



British University Records

updated: 29/07/2024

Female	47	52	57	63	69	76	84	84+
SQUAT	125 Sabrina Shah 13/04/2019	137.5 Evita Otigbah 13/04/2019	160 Caitlin Baxter 26/04/2024	153.5 Kathleen Smartt 27/04/2024	167.5 Benedetta Lupattelli Gencarelli 27/04/2024	175 Odette Tobaiwa 26/07/2024	190 Chrystal Williams 01/04/2018	195 Alexis Scott 27/07/2024
BENCH PRESS	74 Sabrina Shah 13/04/2019	87.5 Molly Clark 01/11/2022	105 Caitlin Baxter 26/04/2024	93 Yasmin Burt 02/04/2023	113 Llio Godfrey-Flower 02/11/2023	110.5 Aimee Guthrie 27/04/2024	110.5 Stephanie Carrillo-Chavez 01/04/2018	110.5 Emily Greaves 27/04/2024
DEADLIFT	145 Yasmin Bappoo 13/04/2019	163.5 Emily Caton 26/04/2024	188 Amelia Fox 01/04/2023	191 Amelia Fox 27/04/2024	200 Benedetta Lupattelli Gencarelli 27/04/2024	200 Ashleigh Sutton 03/11/2023	210 Chrystal Williams 01/04/2018	185 Jameliah Oseki-Simms 27/04/2024
TOTAL	326.5 Sabrina Shah 13/04/2019	368 Evita Otigbah 13/04/2019	432.5 Caitlin Baxter 26/04/2024	420 Tara Pigott 02/04/2022	450 Benedetta Lupattelli Gencarelli 27/04/2024	468 Odette Tobaiwa 26/07/2024	500 Chrystal Williams 01/04/2018	455 Caitlin Davies 04/11/2023