

British Classic Qualifying Totals 2025

Classic Women

| B/W | U18 | U23 | Open | M1 | M2 | M3 | M4 | Uni |
|-----|-------|-------|------|-------|-------|----|----|-------|
| 43 | 140 | 220 | | | | | | |
| 47 | 157.5 | 242.5 | Qual | 217.5 | 185 | 75 | 75 | 225 |
| 52 | 175 | 270 | Qual | 242.5 | 207.5 | 75 | 75 | 250 |
| 57 | 180 | 292.5 | Qual | 247.5 | 210 | 75 | 75 | 272.5 |
| 63 | 207.5 | 340 | Qual | 287.5 | 245 | 75 | 75 | 315 |
| 69 | 215 | 350 | Qual | 295 | 252.5 | 75 | 75 | 325 |
| 76 | 225 | 367.5 | Qual | 312.5 | 265 | 75 | 75 | 350 |
| 84 | 242.5 | 375 | Qual | 335 | 285 | 75 | 75 | 347.5 |
| 84+ | 247.5 | 385 | Qual | 342.5 | 290 | 75 | 75 | 357.5 |

Classic Men

| B/W | U18 | U23 | Open | M1 | M2 | M3 | M4 | Uni |
|------|-------|-------|------|-------|-------|----|----|-------|
| 53 | 272.5 | 397.5 | | | | | | |
| 59 | 350 | 452.5 | Qual | 405 | 347.5 | 75 | 75 | 420 |
| 66 | 382.5 | 500 | Qual | 447.5 | 385 | 75 | 75 | 462.5 |
| 74 | 425 | 555 | Qual | 485 | 417.5 | 75 | 75 | 515 |
| 83 | 485 | 630 | Qual | 555 | 475 | 75 | 75 | 582.5 |
| 93 | 505 | 657.5 | Qual | 577.5 | 495 | 75 | 75 | 610 |
| 105 | 522.5 | 680 | Qual | 595 | 512.5 | 75 | 75 | 630 |
| 120 | 527.5 | 685 | Qual | 617.5 | 525 | 75 | 75 | 635 |
| 120+ | 542.5 | 705 | Qual | 632.5 | 545 | 75 | 75 | 652.5 |

British Equipped Qualifying Totals 2025

Equipped Women

| B/W | U18 | U23 | Open | M1 | M2 | M3 | M4 |
|-----|-------|-------|-------|-------|-------|----|----|
| 43 | 122.5 | 220 | | | | | |
| 47 | 130 | 242.5 | 262.5 | 212.5 | 185 | 75 | 75 |
| 52 | 140 | 270 | 292.5 | 235 | 207.5 | 75 | 75 |
| 57 | 150 | 277.5 | 297.5 | 240 | 210 | 75 | 75 |
| 63 | 162.5 | 322.5 | 347.5 | 280 | 245 | 75 | 75 |
| 69 | 172.5 | 332.5 | 360 | 287.5 | 252.5 | 75 | 75 |
| 76 | 182.5 | 350 | 380 | 302.5 | 265 | 75 | 75 |
| 84 | 225 | 375 | 402.5 | 325 | 285 | 75 | 75 |
| 84+ | 242.5 | 385 | 415 | 332.5 | 290 | 75 | 75 |

Equipped Men

| B/W | U18 | U23 | Open | M1 | M2 | M3 | M4 |
|------|-------|-------|-------|-------|-------|----|----|
| 53 | 272.5 | 397.5 | | | | | |
| 59 | 325 | 440 | 485 | 410 | 372.5 | 75 | 75 |
| 66 | 355 | 487.5 | 545 | 460 | 417.5 | 75 | 75 |
| 74 | 385 | 527.5 | 592.5 | 502.5 | 455 | 75 | 75 |
| 83 | 440 | 600 | 640 | 540 | 492.5 | 75 | 75 |
| 93 | 457.5 | 625 | 660 | 575 | 522.5 | 75 | 75 |
| 105 | 475 | 647.5 | 680 | 605 | 550 | 75 | 75 |
| 120 | 490 | 667.5 | 700 | 627.5 | 570 | 75 | 75 |
| 120+ | 502.5 | 687.5 | 725 | 642.5 | 582.5 | 75 | 75 |

