



# British Powerlifting Coaching Course Schedule

## 2023

Month	Start date	End date	Location	Level	Tutor	Contact details	How to book
JANUARY	7	8	<a href="#">The Farm Powerlifting Club Moulton College, Northampton NN3 7QL</a>	1	Kevin Jane	<a href="mailto:kevinjane51@btinternet.com">kevinjane51@btinternet.com</a>	Fill in our booking form including details on how to pay
FEBRUARY	4	5	<a href="#">PB Performance Gym( Cardiff ) Unit 49, Portmanmoor road, Cardiff, CF24 5HB</a>	1	Lawrence Farncombe	<a href="mailto:coachfarncombe@hotmail.co.uk">coachfarncombe@hotmail.co.uk</a>	
	18	19	<a href="#">Hirst Welfare Centre, Alexandra Rd, Ashington NE63 9HN</a>	2	Fred Mackenzie	<a href="mailto:frederick575@btinternet.com">frederick575@btinternet.com</a>	
MARCH							
APRIL	15	16	<a href="#">Northern Ireland, address TBC</a>	1	Fred Mackenzie	<a href="mailto:frederick575@btinternet.com">frederick575@btinternet.com</a>	
	15	16	<a href="#">Swindon Barbell, Princess Place, Trow Lane, Lyneham, Wiltshire, SN154DL</a>	2	Charlie Marillier	<a href="mailto:lifter@swindonbarbell.com">lifter@swindonbarbell.com</a>	
MAY	13	14	<a href="#">Energize gym, 259 Greenstead Road, Colchester, CO1</a>	1	Kevin Jane	<a href="mailto:kevinjane51@btinternet.com">kevinjane51@btinternet.com</a>	
	20	21	<a href="#">Hirst Welfare Centre, Alexandra Rd, Ashington NE63 9HN</a>	1	Fred Mackenzie	<a href="mailto:frederick575@btinternet.com">frederick575@btinternet.com</a>	
JUNE	24	25	<a href="#">Hirst Welfare Centre, Alexandra Rd, Ashington NE63 9HN</a>	1	Fred Mackenzie	<a href="mailto:frederick575@btinternet.com">frederick575@btinternet.com</a>	
	24	25	<a href="#">Swindon Barbell, Princess Place, Trow Lane, Lyneham, Wiltshire, SN154DL</a>	1	Charlie Marillier	<a href="mailto:lifter@swindonbarbell.com">lifter@swindonbarbell.com</a>	
JULY	15	16	<a href="#">Manor Gym, Pimlico, London SW1V 1PX</a>	1	Jason Coulman & Charlie Marillier	<a href="mailto:strengthcoach@jasoncoulman.com">strengthcoach@jasoncoulman.com</a>	
AUGUST	5	6	<a href="#">PB Performance Gym( Cardiff ) Unit 49, Portmanmoor road, Cardiff, CF24 5HB</a>	2	Lawrence Farncombe & Charlie Marillier	<a href="mailto:coachfarncombe@hotmail.co.uk">coachfarncombe@hotmail.co.uk</a>	
SEPTEMBER	Online section in August	23 Practical	<a href="#">Revolution, Unit 38, Balthane Park, Ballasalla, IM9 2AX</a>	1	Charlie Marillier	<a href="mailto:lifter@swindonbarbell.com">lifter@swindonbarbell.com</a> <a href="mailto:Manxpowerlifting@gmail.com">Manxpowerlifting@gmail.com</a>	
	30	1	<a href="#">Hirst Welfare Centre, Alexandra Rd, Ashington NE63 9HN</a>	1	Fred Mackenzie	<a href="mailto:frederick575@btinternet.com">frederick575@btinternet.com</a>	
OCTOBER	21	22	<a href="#">RAW STRENGTH GYM, Trinity Court, Warrington, WA3 6QT</a>	1	Charlie Marillier & Kelly Phasey	<a href="mailto:lifter@swindonbarbell.com">lifter@swindonbarbell.com</a>	
	28	29	<a href="#">Hirst Welfare Centre, Alexandra Rd, Ashington NE63 9HN</a>	2	Fred Mackenzie	<a href="mailto:frederick575@btinternet.com">frederick575@btinternet.com</a>	
NOVEMBER	18	19	<a href="#">MARRVeloous lifting club, 20 Muir Place, New Houston Industrial Estate, Livingston, West Lothian, EH54 5BF</a>	1	Charlie Marillier & Scott Simon		
	48	49	<a href="#">PB Performance Gym( Cardiff ) Unit 49, Portmanmoor road, Cardiff, CF24 5HB</a>	4	Lawrence Farncombe	<b>CANCELLED</b> All applicants have been contacted, if you have not received any contact please email	
DECEMBER							

More dates will be posted as soon as they are available. If you are looking to organise a date or group for a course please contact either:

Charlie Marillier [lifter@swindonbarbell.com](mailto:lifter@swindonbarbell.com)

Please note: These dates are subject to change at any time due to COVID-19 restrictions or changes to lockdown measures. Your tutor will be in touch with you as soon as is possible, if anything should change about the course you have booked on to, and you will be eligible to a full refund if the cancellation is on our part.

We are always aiming to provide courses around the UK and will be looking to host them in Northern Ireland and Scotland. As soon as these have been confirmed dates and locations will be released