



Top 20 Men ranked by IPF points

Classic Powerlifting IPF Points

Name	Age Class	Weight Class	IPF	Division	Competition	
1	Jurins Kengamu	Open	83	113.79	GL	British Classic
2	Abdul Majeed Sulayman	Open	105	111.41	GL	Sheffield 2023
3	Tony Cliffe	Open	120	111.24	NW	British Open Classic
4	Christian Ayandokun	Open	93	110.89	EM	EPF European Classic
5	Ben Pape	Open	105	108.49	EM	EPF European Classic
6	Maxwell Gyamfi	Open	93	108.31	YNE	EPF Western European
7	Ade Omisakin	Open	83	107.96	NW	Manchester Open
8	Nathan Gevao	U23	93	107.94	GL	British Junior Classic
9	Inderraj Dhillon	Open	120	107.23	GL	EPF European Classic
10	Joey Awala	U23	83	107.18	NM	EPF European Juniors
11	Kieran Gray	Open	120	106.72	YNE	British Open Classic
12	Owen Hubbard	Open	83	106.65	WAL	Home Nations
13	Dylan Nelson	Open	74	106.44	YNE	Manchester Open
14	Nathaniel Massiah	U23	93	106.10	GL	EPF European Juniors
15	Jack Hopkins	U23	93	106.07	SW	EPF European Juniors
16	Adam Fulat	Open	93	105.59	GL	EPA Interdivisional
17	Manson Adagu	U23	83	105.26	SW	IPF World University Cup
18	William Pickering	Open	93	105.09	SM	Manchester Open
19	Baruch Sekenofsky	Open	120	104.40	GL	British Open Classic
20	Ryan Duffield	Open	93	103.96	YNE	EPF Western European

Equipped Powerlifting IPF Points

Name	Age Class	Weight Class	IPF	Division	Competition	
1	Rob Palmer	M1	93	98.73	GL	British Equipped
2	Jack Johnson	Open	105	90.67	EM	British Equipped
3	Dean Bowring	M1	120+	90.59	SM	Manchester Open
4	Jordan Bollard	Open	120+	89.34	EM	IPF World Open Equipped
5	Hugo Duarte	Open	93	88.41	EM	IPF World Open Equipped
6	Matthew Hallett	Open	93	87.81	SM	IPF World Open Equipped
7	Andy Champ	M1	105	87.47	EM	EPF European Masters Equipped
8	Phillip Richard	M2	74	85.82	WAL	EPF European Masters Equipped
9	Scott Simon	M1	120	84.09	SCO	Home Nations
10	Bernie McGurk	M2	66	83.72	SCO	EPF European Masters Equipped
11	Matt Watson	Open	105	80.08	EM	EPF Western European
12	Jasvinder Cheema	M1	83	78.97	WM	British Equipped
13	Gregory Pearson	U18	66	78.70	YNE	British Equipped
14	James Taylor	Open	83	78.58	SM	IPF World Open Equipped
15	William Murray	M1	66	78.11	SCO	Scottish Equipped Championships
16	Stephen Gordon	Open	120	77.97	NI	Home Nations
17	George Millar	M2	83	75.51	NI	IPF World Masters
18	Angus Gardner	U23	93	72.93	SE	Manchester Open
19	Joseph Shaw	Open	120	71.64	NM	Manchester Open
20	Shaun Haynes	M2	83	70.59	NM	British Equipped

Classic Bench IPF Points

Name	Age Class	Weight Class	IPF	Division	Competition	
1	Owen Hubbard	Open	83	104.29	GBR	Home Nations
2	Tony Cliffe	Open	120	103.72	GBR	British Classic
3	Anujan Srikantha	Open	83	100.71	GBR	English Bench Press
4	Harrison Sparks	Open	93	99.94	GBR	British Classic Bench Press
5	Lee Harris	Open	74	98.47	GBR	British Classic Bench Press
6	Kieran Gray	Open	120	97.35	GBR	British Classic
7	Maxwell Gyamfi	Open	93	97.00	GBR	British Classic
8	Anthony McLeggan	M1	105	96.87	GBR	Home Nations
9	Lucas Stolle	Open	83	96.70	GBR	Manchester Open
10	Christian Ayandokun	Open	93	96.38	GBR	EPF European Classic
11	Cejai Lindsay	Open	105	95.92	GBR	British Classic
12	Matthew Pond	U23	83	95.79	GBR	British Junior Classic
13	Jack Hopkins	U23	93	95.28	GBR	EPF European Juniors
14	Ryan Duffield	Open	93	94.56	GBR	EPF Western European
15	Moses Onyegbule	Open	120	93.61	GBR	British Classic Bench Press
16	Andrew Rigby	M3	105	93.35	GBR	EPF European Bench Press
17	Abdul Majeed Sulayman	Open	105	93.12	GBR	IPF World Classic
18	Scott Simon	M1	120	92.96	GBR	EPF European Bench Press
19	Sam Dew	Open	74	90.79	GBR	Manchester Open
20	Ade Omisakin	Open	83	90.69	GBR	Manchester Open