Classic Women Bench Press

| B/W | U18 | U23 | Open | M1 | M2 | M3 | M4 |
|-----|------|------|------|------|------|----|----|
| 43 | 27.5 | 40 | | | | | |
| 47 | 30 | 42.5 | 50 | 42.5 | 40 | 25 | 25 |
| 52 | 32.5 | 47.5 | 57.5 | 47.5 | 42.5 | 25 | 25 |
| 57 | 35 | 50 | 62.5 | 50 | 45 | 25 | 25 |
| 63 | 37.5 | 52.5 | 65 | 52.5 | 47.5 | 25 | 25 |
| 69 | 40 | 57.5 | 67.5 | 57.5 | 50 | 25 | 25 |
| 76 | 42.5 | 62.5 | 70 | 62.5 | 52.5 | 25 | 25 |
| 84 | 45 | 65 | 80 | 67.5 | 60 | 25 | 25 |
| 84+ | 47.5 | 67.5 | 82.5 | 70 | 62.5 | 25 | 25 |

Classic Men Bench Press

| B/W | U18 | U23 | Open | M1 | M2 | M3 | M4 |
|------|-------|-------|-------|-------|-------|----|----|
| 53 | 70 | 77.5 | | | | | |
| 59 | 77.5 | 85 | 107.5 | 100 | 85 | 25 | 25 |
| 66 | 87.5 | 92.5 | 122.5 | 110 | 97.5 | 25 | 25 |
| 74 | 92.5 | 102.5 | 135 | 120 | 105 | 25 | 25 |
| 83 | 102.5 | 110 | 145 | 130 | 115 | 25 | 25 |
| 93 | 107.5 | 120 | 155 | 137.5 | 120 | 25 | 25 |
| 105 | 115 | 125 | 162.5 | 147.5 | 127.5 | 25 | 25 |
| 120 | 120 | 127.5 | 167.5 | 150 | 130 | 25 | 25 |
| 120+ | 122.5 | 135 | 175 | 157.5 | 135 | 25 | 25 |

Equipped Women Bench Press

| B/W | U18 | U23 | Open | M1 | M2 | M3 | M4 |
|-----|------|------|------|------|------|----|----|
| 43 | 37.5 | 47.5 | | | | | |
| 47 | 40 | 50 | 60 | 50 | 45 | 25 | 25 |
| 52 | 42.5 | 55 | 65 | 55 | 47.5 | 25 | 25 |
| 57 | 45 | 57.5 | 70 | 60 | 52.5 | 25 | 25 |
| 63 | 47.5 | 62.5 | 75 | 62.5 | 55 | 25 | 25 |
| 69 | 50 | 65 | 77.5 | 65 | 57.5 | 25 | 25 |
| 76 | 55 | 70 | 82.5 | 70 | 62.5 | 25 | 25 |
| 84 | 60 | 75 | 90 | 77.5 | 67.5 | 25 | 25 |
| 84+ | 62.5 | 77.5 | 95 | 80 | 70 | 25 | 25 |

Equipped Men Bench Press

| B/W | U18 | U23 | Open | M1 | M2 | M3 | M4 |
|------|-------|-------|-------|-------|-------|----|----|
| 53 | 80 | 87.5 | | | | | |
| 59 | 87.5 | 97.5 | 125 | 112.5 | 97.5 | 25 | 25 |
| 66 | 100 | 107.5 | 140 | 127.5 | 110 | 25 | 25 |
| 74 | 107.5 | 117.5 | 152.5 | 137.5 | 120 | 25 | 25 |
| 83 | 117.5 | 127.5 | 165 | 150 | 130 | 25 | 25 |
| 93 | 125 | 135 | 175 | 157.5 | 137.5 | 25 | 25 |
| 105 | 130 | 142.5 | 185 | 167.5 | 145 | 25 | 25 |
| 120 | 135 | 147.5 | 192.5 | 172.5 | 150 | 25 | 25 |
| 120+ | 140 | 140 | 197.5 | 177.5 | 152.5 | 25 | 25 |