



INTERNATIONAL SELECTION PROCEDURE

Paragraph 7 amended and Adopted by resolution of the
British Powerlifting Board on

13th May 2017

BRITISH POWERLIFTING INTERNATIONAL TEAM SELECTION

1. British Powerlifting have two aims at all international competition:
 - 1.1. to achieve the highest possible placings at each competition; and
 - 1.2. provide opportunities for talented athletes who have the potential to compete internationally.
2. This selection policy has been created to support British Powerlifting in these dual aims.
3. British Powerlifting does not believe it is in their best interest for International Selection to be wholly quantitative in its process, i.e. placement at national championships and Wilks points, which this selection criterion seeks to reflect.

SELECTION OFFICIALS

4. The following officials shall be involved in the selection process outlined in this procedure.
 - 4.1. Head Coach / Team Manager: the member(s) of British Powerlifting assigned to each team for the purpose coaching, assisting and managing lifters at each international competition. They shall be referred to as the "Head Coach" for the purpose of this document.
 - 4.2. The Selection Sub-Committee: will comprise experienced members nominated by the British Powerlifting Board in accordance with the Articles and By-Laws of British Powerlifting. Their role is to provide a 'check and balance' against all selections made by the Head Coach. The Selection Sub-Committee members shall be noted at the official website of British Powerlifting.
 - 4.3. The British Powerlifting Board: provide general oversight and guidance to both the Head Coach and Selection Sub-Committee. Ultimately response to the members for the representation of British Powerlifting internationally.
5. For avoidance of doubt, any and all Selection Officials shall declare any interest they may have in a lifter to the British Powerlifting Board prior to any meeting or decision and, should a new situation arise, at the earliest opportunity. Unless the British Powerlifting Board deem it unfit for that individual to continue, they may continue to participate in full in the selection of a team.

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6. All individuals involved in meetings or discussions connected with International Selection shall adhere to the strictest confidentiality undertakings throughout.

SELECTION CRITERIA

7. Selection to an international team from the Eligible Members (see section below) will be based on the following criteria (the **"Selection Criteria"**). **These are placed in order of priority:**
 - 7.1. Performance at the relevant British Championships;
 - 7.2. Performance at other recognised competitions.
 - 7.3. Performance at team squad sessions organised by the Head Coach (**"Squad Sessions"**);
8. **"Performance"** for the purposes of paragraph 7 shall be:
 - 8.1. Kilograms lifted within the relevant championships or training session:
 - 8.1.1. the higher the total the more likely a lifter will be selected;
 - 8.1.2. other than in exceptional circumstances, the lifter should have finished in the top 3 of the British Championships and where the Head Coach wishes to select a lifter outside of the first three, a specific case must be made to the Selection Sub-Committee and British Powerlifting Board;
 - 8.2. the rate of development of the lifter; and
 - 8.3. the potential of the lifter to improve taking into account factors such as technique, recover from injury, approach to lifting and other factors deemed relevant by the Head Coach.
9. For avoidance of doubt, although paragraphs 7 and 8 outline the parameters in which the Head Coaches and Selection Sub-Committee must act, none of these are intended to be conclusive determining International Selection.

ELIGIBLE MEMBERS

10. In order to be considered for selection to an international team representing British Powerlifting, an individual must:
 - 10.1. be a current member of British Powerlifting;

- 10.2. not have lifted in a non-IPF international in the 12 months prior to the IPF competition they wish to be selected for;
- 10.3. be in good standing with British Powerlifting, the EPF and IPF;
- 10.4. have lifted credibly at all championships in the 12 months prior;
- 10.5. if invited, and unless excused, by the Head Coach, attend squad-training sessions as determined by the Head Coach;
- 10.6. have participated at the relevant British Championships ~~to~~ for that lifter sex and age group (a junior lifter who will be a senior by the time of the next cycle of international championships does not have to compete in the senior championships, as long as they have competed at the junior championships). A lifter may apply to the British Powerlifting Executive Committee for permission to miss their relevant championship if they have a valid reason. These requests should be submitted in writing to the Executive Committee and will be considered on a case-by-case basis

(an “**Eligible Member**”).

INTERNATIONAL COMPETITION SELECTION PROCEDURE

11. The International competition selection process operated in two parts; selection of an international shortlist and selection of the final competition team.

