



British University Records

updated: 01/02/2024

Male	59	66	74	83	93	105	120	120+
SQUAT	193 Benedict Grant 02/04/2022	215 Benedict Grant 02/04/2023	240 Conor Eede 02/11/2023	280.5 Manson Adagu 02/11/2023	293 Aaron Blackmore 04/04/2023	300.5 Jamie Jonathan Foord 03/11/2023	315 Alasdair Wilson 27/01/2024	317.5 Kierran Leith 01/04/2018
BENCH PRESS	122.5 Benedict Grant 02/04/2022	137.5 Martin Nguyen 02/04/2022	165.5 Edward Kimber 27/01/2024	193 Harrison Sparks 03/04/2022	216 Jack Taylor 04/04/2022	187.5 Michael Pierides 05/04/2022	190 Lewis Kelly 27/01/2024	185 Conor Curran 14/04/2019
DEADLIFT	220 Christopher Rattray 24/03/2018	262.5 Joshua Cheung 27/01/2024	265 Hugo Beaumont 24/03/2018	315 Joey Awala 02/11/2022	345 Adedapo Ojewale 04/04/2022	345 Jamie Jonathan Foord 03/11/2023	338 Lewis Kelly 27/01/2024	315 Conor Curran 14/04/2019
TOTAL	525.5 Benedict Grant 02/04/2022	600 Joshua Cheung 27/01/2024	640.5 Nathan McDowell 01/04/2023	758 Manson Adagu 02/11/2023	790 Adedapo Ojewale 04/04/2022	828 Jamie Jonathan Foord 03/11/2023	818 Lewis Kelly 27/01/2024	797.5 Kierran Leith 14/04/2019