



British Powerlifting Coaching Course Schedule

2024

Month	Start date	End date	Location	Region	Level	Tutor	Contact details	How to book	
JANUARY	20	21	PB Performance Gym(Cardiff) Unit 49, Portmanmoor road, Cardiff, CF24 5HB	WALES	1	Lawrence Farncombe	coachfarncombe@hotmail.co.uk		
	3	4	Swindon Barbell, Wiltshire, SN154DL	SOUTH WEST	2	Charlie Marillier	charlie.marillier@britishpowerlifting.org		
FEBRUARY	17	18	Energyze Gym, 259 Greenstead Road, Colchester, CO1 2SJ	SOUTH EAST	1	Charlie Marillier & Kitty Burroughs	charlie.marillier@britishpowerlifting.org		
	17	18	Manor Gym , Pimlico, London SW1V 1PX.	GREATER LONDON	1	Jason Coulman	strengthcoach@jasoncoulman.com		
MARCH	9	10	Swindon Barbell, Wiltshire, SN154DL	SOUTH WEST	1	Charlie Marillier	charlie.marillier@britishpowerlifting.org		
	6	7	MARRvelous lifting club, 20 Muir Place, New Houston Industrial Estate, Livingston, West Lothian, EH54 5BF	SCOTLAND	1	Scott Simon			
APRIL	13	14	CrossFit Worcestershire, Units 7&8 Aston Fields Trading Estate, Off Aston Road, Bromsgrove, B60 3EX	WEST MIDLANDS	1	Charlie Marillier & Kelly Phasey	charlie.marillier@britishpowerlifting.org		
	20	21	PB Performance Gym(Cardiff) Unit 49, Portmanmoor road, Cardiff, CF24 5HB	WALES	2	Lawrence Farncombe	coachfarncombe@hotmail.co.uk		
please note we are developing more dates for the summer period and as soon as they are available we will be publishing them here. A newsletter will be released also to notify members of new dates									
MAY									
JUNE									
JULY									
AUGUST	10	11	PB Performance Gym(Cardiff) Unit 49, Portmanmoor road, Cardiff, CF24 5HB		1	Lawrence Farncombe	coachfarncombe@hotmail.co.uk		
SEPTEMBER									
OCTOBER									
NOVEMBER									
DECEMBER									

APPLY HERE

More dates will be posted as soon as they are available. If you are looking to organise a date or group for a course please contact either:

Charlie Marillier charlie.marillier@britishpowerlifting.org

Please note: These dates are subject to change at any time due to COVID-19 restrictions or changes to lockdown measures. Your tutor will be in touch with you as soon as is possible, if anything should change about the course you have booked on to, and you will be eligible to a full refund if the cancellation is on our part.