Equipped Bench IPF Points

Name	Age Class	Weight Class	IPF	Division	Competition	
1	Keelum Walton	Open	120+	90.73	SE	British Equipped Bench Press
2	Mathew Hallett	Open	93.0	85.76	SM	British Equipped
3	Michael Gibson	Open	105.0	85.54	NI	EPF European Bench Press
4	Andy Champ	Open	105.0	83.90	EM	EPF European Bench Press
5	Rob Palmer	M1	93.0	83.77	GL	British Equipped
6	Scott Simon	M1	120.0	78.86	SCO	EPF European Bench Press
7	Jordan Bollard	Open	120+	78.22	EM	European Open & Junior
8	Jack Johnson	Open	105.0	77.80	EM	European Open & Junior
9	Aaron Gideon	M1	66.0	76.65	SE	English Bench Press
10	Thomas Morgan	Open	93.0	76.65	WAL	EPF European Bench Press
11	Jasvinder Cheema	M1	83.0	75.27	WM	British Equipped
12	Joseph Shaw	Open	120.0	75.16	NM	Home Nations
13	Hugo Duarte	Open	93.0	74.52	EM	English Bench Press
14	Phillip Richard	M2	74.0	73.37	WAL	EPF European Masters Equipped
15	Dean Bowring	M1	120+	72.32	SM	EPF European Masters Equipped
16	Martin Green	M1	105.0	71.54	SM	British Equipped Bench Press
17	Darren Ball	M2	120.0	71.50	SE	EPF European Bench Press
18	Matt Watson	Open	105.0	70.92	EM	IPF World Open Equipped
19	Alexander Fodor	Open	74.0	70.26	NM	British Equipped Bench Press
20	Nathan McDowell	U23	83.0	69.41	EM	English Bench Press

59kg Class Top 20 Men ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Ishtyaq Nabi	Open	582.5	96.60	EM	EPF European Classic
2	Vincent Choi	U18	510.5	85.25	SCO	Scottish Classic
3	Lahiru Suren	Open	510	84.85	GL	British Classic
4	Ibnu Ayyub Haji Mohammad	Open	505	83.79	NM	British Classic
5	Alfie Bonsell	U16	477.5	80.05	NM	IPF World Juniors
6	Charlie Woods	U23	475	79.25	SE	British Junior Classic
7	Faiad Sharif	U23	472.5	78.19	SW	British University
8	Bailey James	U23	460	76.61	WAL	British Junior Classic
9	Matt Chan	U23	450	75.64	SW	British University
10	Farhan Hussain	U23	435	72.05	GL	British University
11	Yusuf Rehman	U18	417.5	70.44	NW	British Junior Classic
12	Henry Chay	M3	392.5	65.01	NW	British Masters Classic
13	Josh Loke	U16	387.5	64.59	NM	British Junior Classic
14	Noah Williams	U18	375	62.80	SE	British Junior Classic
15	Harvey Chester	U16	362.5	60.20	SW	British Junior Classic
16	William Walker	U23	355	59.90	SCO	Scottish University
17	Andy Liddle	M2	355	59.07	SW	IPF World Masters
18	Jed Farr	U23	350	59.85	SCO	Scottish Juniors
19	Rick Gould	M3	350	58.72	NW	Manchester Open
20	Luke Broadhurst	U18	342.5	57.25	NW	British Junior Classic

Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Daniel McGauley SO	Open	320	48.48	EM	British Equipped
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Adam Alderman	M1	135	84.64	GBR	English Bench Press
2	Ishtyaq Nabi	Open	135	81.65	GBR	EPF European Classic
3	Lahiru Suren	Open	127.5	77.37	GBR	British Classic
4	Aftab Uddin	Open	120	72.75	GBR	British Classic
5	Ben David Hampson	Open	115	69.39	GBR	British Classic Bench Press
6	Charlie Woods	U23	110	66.95	GBR	British Junior Classic
7	Alfie Bonsell	U16	107.5	65.22	GBR	EPF European Juniors
8	Kieran Huxtable	Open	105	64.21	GBR	British Classic Bench Press
9	Bailey James	U23	105	63.78	GBR	British Junior Classic
10	Vincent Choi	U18	105	63.78	GBR	Scottish Juniors
11	Ibnu Ayyub Haji Mohammad	Open	105	63.54	GBR	British Classic
12	Faiad Sharif	U23	100	60.34	GBR	British University
13	William Walker	U23	95	58.50	GBR	Scottish University
14	Matt Chan	U23	95	58.27	GBR	British University
15	Noah Williams	U18	95	57.38	GBR	EPF European Bench Press
16	Farhan Hussain	U23	90	54.36	GBR	British University
17	Andy Liddle	M2	85	51.58	GBR	IPF World Masters
18	Daniel McGauley SO	Open	80	49.50	GBR	British Classic Bench Press
19	Yusuf Rehman	U18	80	49.26	GBR	British Junior Classic
20	Rick Gould	M3	80	48.97	GBR	Manchester Open

Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Daniel McGauley SO	Open		92.5	48.03 GBR	IPF World Open Equipped
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66kg Class Top 20 Men ranked by total

Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Kibria Ali	Open	636	99.14	WM	Manchester Open
2	Sammy Aboagye-Kodjoe	U23	632.5	98.72	NM	IPF World Juniors
3	Benedict Grant	U23	620	97.12	SW	EPF European Juniors
4	Joseph Diva	Open	603	94.68	GL	EPA Interdivisional
5	Abdul Wajid Butt	U23	577.5	90.46	GL	British Junior Classic
6	Daniel Jay	Open	577.5	90.17	SM	British Classic
7	Phenyo Bothoko	U23	570	89.28	NW	Manchester Open
8	Gregory Pearson	U16	564	88.27	YNE	British Junior Classic
9	Tsz King Wan	Open	557.5	86.98	WM	Manchester Open
10	Santosh Guru	U23	545	85.86	EM	British Junior Classic
11	Greig Murray	M2	545	85.44	SCO	IPF World Masters
12	Oliver Perkins	U23	545	85.44	SE	British Junior Classic
13	Alex Roberts	U23	545	85.16	SCO	Scottish Juniors
14	Dorje Weston	U18	542.5	85.14	WM	EPF European Juniors
15	Ammar Aliff bin Amir	U23	540	84.25	NW	British Junior Classic
16	Ryan Yarnell	U23	535	83.53	EM	British Junior Classic
17	Bernard McGurk	M2	535	83.45	SCO	EPF European Masters Classic
18	Jacob Downes	Open	530	83.56	WAL	British Classic
19	Probir Debnath	Open	525	82.77	GL	Manchester Open
20	David Gray	M2	524	82.62	WM	Manchester Open

Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Bernie McGurk	M2	625	83.72	SCO	EPF European Masters Equipped
2	Gregory Pearson	U18	585	78.70	YNE	British Equipped
3	William Murray	M1	582.5	78.11	SCO	Scottish Equipped Championships
4	Harry Hogan	Open	235	33.11	SCO	Scottish Equipped Championships
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Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Joseph Diva	Open	153.0	87.44	GBR	EPA Interdivisional
2	Ed Kimber	U23	153.0	86.78	GBR	English Bench Press
3	Martin Nguyen	U23	150	85.69	GBR	IPF World Bench Press
4	Gurnaik Birring	Open	142.5	81.37	GBR	Manchester Open
5	Dorje Weston	U18	142.5	80.89	GBR	IPF World Juniors
6	Benedict Grant	U23	140	79.81	GBR	EPF European Juniors
7	Daniel Jay	Open	137.5	78.12	GBR	British Classic
8	Abdul Wajid Butt	U23	135	76.96	GBR	British Junior Classic
9	Jason Lau	Open	132.5	75.47	GBR	Scottish Classic
10	Alex Roberts	U23	132.5	75.34	GBR	Scottish Juniors
11	Sammy Aboagye-Kodjoe	U23	132.5	75.25	GBR	IPF World Juniors
12	Aaron Gideon	M1	130	74.73	GBR	British Classic Bench Press
13	Tauqir Khan	U18	127.5	72.68	GBR	English Bench Press
14	Tsz King Wan	Open	127.5	72.38	GBR	Manchester Open
15	David Gray	M2	126	72.31	GBR	Manchester Open
16	Kaspar Laughtland	U23	125	71.86	GBR	Scottish Classic
17	Jacob Downes	Open	125	71.74	GBR	British Classic
18	Aiden David	Open	125	71.62	GBR	British Classic Bench Press
19	Talin Davies	U18	125	71.26	GBR	British Junior Classic
20	Ammar Aliff bin Amir	U23	125	70.96	GBR	British Junior Classic

Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Aaron Gideon	M1	175	76.65	SE	English Bench Press
2	William Murray	M1	142.5	61.92	SCO	Scottish Equipped Championships
3	Bernie McGurk	M2	132.5	57.50	SCO	EPF European Masters Equipped
4	Gregory Pearson	U18	130	57.13	YNE	British Equipped Bench Press
5	Nathan Williams	U23	117.5	51.85	WAL	EPF European Bench Press
6	Harry Hogan	Open	45	21.06	SCO	Scottish Equipped Championships
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74kg Class Top 20 Men ranked by total

Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Dylan Nelson	Open	724	106.44	GBR	Manchester Open
2	Sam Dew	Open	695	102.32	SW	British Classic
3	Amari Robinson	Open	692.5	102.39	SE	Manchester Open
4	Brandon Teh	U23	675	100.59	EM	EPF European Juniors
5	Jac Lewis	Open	675	99.52	NW	Manchester Open
6	Saber Miah	Open	660	97.48	GL	EPF Western European
7	Nathan McDowell	U23	660	97.13	EM	EPF European Juniors
8	Jordan Partington	Open	657.5	96.94	GL	British Classic
9	Alexander Fodor	Open	655	96.36	NM	British Classic
10	Steve Tyers	Open	645	95.03	SW	British Classic
11	Ivan Dela Cruz	U23	640	94.29	NW	British Junior Classic
12	Raghul Parthipan	Open	637.5	93.59	EM	Manchester Open
13	Conor Eede	Open	635	93.79	SE	IPF World University Cup
14	Luke Rogers	Open	635	93.42	WM	British Classic
15	Rorry Ramsay	Open	625	92.41	SCO	Scottish Classic
16	Adam Essex	U23	620	91.09	NM	British University
17	Euan Curran	U23	617.5	92.16	SCO	Scottish Juniors
18	Oscar Birch	U23	617.5	91.10	YNE	British Junior Classic
19	Brendan Teng	U23	617.5	90.97	GL	British University
20	David White	M1	615	90.76	SM	EPF European Masters Classic

Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Phillip Richard	M2	690	85.82	WAL	EPF European Masters Equipped
2	Bernie McGurk	M2	647.5	82.19	SCO	European Open & Junior
3	Allen Ottolangui	M3	532.5	66.43	EM	EPF European Masters Equipped
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Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Lee Harris	Open	182.5	98.47	GBR	British Classic Bench Press
2	Sam Dew	Open	170	90.79	GBR	Manchester Open
3	Andrew Ward	Open	167.5	89.46	GBR	IPF World Bench Press
4	Jac Lewis	Open	165	88.38	GBR	Manchester Open
5	Dylan Nelson	Open	160	85.45	GBR	Manchester Open
6	John Bermudez	Open	157.5	84.30	GBR	British Classic
7	Adam Essex	Open	155	83.07	GBR	IPF World University Cup
8	Nathan McDowell	U23	155	82.86	GBR	EPF European Juniors
9	Ammar Nassier	U23	155	82.80	GBR	EPF European Bench Press
10	Bailey Hobson	Open	155	82.78	GBR	British Classic Bench Press
11	Brandon Teh	U23	152.5	82.59	GBR	EPF European Juniors
12	Brendan Teng	U23	152.5	81.62	GBR	British University
13	Jordan Partington	Open	150	80.34	GBR	British Classic
14	Steve Tyers	Open	150	80.28	GBR	British Classic
15	Harry Smith	U23	150	80.00	GBR	British University
16	Amari Robinson	Open	147.5	79.23	GBR	Manchester Open
17	Saber Miah	Open	147.5	79.15	GBR	EPF Western European
18	Alexander Fodor	Open	147.5	78.83	GBR	British Classic
19	Connor Beckenkraeger	Open	145	78.41	GBR	British Classic
20	Malcolm Long	Open	145	77.83	GBR	British Classic

Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Phillip Richard	M2	187.5	73.37	WAL	EPF European Masters Equipped
2	Alexander Fodor	Open	180	70.26	NM	British Equipped Bench Press
3	Gregory Pearson	U18	150	59.04	YNE	English Bench Press
4	Bernie McGurk	M2	140	56.31	SCO	European Open & Junior
5	Allen Ottolangui	M3	120	47.14	EM	EPF European Masters Equipped
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83kg Class Top 20 Men ranked by total

Classic Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Jurins Kengamu	Open	820.5	113.79	GL	British Classic
2	Ade Omisakin	Open	777.5	107.96	NW	Manchester Open
3	Joey Awala	U23	772.5	107.18	NM	EPF European Juniors
4	Owen Hubbard	Open	770	106.65	WAL	Home Nations
5	Manson Adagu	U23	758	105.26	SW	IPF World University Cup
6	Matthew Pond	U23	743.5	103.30	NW	British Junior Classic
7	Max Mansell-Rowe	U23	739	102.67	SE	British Junior Classic
8	Luke Wilson	Open	735	102.05	WM	Manchester Open
9	Hamza Bham	Open	725	100.67	WM	British Classic
10	Antoine Darmon	Open	725	100.40	GL	IPF World University Cup
11	Lucas Stolle	Open	722.5	101.32	WM	Manchester Open
12	Max Guo	U23	720	100.09	YNE	British Junior Classic
13	Joel Wilson	U23	717.5	99.99	WM	Manchester Open
14	Peter Young	U23	712.5	99.48	SCO	British Junior Classic
15	Joseph Tang	U23	687.5	95.52	NW	British Junior Classic
16	Chomba Mumba	U23	682.5	95.12	NM	British University
17	Anujan Srikantha	Open	677.5	94.19	GL	Manchester Open
18	Hani Tabbara	U23	675	93.84	SM	British Junior Classic
19	Karl Barnett	Open	672.5	93.96	WM	British Classic
20	Lucas Williams	U18	672.5	93.46	WAL	IPF World Juniors

