SE	Euro Muscle Show
10	Harrison Sparks	Open	772.5	101.33	NM	Manchester Open 2024
11	Cyrus Khine	Open	767.5	101.15	GL	All England
12	Thomas Knapp	Open	767.5	100.41	NM	All England
13	Emmanuel Olatunji	U23	755	98.77	GL	Eleiko British Junior Classic Championships
14	Jay Batten	Open	752.5	98.70	SW	All England
15	Owen Marron	Open	747.5	98.89	YNE	Manchester Open 2024
16	Michael Ampofo - Anti	U23	742.5	98.02	GL	Eleiko British Junior Classic Championships
17	Tobias Rogers	Open	730	96.26	WM	Manchester Open 2024
18	Hendrick Famutimi	M1	729	96.76	GL	British Masters Classic Championships
19	Demi Fatona	Open	727.5	98.58	SE	Manchester Open 2024
20	James West	U23	725	95.30	NM	BUCS British University Championships

Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Robert Palmer	M1	897.5	100.63	GL	Arnold Classic UK
2	Matthew Hallett	Open	835	91.13	SM	EPF European Equipped Championships
3	Gregory Pearson	U18	820	94.62	YNE	All England
4	Thomas Morgan	Open	740	81.18	WAL	Manchester Open 2024
5	Felix Vallejo-Ruiz	Open	720	78.30	SCO	EPF Western European Championships
6	James Taylor	Open	715	78.53	SM	All England
7	Angus Gardner	Open	690	74.96	SE	British Equipped Championships
8	David Carter	M3	648	70.51	YNE	British Equipped Championships
9	Kevin Jane	M4	592.5	64.41	EM	EPF European Masters Equipped Championships
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Maxwell Gyamfi	Open	217.5	103.35	YNE	IPF World Classic Championships
2	Jack Taylor	U23	210	100.22	NM	Euro Muscle Show
3	Christian Ayandokun	Open	205	97.41	EM	IPF World Classic Championships
4	Harrison Sparks	Open	202.5	96.38	NM	British Classic Bench Press Championships
5	Adam Fulat	Open	195	92.55	GL	Arnold Classic UK
6	Thomas Knapp	Open	195	92.52	NM	All England
7	Nathaniel Massiah	U23	192.5	91.43	GL	IPF World Junior Classic Championships
8	Michael Ampofo - Anti	U23	187.5	89.77	GL	Eleiko British Junior Classic Championships
9	Joey Awala	U23	185	87.95	NM	Euro Muscle Show
10	Nathan Gevao	Open	185	87.81	SW	EPF European Open Classic Championships
11	Sheridan Wray	M2	185	85.51	YNE	EPF European Bench Press Championships
12	Aidan Wood	U23	183	87.33	SCO	Scottish Classic Championships
13	Jamie Cadogan	Open	182.5	88.39	WAL	British Classic Bench Press Championships
14	Adam Madelin	Open	182.5	87.42	WM	British Classic Bench Press Championships
15	William Pickering	Open	182.5	86.77	GL	Manchester Open 2024
16	Ashuk Braham	Open	177.5	85.35	GL	British Classic Bench Press Championships
17	Chomba Mumba	U23	177.5	84.48	NM	BUCS British University Championships
18	Jonathan Lewis	U23	177.5	84.43	SE	Euro Muscle Show
19	Mustafa John Altintas	U23	177.5	84.35	GL	BUCS British University Championships
20	Saam Nazempour	U23	177.5	84.26	GL	BUCS British University Championships

Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Matthew Hallett	Open	260	86.61	SM	EPF European Equipped Championships
2	Robert Palmer	M1	252.5	86.77	GL	Arnold Classic UK
3	Adam McAlpine	Junior	240.5	80.96	NI	NI Bench Press Championships
4	Max Wadsworth	U23	240	79.79	EM	British Equipped Bench Press Championships
5	James Taylor	Open	220	73.81	SM	All England
6	Gregory Pearson	U18	212.5	75.57	YNE	All England
7	Thomas Morgan	Open	205	68.69	WAL	Manchester Open 2024
8	David Campos	Open	200	66.97	France	Manchester Open 2024
9	Angus Gardner	Open	200	66.43	SE	IPF World Bench Press Championships
10	Andrew Cudd	M1	185	63.20	GL	IPF World Bench Press Championships
11	Andy Cudd	M1	180	61.79	GL	EPF European Bench Press Championships
12	Ruben Marcelino	Open	165	54.82	NI	NI Bench Press Championships
13	Felix Vallejo-Ruiz	Open	160	53.09	SCO	EPF Western European Championships
14	Kevin Jane	M4	147.5	48.97	EM	British Equipped Championships
15	David Carter	M3	137.5	45.65	YNE	British Equipped Championships
16	Michael Ellender	M4	120	40.21	SE	British Equipped Bench Press Championships
17	Ashley Priddle	U18	90	30.24	EM	English Bench Press
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105kg Class Top 20 Male ranked by total

Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Sanchez Dillon	Open	873.5	108.35	WM	Arnold Classic UK
2	Ben Pape	Open	872.5	107.87	EM	EPF European Open Classic Championships
3	Samuel Watt	M2	870	107.70	YNE	All England
4	Christian Ayandokun	Open	865	110.06	EM	Manchester Open 2024
5	Cejai Lindsay	Open	825	102.18	GL	All England
6	Jamie Jonathan Foord	U23	825	102.13	NM	Eleiko British Junior Classic Championships
7	Jack Hopkins	U23	822.5	103.51	SW	Eleiko British Junior Classic Championships
8	Tom Kenchington	U23	815	100.85	EM	Eleiko British Junior Classic Championships
9	Jaden Osemwegie	U23	805	101.94	EM	Manchester Open 2024
10	Sam Cook	U23	802.5	100.34	SM	Eleiko British Junior Classic Championships
11	Timi Ogunfowokan	U23	802.5	99.30	NM	Eleiko British Junior Classic Championships
12	James Laidlaw	Open	792.5	98.06	SCO	Manchester Open 2024
13	Ben Cullen	U23	782.5	96.87	NW	Eleiko British Junior Classic Championships
14	Andrew Wallace	U23	780	97.62	SCO	Scottish Junior Championships
15	Noah Miles	U23	775	96.16	NM	Manchester Open 2024
16	Folahan Adelokun	U23	774	97.09	SCO	Scottish Junior Championships
17	Olayemi Ajose-Adeogun	Open	772.5	97.27	GL	All England
18	Mahin Zafar	Open	772.5	95.50	NM	Manchester Open 2024
19	Jamie Laidlaw	Open	763	95.14	SCO	Scottish University Championships
20	Stephanos Karidis	Open	762.5	94.61	SE	Manchester Open 2024

Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Jack Johnson	Open	950	97.49	SM	Manchester Open 2024
2	Hugo Duarte	Open	865	90.25	EM	Arnold Classic UK
3	George Seeger	Open	810	83.01	NW	British Equipped Championships
4	Matt Watson	Open	780	81.85	SM	British Equipped Championships
5	Thomas Shaw	Open	760	80.67	NM	Manchester Open 2024
6	Jaswinder Singh	M3	695	72.16	WM	British Equipped Championships
7	James Mutrie	M3	612.5	63.66	SCO	EPF European Masters Equipped Championships
8	Hector Willcocks	U18	602.5	61.87	SM	EPF European Equipped Championships
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Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Ashley Liston	Open	222.5	99.96	WM	EPF European Bench Press Championships
2	Cejai Lindsay	Open	215	96.31	GL	EPF Western European Championships
3	Christian Ayandokun	Open	210	96.90	EM	Manchester Open 2024
4	Anthony McLeggan	M1	207.5	93.24	NI	NI Bench Press Championships
5	Jack Hopkins	U23	205	93.65	SW	IPF World Junior Classic Championships
6	Olayemi Ajose-Adeogun	Open	205	93.61	GL	All England
7	Ashley Watson	Open	205	92.04	EM	English Bench Press
8	Andy Rigby	M3	200	89.63	NW	IPF World Bench Press Championships
9	Wesley Mcguinness	Open	195	88.02	SW	British Classic Bench Press Championships
10	Andrew Wallace	U23	195	87.93	SCO	IPF FISU University Championships
11	Kirill Sakharov	U23	195	87.51	GL	IPF World Bench Press Championships
12	Ben Pape	Open	195	87.43	EM	EPF European Open Classic Championships
13	Thomas Kenchington	U23	192.5	86.39	EM	Eleiko British Junior Classic Championships
14	Omar Abdelmajeed	U23	191	86.10	GL	BUCS British University Championships
15	Josh Smith	U23	190.5	85.68	SM	BUCS British University Championships
16	Theo Bennett	U18	190	86.94	SCO	IPF World Junior Classic Championships
17	Jamie Jonathan Foord	U23	190	85.30	NM	Eleiko British Junior Classic Championships
18	Samuel Watt	M2	190	85.30	YNE	All England
19	Callum Goddard	Open	190	85.19	EM	All England
20	Sheridan Wray	M2	187.5	85.90	YNE	IPF World Bench Press Championships

Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Michael Gibson	Open	285	88.57	NI	NI Bench Press Championships
2	Andy Champ	M1	282.5	88.45	EM	EPF European Bench Press Championships
3	Jack Johnson	Open	240	75.89	SM	British Equipped Championships
4	Hugo Duarte	Open	230	72.00	EM	EPF European Equipped Championships
5	Andy Rigby	M3	227.5	70.72	NW	IPF World Bench Press Championships
6	Matt Watson	Open	225	71.80	SM	British Equipped Championships
7	Adrian Smith	Open	220	68.84	SE	British Equipped Bench Press Championships
8	Thomas Shaw	Open	210	67.15	NM	All England
9	George Seeger	Open	200	62.27	NW	British Equipped Championships
10	Simon Beer	Open	190	59.51	NW	British Equipped Bench Press Championships
11	James Mutrie	M3	172.5	54.49	SCO	EPF European Masters Equipped Championships
12	Hector Willcocks	U18	160	49.90	SM	IPF World Junior Equipped Championships
13	Jaswinder Singh	M3	155	48.92	WM	British Equipped Championships
14	Adam Nolan	Open	135	42.30	EM	English Bench Press
15	Josh Bell	Open	125	40.45	NI	NI Bench Press Championships
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120kg Class Top 20 Male ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Nonso Chinye	U23	938	109.72	GL	IPF World Junior Classic Championships
2	Abdul Majeed Sulayman	Open	937.5	112.77	YNE	Arnold Classic UK
3	Tony Cliffe	M1	937.5	109.24	NW	IPF World Classic Championships
4	Inderraj Singh-Dhillon	Open	895	104.27	GL	EPF European Open Classic Championships
5	Baruch Sekenofsky	Open	868.5	101.39	GL	EPF Western European Championships
6	Curtis McLaren	Open	847.5	99.58	NW	Manchester Open 2024
7	Timi Ogunfowokan	U23	845	102.52	NM	Euro Muscle Show
8	Lewis Kelly	Open	840	97.96	SCO	IPF FISU University Championships
9	Jamie Jonathan Foord	U23	826	101.76	NM	BUCS British University Championships
10	Josh Pearson	U23	825	96.43	NW	Eleiko British Junior Classic Championships
11	Scott Simon	M2	816	98.10	SCO	EPF European Masters Classic Championships
12	Marvelous James	Open	815	97.22	GL	Manchester Open 2024
13	Alasdair Wilson	U23	810.5	95.02	SCO	IPF FISU University Championships
14	Alex Forrest	Open	782.5	93.53	SCO	Scottish Classic Championships
15	Reece Smith	Open	782.5	91.23	GL	British Masters Classic Championships
16	Rohan Ewels	U23	775	90.49	SW	BUCS British University Championships
17	Finn O'Farrell	U18	762.5	89.49	SW	IPF World Junior Classic Championships
18	Harry Booth	U23	752.5	87.99	YNE	Eleiko British Junior Classic Championships
19	Nathan Neville	Open	752.5	87.73	WAL	BUCS British University Championships
20	Oscar Smillie	U23	730	86.64	SCO	Scottish University Championships

Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Scott Simon	M2	855	85.02	SCO	EPF European Masters Equipped Championships
2	Jack Barber	Open	805	79.66	SM	EPF Western European Championships
3	Joseph Shaw	Open	792.5	77.63	NM	EPF Western European Championships
4	Matthew Martynyszyn	Open	742.5	71.90	WM	British Equipped Championships
5	Brandon Lee	U23	720	70.04	EM	IPF World Junior Equipped Championships
6	David Samworth	M2	577.5	56.84	EM	British Equipped Championships
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Tony Cliffe	M1	245	103.60	NW	IPF World Classic Championships
2	Scott Simon	M2	220.5	94.26	SCO	EPF European Bench Press Championships
3	Abdul Sulayman	Open	220	96.00	YNE	Arnold Classic UK
4	Nonso Chinye	U23	210	89.14	GL	IPF World Junior Classic Championships
5	Trevor Jordan	Open	207.5	88.37	NI	EPF European Bench Press Championships
6	Andy Rigby	M3	205	91.00	NW	British Classic Bench Press Championships
7	Joseph Watson	Open	205	86.95	NM	IPF World Bench Press Championships
8	Andrew Rigby	M3	204	89.63	NW	EPF European Bench Press Championships
9	Baruch Sekenofsky	Open	202.5	85.79	GL	EPF Western European Championships
10	Alistair Murdoch	M2	200	87.49	GL	British Classic Bench Press Championships
11	Ram Patten	M1	200	84.96	SW	British Classic Bench Press Championships
12	Joey Watson	Open	197.5	84.49	NM	English Bench Press
13	Josh Pearson	U23	195	82.71	NW	Eleiko British Junior Classic Championships
14	Lewis Kelly	Open	195	82.52	SCO	IPF FISU University Championships
15	Ryan Dixon	M1	192.5	82.01	SE	British Classic Bench Press Championships
16	Curtis McLaren	Open	190	81.01	NW	Manchester Open 2024
17	Jamie Jonathan Foord	U23	187.5	83.77	NM	BUCS British University Championships
18	Timi Ogunfowokan	U23	185	81.41	NM	Euro Muscle Show
19	Ciaran Conroy	Open	185	80.86	NI	British Classic Bench Press Championships
20	Nathan Neville	Open	185	78.27	WAL	BUCS British University Championships

Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Scott Simon	M2	275	81.91	SCO	EPF European Bench Press Championships
2	Joe Shaw	Open	265	78.97	NM	English Bench Press
3	Darren Ball	M2	240	70.73	SE	English Bench Press
4	Andy Rigby	M3	230	70.66	NW	British Equipped Bench Press Championships
5	Joey Watson	Open	227.5	67.71	NM	English Bench Press
6	Jack Barber	Open	225	67.67	SM	EPF Western European Championships
7	Henry Gorecki	Open	225	66.33	SE	British Equipped Bench Press Championships
8	Brandon Lee	U23	212.5	62.89	EM	IPF World Junior Equipped Championships
9	Simon Beer	Open	200	61.61	NW	EPF European Bench Press Championships
10	Matthew Martynyszyn	Open	180	53.05	WM	British Equipped Championships
11	Robert Baxter	M4	142.5	44.23	NM	British Equipped Bench Press Championships
12	David Samworth	M2	132.5	39.64	EM	British Equipped Championships
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120kg+ Class Top 20 Male ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Aaron Thompson	Open	940	94.35	NM	All England
2	Paul Kirkbride-Richards	Open	940	94.00	SM	All England
3	Joshua Ngoka	U23	930	102.14	GL	IPF World Junior Classic Championships
4	Josh Berriman	U23	910	98.62	YNE	IPF World Junior Classic Championships
5	Asif Ahmed	Open	890	92.08	GL	All England
6	Kierran Leith	Open	885.5	92.75	SCO	Scottish Classic Championships
7	Lewis McLean	Open	845	92.22	SCO	Scottish Classic Championships
8	Josh Pearson	U23	835	96.53	NW	Euro Muscle Show
9	Tomos Atkinson	U23	795	83.12	WAL	IPF FISU University Championships
10	Rohan Ewels	U23	790	90.91	SW	IPF FISU University Championships
11	Nathan Britton	U23	772.5	78.70	YNE	Eleiko British Junior Classic Championships
12	Paul Doherty	M1	760	84.66	EM	British Masters Classic Championships
13	Paul Walker	M1	752.5	82.36	SCO	Scottish Masters Championships
14	Archie Cleverley	U23	735	72.62	EM	All England
15	Louis Parry	U23	730	82.17	SW	Eleiko British Junior Classic Championships
16	Gerard Murphy	U18	730	76.94	SCO	Scottish Junior Championships
17	Ivan Rubino	Open	727.5	79.97	SCO	Scottish Classic Championships
18	Jordan Burrell	Open	710	78.89	SCO	Scottish Classic Championships
19	Conor Dougen	Open	705	76.21	YNE	BUCS British University Championships
20	Bilal Malik	U23	697.5	72.82	YNE	Eleiko British Junior Classic Championships

Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Ray Bowring	U23	1127.5	100.82	SM	Manchester Open 2024
2	Jordan Bollard	Open	997.5	89.19	SM	EPF European Equipped Championships
3	Dean Bowring	M2	865	82.28	SM	British Equipped Championships
4	Matthew Martynyszyn	Open	750	70.75	WM	All England
5	Philip Frost	M3	657.5	61.40	YNE	British Equipped Championships
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Ben Gibson	Open	227.5	83.17	YNE	British Classic Bench Press Championships
2	Paul Kirkbride-Richards	Open	225	82.11	SM	All England
3	Aaron Thompson	Open	217.5	79.66	NM	All England
4	Joshua Ngoka	U23	215	85.82	GL	IPF World Junior Classic Championships
5	Ryan Phillips-Martin	Open	215	82.87	WM	British Classic Bench Press Championships
6	Nathan Britton	U23	215	78.49	YNE	EPF European Bench Press Championships
7	Joseph Watson	Open	210	88.17	NM	EPF European Bench Press Championships
8	Benjamin Rant	Open	200	79.78	SE	English Bench Press
9	Lewis McLean	Open	200	79.34	SCO	Scottish Classic Championships
10	Asif Ahmed	Open	200	75.38	GL	All England
11	Josh Berriman	U23	197.5	77.82	YNE	IPF World Junior Classic Championships
12	Kierran Leith	Open	190	72.46	SCO	Scottish Classic Championships
13	Rohan Ewels	U23	185	77.27	SW	IPF FISU University Championships
14	Xan Moody-Stuart	M2	182.5	70.91	SE	British Classic Bench Press Championships
15	David Coyle	M1	180	73.33	YNE	English Bench Press
16	Paul Walker	M1	180	71.60	SCO	Scottish Masters Championships
17	Conor Dougen	Open	180	70.75	YNE	BUCS British University Championships
18	Ashleigh Duffin	Open	180	69.73	SE	British Classic Bench Press Championships
19	Rhys Davies	U23	177.5	70.49	Wal	Euro Muscle Show
20	Darren Scarfe	M2	175	66.15	YNE	All England

Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Keelum Walton	Open	345	98.89	SM	Arnold Classic UK
2	Ray Bowring	U23	305	84.18	SM	Manchester Open 2024
3	Jordan Bollard	Open	287.5	79.35	SM	EPF European Equipped Championships
4	Darren Ball	M2	255	74.32	SE	EPF European Bench Press Championships
5	Craig Coggle	Open	250	68.92	SE	IPF World Bench Press Championships
6	Rhys Davies	U23	245.0	69.06	WAL	EPF European Bench Press Championships
7	Graeme Reid	M1	240.0	68.00	SCO	EPF European Bench Press Championships
8	Phillip Frost	M3	237.5	67.36	YNE	IPF World Bench Press Championships
9	Dean Bowring	M2	235	68.16	SM	British Equipped Championships
10	Josh Jones	Open	230	63.12	WAL	British Equipped Bench Press Championships
11	James Brincat-Smith	M1	220	58.98	NM	IPF World Bench Press Championships
12	Matthew Martynyszyn	Open	180	51.83	WM	All England
13	Joe Spring	U23	180	49.17	EM	EPF European Bench Press Championships
14	Ryan Kelly	Open	175	48.23	NI	NI Bench Press Championships
15	Andrew Priddle	M1	147.5	40.37	EM	English Bench Press
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