

Home Nations 2023 (04/11/23)

Name	Classic / Equipped	Age	Country	Div	BodyweightKg	WeightClassKg	Squat1Kg	Squat2Kg	Squat3Kg	Best3SquatKg	Bench1Kg	Bench2Kg	Bench3Kg	Best3BenchKg	Deadlift1Kg	Deadlift2Kg	Deadlift3Kg	Best3DeadliftKg	TotalKg	IPF GL
Aimee Jarvie	Classic	Senior	Scotland	SCO	56.4	57	140	145	-150	145	67.5	72.5	75	75	160	170	-175	170	390	92.22
Kate Matthew	Classic	M1	Wales	WAL	56.8	57	130	137.5	145	145	67.5	72.5	-75	72.5	137.5	145	150	150	367.5	86.43
Jo-Ann Corr	Classic	Senior	Isle of Man	IOM	57	57	102.5	-107.5	-107.5	102.5	45	47.5	50	50	122.5	-135	-135	122.5	275	64.51
Faye Callender	Classic	Senior	Scotland	SCO	61.6	63	132.5	140	-145	140	85	90	92.5	92.5	155	-162.5	162.5	162.5	395	87.70
Lauren Elder	Equipped	Senior	Northern Ireland	NI	63.2	69	195	205	-207.5	205	90	95	-97.5	95	187.5	200	-202.5	200	500	90.11
Sabrina Downes	Classic	Senior	Wales	WAL	68.7	69	157.5	165	170	170	95	100	105	105	187.5	200	-210	200	475	98.65
Domiziana Turcatti	Classic	Senior	England	EM	66.2	69	145	152.5	157.5	157.5	75	80	82.5	82.5	185	-190	-190	185	425	90.17
Katie Roberts	Classic	Senior	Wales	WAL	66.9	69	135	145	155	155	105	110	115	115	135	145	-155	145	415	87.51
Laura Best	Classic	Senior	Scotland	SCO	67	69	155	-165	-165	155	72.5	75	-77.5	75	165	175	182.5	182.5	412.5	86.90
Ruth Moore	Classic	Senior	Northern Ireland	NI	68.4	69	130	140	-150	140	70	72.5	-75	72.5	160	170	-172.5	170	382.5	79.63
Lucy Norbury	Classic	U23	Isle of Man	IOM	67.8	69	65	70	75	75	35	40	-42.5	40	95	102.5	107.5	107.5	222.5	46.55
Ayana Porteous-Simpson	Classic	Senior	England	GL	75.5	76	170	180	190	190	77.5	82.5	87.5	87.5	185	195	205	205	482.5	95.43
Caryl McQuilling	Classic	Senior	Wales	WAL	75.1	76	157.5	167.5	172.5	172.5	87.5	92.5	-95	92.5	177.5	192.5	-200	192.5	457.5	90.71
Catherine Gordon	Equipped	M2	Scotland	SCO	74.5	76	160	167.5	-175	167.5	100	105	-107.5	105	165	-175	-175	165	437.5	72.44
Morgan Gladden	Classic	Senior	Scotland	SCO	76	76	147.5	157.5	165	165	90	95	-97.5	95	160	175	-182.5	175	435	85.76
Natasha Eaton	Classic	Senior	Wales	WAL	75.5	76	142.5	155	160	160	77.5	-85	-85	77.5	157.5	172.5	-180	172.5	410	81.09
Lottie Hall	Equipped	Senior	England	EM	71.6	76	-145	145	160	160	65	70	72.5	72.5	135	147.5	150	150	382.5	64.55
Jodi Beynon	Classic	Senior	Wales	WAL	83.2	84	155	165	172.5	172.5	80	85	87.5	87.5	175	187.5	195	195	455	86.25
Victoria Cavalier-Hirth	Classic	Senior	England	SM	133.2	84+	185	192.5	200	200	110	117.5	120	120	177.5	185	192.5	192.5	512.5	86.53
Wendy McFarlane	Classic	M1	Scotland	SCO	85.3	84+	150	167.5	-175	167.5	80	85	90	90	177.5	182.5	-187.5	182.5	440	82.60
Rebecca Coggle	Classic	M1	England	SE	144.1	84+	180	200	210	210	110	115	120	120	150	160	-165	160	490	82.02
Abigail McLean	Classic	Senior	Northern Ireland	NI	92.9	84+	145	155	165	165	77.5	-85	-87.5	77.5	175	187.5	200	200	442.5	80.64
Nicola Beatty	Classic	Senior	Northern Ireland	NI	101	84+	-160	160	-170	160	75	80	82.5	82.5	170	180	190	190	432.5	76.93
Claire Reid	Classic	Senior	Northern Ireland	NI	98.4	84+	-140	140	150	150	80	85	87.5	87.5	180	190	-197.5	190	427.5	76.58
Rachel Moan	Classic	Senior	Northern Ireland	NI	124.5	84+	152.5	165	175	175	70	75	80	80	155	170	180	180	435	74.13
Kate Divers	Classic	Senior	Isle of Man	IOM	116.6	84+	150	157.5	-162.5	157.5	75	-77.5	-77.5	75	140	150	165	165	397.5	68.49
Kerry Kelly	Classic	Senior	Isle of Man	IOM	95.7	84+	92.5	97.5	100	100	-42.5	42.5	45	45	132.5	140	145	145	290	52.37
Jackie Wade	Classic	M1	Isle of Man	IOM	122.5	84+	-80	80	85	85	62.5	65	67.5	67.5	-110	110	115	115	267.5	45.70