International Shortlist Selection

12. Following the relevant British Championships, the Head Coach of the relevant team shall prepare a list of lifters to be considered for selection at all international competitions for the following year (applying the Selection Criteria) (the “**International Shortlist**”). This list shall be submitted for the Selection Sub-Committee for approval within 1 month of the relevant British Championships.
13. The Selection Sub-Committee are charged with challenging the inclusion or exclusion of any lifter by the Head Coach that they view has or has not met the Selection Criteria. The Head Coach and Selection Sub-Committee shall seek to agree the International Shortlist between themselves. If the International Shortlist cannot be agreed, the

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decision will be referred to the British Powerlifting board whose decision shall be final. This process should take no more than 2 weeks from receipt of the Head Coach's shortlist.

14. Upon confirmation of the International Shortlist in accordance with paragraph 13 above, the International Shortlist shall be announced by way of placement on the official website of British Powerlifting along with all relevant or necessary documents required for that lifter to compete internationally over the following year (for example code of conduct agreements, additional drug testing agreements). Each lifter on the International Shortlist must confirm their acceptance, indicate which international competitions they wish to be considered for and complete all provided **within one month** of the announcement, or earlier if a deadline for an international competition so dictates to their respective Head Coach. Failure to do so may result in their removal from the International Shortlist.

15. Lifters may only be added to the International Shortlist at the discretion of the Selection Sub-Committee and only in circumstances of unavailability of the lifter already on the International Shortlist (for example due to injury, ban, or affordability to travel).

16. Lifters on the International Shortlist have an ongoing obligation to:

16.1. keep their Head Coach up to date with their availability for all international competitions and training progress;

16.2. act at all times in a professional manner that is in the best interests of the individual and British Powerlifting and will not bring the organisation into disrepute;

16.3. (if applicable) wear appropriate team apparel at championships as specified by British Powerlifting, in accordance with the relevant sponsorship contract (SBD at the time of writing).

Failure to do so may result in the lifter not being considered for Final Team Selection or their removal from an international team.

17. The International Shortlist shall be the list of lifters to be invited to the Squad Sessions unless the Squad Session is close enough to an international competition to have allowed the preliminary nominations to have occurred, in which case only those lifters preliminarily nominated (see paragraphs 18 to 22 below) and the nominated reserves will be invited to the Squad Session.

Final Team Selection

18. At least three weeks prior to the closing date for preliminary nominations for an international competition team (the **"International Team"**) the relevant Head Coach will submit their nominated lifters (based on the Selection Criteria and the International Shortlist) to the Selection Sub-Committee.
19. The Selection Sub-Committee is charged to scrutinise the selections of the International Team against the criteria laid out within this document.
20. Should the Selection Sub-Committee and the Head Coach agree the team, this should be submitted to the British Powerlifting Board for final approval at least one week prior to the closing date for preliminary nominations. For avoidance of doubt, the British Powerlifting Board's role is to identify if any lifter is not an Eligible Lifer as outlined in Paragraph 10 of this document.
21. Should the Selection Committee and Head Coach not agree the team, that specific case shall be referred to the British Powerlifting Board who shall make the final decision.
22. Upon being informed of their International Selection, each lifter will be required to:
 - 22.1. Confirm their acceptance of their place within 48 hours;
 - 22.2. Complete a code of conduct, anti-doping, whereabouts and other forms as required for the relevant championships; and
 - 22.3. Inform the Head Coach immediately should they be unable to compete or their preparation be interrupted in any way subsequent to/and after nomination. Any invited lifter who withdraws at late notice (after the closing date for final nominations) and without adequate cause will not be removed from that year's

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International Shortlist and not be added to the International Shortlist for the following year.

Lifters are reminded that withdrawal from the team at late notice results in penalties to British Powerlifting and the fielding of a reduced International Team. It also prevents others from being invited to attend.

23. Any Member of British Powerlifting (whether or not involved) may challenge the selection of either the International Shortlist or the final competition by way of a confidential letter or email to the Chief Executive of British Powerlifting. For the avoidance of doubt, no comment or message via social media will constitute a challenge. No member of any committee or the executive of British Powerlifting (including the Head Coach) may discuss specifics of International Selection unless authorised to do so by the British Powerlifting Board. In particular, no comments shall be made on social media.