



2024

Month	Start date	End date	Location	Level	Tutor	Contact details
JANUARY						
	20	21	PB Performance Gym(Cardiff) Unit 49, Portmanmoor road, Cardiff, CF24 5HB	1	Lawrence Farncombe	coachfarncombe@hotmail.co.uk
FEBRUARY	3	4	Swindon Barbell, Wiltshire, SN154DL	2	Charlie Marillier	charlie.marillier@britishpowerlifting.org
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MARCH	9	10	Swindon Barbell, Wiltshire, SN154DL	1	Charlie Marillier	charlie.marillier@britishpowerlifting.org
APRIL						
	20	21	PB Performance Gym(Cardiff) Unit 49, Portmanmoor road, Cardiff, CF24 5HB	2	Lawrence Farncombe	coachfarncombe@hotmail.co.uk
MAY						
JUNE						
JULY						
AUGUST						
	10	11	PB Performance Gym(Cardiff) Unit 49, Portmanmoor road, Cardiff, CF24 5HB	1	Lawrence Farncombe	coachfarncombe@hotmail.co.uk
SEPTEMBER						
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OCTOBER						
NOVEMBER						
DECEMBER						

More dates will be posted as soon as they are available. If you are looking to organise a date or group for a course please contact either:

Charlie Marillier charlie.marillier@britishpowerlifting.org

Please note: These dates are subject to change at any time due to COVID-19 restrictions or changes to lockdown measures. Your tutor will be in touch with you as soon as is possible, if anything should change about the course you have booked on to, and you will be eligable to a full refund if the cancellation is on our part.