



British University Records

updated: 04/11/2023

Male	59	66	74	83	93	105	120	120+
SQUAT	193 Benedict Grant 02/04/2022	215 Benedict Grant 02/04/2023	240 Conor Eede 02/11/2023	280.5 Manson Adagu 02/11/2023	293 Aaron Blackmore 04/04/2023	300.5 Jamie Jonathan Foord 03/11/2023	300 William Flynn 05/04/2022	317.5 Kierran Leith 01/04/2018
BENCH PRESS	122.5 Benedict Grant 02/04/2022	137.5 Martin Nguyen 02/04/2022	160 Max Guo 03/04/2022	193 Harrison Sparks 03/04/2022	216 Jack Taylor 04/04/2022	187.5 Michael Pierides 05/04/2022	180 Lewis Kelly 05/04/2023	185 Conor Curran 14/04/2019
DEADLIFT	220 Christopher Rattray 24/03/2018	251 Samiul Kobir 25/03/2017	265 Hugo Beaumont 24/03/2018	315 Joey Awala 02/11/2022	345 Adedapo Ojewale 04/04/2022	345 Jamie Jonathan Foord 03/11/2023	320.5 Lewis Kelly 05/04/2023	315 Conor Curran 14/04/2019
TOTAL	525.5 Benedict Grant 02/04/2022	582.5 Benedict Grant 02/04/2023	640.5 Nathan McDowell 01/04/2023	758 Manson Adagu 02/11/2023	790 Adedapo Ojewale 04/04/2022	828 Jamie Jonathan Foord 03/11/2023	780.5 Lewis Kelly 05/04/2023	797.5 Kierran Leith 14/04/2019