Equipped Powerlifting Total

	Name	Age Class	Total	IPF	Division	Competition
1	Jasvinder Cheema	M1	680	78.97	WM	British Equipped
2	James Taylor	Open	680	78.58	SM	IPF World Open Equipped
3	George Millar	M2	652.5	75.51	NI	IPF World Masters
4	Shaun Haynes	M2	610	70.59	NM	British Equipped
5	Doug D'Gama	M3	552.5	64.03	EM	British Equipped
6	Mick Amey	M4	470	55.31	EM	British Equipped
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Classic Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Owen Hubbard	Open	207.5	104.29	GBR	Home Nations
2	Anujan Srikantha	Open	200	100.71	GBR	English Bench Press
3	Lucas Stolle	Open	190	96.70	GBR	Manchester Open
4	Matthew Pond	U23	190	95.79	GBR	British Junior Classic
5	Ade Omisakin	Open	180	90.69	GBR	Manchester Open
6	Jurins Kengamu	Open	180	90.55	GBR	EPF European Classic
7	Matt Robertson	U23	177.5	90.28	GBR	British Classic Bench Press
8	Tom Field	U23	177.5	89.83	GBR	IPF World Bench Press
9	Max Guo	U23	177.5	89.55	GBR	British Junior Classic
10	Karl Barnett	Open	172.5	87.46	GBR	British Classic
11	Sunil Chahal	Open	170	86.08	GBR	British Classic
12	Joey Awala	U23	170	85.84	GBR	IPF World Juniors
13	Luke Wilson	Open	170	85.65	GBR	Manchester Open
14	Manson Adagu	U23	167.5	84.40	GBR	IPF World University Cup
15	Hamza Bham	Open	167.5	84.40	GBR	British Classic
16	Connor Leadbeater	Open	165	84.14	GBR	British University
17	Thomas Field	U23	165	84.03	GBR	British Classic Bench Press
18	Jaideep Wasu	Open	165	83.82	GBR	IPF World Bench Press
19	Chomba Mumba	U23	165	83.45	GBR	British University
20	Duncan Law	U23	165	83.14	GBR	British University

Equipped Bench Total

	Name	Age Class	Total	IPF	Division	Competition
1	Jasvinder Cheema	M1	210	75.27	WM	British Equipped
2	James Taylor	Open	187.5	66.80	SM	IPF World Open Equipped
3	Nathan McDowell	U23	185	69.41	EM	English Bench Press
4	Stuart Peskett	M2	180	64.43	SE	EPF European Bench Press
5	Shaun Haynes	M2	165	58.88	NM	British Equipped
6	Jim Wands	M2	150	53.76	SCO	British Equipped Bench Press
7	George Millar	M2	145	51.74	NI	IPF World Masters
8	Douglas D'Gama	M3	127.5	45.67	EM	EPF European Masters Equipped
9	Michael Amey	M4	102.5	37.83	EM	EPF European Bench Press
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93kg Class Top 20 Men ranked by total

Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Christian Ayandokun	Open	845	110.89	EM	EPF European Classic
2	Maxwell Gyamfi	Open	827.5	108.31	YNE	EPF Western European
3	Nathan Gevao	U23	815	107.94	GL	British Junior Classic
4	Nathaniel Massiah	U23	810	106.10	GL	EPF European Juniors
5	Jack Hopkins	U23	807.5	106.07	SW	EPF European Juniors
6	Adam Fulat	Open	805	105.59	GL	EPA Interdivisional
7	William Pickering	Open	802.5	105.09	SM	Manchester Open
8	Ryan Duffield	Open	787.5	103.96	YNE	EPF Western European
9	Aaron Blackmore	U23	770.5	101.06	SCO	British University
10	Oliver Pickwell	U23	765	100.08	SW	British Junior Classic
11	Hamza Bham	Open	752.5	100.82	WM	Manchester Open
12	Cyrus Khine	U23	746	98.48	GL	British University
13	Thomas Knapp	Open	740	97.69	GL	Manchester Open
14	Kieren Igbanoi	Open	735	96.66	EM	EPA Interdivisional
15	Callum Donaldson	Open	732.5	96.80	EM	British Classic
16	Declan Powell	Open	732.5	96.39	GL	Home Nations
17	Sam Cook	U23	730	96.31	SM	British Junior Classic
18	Harrison Sparks	Open	730	96.26	EM	Manchester Open
19	Andrew McEllistrim	Open	727.5	98.02	NW	British Classic
20	Giuseppe Merlerati	Open	727.5	96.45	WM	British Classic

Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Rob Palmer	M1	900	98.73	GL	British Equipped
2	Hugo Duarte	Open	812.5	88.41	EM	IPF World Open Equipped
3	Matthew Hallett	Open	800	87.81	SM	IPF World Open Equipped
4	James Taylor	Open	670	74.82	SM	EPF Western European
5	Angus Gardner	U23	667.5	72.93	SE	Manchester Open
6	Keith Blacknell	M3	610	66.34	EM	British Equipped
7	Kevin Jane	M4	582.5	63.42	EM	British Equipped
8	Jim Wands	M2	577.5	65.30	SCO	British Equipped
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Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Harrison Sparks	Open	207.5	99.94	GBR	British Classic Bench Press
2	Maxwell Gyamfi	Open	202.5	97.00	GBR	British Classic
3	Christian Ayandokun	Open	202.5	96.38	GBR	EPF European Classic
4	Jack Hopkins	U23	200	95.28	GBR	EPF European Juniors
5	Ryan Duffield	Open	197.5	94.56	GBR	EPF Western European
6	Kieren Igbanoi	Open	190	90.62	GBR	EPA Interdivisional
7	Adam Fulat	Open	190	90.38	GBR	EPA Interdivisional
8	Declan Powell	Open	187.5	89.48	GBR	Home Nations
9	Jamie Cadogan	Open	185	89.70	GBR	Home Nations
10	Nathan Gevao	U23	185	88.86	GBR	British Junior Classic
11	Dominic Onimowo	Open	185	88.72	GBR	British Classic Bench Press
12	Max Wadsworth	U23	182.5	87.90	GBR	IPF World Bench Press
13	Hamza Bham	Open	180	87.47	GBR	Manchester Open
14	Thomas Knapp	Open	180	86.18	GBR	Manchester Open
15	William Pickering	Open	180	85.76	GBR	British Classic
16	Barrie Tavener	M1	180	85.76	GBR	British Classic Bench Press
17	Andrew Wallace	U23	177.5	84.93	GBR	Scottish University
18	Nathaniel Massiah	U23	177.5	84.32	GBR	EPF European Juniors
19	Giuseppe Merlerati	Open	175	84.15	GBR	British Classic
20	Emmanuel Onimowo	Open	175	84.01	GBR	British Classic

Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Mathew Hallett	Open	255	85.76	SM	British Equipped
2	Rob Palmer	M1	250	83.77	GL	British Equipped
3	Thomas Morgan	Open	230	76.65	WAL	EPF European Bench Press
4	Hugo Duarte	Open	225	74.52	EM	English Bench Press
5	Gary Lovett	M2	190	62.85	YNE	British Equipped Bench Press
6	Angus Gardner	U23	187.5	62.54	SE	Manchester Open
7	James Taylor	Open	185	63.27	SM	EPF Western European
8	Dan Amey	M1	185	62.32	EM	British Equipped Bench Press
9	Ruben Marcelino	Open	162.5	53.78	NI	NIPF Bench Press
10	Toby Clarke	Open	160	53.61	NI	NIPF Bench Press
11	Jim Wands	M2	155	53.79	SCO	British Equipped
12	Kevin Jane	M4	152.5	50.67	EM	British Equipped
13	Keith Blacknell	M3	140	46.45	EM	British Equipped
14	Michael Ellender	M4	115	38.32	SE	EPF European Bench Press
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105kg Class Top 20 Men ranked by total

Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Abdul Majeed Sulayman	Open	900	111.41	GL	Sheffield 2023
2	Ben Pape	Open	877.5	108.49	EM	EPF European Classic
3	Anthony McLeggan	M1	835	103.74	NI	Home Nations
4	Jamie Jonathan Foord	U23	828	102.55	NM	IPF World University Cup
5	Cejai Lindsay	Open	820	101.88	GL	Manchester Open
6	Sanchez Dillon	Open	810.5	100.49	EM	EPF Western European
7	Thomas Brannick	Open	810	100.09	NM	Manchester Open
8	Eric Vermeulen	Open	805	99.97	EM	British Classic
9	Charlie Kidd	U23	792.5	98.24	SM	British Junior Classic
10	Michael Tennant	Open	780	96.91	SE	Manchester Open
11	Nonso Chinye	U18	778.5	96.55	SE	British Junior Classic
12	Sami Zaman	U23	772.5	98.68	SM	British Junior Classic
13	Samuel Cook	Open	772.5	97.13	SM	Home Nations
14	Marvelous James	Open	772.5	95.72	GL	British Classic
15	Louis Hanlan	U23	772.5	95.63	SW	British Junior Classic
16	Joe Moore	Open	762.5	94.84	GL	IPF World University Cup
17	Jordaine Jones	Open	757.5	93.52	WM	Manchester Open
18	Olayemi Ajose-Adeogun	Open	750	95.29	GL	Manchester Open
19	Thomas Kenchington	U23	750	93.43	YNE	British Junior Classic
20	Darren Wilmot	Open	750	92.85	GL	British Classic

Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Jack Johnson	Open	880	90.67	EM	British Equipped
2	Andy Champ	M1	832.5	87.47	EM	EPF European Masters Equipped
3	Matthew Hallett	Open	777.5	83.92	SM	EPF Western European
4	Matt Watson	Open	757.5	80.08	EM	EPF Western European
5	James Mutrie	M2	622.5	64.52	SCO	Scottish Equipped Championships
6	Matthew Staite	Open	510	52.36	WAL	Welsh Championships
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Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Anthony McLeggan	M1	215	96.87	GBR	Home Nations
2	Cejai Lindsay	Open	212.5	95.92	GBR	British Classic
3	Andrew Rigby	M3	208	93.35	GBR	EPF European Bench Press
4	Abdul Majeed Sulayman	Open	207.5	93.12	GBR	IPF World Classic
5	Ashley Watson	Open	197.5	88.89	GBR	EPF European Bench Press
6	Olayemi Ajose-Adeogun	Open	195	89.85	GBR	Manchester Open
7	Ben Pape	Open	192.5	86.31	GBR	EPF European Classic
8	Thomas MacAulay	U23	190	88.58	GBR	British Classic Bench Press
9	Max Rodriguez- Thorp	Open	190	86.00	GBR	British Classic Bench Press
10	Jamie Young	Open	190	85.65	GBR	Scottish Classic
11	Thomas Brannick	Open	190	85.15	GBR	Manchester Open
12	Ben Savage	Open	190	85.08	GBR	Home Nations
13	Wesley McGuinness	Open	187.5	86.11	GBR	EPF European Bench Press
14	Louis Hanlan	U23	187.5	84.18	GBR	British Junior Classic
15	Stephen Moore	M1	185	84.00	GBR	Ni Spring Classic
16	Andy Davey	M1	185	83.58	GBR	British Classic Bench Press
17	Josh Roberts	Open	182.5	83.73	GBR	British Classic
18	Andrew Davey	M1	182.5	82.27	GBR	IPF World Bench Press
19	Sanchez Dillon	Open	182.5	82.06	GBR	EPF Western European
20	Jamie Jonathan Foord	U23	182.5	81.97	GBR	IPF World University Cup

Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Michael Gibson	Open	275	85.54	NI	EPF European Bench Press
2	Andy Champ	Open	265	83.90	EM	EPF European Bench Press
3	Jack Johnson	Open	250	77.80	EM	European Open & Junior
4	Matthew Hallett	Open	237.5	78.15	SM	EPF Western European
5	Joseph Shaw	Open	235	73.10	NM	British Equipped Bench Press
6	Martin Green	M1	230	71.54	SM	British Equipped Bench Press
7	Matt Watson	Open	220	70.92	EM	IPF World Open Equipped
8	Adrian Smith	Open	212.5	66.28	SE	British Equipped Bench Press
9	Thomas Shaw	U23	200	62.52	YNE	English Bench Press
10	Angus Gardner	U23	185	60.21	SE	IPF World Bench Press
11	James Mutrie	M2	172.5	54.33	SCO	Scottish Equipped Championships
12	Martin Flett	M3	130	41.42	SCO	Scottish Bench Press
13	Robert Baxter	M4	125	39.70	NM	English Bench Press
14	Matthew Staite	Open	122.5	38.21	WAL	Welsh Championships
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120kg Class Top 20 Men ranked by total

Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Tony Cliffe	Open	955.5	111.24	NW	British Open Classic
2	Inderraj Dhillon	Open	920.5	107.23	GL	EPF European Classic
3	Kieran Gray	Open	915	106.72	YNE	British Open Classic
4	Baruch Sekenofsky	Open	885.5	104.40	GL	British Open Classic
5	Nonso Chinye	U18	868.5	102.07	SE	EPF European Juniors
6	Ben Wharton	Open	852.5	99.94	YNE	EPA Interdivisional
7	Trevor Jordan	Open	832.5	97.02	NI	Home Nations
8	Curtis McLaren	Open	817.5	96.20	NW	Manchester Open
9	Scott Simon	M1	812.5	96.77	SCO	British Masters Classic
10	Josh Pearson	U23	810	94.82	NW	Manchester Open
11	Lewis Kelly	U23	802.5	94.22	SCO	British Junior Classic
12	Gabriel Balandis	Open	795	92.96	NM	Manchester Open
13	Josh Berriman	U23	790	92.44	YNE	British Junior Classic
14	Daniel Gallagher	Open	785	91.62	WAL	Home Nations
15	Louis Keightley-Smith	Open	780	91.69	EM	Manchester Open
16	Corey Burleigh	Open	772.5	90.87	NI	Home Nations
17	Finn Wood	U23	765	89.75	YNE	British Junior Classic
18	Stephen Gordon	Open	755	76.02	NI	Ni Spring Classic
19	Reece Smith	Open	752.5	87.76	GL	British Open Classic
20	Alasdair Wilson	U23	750	90.45	SCO	British Junior Classic

Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Scott Simon	M1	850	84.09	SCO	Home Nations
2	Stephen Gordon	Open	775	77.97	NI	Home Nations
3	Joseph Shaw	Open	725	71.64	NM	Manchester Open
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Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Tony Cliffe	Open	245.5	103.72	GBR	British Classic
2	Kieran Gray	Open	230	97.35	GBR	British Classic
3	Moses Onyegbule	Open	217.5	93.61	GBR	British Classic Bench Press
4	Scott Simon	M1	215	92.96	GBR	EPF European Bench Press
5	Baruch Sekenofsky	Open	210	89.57	GBR	Manchester Open
6	Trevor Jordan	Open	208	88.20	GBR	Ni Spring Classic
7	Alistair Murdoch	M2	202.5	90.43	GBR	British Masters Classic
8	Ben Wharton	Open	202.5	86.50	GBR	British Classic
9	Louis Keightley-Smith	Open	200	85.30	GBR	Manchester Open
10	Gabriel Balandis	Open	195	82.74	GBR	Manchester Open
11	Nonso Chinye	U18	192.5	82.09	GBR	EPF European Juniors
12	Jack Wylie	Open	192.5	81.86	GBR	Manchester Open
13	Stephen Gordon	Open	190	83.77	GBR	Ni Spring Classic
14	Marcus Thornton	U23	190	80.78	GBR	EPF European Bench Press
15	Lewis Kelly	U23	190	80.38	GBR	EPF European Juniors
16	Marc Keys	Open	190	80.19	GBR	Scottish Classic
17	Joseph Watson	Open	187.5	81.40	GBR	English Bench Press
18	Ryan Dixon	M1	182.5	78.41	GBR	IPF World Bench Press
19	Steven Barber	Open	182.5	77.99	GBR	British Classic
20	Corey Burleigh	Open	182.5	77.90	GBR	Home Nations

Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Scott Simon	M1	262.5	78.86	SCO	EPF European Bench Press
2	Joseph Shaw	Open	250	75.16	NM	Home Nations
3	Darren Ball	M2	242.5	71.50	SE	EPF European Bench Press
4	Andrew Rigby	M3	222.5	68.55	NW	EPF European Bench Press
5	Stephen Gordon	Open	210	64.18	NI	Home Nations
6	Stewart Cowan	M3	205	61.79	EM	EPF European Bench Press
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120kg+ Class Top 20 Men ranked by total

Classic Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Ajay Sharma	Open	950	100.70	WM	Manchester Open
2	Aaron Thompson	Open	930	93.10	NM	British Open Classic
3	Ray Bowring	U23	910	97.20	SM	Manchester Open
4	Paul Kirkbride-Richards	Open	892.5	90.29	SM	Manchester Open
5	Kierran Leith	Open	883.5	93.08	SCO	Scottish Classic
6	Lewis McLean	Open	880	92.82	SCO	EPF Western European
7	Joshua Ngoka	U18	838.5	88.43	GL	EPF European Juniors
8	Lewis Kelly	U23	815	94.16	SCO	Home Nations
9	Ross Shahin-Ajerlo	Open	802.5	90.57	NW	Manchester Open
10	Kiran Evans	U23	752.5	86.60	YNE	British Junior Classic
11	Ben Warren	Open	752.5	79.99	WAL	British Open Classic
12	Craig Lowrie	Open	745	80.43	SCO	Scottish Classic
13	Matthew Henderson	U23	742.5	85.13	NW	British Junior Classic
14	Shaun Murney	M1	742.5	82.51	SCO	British Masters Classic
15	Paul Walker	M1	740	82.98	SCO	EPF European Masters Classic
16	Tomos Atkinson	U23	737.5	78.77	WAL	IPF World University Cup
17	Paul Doherty	M1	725	81.79	EM	British Masters Classic
18	Dean Bowring	M1	725	80.54	EM	British Equipped
19	Ricky Mullan	M1	720	78.98	NI	British Masters Classic
20	Ron Kane	M1	720	78.38	SCO	British Masters Classic

Equipped Powerlifting Total

Name	Age Class	Total	IPF	Division	Competition	
1	Jordan Bollard	Open	1000	89.34	EM	IPF World Open Equipped
2	Dean Bowring	M1	980	90.59	SM	Manchester Open
3	Josh Jones	Open	735.5	65.69	WAL	Welsh Championships
4	Philip Frost	M3	485	45.47	YNE	British Equipped
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Classic Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Ajay Sharma	Open	225	86.79	GBR	Manchester Open
2	Ryan Phillips-Martin	Open	220	86.23	GBR	English Bench Press
3	Ben Gibson	Open	220	81.35	GBR	IPF World Bench Press
4	Ray Bowring	U23	215	83.54	GBR	Manchester Open
5	Paul Kirkbride-Richards	Open	215	79.33	GBR	Manchester Open
6	Aaron Thompson	Open	215	78.55	GBR	British Classic
7	Lewis McLean	Open	210	80.62	GBR	EPF Western European
8	Ross Shahin-Ajerlo	Open	205	84.45	GBR	British Classic Bench Press
9	Daniel Kohut	M1	202.5	79.61	GBR	EPF European Bench Press
10	Dean Bowring	M1	200	80.71	GBR	British Equipped
11	Nathan Britton	U23	200	73.48	GBR	English Bench Press
12	Antony Weston	U23	197.5	80.05	GBR	EPF European Bench Press
13	Shaun Murney	M1	197.5	79.73	GBR	British Masters Classic
14	Martin Mcgimpsey	M1	195	76.45	GBR	British Masters Classic
15	Lewis Kelly	U23	190	79.68	GBR	Home Nations
16	Asif Ahmed	Open	190	70.43	GBR	British Classic
17	Kierran Leith	Open	187.5	71.90	GBR	Scottish Classic
18	Marcus Thornton	U23	185	77.37	GBR	IPF World Bench Press
19	Joshua Ngoka	U18	185	71.02	GBR	EPF European Juniors
20	Paul Walker	M1	182.5	74.33	GBR	EPF European Masters Classic

Equipped Bench Total

Name	Age Class	Total	IPF	Division	Competition	
1	Keelum Walton	Open	317.5	90.73	SE	British Equipped Bench Press
2	Jordan Bollard	Open	282.5	78.22	EM	European Open & Junior
3	Dean Bowring	M1	255	72.32	SM	EPF European Masters Equipped
4	Darren Ball	M2	212.5	62.15	SE	IPF World Bench Press
5	Josh Jones	Open	207.5	57.22	WAL	Welsh Championships
6	Neal Campbell	Open	200.0	56.56	NI	NIPF Bench Press
7	Joe Spring	U23	170.0	46.56	EM	British Equipped Bench Press
8	Philip Frost	M3	100	28.64	YNE	British Equipped
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