



## Competition Director Appointment

9<sup>th</sup> May 2024

British Powerlifting is delighted to announce the appointment of Sabrina Downes into the role of Competition Director.

Sabrina has been integral in the building of the National series since her appointment to Assistant Competition Director in 2023, and was most recently the Meet Director for what has been described as “The best BUCS ever!”

Sabrina is an active Powerlifter and coach, her first appearance on the platform was back in 2015 taking first place at the Southwest Open, and later that year won the Classic Open. Since then, Sabrina has been a regular part of our international teams at Commonwealth, European and World level. As a dedicated member of the Welsh Powerlifting Association having been their Competition secretary Sabrina brings a wealth of talent, expertise, and vision to this role to continue raising the standards of our National Series of Competitions.

From myself as outgoing Competition Director, I am pleased and humbled that Sabrina has taken on this role and look forward with eagerness to see where this new appointment and her team take us.

Sabrina, welcome to what is fast becoming the IPF’s strongest Board!

**James Brincat-Smith.**

**Chief Executive Officer**

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