Freya Weldon	Classic	Senior	Isle of Man	IOM	100.6	84+	60	65	70	70	35	37.5	40	40	80	92.5	100	100	210	37.39
William Murray	Equipped	M1	Scotland	SCO	65.6	66	205	215	220	220	135	140	-145	140	210	220	-227.5	220	580	78.03
Kail De Los Reyes	Classic	Senior	Isle of Man	IOM	65.6	66	125	135	140	140	-90	-90	90	90	170	180	-185	180	410	64.12
Harry Morgan	Classic	Senior	Isle of Man	IOM	60.2	66	50	55	60	60	27.5	32.5	35	35	80	85	90	90	185	30.28
Bernie McGurk	Equipped	M2	Scotland	SCO	68.4	74	225	-250	-250	225	127.5	-132.5	-132.5	127.5	250	-265	-265	250	602.5	78.70
Cai Harker	Classic	U23	Wales	WAL	71.2	74	185	-195	195	195	127.5	135	140	140	200	220	-235	220	555	83.13
Owen Hubbard	Classic	Senior	Wales	WAL	82.9	83	245	260	272.5	272.5	185	197.5	207.5	207.5	260	290	-300	290	770	106.65
Eamon McKiernan	Classic	Senior	Isle of Man	IOM	82.9	83	-140	-140	140	140	95	100	-105	100	200	210	-220	210	450	62.33
Declan Powell	Classic	Senior	England	GL	91.9	93	232.5	245	255	255	172.5	182.5	187.5	187.5	262.5	277.5	290	290	732.5	96.39
Jamie Cadogan	Classic	Senior	Wales	WAL	89	93	242.5	255	-262.5	255	170	180	185	185	240	255	265	265	705	94.24
Ben Corsby	Classic	Senior	Northern Ireland	NI	87.6	93	250	265	272.5	272.5	130	137.5	142.5	142.5	255	270	280	280	695	93.64
Anujan Sriikanha (Guest)	Classic	Senior	England	GL	83.2	93	220	232.5	240	240	190	-195	-195	190	210	227.5	240	240	670	92.63
Lewis Davies	Classic	Senior	Wales	WAL	91.5	93	245	260	270	270	135	145	152.5	152.5	250	265	-277.5	265	687.5	90.66
Danny Evans	Classic	Senior	England	SM	92.5	93	245	255	-265	255	130	-135	135	135	260	275	285	285	675	88.54
Felix Ruiz	Classic	Senior	Scotland	SCO	93	93	-240	-240	240	240	135	140	145	145	245	262.5	-275	262.5	647.5	84.71
Lewis Runge	Classic	Senior	Isle of Man	IOM	92.8	93	-210	210	220	220	130	-137.5	-137.5	130	210	220	-225	220	570	74.65
Anthony McLeggan	Classic	M1	Northern Ireland	NI	103.6	105	240	260	280	280	200	210	215	215	300	320	340	340	835	103.74
Samuel Cook	Classic	Senior	England	SM	101	105	260	275	285	285	155	165	170	170	295	317.5	-327.5	317.5	772.5	97.13
Andrew Wallace	Classic	U23	Scotland	SCO	99.7	105	242.5	257.5	267.5	267.5	160	170	175	175	272.5	287.5	-300	287.5	730	92.35
Ben Davies	Classic	Senior	Wales	WAL	103.6	105	240	265	-275	265	-160	160	170	170	270	290	300	300	735	91.32
Joe Feeney	Classic	Senior	England	WAL	102.1	105	262.5	272.5	280	280	157.5	165	-170	165	255	267.5	-280	267.5	712.5	89.13
Ben Savage	Classic	Senior	Northern Ireland	NI	105	105	255	270	277.5	277.5	177.5	185	190	190	225	240	-250	240	707.5	87.35
Scott Simon	Equipped	M1	Scotland	SCO	113.2	120	275	290	300	300	250	-265	-265	250	280	300	-312.5	300	850	84.09
Trevor Jordan	Classic	Senior	Northern Ireland	NI	119.3	120	275	295	-302.5	295	200	205	-210	205	285	315	332.5	332.5	832.5	97.02
Stephen Gordon	Equipped	Senior	Northern Ireland	NI	108.8	120	280	295	-302.5	295	-200	200	210	210	270	-292.5	-292.5	270	775	77.97
Daniel Gallagher	Classic	Senior	Wales	WAL	118.9	120	270	285	292.5	292.5	170	177.5	-182.5	177.5	290	315	-330	315	785	91.62
Corey Burleigh	Classic	Senior	Northern Ireland	NI	116.8	120	275	295	305	305	170	177.5	182.5	182.5	260	275	285	285	772.5	90.87
Morgan Howard Brown	Classic	Senior	Isle of Man	IOM	115.8	120	-180	180	-190	180	105	110	115	115	190	200	210	210	505	59.63
Joseph Shaw	Equipped	Senior	England	NM	113.2	120	-255	-262.5	-265		235	250	-260	250	215	235	-252.5	235	0	
Curtis McLaren	Classic	Senior	England	NW	117.5	120	285	297.5	307.5	307.5	167.5	177.5	180	180	-320	-320	-320		0	
Lewis Kelly	Classic	U23	Scotland	SCO	121.7	120+	272.5	-287.5	295	295	175	185	190	190	290	315	330	330	815	94.16