



Northern Ireland Powerlifting Federation

AGM REPORT

March 2024

Committee consists of

- Anthony McLeggan CEO
- Lisa Bell Operations Director and temporary Competitions director
- Kyla Mulholland Finance Director and NI Director
- Mathew Scanlan Communications and Records Manager
- Lisa Horner Memberships Manager
- Johnny Ferguson Performance Manager
- Denise Galbraith Technical Director
- Josh Bell Safeguarding Officer
- Richard Mullan Anti-Doping Officer

Current Membership

214 members and 17 coaching memberships

As a new committee we have been very proactive following our AGM in October 2023.

We have-

- Received a grant from Sport NI which we have used to improve equipment, bring safeguarding training and governance training and consultation.
- Introduced coaching membership to ALL levels of competitions in Northern Ireland
- Unfortunately we have had 2 committee members resign recently, but we are delighted to say Johnny Ferguson has come onboard as performance director and is doing a fantastic job selecting a very strong team for upcoming Commonwealth and Home Nations at the end of 2024. Lisa Bell has stepped in temporarily as competitions director until we find a successful candidate to take over the position
- As part of our selection criteria we as a committee unanimously agreed that we would not be selecting lifters who choose to compete in USAPL or any other federations or competitions not sanctioned under IPF.
- We have successfully signed up 2 new partner gyms for 2024 which brings our partner gyms 6 in total spanning over all counties in NI. All partner gyms will be

responsible for hosting at least one competition per year and provide their own teams of spotters and loaders.

- This year we have already hosted a successful Rookie Power Competition in one of our partner gyms which introduced a very strong team of sub junior and junior lifters to the platform.
- One of our other gyms in the North Coast hosted a very successful 2 day event in which we seen some outstanding lifting and showcased the sport of powerlifting, in turn this has sparked a lot of new interest in the federation.
- We are planning an upcoming Level 2 coaching course later in the year to improve our quota of qualified coaches. Currently we have approximately 50 level 1 coaches around our province.
- From our AGM in October we have also introduced 3 new divisional referees who have already done their first shadowing session on the platform.

I have added a link to our 2023 AGM

<https://nipfpowerlifting.co.uk/images/AGM%20Minutes%202023.pdf>

Regards

Kyla Mulholland

NIPF Director